



Happy Birthday



OCTOBER CELEBRATIONS



Elder Moshe Buie, Azariah Dockery, Zachariah Dockery,
Kaleb Funnye, Ezra Israel, Nasika Dinah Israel,
Dahn ben Judah, Michael Knight,
Matthew Roberts Jr, Carla Williams, Dalia Woods,
Rabbi Baruch Yehudah



*Rabbi Avraham & Leah Burks
Ben Chayil & Tangela Israel*

Shabbat Shalom

OCTOBER 16, 2021 10TH CHESVAN 5782



Beth Shalom B'nai Zaken E.H.C.

6601 S. Kedzie Ave.

Chicago, IL 60629

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www.bethshalombz.org

WELCOME

We welcome you and your interest in Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation (House of Peace for the Children of the Ancient Ethiopian Hebrews). As stated in Psalm 133:1, "*how good and how pleasant it is for brethren to dwell together in unity!*"

We are truly blessed by your presence and welcome the opportunity to share our love of the Most High G-d with you. Your experience today will probably be very different from most services you have attended. We hope this information will explain our beliefs and mode of worship. As G-d stated in Isaiah 56:7... "*for my house shall be called a house of prayer for all peoples.*" Again, we welcome you and pray that you will enjoy our service as much as we do.

Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation (Beth Shalom) is the oldest Temple in the Chicago area serving the Israelite Community. It was established as the Ethiopian Hebrew Association in 1918, by Rabbi Horace Hasan. In 1920, Rabbi David Lasarus and Rabbi Caino Stirson, came to the Chicago area from New York and later joined forces with Rabbi Hasan. In 1923 our beloved Senior Rabbi Abihu Ben Reuben, (may G-D bless his memory) joined this congregation, which was located at 1850 West Lake Street. In the 1930s and 1940s, the leadership of the Ethiopian Hebrew community was firmly in the hands of Rabbi Abihu Ben Reuben, Rabbi Lazarus, and Rabbi Louis Green. Rabbis Reuben and Lazarus studied with Chief Rabbi Wentworth A. Matthew, at the Commandment Keepers Congregation in New York City, and were ordained rabbis by Chief Rabbi Matthew. Rabbi Louis Green received his Masters of Science in Jewish Studies from the College of Jewish Studies in Chicago, Illinois.

In 1952, Chief Rabbi Wentworth A Matthew came to Chicago to oversee the opening of a new Temple to serve the Ethiopian Hebrew Community. In 1984, the Congregation of Ethiopian Hebrews and Beth Shalom Hebrew Congregation merged to form Beth Shalom Ethiopian Hebrew Congregation. Rabbis Abihu Ben Reuben and Capers C. Funnye, Jr., served the congregation as senior and assistant rabbis. In 1993, Beth Shalom merged with the Congregation of B'nai Zaken, to form Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation, with Rabbi Capers C. Funnye, Jr. as Rabbi.

Beth Shalom is an affiliate congregation of the International Israelite Board of Rabbis Inc. and fully embraces the ideals of Resolution 801A which was passed by the Board in 1981. It affirms the brotherhood of all people who worship the G-D of Abraham, Isaac and Jacob without regard to tradition or terminology (for example: Black Jews', Hebrews, Israelites, Jews, etc.) However, when among us, visitors are obliged to respect the customs and traditions followed by members.

Oral Health Routine at Home

- **Brushing** your teeth twice daily is the most important thing you can do to diminish the accumulation of plaque and the potential for other oral problems such as cavities and gingivitis.
- **Flossing** once daily removes plaque and food from beneath the gums and between teeth that brushing alone cannot remove. Tooth decay and gum disease often begin in these areas.
- **Rinsing** your mouth with an antibacterial, non-alcohol based mouthwash kills plaque and gingivitis germs that brushing and flossing do not catch. We recommend using a mouthwash with the ADA Seal of Acceptance.
- **Chewing** sugar-free gum helps produce saliva, which battles cavities. The gum also neutralizes plaque, strengthens enamel, and removes remaining food. It is especially important to chew gum after eating or drinking.

