



## Chimeric Antigen Receptor (CAR) T-Cell Therapy— Questions to Ask Members of Your Healthcare Team

### Questions to ask about CAR T-cell therapy before the treatment begins

1. What are the possible benefits and risks of this treatment?
2. What are the possible side effects of this treatment?
3. Will this treatment affect the ability to have children in the future (for either me or for my child)?
4. If I/my child do become pregnant in the future, will the presence of CAR T cells in my body have any effect on the baby?
5. Is it possible to work or go to school during treatment?
6. Will this treatment be covered by insurance?
7. What is the prognosis (the likely outcome) using this treatment for my/my child's diagnosis?
8. Is this the best treatment for me/my child?

### Questions to ask about the CAR T-cell therapy process

1. How long will the hospital stay be during this process?
2. What is the process like?
3. How long will I/my child have to wait for the cells to be re-engineered and sent back?
4. How long do the CAR T-cells stay in my/my child's blood system?
5. When will I/my child be able to return home after the hospital stay?
6. What kind of care will be needed after returning home?

## Questions to ask about after treatment and follow-up care

1. Will I/my child need a caregiver 24 hours a day to monitor for side effects?
2. When do side effects usually appear and what do I do if I/my child experience any?
3. How and when will I know if the treatment for me/my child has been effective?
4. Is a stem cell transplant necessary after CAR T-cell therapy for me/my child?
5. Will I/my child continue to see the members of this healthcare team?
6. Since CAR T-cell therapy is so new, have any long-term effects been identified?
7. How long will I/my child be monitored for treatment side effects (short or long term)?
8. If I/my child experience side effects, how can the members of my healthcare team be reached?
9. What information can be provided to my/my child's primary doctor about this treatment and what may be needed in the future?

## Questions to ask about social/financial concerns

1. When can I/my child expect to return to work/school?
2. What kind of financial and social support services are available to me/my child and our family?
3. Will I/my child be eligible to apply for disability assistance?
4. How can I find out if the insurance covers the cost of the treatment and treatment-related costs such as testing and travel for me/my child?
5. Who is the best person to ask about bills and insurance coverage?
6. If I/my child do not have insurance coverage, how can members of the healthcare team help me/my child get the treatment needed? Who is the best person to ask for assistance?

For more information about CAR T-cell therapy, please visit [www.LLS.org/Booklets](http://www.LLS.org/Booklets) to see the free LLS booklet *Chimeric Antigen Receptor (CAR) T-Cell Therapy Facts*.



### GET SUPPORT. REACH OUT TO OUR INFORMATION SPECIALISTS.

The Leukemia & Lymphoma Society team consists of master's level oncology social workers, nurses and health educators who are available by phone Monday–Friday, 9 am to 9 pm (ET).

Contact us at **800.955.4572** or  
**[www.LLS.org/InformationSpecialists](http://www.LLS.org/InformationSpecialists)**.

Interested in receiving more information?  
Text any of these keywords to 411321.

KEYWORD	TOPIC
<b>CARTPROCESS</b>	Treatment process
<b>CARTEFFECTS</b>	Side-effect management
<b>CARTSTRESS</b>	Tips for managing stress