### The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy

Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and immaculate Conception.

Blessed be her glorious Assumption. Blessed be the name of Mary, Virgin and Mother

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His saints.

\*May the Heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved, with grateful affection, at every moment, in all the tabernacles of the world, even until to the end of time. Amen.

# O Sacrament Most Holy, O Sacrament Divine, all praise and all thanksgiving be every moment Thine!



#### **Saints Peter and Paul Parish**

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### **Holy Mass**

Lord's Day Vigil at 4:00 PM Lord's Day at 7:45 AM and 10:00 AM Mon/Tue/Thurs/Fri at 8:00 AM

#### **Confessions**

45 minutes before Masses Fri/Sat/Sun Mon/Wed 5:00 to 6:00 PM



## **Eucharistic Adoration**

God the Incarnate Son offered Himself Body, Blood, Soul, and Divinity to the Father on the Cross, in the power of the Holy Spirit, for our salvation.

On the night before His death, Jesus commanded His apostles to "take and eat...take and drink" and to do so "in remembrance of [Him]"

ر. Matthew 26:27-28: 1 Corinthians 11:25

In our midst, on our altars, are no longer bread and wine but Jesus' own Body and Blood, Soul and Divinity to consume for everlasting life.

Luke 22:19-20; John 6:54

Catholics value the practice of Eucharistic Adoration, which increases our hunger to receive Him devoutly and often.

He is worthy of our **praise** and **thanksgiving**, our **petitions** and our **repentance**. In this sacred time, offer yourself to Him with confidence in His love for you.

<sup>\*</sup>This acclamation is not used everywhere, but we use it here.

# Hymn for Exposition of the Blessed Sacrament: O Salutaris Hostia

O salutáris Hóstia, quae caeli pandis óstium, bella praemunt hostília; da robur, fer auxílium.

Uni Trinóque Dómino sit sempitérna glória, Qui vitam sine término nobis donet in pátria. Amen.

O saving Victim, Who open Heaven's door, hostile foes press in on us: give strength, bring help!

To the Lord, One and Three, be unending glory, Who give us life without end in our homeland. Amen.

#### **Latin Pronunciation Tips**:

a: as in "FAH-ther"; ae/e: "FA-vor," sometimes closer to "BET-ter"; i: as in "STEVE"; o: as in "DOUGH"; u: as in "COO-per."

c before a, o, or u: as in "COP"; c before ae, e, or i: as in "CHIP"; g before a, o, u: as in "GAL"; g before ae, e, or i: as in "GEN-tle"; j: as in "YOUNG." The rest is like English.



# Hymn for Benediction of the Blessed Sacrament: Tantum Ergo Sacramentum

Tantum ergo Sacraméntum venerémur cernui, et antíquum documéntum novo cedat rítui: praestet fides suppleméntum sénsuum deféctui.

Genitóri, genitóque laus et iubilátio, salus, honor, virtus quoque sit et benedíctio, procedénti ab Utróque compar sit laudátio. Amen.

With faces to the ground, let us worship so great a Sacrament, and let the ancient lesson yield to the new: let faith reinforce the deficiency of the senses.

To Begetter and Begotten [the Father and the Son] be praise and jubilation, praise, honor, strength, and blessing as well; to the One Who proceeds from Them Both [the Holy Spirit] be equal praise. Amen.

### **Dialogue before Benediction\***

Priest/Deacon:

You have given them bread from heaven.

All:

### Which contains all sweetness.

Priest/Deacon continues with a prayer, to which all respond: **Amen.** 

Make the Sign of the Cross when the Priest/Deacon blesses you with the Eucharistic Lord.

The Divine Praises follow (see next page).

When the Blessed Sacrament is reposed in the Tabernacle, all stand. The period of Adoration may conclude with a hymn such as "Holy God, We Praise Thy Name."

