

# **NOVEMBER CELEBRATIONS**



**Kahtrael Bradley Anita Bridge Elder Baruch Carroll** Michael Eldridge **Capers Funnye**, IV **Shlomo McWoodson Matthew Roberts Elder Benyamin Thomas Karter Washington** Khizkeyahoo Chaim Y'hudah

# Shabbat Shalom

# NOVEMBER 20, 2021 16TH KISLEV 5782



Beth Shalom B'nai Zaken E.H.C. 6601 S. Kedzie Ave. Chicago, IL 60629 Phone: 773.476.2924 Fax: 773-476-2259 www.bethshalombz.org

#### WELCOME

We welcome you and your interest in Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation (House of Peace for the Children of the Ancient Ethiopian Hebrews). As stated in Psalm 133:1, "*how good and how pleasant it is for brethren to dwell together in unity!*"

We are truly blessed by your presence and welcome the opportunity to share our love of the Most High G-d with you. Your experience today will probably be very different from most services you have attended. We hope this information will explain our beliefs and mode of worship. As G-d stated in Isaiah 56:7..."for my house shall be called a house of prayer for all peoples." Again, we welcome you and pray that you will enjoy our service as much as we do.

Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation (Beth Shalom) is the oldest Temple in the Chicago area serving the Israelite Community. It was established as the Ethiopian Hebrew Association in 1918, by Rabbi Horace Hasan. In 1920, Rabbi David Lasarus and Rabbi Caino Stirson, came to the Chicago area from New York and later joined forces with Rabbi Hasan. In 1923 our beloved Senior Rabbi Abihu Ben Reuben, (may G-D bless his memory) joined this congregation, which was located at 1850 West Lake Street. In the 1930s and 1940s, the leadership of the Ethiopian Hebrew community was firmly in the hands of Rabbi Abihu Ben Reuben, Rabbi Lazarus, and Rabbi Louis Green. Rabbis Reuben and Lazarus studied with Chief Rabbi Wentworth A. Matthew, at the Commandment Keepers Congregation in New York City, and were ordained rabbis by Chief Rabbi Matthew. Rabbi Louis Green received his Masters of Science in Jewish Studies from the College of Jewish Studies in Chicago, Illinois.

In 1952, Chief Rabbi Wentworth A Matthew came to Chicago to oversee the opening of a new Temple to serve the Ethiopian Hebrew Community. In 1984, the Congregation of Ethiopian Hebrews and Beth Shalom Hebrew Congregation merged to form Beth Shalom Ethiopian Hebrew Congregation. Rabbis Abihu Ben Reuben and Capers C. Funnye, Jr., served the congregation as senior and assistant rabbis. In 1993, Beth Shalom merged with the Congregation of B'nai Zaken, to form Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation, with Rabbi Capers C. Funnye, Jr. as Rabbi.

Beth Shalom is an affiliate congregation of the International Israelite Board of Rabbis Inc. and fully embraces the ideals of Resolution 80IA which was passed by the Board in 1981. It affirms the brotherhood of all people who worship the G-D of Abraham, Isaac and Jacob without regard to tradition or terminology (for example: Black Jews', Hebrews, Israelites, Jews, etc.) However, when among us, visitors are obliged to respect the customs and traditions followed by members.

#### 4. You are America's #1 long-term care provider.

Family caregivers provide a staggering 90% of long-term care in America. (The National Academy of Medicine)

#### 5. You are not alone.

More than 65 million Americans care for their aging or disabled loved ones on a yearly basis. (National Alliance for Caregiving)

#### 6. You can take a break.

Just because you've committed to caring for a parent or senior loved one doesn't mean you can't take a break. Respite care is short-term care, lasting anywhere from a few hours to a few weeks, that can be provided at a local senior living community or even in the home. Adult daycare is another similar option. These services allow family caregivers to "recharge" with the knowledge that their loved one is safe and sound.

## 7. You have limits.

Despite the demonstrated perseverance and strength of family caregivers, each of us has limits. It's important to recognize when our loved one has declined to a point that professional care is the best option.

#### 8. You have someone to talk to.

Caregiver support groups meet throughout the U.S. For those caring for a loved one with Alzheimer's disease or dementia, the Alzheimer's Association maintains a database of support groups. General caregiving support groups that aren't specifically focused on memory loss can be found by contacting your local hospital. Furthermore, there are many online support groups for caregivers.

