



OCTOBER CELEBRATIONS



Elder Moshe Buie, Azariah Dockery, Zachariah Dockery,
Kaleb Funnye, Ezra Israel, Nasika Dinah Israel,
Dahn ben Judah, Michael Knight,
Matthew Roberts Jr, Carla Williams, Dalia Woods,
Rabbi Baruch Yehudah



Rabbi Avraham & Leah Burks
Ben Chayil & Tangela Israel

Shabbat Shalom

OCTOBER 9, 2021 3RD CHESVAN 5782



Beth Shalom B'nai Zaken E.H.C.

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WELCOME

We welcome you and your interest in Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation (House of Peace for the Children of the Ancient Ethiopian Hebrews). As stated in Psalm 133:1, *“how good and how pleasant it is for brethren to dwell together in unity!”*

We are truly blessed by your presence and welcome the opportunity to share our love of the Most High G-d with you. Your experience today will probably be very different from most services you have attended. We hope this information will explain our beliefs and mode of worship. As G-d stated in Isaiah 56:7... *“for my house shall be called a house of prayer for all peoples.”* Again, we welcome you and pray that you will enjoy our service as much as we do.

Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation (Beth Shalom) is the oldest Temple in the Chicago area serving the Israelite Community. It was established as the Ethiopian Hebrew Association in 1918, by Rabbi Horace Hasan. In 1920, Rabbi David Lasarus and Rabbi Caino Stirson, came to the Chicago area from New York and later joined forces with Rabbi Hasan. In 1923 our beloved Senior Rabbi Abihu Ben Reuben, (may G-D bless his memory) joined this congregation, which was located at 1850 West Lake Street. In the 1930s and 1940s, the leadership of the Ethiopian Hebrew community was firmly in the hands of Rabbi Abihu Ben Reuben, Rabbi Lazarus, and Rabbi Louis Green. Rabbis Reuben and Lazarus studied with Chief Rabbi Wentworth A. Matthew, at the Commandment Keepers Congregation in New York City, and were ordained rabbis by Chief Rabbi Matthew. Rabbi Louis Green received his Masters of Science in Jewish Studies from the College of Jewish Studies in Chicago, Illinois.

In 1952, Chief Rabbi Wentworth A. Matthew came to Chicago to oversee the opening of a new Temple to serve the Ethiopian Hebrew Community. In 1984, the Congregation of Ethiopian Hebrews and Beth Shalom Hebrew Congregation merged to form Beth Shalom Ethiopian Hebrew Congregation. Rabbis Abihu Ben Reuben and Capers C. Funnye, Jr., served the congregation as senior and assistant rabbis. In 1993, Beth Shalom merged with the Congregation of B'nai Zaken, to form Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation, with Rabbi Capers C. Funnye, Jr. as Rabbi.

Beth Shalom is an affiliate congregation of the International Israelite Board of Rabbis Inc. and fully embraces the ideals of Resolution 801A which was passed by the Board in 1981. It affirms the brotherhood of all people who worship the G-D of Abraham, Isaac and Jacob without regard to tradition or terminology (for example: Black Jews', Hebrews, Israelites, Jews, etc.) However, when among us, visitors are obliged to respect the customs and traditions followed by members.

Oral Health Routine at Home

- **Brushing** your teeth twice daily is the most important thing you can do to diminish the accumulation of plaque and the potential for other oral problems such as cavities and gingivitis.
- **Flossing** once daily removes plaque and food from beneath the gums and between teeth that brushing alone cannot remove. Tooth decay and gum disease often begin in these areas.
- **Rinsing** your mouth with an antibacterial, non-alcohol based mouthwash kills plaque and gingivitis germs that brushing and flossing do not catch. We recommend using a mouthwash with the ADA Seal of Acceptance.
- **Chewing** sugar-free gum helps produce saliva, which battles cavities. The gum also neutralizes plaque, strengthens enamel, and removes remaining food. It is especially important to chew gum after eating or drinking.

It's easy to put the toothbrush down in order to take care of matters you feel are more urgent, but remember, a good oral health routine at home is the best way to prevent periodontal disease. "Periodontal disease is the most common cause of tooth loss in adults. An estimated 75 percent of Americans reportedly have some form of periodontal disease," said the ADHA. Periodontal disease also is linked to more serious illnesses such as diabetes and stroke.

Regular check-ups are important. Please make sure you follow up with your dentist to make an appointment.

HEALTH AWARENESS

OCTOBER IS NATIONAL DENTAL HYGIENE MONTH

Did you know October is Dental Hygiene Month? We are no strangers to feeling like there is never enough time in the day to get everything done. Your alarm clock rings and within minutes you are running around trying to spread peanut butter on sandwiches, answer your cell phone, remove the cat hair from your clothes, and make sure your child has completed his or her homework. Brushing your teeth can easily fall to the wayside.

That is why Dr. Scott Wallace DDS. promotes a simple, daily oral health regimen that you can easily incorporate into your busy lifestyle.

The American Dental Hygienists' Association (ADHA), has been celebrating National Dental Hygiene Month (NDHM) during October. The ADHA encourages people to "Brush. Floss. Rinse. Chew...Keep it Clean, Keep it Healthy!" and offers some great tips for a quick and effective home oral health routine, below:



Tidbit: Noach

3rd Cheshvan 5782 – October 9, 2021

Chief Rabbi Capers Shmuel Yefuneh

In the first parashah of Genesis, the world deteriorated over the course of ten generations, from the pristine perfection of its beginning to corruption in the days of Noah. G-d chooses not to destroy the world totally (a Midrash suggests G-d did destroy previous disappointing worlds). A Midrash is a rabbinic work. Instead, G-d continues with the same creatures, human beings, blessed with free will and cursed with the tendency to misuse that free will. Noah's capacity for righteousness gives G-d cause for hope.

