

200-Hour Yoga Teacher Training Application

Lucky Elephant Yoga & Wellness – January 2026 Training

Please complete this application and sign at the bottom. If you are applying for 'Deepen Your Practice,' you may write 'N/A' for teaching-related questions.

Contact Information

First Name: _____

Last Name: _____

Email: _____

Chosen Training Track (☐ 200-hour Certification ☐ Deepen Your Practice):

Phone Number: _____

Address: _____

Birthday (MM/DD/YYYY): _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Emergency Contact Relationship: _____

Background & Intentions

What excites you about this training?

What has been your prior yoga journey?

What has been the most impactful yoga experience in your life?

What are your goals for this training?

What qualities in a teacher do you wish to cultivate in your own practice?

Who have been the teachers that have influenced you, and why are they inspiring?

Yoga Experience / Health

Current yoga style (check all that apply):

- | | | |
|-------------------------------------|--------------------------------------|---|
| • ☐ Vinyasa | • ☐ Iyengar | • ☐ Yin Yoga |
| • ☐ Ashtanga | • ☐ Kundalini | • ☐ Gentle Yoga |
| • ☐ Hatha | • ☐ Hot Yoga | • ☐ I'm not sure/Other |

Where is your current 'yoga home'? _____

Do you have any physical limitations that would prevent you from participating fully? Describe below.

Pricing & Payment Information

Deepen Your Practice Track:

- Early Bird (paid in full by Dec 1, 2025): \$2,100
- Standard Tuition: \$2,450 (with \$500 deposit due upon application)
- Total balance due by first day of class
- Payment plans available (based on \$2,750 total)
- Includes: unlimited classes and training manual
- 10% discount if paid by check or cash

Yoga Teaching Certification Track:

- Early Bird (paid in full by Dec 1, 2025): \$2,900
- Standard Tuition: \$3,250 (with \$500 deposit due upon application)
- Total balance due by first day of class
- Payment plans available (based on \$3,250 total)
- Includes: unlimited classes and training manual
- Does not include required books/materials
- 10% discount if paid by check or cash

Agreement & Signature

Refund Policy:

- Withdrawal before 7th day of course start: refund minus \$500 deposit
- No refunds after one week from start date
- Requests must be submitted in writing to Bridget
- Materials must be returned within one week of withdrawal
- Tuition is non-refundable and non-transferable

By typing my name below, I acknowledge that I understand the commitment, requirements, and participation this training will demand. I understand certification depends on attendance, participation, and coursework completion. Graduation is at the discretion of the trainers. I have read and agree to the general liability waiver and refund policy.

Signature: _____ Date: _____