

# SEPTEMBER CELEBRATIONS



Mykaya Betts, Beth Brazelton, Dahniel Buie,
Michael Buie, Leah Burks, Zion Chambers,
Theo Dickerson, Ziere Dickerson,
Capers Funnye III, Shoshan Handy,
Elder David Harris Sr., Dinah Judah-Peterson,
Adina McCollough, Elder Al Rollins,
Naomi Thomas, Roane"Maccabee Moshe" Wallace,
Tia Whitfield, Sherael Yehudah



Theo & Simona Dickerson Baruch & Yaffah Sutton

# Shabbat Shalom

SEPTEMBER 11, 2021 5TH TISHRI 5782



Beth Shalom B'nai Zaken E.H.C.

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#### **WELCOME**

We welcome you and your interest in Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation (House of Peace for the Children of the Ancient Ethiopian Hebrews). As stated in Psalm 133:1, "how good and how pleasant it is for brethren to dwell together in unity!"

We are truly blessed by your presence and welcome the opportunity to share our love of the Most High G-d with you. Your experience today will probably be very different from most services you have attended. We hope this information will explain our beliefs and mode of worship. As G-d stated in Isaiah 56:7... "for my house shall be called a house of prayer for all peoples." Again, we welcome you and pray that you will enjoy our service as much as we do.

Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation (Beth Shalom) is the oldest Temple in the Chicago area serving the Israelite Community. It was established as the Ethiopian Hebrew Association in 1918, by Rabbi Horace Hasan. In 1920, Rabbi David Lasarus and Rabbi Caino Stirson, came to the Chicago area from New York and later joined forces with Rabbi Hasan. In 1923 our beloved Senior Rabbi Abihu Ben Reuben, (may G-D bless his memory) joined this congregation, which was located at 1850 West Lake Street. In the 1930s and 1940s, the leadership of the Ethiopian Hebrew community was firmly in the hands of Rabbi Abihu Ben Reuben, Rabbi Lazarus, and Rabbi Louis Green. Rabbis Reuben and Lazarus studied with Chief Rabbi Wentworth A. Matthew, at the Commandment Keepers Congregation in New York City, and were ordained rabbis by Chief Rabbi Matthew. Rabbi Louis Green received his Masters of Science in Jewish Studies from the College of Jewish Studies in Chicago, Illinois.

In 1952, Chief Rabbi Wentworth A Matthew came to Chicago to oversee the opening of a new Temple to serve the Ethiopian Hebrew Community. In 1984, the Congregation of Ethiopian Hebrews and Beth Shalom Hebrew Congregation merged to form Beth Shalom Ethiopian Hebrew Congregation. Rabbis Abihu Ben Reuben and Capers C. Funnye, Jr., served the congregation as senior and assistant rabbis. In 1993, Beth Shalom merged with the Congregation of B'nai Zaken, to form Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation, with Rabbi Capers C. Funnye, Jr. as Rabbi.

Beth Shalom is an affiliate congregation of the International Israelite Board of Rabbis Inc. and fully embraces the ideals of Resolution 80lA which was passed by the Board in 1981. It affirms the brotherhood of all people who worship the G-D of Abraham, Isaac and Jacob without regard to tradition or terminology (for example: Black Jews', Hebrews, Israelites, Jews, etc.) However, when among us, visitors are obliged to respect the customs and traditions followed by members.

# Raise awareness

To help raise awareness of ovarian cancer among people in your social networks, consider:

- wearing a teal ribbon, which symbolizes ovarian cancer support
- adding an ovarian cancer-themed frame to your social media profile photos
- sharing links to ovarian cancer-related stories, fundraising campaigns, and other pages through email and social media platforms
- talking to friends, family members, co-workers, and others about your own experiences with ovarian cancer

These gestures can help generate attention and conversations around the issue of ovarian cancer.

# Schedule a health checkup

When ovarian cancer is diagnosed at an early stage, it tends to be highly treatable. But in roughly 80 percent of cases, the disease isn't detected until it's already advanced to a less treatable stage.

There are currently no reliable screening tests for ovarian cancer, but getting regular pelvic exams and health checkups may help your doctor detect ovarian cancer early.

If you're a woman or trans man with ovaries, consider when you last had a pelvic exam. If you're overdue for an exam or checkup, start planning for one. Look for future dates that work for you, and call your healthcare provider's office to schedule a time.

You should also let your doctor know if you develop potential signs or symptoms of ovarian cancer. For example, common symptoms include:

- bloating
- abdominal pain
- · unusual feelings of fullness
- frequent or urgent urination that occurs more than 12 times per month

## **OVARIAN CANCER AWARENSS MONTH**

# SEPTEMBER IS OVARIAN CANCER AWARENESS MONTH

Ovarian cancer is a leading cause of cancer-related death in American women. This is largely because early ovarian cancer often has no symptoms.

When symptoms do appear, they tend to be associated with other conditions. These symptoms may include persistent bloating, pelvic or abdominal pain, difficulty eating or feeling full quickly and frequent urination. Knowing the early signs and symptoms of ovarian cancer can lead to early diagnosis and life-saving treatment.

Screening for ovarian cancer is difficult, but pelvic imaging and blood tests are currently the best tests for diagnosing ovarian cancer. Increasing age and a family history of the disease are the strongest risk factors.

Ovarian cancer is rare – about 1.3 percent of women will be diagnosed with ovarian cancer at some point in their life, according to data from the NCI's Surveillance, Epidemiology, and End Results Program. An estimated 21,410 women in the United States will be diagnosed with ovarian cancer and 13,770 are expected to die from the disease in 2021.

But because it often goes untreated until the disease has advanced, the survival rate is low, with a five-year survival rate of 49.1 percent.

There are three types of ovarian cancer in adults. Ovarian epithelial cancer begins in the tissue covering the ovary, lining the fallopian tube, or the peritoneum. Ovarian germ cell tumors start in the egg or germ cells. Ovarian low malignant potential tumors begin in the tissue covering the ovary, and are characterized by abnormal cells that may become cancer, but usually do not.

Risk factors for developing ovarian cancer include family history and the presence of inherited gene mutations. There are tests that can detect mutations in the BRCA1 and BRCA2 genes, which increase the risk of female breast and ovarian cancers and some additional types of cancer. Other risk factors include the use of estrogen-only hormone replacement therapy and the use of fertility drugs.



**Tidbit: Vayelekh** 

#### **Shabbat Shuvah**

# 5th Tishri 5782 – September 11, 2021

### **Chief Rabbi Capers Shmuel Yefuneh**

Chapters 31-34 are the epilogue both for Deuteronomy and the entire Torah. They describe the steps taken by Moses, on concluding his major addresses, to prepare the Israelites for the future; and they end with his death and the people's mourning. G-d denied Moses' request to enter the Promised Land in 3:23-28, instructing him to appoint Joshua as his successor and then ascend the mountain where he would die. Moses proceeds to carry out G-d's instructions and he publicly appoints Joshua as his successor. Speaking to Joshua in the hearing of the people, "Be strong and of good courage, fear not, nor be afraid of them; for thou shall go with this people into the land which the Lord hath sworn unto their fathers to give them; and thou shalt cause them to inherit it."

In verses 9-13; Moses has finished expounding the Teaching (1:5), which he imparted orally until now. He writes it down and arranges for its regular public reading so that the people may be reminded regularly of its contents and future generations may learn it. Verse 12; "Gather the people—men, women, children, and the strangers in your communities—that they may hear and so learn to revere the Lord your G-d and to observe faithfully every word of this Teaching."

Some authorities in the Talmud contend that there is no obligation to teach Torah to women. Such opinions, however, are products of the Greco-Roman view of women as intellectually weak, a notion that began in the 3rd century B.C.E., during the Hellenistic period. In contrast, Ben Azzai held that a man is obliged to teach his daughter Torah. Therefore, we teach Torah to our sons and our daughters.

This is Shabbat Shuvah—let all of us be forgiving as we go before G-d seeking His forgiveness.

Shabbat Shalom

## **VAYELEKH**

# Shabbat Shuvah

**Torah Reading:** Deuteronomy 31:1 - 31:30 (page 887)

**Haftorah:** Hosea 14:2 - 10, Micah 7:18-20, & Joel 2:15-27 (page 891)

#### WEEKLY SERVICE

Saturday: Shacharit (Morning) Service 10:30 A.M..-1:30 P.M. Minchah (Evening) Service 3:00 P.M. - 4:30 P.M. Gift Shop (Tue & Thurs.) 12::00 P.M. - 2:00 P.M.