It's easy to put the toothbrush down in order to take care of matters you feel are more urgent, but remember, a good oral health routine at home is the best way to prevent periodontal disease. "Periodontal disease is the most common cause of tooth loss in adults. An estimated 75 percent of Americans reportedly have some form of periodontal disease," said the [ADHA](#). [Periodontal disease](#) also is linked to more serious illnesses such as diabetes and stroke.

Regular check-ups are important. Please make sure you follow up with your dentist to make an appointment.

HEALTH AWARENESS

OCTOBER IS NATIONAL DENTAL HYGIENE MONTH

Did you know October is Dental Hygiene Month? We are no strangers to feeling like there is never enough time in the day to get everything done. Your alarm clock rings and within minutes you are running around trying to spread peanut butter on sandwiches, answer your cell phone, remove the cat hair from your clothes, and make sure your child has completed his or her homework. Brushing your teeth can easily fall to the wayside.

That is why Dr. Scott Wallace DDS. promotes a simple, daily oral health regimen that you can easily incorporate into your busy lifestyle.

The American Dental Hygienists' Association (ADHA), has been celebrating National Dental Hygiene Month (NDHM) during October. The ADHA encourages people to "Brush. Floss. Rinse. Chew...Keep it Clean, Keep it Healthy!" and offers some great tips for a quick and effective home oral health routine, below:



Tidbit: Lech Lecha

10th Cheshvan 5782 – October 16, 2021

Chief Rabbi Capers Shmuel Yefuneh

G-d, by giving Adam one command to follow, gave him the opportunity to be a moral, obedient person. The ultimate goal of G-d's creation was not a static world but a world in which people, having free choice between good and bad, would freely choose good. Adam and his descendants, however, were not up to the challenge. Just ten generations later, G-d began again with a single righteous family. Noah had the advantage over Adam of having shown himself to be more righteous than his neighbors, but Noah and his descendants also disappointed G-d, who now changes the approach. Instead of asking one individual or one family to be good in isolation, G-d seeks to create a community, a people, and descendants of a G-d fearing couple, in the hope that the members of that community would sustain and reinforce each other. In that way, ordinary people would be capable of displaying extraordinary behavior.

The new venture begins with Abram and Sarai, later to be known as Abraham and Sarah. We were told that Noah was righteous, at least in comparison with his contemporaries, but we are told directly why this couple is a worthy choice. The tradition, as usual, seeks to fill the gap, portraying Abraham as the first person to realize that the world is ruled by one G-d who demands righteous behavior of humanity. Abraham's descendants have been marked by a willingness to stand apart from conventional thinking.

The insistence that G-d is one is more than a mathematical statement. It is a prerequisite for a religion that demands righteousness, not merely obedience. It enables us to claim that there are fixed standards of right and wrong. In a world of many gods, the issue is not "what does G-d demand of me?" but "which god can best reward and protect me in exchange for my loyalty?" The revolutionary claim that of monotheism is not only that one G-d alone exists but that G-d summons us to freely choose what is good.

Shabbat Shalom

LECH LECHA

Torah Reading: Genesis 12:1 - 17:27 (page 45)

Haftorah: Isaiah 40:27 - 41:16 (page 60)

WEEKLY SERVICE

Saturday: Shacharit (Morning) Service	10:30 A.M.-1:30 P.M.
Minchah (Evening) Service	3:00 P.M. – 4:30 P.M.
Gift Shop (Tue & Thurs.)	12:00 P.M.- 2:00 P.M.

PRAYER LIST:

Willie Myrtle Walker, Willie Miller, Gracile Moore, Dr. Wayne Williamson,
Dinah Israel, Zaken Baruch Carroll, Ben Hardiman, Jerry Hecktman,
Zakenah Deborah McCollough, Reginald Sonny Burke,
Toni Miller, Haviva Solomon, David Harris, Jr., Charlene Dorsey,
Sydney Uriah Taffe, Ejewel Shirley, Cynthia Doby

Yahrzeit

Zakenah Aleezaw Jones

Pastor Earlene Price (*grandmother of Rabbinit*)

Bertha Mae Price (*aunt of Rabbinit*)

“Freedom is never given; it is won.”