## 9. You have to care for yourself first.

If you're not keeping yourself happy and healthy, it's doubtful that you will be able to do your best for your parent or senior loved one. Review the "Caregiver Bill of Rights" and remember to take care of yourself.

## 10. Your work is valuable.

The value of the unpaid care these 65 million caregivers provide is estimated to be worth \$375 billion. (National Alliance for Caregiving)

# HEALTH AWARENESS

#### **November Is National Family Caregivers Month**

November is National Family Caregivers Month, a tradition that began as National Family Caregivers Week in the mid-1990s. The importance of family caregivers has gained recognition over the years and the National Family Caregivers awareness week has now grown into an awareness month, due to former President Barack Obama's proclamation in 2012.

# 9 Facts Caregivers Should Know During National Family Caregivers Month

## 1. Caregiving is costly.

Nearly half of working caregivers report that care giving expenses have depleted most — or even all — of their savings. (National Alliance for Caregiving)

## 2. Help is available.

If you do decide that your loved one needs more than you alone can provide, A Place for Mom can help. Our Senior Living Advisors work one-on-one with families to help them find the most appropriate care for their parent or senior loved one. Read more about Senior Living Advisors who can help in your area.

#### 3. Knowledge can make your job easier.

A National Alliance for Caregiving survey found that 73% of caregivers said that praying helps them to cope with the stress. 44% said that reading books about caregiving and visiting supportive websites like ours helps them not only to manage their daily frustration but also gives them a sense of community. (National Alliance for Caregiving)



# Tidbit: Vayishlach 16th Kislev 5782 – November 20, 2021 Chief Rabbi Capers Shmuel Yefuneh

As this parashah opens, Jacob's return to the Land from Laban's house brings him to the same boundary where he dreamed and prayed twenty-years earlier. Here he will undergo the single most important event in his life, the nighttime struggle with a mysterious stranger that concludes with his being given a new name, Israel, and a new sense of who he is as reflected by that name. He will be reunited with his brother Esau, as Isaac and Ishmael were reunited late in life (Gen.25:9) and Joseph and his brothers will be reunited in the next generation.

Verse 5: I stayed with Laban; The letters of the Hebrew word גרת 'I stayed, "garti) are the same as those in ") גרע"ג'עזעזעזעזי) with the numerical value of 613, recalling the 613 commandments of the Torah. This prompted Rashi to interpret Jacob's words to mean "I stayed with Laban but maintained my integrity; I was not corrupted by him."

Verse 7: your brother Esau; Esau is viewed as the ancestor of the Edomites (36:1) who sided with the Babylonians in destroying the First Temple and as the prototype of later Roman and Europeans anti-Semites. One Midrash, perhaps influenced by later Israelite encounters with Esau's biologic and ideological descendants, reads, "We went looking for a brother, but instead found Esau, armed and hostile in a very non-brotherly manner". Another has the opposite view; "We met him, and though he is Esau, he is still your brother".

This statement leads me to ask the question; who is our brother or sister? Think about how you would answer this question.

Shabbat Shalom

# VAYISLACH

Torah Reading: Genesis 32:4 - 36:43 (page 122) Haftorah: Obadiah 1-21 (page 137)

#### WEEKLY SERVICE

Saturday: Shacharit (Morning) Service	10:30 A.M1:30 P.M.
Minchah (Evening) Service	3:00 P.M 4:30 P.M.
Gift Shop (Tue & Thurs.)	12::00 P.M 2:00 P.M.

#### PRAYER LIST:

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Willie Myrtle Walker, Willie Miller, Gracile Moore, Dr. Wayne Williamson, Dinah Israel, Zaken Baruch Carroll, Ben Hardiman, Jerry Hecktman, Zakenah Deborah McCollough, Reginald Sonny Burke, Toni Miller, Haviva Solomon, David Harris, Jr., Charlene Dorsey, Sydney Uriah Taffe, Ejewel Shirley, Cynthia Doby, Richard Smith, Kerry Harrell, Yvonne Scroggins, Judy Johnson, Margaret Thompson, Zakenah Shalheves Smith

#### YAHRZEIT

"It is better to be prepared for an opportunity and not have one than to have an opportunity and not be prepared." -

Whitney M. Young

#### **To Our Guest:**

We appreciate you being with us today. There are times during our service when walking is prohibited. Please refrain from walking while we stand during prayers and when the Torah is being read. We thank you in advance for honoring our request.