These are the generations of Noah, the first person Noah "gave birth" to was himself. Confronting the moral corruption of his time, Noah had to decide what kind of person he really was. Noah was faithful and righteous in his generation. The Sages debate whether this is a true compliment or qualified praise, Yohana see Noah as righteous only relatively, in contrast to the wicked people around him. In a more respectable age, he would have been no better than average. Resh Lakish, on the other hand, says that anyone who had the moral backbone to be a good person in an immoral society would have been an even better person in a generation that encouraged goodness (BT Sanh. 108a). One emphasizes the power of society to shape the behavior of its members; the other champions the power of the individual to withstand the pressures of society.

All of us must choose what type of person we are going to be...A Noah, in our generation, a person who strives to be righteous.

Shabbat Shalom

NOACH

Torah Reading: Genesis 6:9 - 11:32 (page 26)

Haftorah: Isaiah 44:1 - 45:5 (page 41)

WEEKLY SERVICE

Saturday: Shacharit (Morning) Service	10:30 A.M.-1:30 P.M.
Minchah (Evening) Service	3:00 P.M. — 4:30 P.M.
Gift Shop (Tue & Thurs.)	12:00 P.M.- 2:00 P.M.

PRAYER LIST:

Willie Myrtle Walker, Willie Miller, Gracile Moore, Dr. Wayne Williamson,
Dinah Israel, Zaken Baruch Carroll, Ben Hardiman, Jerry Hecktman,
Zakenah Deborah McCollough, Reginald Sonny Burke,
Toni Miller, Haviva Solomon, Gabrielle Levy, David Harris, Jr., Walter Thompson,
Charlene Dorsey, Sydney Uriah Taffe, Tina Ashe, Ejewel Shirley, Cynthia Doby,
Zakenah Aleezaw Jones

YAHRTZEIT

“Freedom is never given; it is won.”

—A. Philip Randolph, civil rights activist

To Our Guest:

We appreciate you being with us today. There are times during our service when walking is prohibited. Please refrain from walking while we stand during prayers and when the Torah is being read. We thank you in advance for honoring our request.

THIS WEEK IN BLACK HISTORY

October 3, 1949 - Jesse B. Blayton, Sr. opened the first Black-owned radio station WERD in Atlanta, Georgia.

October 4, 1916 - A white mob lynched William Spencer, a 30-year-old Black husband and father of four children.

October 5, 1920 - A mob lynched four Black men in MacClenny, Florida, seizing three from the county jail and shooting the fourth one dead in the woods.

October 6, 2009 - Justice of the peace in Louisiana refused to marry an interracial couple because of their race and later acknowledged he denied marriage licenses to interracial couples for years.

October 7, 1963 - State troopers join local deputies in beating and shocking with cattle prods more than 350 African Americans as they wait in line to register to vote at the county courthouse in Selma, Alabama.

October 8, 2017 - Facing excessively high caseloads and inadequate funding, the Missouri State Public Defender this week refused to take on any new cases.

October 9, 1893 - A white mob attacks a Black couple in Weakley County, Tennessee, lynching Bob Hudson and brutally beating his wife.

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“ LIFT EVERY VOICE”

Lift every voice and sing,
Till earth and heaven ring,
Ring with the harmonies of Liberty;
Let our rejoicing rise
High as the list'ning skies,
Let it resound loud as the rolling sea.
Sing a song full of the faith that the dark past has taught us,
Sing a song full of the hope that the present has brought us;
Facing the rising sun of our new day begun,
Let us march on till victory is won.

Stony the road we trod,
Bitter the chast'ning rod,
Felt in the days when hope unborn had died;
Yet with a steady beat,
Have not our weary feet
Come to the place for which our fathers sighed?
We have come over a way that with tears has been watered.
We have come, treading our path through the blood of the slaughtered,
Out from the gloomy past,
Till now we stand at last
Where the white gleam of our bright star is cast.

God of our weary years,
God of our silent tears,
Thou who hast brought us thus far on the way;
Thou who hast by Thy might,
Led us into the light,
Keep us forever in the path, we pray.
Lest our feet stray from the places, our God, where we met Thee,
Lest our hearts, drunk with the wine of the world, we forget Thee;
Shadowed beneath Thy hand,
May we forever stand,
True to our God,
True to our native land.

****** MARK YOUR CALENDAR ******

**Please join Chief Rabbi Funnye' for Shabbat Service
Saturday, October 9, 2021 @10:30 a.m.**

**All CDC guidelines will be strictly enforced, you
must wear a mask and maintain social distancing.**

**There will be no Oneg, you must bring your own
prayer book, Pentateuch, and Tallitim.**

**We will also continue our Virtual Service Streaming
on Facebook Live.**

<https://www.facebook.com/beth.shalom.52012>

NASHE OR' FUNDRAISER

**Add a memorial leaf to the tree of life in the social hall a
leaf is \$50**

See Sister Shalheves for more information.

October is the time to



Breast Cancer Awareness Month

Support the fight. Spread the hope.