—A. Philip Randolph, civil rights activist

To Our Guest:

We appreciate you being with us today. There are times during our service when walking is prohibited. Please refrain from walking while we stand during prayers and when the Torah is being read. We thank you in advance for honoring our request.

THIS WEEK IN BLACK HISTORY

October 10, 1871 - Black civil rights activist Octavius Catto was killed after voting in Philadelphia, PA

October 11, 1963 - Malcolm X gave a speech at the University of California, Berkeley, in which he outlined the philosophy of black nationalism as promoted by the Nation of Islam and declared racial separatism as the best approach to the problems facing black America.

October 12, 1995 - Five police officers in suburban Pittsburgh, Pennsylvania killed Black motorist Jonny Gammage during a routine traffic stop by pinning him facedown on the pavement until he asphyxiates.

October 13, 1892 - In Monroeville, Alabama, a lynch mob seized from jail four young Black men from 15 to 19 years old and shot them to death without a trial.

October 14, 1982 - Declaring drugs a threat to national security, President Ronald Reagan doubled down on the Nixon Administration’s “war on drugs” and called for new laws to impose prison sentences for drug use.

October 15, 1883 - U. S. Supreme Court facilitated the expansion of Jim Crow laws in the South by declaring unconstitutional the Civil Rights Act of 1875, which banned discrimination in public places.

October 16, 1968 - U.S. sprinters Tommie Smith and John Carlos raised black-gloved fists on medal stand at Olympics in Mexico to protest racial inequality in U.S.; they received death threats for years after returning home.

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nlhealthchicago@gmail.com

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Angela Grier

Owner

Phone: 708-915-9806

app4u2@yahoo.com

“ LIFT EVERY VOICE”

Lift every voice and sing,
Till earth and heaven ring,
Ring with the harmonies of Liberty;
Let our rejoicing rise
High as the list'ning skies,
Let it resound loud as the rolling sea.
Sing a song full of the faith that the dark past has taught us,
Sing a song full of the hope that the present has brought us;
Facing the rising sun of our new day begun,
Let us march on till victory is won.

Stony the road we trod,
Bitter the chast'ning rod,
Felt in the days when hope unborn had died;
Yet with a steady beat,
Have not our weary feet
Come to the place for which our fathers sighed?
We have come over a way that with tears has been watered.
We have come, treading our path through the blood of the slaughtered,
Out from the gloomy past,
Till now we stand at last
Where the white gleam of our bright star is cast.

God of our weary years,
God of our silent tears,
Thou who hast brought us thus far on the way;
Thou who hast by Thy might,
Led us into the light,
Keep us forever in the path, we pray.
Lest our feet stray from the places, our God, where we met Thee,
Lest our hearts, drunk with the wine of the world, we forget Thee;
Shadowed beneath Thy hand,
May we forever stand,
True to our God,
True to our native land.

****** MARK YOUR CALENDAR ******

Please join Chief Rabbi Funnye' for Shabbat Service
Saturday, October 16, 2021 @10:30 a.m.

All CDC guidelines will be strictly enforced, you
must wear a mask and maintain social distancing.

There will be no Oneg, you must bring your own
prayer book, Pentateuch, and Tallitim.

We will also continue our Virtual Service Streaming
on Facebook Live.

<https://www.facebook.com/beth.shalom.52012>

NASHE OR' FUNDRAISER

Add a memorial leaf to the tree of life in the social hall a
leaf is \$50

See Sister Shalheves for more information.

**Burial and Memorial Service for
Zakenah Aleezaw Israel**

Burial

Sunday, October 17, 2021

12 p.m. - 1:00 p.m.

Evergreen Cemetery

3401 W. 87th Street, Evergreen Park, IL

Memorial

Repast/Party

Sunday, October 17, 2021

1:30 p.m. - 3:00 p.m.

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Ethiopian Hebrew Congregation

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Chicago, IL 60629

All CDC guidelines will be strictly enforced, you must wear
a mask and maintain social distancing.

The Unveiling of Yaffa Dockery Washington Headstone

Sunday, October 17, 2021 @ 1:15 p.m.

Evergreen Cemetery

3401 W. 87th Street, Evergreen Park, IL