# THIS WEEK IN BLACK HISTORY

November 14, 1931 - White mobs hurled slurs and threats at sixyear-old Ruby Bridges as she integrated William Frantz Elementary School in New Orleans, Louisiana.

November 15, 2010 - Former police officer James Bonard Fowler pled guilty to 1965 murder of civil rights activist Jimmie Lee Jackson in Marion, Alabama, and was sentenced to six months in jail.

November 16, 2015 - Despite public outage over a Texas history textbook that depicted enslaved people as "workers from Africa," state lawmakers this week rejected proposal to require that textbooks be fact-checked.

November 17, 1828 - Alabama General Assembly passed act to extend the State of Alabama's jurisdiction over the Creek Nation, making state laws enforceable in Creek Nation territory.

November 18, 1983 - Chicago police beat, electrocuted, and threatened to castrate James Cody, one of more than 100 Black men the department systematically tortured over three decades.

November 19, 1988 - Judge in Dallas, Texas, gives reduced sentence to white students for targeted killing of two gay men, likening the victims to prostitutes and refusing 'to give somebody life for killing a prostitute."

November 20, 1948 - A Black man named Robert Mallard was lynched in front of his family by a mob of 20 white men in Lyons, Georgia.

# BUSINESSES

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nlhealthchicago@gmail.com

# AFFORDABLE PARTY PLANNERS

Angela Grier Owner Phone: 708-915-9806 app4u2@yahoo.com

# " LIFT EVERY VOICE"

Lift every voice and sing, Till earth and heaven ring, Ring with the harmonies of Liberty; Let our rejoicing rise High as the list'ning skies, Let it resound loud as the rolling sea. Sing a song full of the faith that the dark past has taught us, Sing a song full of the hope that the present has brought us; Facing the rising sun of our new day begun, Let us march on till victory is won.

Stony the road we trod, Bitter the chast'ning rod, Felt in the days when hope unborn had died; Yet with a steady beat, Have not our weary feet Come to the place for which our fathers sighed? We have come over a way that with tears has been watered. We have come, treading our path through the blood of the slaughtered, Out from the gloomy past, Till now we stand at last Where the white gleam of our bright star is cast.

God of our weary years, God of our silent tears, Thou who hast brought us thus far on the way; Thou who hast by Thy might, Led us into the light, Keep us forever in the path, we pray. Lest our feet stray from the places, our God, where we met Thee, Lest our hearts, drunk with the wine of the world, we forget Thee; Shadowed beneath Thy hand, May we forever stand, True to our God, True to our God, True to our native land.

# \*\*\*\* MARK YOUR CALENDAR \*\*\*\*

Please join Chief Rabbi Funnye' for Shabbat Service Saturday, November 20, 2021 @10:30 a.m.

All CDC guidelines will be strictly enforced, you must wear a mask and maintain social distancing.

There will be no Oneg, you must bring your own prayer book, Pentateuch, and Tallitim.

We will also continue our Virtual Service Streaming on Facebook Live.

https://www.facebook.com/beth.shalom.52012

# NASHE OR' FUNDRAISER

Add a memorial leaf to the tree of life in the social hall a leaf is \$50

See Sister Shalheves for more information.



#### A Special Evening With Tal Schneider

Tal Schneider, the Political and Diplomatic Correspondent for the Times of Israel will give a presentation. She covers Israel's fierce political arena, including Israel unprecedented political crisis and four rounds of intense 2019-2021 elections. She is a top Israeli analyst in high demand, a frequent media commentator, writer and speaker who served as Washington correspondent for Ma'ariv covering the 2004, 2008, 2016, 2020 US election cycles.

#### Monday, December 13th at 7:00 PM

**Israeli society at a crossroads:** A look at Israel's four principal sectors—the national-religious, the secular, Arabs and the ultra-orthodox

in person at Joliet Jewish Congregation 250 N Midland Ave, Joliet, IL 60435 (815) 741-4600 Co-sponsored by Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation, Joliet Jewish Congregation, and Shir Tikvah.

> Register today to attend

# **VIRTUAL HANUKKAH PARTY**

Monday, December 6th, 2021 6:00 p.m. - 8:00 p.m. Angela Grier & Angela Parker Contact Angela Parker to RSVP @ (708) 925-1251 Zoom link will be emailed to you.