



Eldarmind

ancient wisdom, modern minds

MENTORING AGREEMENT

“The beginning of love is to let those we love be perfectly themselves, and not to twist them to fit our own image. Otherwise we love only the reflection of ourselves we find in them..” - Thomas Merton

Spiritual Mentoring Description:

Spiritual Mentoring is an invitation into intentional space, set aside for ‘you’ to share and reflect on where God is at work in your life. The mentor’s role is to listen deeply, receptively as Parker Palmer calls it, seeking to be present to the immediacy of the Spirit’s movement in the mentoree’s journey. Through questioning, mirroring, discernment, Scripture and prayer, the mentor’s focus is on the excavation of the soul of the mentoree. Whether the Spirit illuminates deep clarity, awareness, freedom or more rubble to dig through, the task is to pay attention and respond to the Spirit’s initiative.

About the Mentor:

Married with three children, I have been engaged in ministry for 20 years. I am currently studying spiritual formation with Dallas Willard’s School of Kingdom Living, having spent the last decade finishing studies with ACOM also with a focus on Spiritual Formation. I synthesise myth, theology, and neuroscience to form a story based, reality grounded and systems informed approach to alongsiding.





Our sessions will facilitate:

1. An expectant trust in the Holy Spirit to direct and illuminate
2. Holding space
3. Staying focused on the mentoree and what God is doing.
4. Keeping confidentiality (for both of us)
5. Practicing discernment together
6. Allowing time for prayer and silence
7. Opportunity for spiritual disciplines, either in the session or for homework
8. Offering affirmation, invitation and contemplation
9. Keeping to time
10. Booking next session

Spiritual Mentor Covenant (SMC)

Date: / / Mentoree:

This covenant is an agreement between mentor and mentoree, and is to be discussed, completed and signed together.

This is a one-year covenant. No personal material is shared apart from that which is noted in the Duty of Care and Disclosure section of this Covenant.

TIME COMMITMENT

We will covenant to meet every weeks (as far as possible, I like to meet every 6 weeks)

If a booked time needs to be changed for either of us, we both commit to contact a week before a session, so that a new time can be scheduled.

COST

Each mentoring relationship is unique, and depending on the circumstance, a general cost will be agreed upon for the provision of mentoring. This will be determined prior to signing the covenant, but in general, a flat rate of \$..... will be invoiced after each appointment.

RESPONSIBILITIES





Mentor Responsibilities ☐

- . (a) Share an initial shortened life-story with the mentoree☐☐
- . (b) Attend to the mentoree, listening to their journey and the Spirit's movement ☐
- . (c) Commit to praying for the mentoree
- . (d) Keeping the content of the sessions confidential☐
- . (h) Close or renew the Mentoring relationship at the end of the covenant
- . (I) Attend professional supervision as a commitment to keeping professional health

Mentoree Responsibilities☐

- . (a) Share your life-story with the Mentor
- . (b) Being prepared to grow into a deeper awareness of 'who' you are, and what God is forming in you (relationship with self)
- . (c) Being prepared to open yourself to the Spirit's excavation of your soul, trusting His revelation and Holy presence to be transforming in your life
- . (d) Share your goals, hopes, concerns and struggles as you journey through the sessions
- . (e) Attend each session, or reschedule in adequate time if unable to make the session
- . (f) Come prepared for what you want to share☐
- . (e) Keep a journal/notes of the mentoring journey, for the sake of 'recording' what God is up to in your life, and for an opportunity to 'harvest' the mentoring journey at the end of the year together with your mentor.☐

CONFIDENTIALITY, PRIVACY, DUTY OF CARE AND DISCLOSURE POLICIES

It is understood that the mentoring relationship is an opportunity to exercise confidentiality between the Mentor and mentee so that an environment of honesty, transparency, vulnerability and growth is promoted. If the mentee discloses anything that would involve a criminal activity or a breach to working with children, the mentor will address this with the mentoree, and the appropriate authorities will be contacted. ☐

AGREEMENT

We agree to adhere to these responsibilities and requirements.





I may also request your PERMISSION to record sessions on my phone, so that I can scribe for the purpose of verbatims to take to supervision. Your name and personal details will be changed for the sake of keeping confidentiality, and these sessions will be deleted once transcribed.

Signed for and on behalf of the Client:

Name:

Title:

Date:

Signed for and on behalf of Eldarmind:

Name: Daz Farrell

Title: Mentor/Coach

Date:

