

# On Demand Education About Myeloproliferative Neoplasms

Learning about myeloproliferative neoplasms (MPNs), such as essential thrombocythemia (ET), myelofibrosis (MF) and polycythemia vera (PV) can help you communicate with your doctors and make better decisions about your treatment. This resource is designed to help you get easy access to trusted health education.

Your healthcare provider has suggested the following areas of interest for you. Simply follow the instructions below to get started.

Text the selected keyword(s) to **411321** to get this information emailed to you!



Keyword	Resource
 <b>NEW2MPN</b>	Begin your journey with our <b>“Questions to Ask Your Doctor”</b> guide. Request this resource and future updates to help you understand your MPN diagnosis and make office visits less stressful.
 <b>MPNCARE</b>	Get to know the most common terms you will hear during office visits using our <b>MPN Glossary</b> . This important resource and other educational updates help caregivers support their loved ones who are diagnosed with MPN.
 <b>MPNOPTIONS</b>	You have choices when it comes to your therapy and our <b>Treatment Guide</b> is a great way to understand all of your options. Receive this helpful resource plus periodic updates about treatments and ongoing research.
 <b>LIVINGWITHMPN</b>	Stay alert and active with our guide for <b>Managing Cancer-Related Fatigue</b> . These tips and future updates will help you manage your side effects and live your healthiest life.
 <b>MPNCONNECT</b>	You are not alone on your MPN treatment path. Request these resources to <b>Connect with the MPN Community</b> , read patient stories and learn from others who are going through similar experiences.
 <b>MPNSUPPORT</b>	Use our <b>Financial Checklist</b> to help you prepare for the many financial concerns that may arise after your diagnosis. Get future updates and tools for easing the financial strain on you and your loved ones.

Periodic Updates with Opt-in. Msg & Data Rates May Apply. Powered by ecoFiles®. For help, text HELP to 411321 or call (908) 588-7007; Text STOP to 411321 to stop.

## Not sure how to text a keyword?

Detailed texting instructions can be found on the back of this sheet.

## About this infoScript®

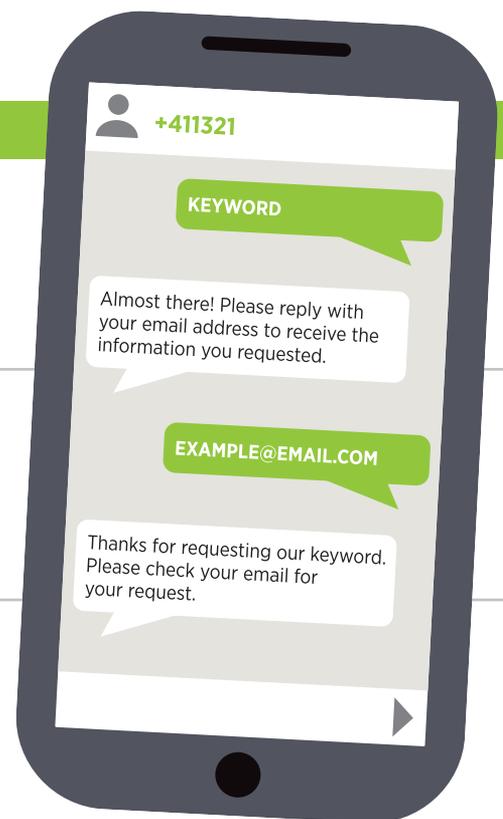
InfoScript, powered by ecoFiles®, enables your healthcare professional to provide you with educational information in a convenient and eco-friendly way.

This easy-to-use system lets you request information with a simple text. On the other side of this sheet, you will see a keyword listed next to a specific resource or topic of interest. Text that keyword to **411321** and instantly receive the information you want, right in your email inbox.

### Learn how!

#### How to text a KEYWORD to 411321

- 1** Open your phone's text messaging feature and locate the space typically labeled "TO." Select that area and use your phone's keypad to enter: **411321**.
- 2** Locate the space on your phone's screen to enter your message. Using the keypad, enter the suggested **KEYWORD** found on the other side of this sheet, then press "**SEND**" (Please text one keyword at a time).
- 3** If you have never used ecoFiles, you will immediately receive a reply asking you to enter your email address. Simply enter a valid email address and hit "**SEND**." We will use this to send information to you.



### Success!

You have completed the process! You will now receive a text message confirming your request. Check your email inbox for the information you have requested.