



Costa Rica Retreat Registration Form

Retreat Attending/Dates _____

Are you adding additional dates in Recreo Verde Hot Springs Yes No

Full Name (Please Print) _____

Address _____ City/Zip _____

Birthdate _____ Phone Number _____

Email Address _____

Emergency Contact Name _____ Phone Number _____

Emergency Contact Relationship to you _____

Do you have any injuries or limitations the teacher should know about? _____

Do you have any dietary restrictions / limitations / allergies? _____

Have you ever practiced yoga before? What styles? _____

Have you practiced with Bridget Rawls Peterson? If yes, where? _____

What are your hopes/goals for this retreat? _____

Are you attending this retreat with another person? Yes No (circle one)

If so, whom? _____

Would you like to share a room with this person? Yes No (circle one)

Any other relevant information for Bridget? _____

● Participant Release of Liability

(Initial in box)

I understand that yoga includes physical movements as well as an opportunity for relaxation, stress re-education and relief of muscular tension. Yoga is not a substitute for medical attention, examination, diagnosis or treatment I understand it is my responsibility to inform the instructor of any limitations before Activity begins. If I experience any pain or discomfort, I will listen to my body, discontinue the activity, and ask for support from the instructor.

I represent and warrant that I am in good physical health and do not suffer from any medical condition which would limit my participation in the Physical Activities offered with instructors through Lucky Elephant Yoga and Wellness, LLC. I also affirm that I alone am responsible to decide whether to participate in activities and at what level of participation is at my own risk.

I understand that this Retreat includes participation in strenuous physical activities including, but not limited to, yoga, walking, jogging, running and possible various programs offered by Lucky Elephant Yoga and Wellness, LLC. I understand the Physical Activities of this retreat may involve the inherent risk of physical injuries or other damages, including, but not limited to, heart attacks, muscle strains, pulls or tears, broken bones, shin splints, heat prostration, knee/lower back/foot injuries and any other illness, soreness, or injury however caused, occurring during or after my participation in the Physical Activities. I assume responsibility for all risks associated with the Physical Activities I choose to participate in. I agree to seek competent medical or other professional advice, regarding any concerns or questions involved with the ability to take part in the Physical Activities.

o Travel Release of Liability

(Initial in box)

In consideration for being allowed to participate in this Activity, on behalf of myself and my next of kin, heirs and representatives, I release from all liability and promise not to sue Lucky Elephant Yoga and Wellness, LLC and their employees, officers, directors, volunteers and agents (collectively "LEYW") from any and all claims, including claims of LEYW's negligence, resulting in any physical or psychological injury (including paralysis and death), illness, damages, or economic or emotional loss I may suffer because of my participation in this Activity, including travel to, from and during the Activity.

I am voluntarily participating in this retreat and the activities of this retreat. I am aware of the risks associated with traveling to/from and participating in this retreat, which include but are not limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and/or death. I understand that these injuries or outcomes may arise from my own or other's actions, inaction, or negligence; conditions related to travel; or the condition of the Activity location(s).

Nonetheless, I assume all related risks, both known or unknown to me, of my participation in this retreat, including travel to, from and during the retreat.

I agree to hold LEYW harmless from all claims, including attorney's fees or damage to my personal property, that may occur as a result of my participation in this retreat, including travel to, from and during the retreat. If LEYW incurs any of these types of expenses, I agree to reimburse LEYW. If I need medical treatment, I agree to be financially responsible for any costs incurred because of such treatment. I am aware and understand that I should carry my own health insurance.

● Participant Release of Liability

(Initial in box)

Limitation of Liability and Full Release of Lucky Elephant Yoga and Wellness, LLC: I agree to fully release Lucky Elephant Yoga and Wellness, LLC, its owners, employees, any related entities or other authorized agents, including independent contractors from any and all liability, claims and/or litigation or other actions that I may have for injuries, disability or death or other damages of any kind, including but not limited to, direct, special, incidental, indirect, punitive or consequential damages, whether arising in tort, contract, breach of warranty or arising out of participation in the Services, including, but not limited to the Physical Activities, even if caused by the negligence or fault of Lucky Elephant Yoga and Wellness, LLC, its owners, employees, any related entities or other authorized agents, including independent contractors. I have been given an opportunity to have this Agreement reviewed by an attorney before signing.

I am 18 years or older. I understand the legal consequences of signing this document, including (a) releasing LEYW from all liability, (b) promising not to sue LEYW, (c) and assuming all risks of participating in this Activity, including travel to, from and during the Activity.

I understand that this document is written to be as broad and inclusive as legally permitted. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms.

I have read this document, and I am signing it freely. No other representations concerning the legal effect of this document have been made to me.

Print name: _____

Signature: _____ Date Signed _____

Payment Agreement

Tierra de Suenos Payment Agreement:

\$2,500.00 Total Investment

_____ \$500 Deposit Paid with application (applies toward final amount)

_____ Early Bird pricing: \$2100 per person paid in Full before March 1, 2025

_____ BOGO offer! Book **two spots** for **\$3500!** That's only \$1000 more for the second person! BOGOs must be paid in full before May 1, 2025.

*****Only 4 BOGOs available so grab one today!*****

_____ \$2500 Total Payment due by June 1, 2025

**** Payment plans available for remaining amount (maximum 5 additional monthly payments) with final payment due by June 1, 2025

**** Flights and transportation to and from the retreat are separate. We will coordinate travel as a group into San Jose and travel by group shuttle to the retreat center.

Recreo Verde Add-on Payment Agreement:

\$1200 Total Add-On Investment

_____ \$300 Deposit Paid with application (applies toward final amount)

**** Early bird and BOGO do not apply to this add-on trip. Price is per person and is due with final payment.

_____ \$1200 Total Payment for Add-on Trip to Recreo Verde Hot Springs Resort due with final payment for Tierra de Suenos, based on chosen payment package.

Refund Policy:

Total payment must be received by June 1, 2025.

Cancellations before May 15, 2025: Refund of money paid minus \$500 administrative fee.

Cancellations between May 15, 2025, and June 15, 2025: 50% of money paid transferrable to another retreat date. No refunds of any kind given after June 15, 2025.

I understand the payment and refund policy.

(Initial in box)

(Initial in box)

(Initial in box)