#### PRAYER LIST:

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#### **YAHRZEIT**

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"Success is liking yourself, liking what you do, and liking how you do it." - Maya Angelou

#### **To Our Guest:**

We appreciate you being with us today. There are times during our service when walking is prohibited. Please refrain from walking while we stand during prayers and when the Torah is being read. We thank you in advance for honoring our request.

# THIS WEEK IN BLACK HISTORY

September 5, 1912 - White mob lynched Walter Johnson in Princeton, West Virginia, in front of a crowd of 5,000 people.

September 6, 1913 - Eight Black men died of asphyxiation after authorities at a prison farm in Richmond, Texas, confined 12 Black men in an underground cell as punishment for not picking cotton fast enough.

September 7, 1963 - Local merchants in Plaquemines Parish, Louisiana, begin enforcing an ordinance that denies service to all members of the U.S. military, regardless of their race, to protest integration of the armed services.

September 8, 2010 - Officials at Kilby Correctional Facility in Montgomery, Alabama, prohibit an EJI client from receiving *Slavery by Another Name*, a Pulitzer Prize— winning book about the history of convict leasing in Alabama.

September 9,1957 - Mobs of white church members led by a local minister protest the integration of white elementary schools in Nashville, Tennessee, by 19 Black six-year-olds; the school was bombed the next morning.

September 10, 1963 - White students in Tuskegee, Alabama, withdraw from school after racial integration; with help of state funds, most enroll private Macon Academy, which is still 90% white today.

September 11, 1895 - South Carolina convenes constitutional convention with explicit purpose to disenfranchise African Americans.

# **BUSINESSES**

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#### "LIFT EVERY VOICE"

Lift every voice and sing,

Till earth and heaven ring,

Ring with the harmonies of Liberty;

Let our rejoicing rise

High as the list'ning skies,

Let it resound loud as the rolling sea.

Sing a song full of the faith that the dark past has taught us,

Sing a song full of the hope that the present has brought us;

Facing the rising sun of our new day begun,

Let us march on till victory is won.

Stony the road we trod,

Bitter the chast'ning rod,

Felt in the days when hope unborn had died;

Yet with a steady beat,

Have not our weary feet

Come to the place for which our fathers sighed?

We have come over a way that with tears has been watered.

We have come, treading our path through the blood of the slaughtered,

Out from the gloomy past,

Till now we stand at last

Where the white gleam of our bright star is cast.

God of our weary years,

God of our silent tears,

Thou who hast brought us thus far on the way;

Thou who hast by Thy might,

Led us into the light,

Keep us forever in the path, we pray.

Lest our feet stray from the places, our God, where we met Thee,

Lest our hearts, drunk with the wine of the world, we forget Thee;

Shadowed beneath Thy hand,

May we forever stand,

True to our God,

True to our native land.

# \*\*\*\* MARK YOUR CALENDAR \*\*\*\*

Please join Chief Rabbi Funnye' for Shabbat Service Saturday, September 11, 2021 @10:30 a.m.

All CDC guidelines will be strictly enforced, you must wear a mask and maintain social distancing.

There will be no Oneg, you must bring your own prayer book, Pentateuch, and Tallitim.

We will also continue our Virtual Service Streaming on Facebook Live.

https://www.facebook.com/beth.shalom.52012

# NASHE OR' FUNDRAISER

Add a memorial leaf to the tree of life in the social hall a leaf is \$50

See Sister Shalheves for more information.

# \*\*\*\* MARK YOUR CALENDAR \*\*\*\*

#### BETH SHALOM BZ CHAT WITH RABBI

"Shabbat Torah Study"
Every Saturday
12:00 p.m.—1:30 p.m.

## **HOLY DAYS 2021**

Erev Yom Kippur (Kol Nidre)

Yom Kippur

Erev Sukkot

Sukkot

Shmini Atzeret/Simchat Torah

Wednesday, Sept. 15th @ 7:00 p.m.

Thursday. Sept. 16th @ 10:00 a.m.

Monday, Sept. 20

Tuesday, Sept. 21 @10:30

a.m.

Tuesday, Sept. 28 @ 10:30

a.m.