



LEARN
MORE!

BALLROOM **kids**™

FAQs

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What does a BallroomKids™ class look like?

In BallroomKids™ classes, students are introduced to the foundations of ballroom dancing over the season. Each month, they explore a new style, covering 10 different styles throughout the season. Classes include a consistent warm-up, new concepts in dance, an introduction to technique, and a fun new combination of choreography each week.

Do students need to have a partner?

No, students do not need to have a partner. The program focuses on individual dancer development, allowing students to learn and progress at their own pace.

Will this program train dancers to be competitive ballroom dancers?

The BallroomKids™ program is designed to create confident dancers by teaching them the fundamentals of ballroom that they can apply in various areas of their lives. This includes exposure to the fundamental techniques and footwork seen in competitive ballroom classes. However, the program does not introduce the partnering aspect of ballroom dance, which is crucial for competitive dancing. Dancers do build upon their technique development as they progress through the program each season.

Do dancers need to have previous ballroom experience?

No previous ballroom experience is required. The program is designed to accommodate multiple class ages and levels, allowing studios to tailor classes to the learners at their studio.

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Do we need specific footwear for the classes?

Investing in recommended dance shoes can significantly enhance your child's dancing experience. Ballroom shoes are specially designed to allow the correct amount of 'slip' and 'grip' required for executing Latin footwork, heel leads in smooth dances, and quick direction changes in Latin dances, enhancing both safety and performance.

What types of dances will my child learn in BallroomKids™ classes?

Your child will be introduced to a variety of dance styles, including Salsa, Waltz, Rumba, Foxtrot, Cha Cha, Tango, Swing, Merengue, Samba, and Hustle. Each style is taught in a child-friendly manner, focusing on basic techniques and fun aspects of each dance.

How long are the classes?

Class length can vary by studio, but traditionally, ballroom lessons are 40 minutes in length. Please check with your specific studio for their schedule.

What is the age range for BallroomKids™ participants?

The program is designed for ages 7-17, but studios have the flexibility to customize this range based on their offerings and the needs of their students.

Can my child join the program mid-season?

Studios may allow mid-season enrollments, especially since a new dance style is introduced each month, making it easy for new students to jump in. They may miss some foundational techniques from earlier in the season, but these foundations continue to be built upon with each new style. It's best to contact the studio directly for their policy on mid-season enrollments.

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Is there a performance or recital opportunity?

Many studios offer performance or recital opportunities for students to showcase what they've learned. This can vary by studio, so please ask your local studio if they have recital opportunities and the details surrounding participation.

How does BallroomKids™ handle class placement for beginners vs. more experienced dancers?

Studios offering BallroomKids™ typically assess each dancer's skill level to place them in the most appropriate class. This ensures that all students are learning in an environment that matches their experience and ability level.

What should my child wear to class?

Please refer to the BallroomKids™ dance attire guide for specific recommendations on what to wear to class. If the studio has a current dress code in place for its classes, that may also apply to BallroomKids™ classes. The key is to ensure that your child is comfortable and can move freely while adhering to any guidelines set forth by BallroomKids™ or the studio.

How does the BallroomKids™ program ensure movements are age-appropriate?

The BallroomKids™ program is meticulously crafted to ensure all dance movements, including arm and body movements, are age-appropriate and suitable for children's physical development. The curriculum is designed by dance education professionals who prioritize the safety and well-being of young dancers. By focusing on fundamental dance techniques and child-friendly choreography, BallroomKids™ ensures that students not only learn the joy of ballroom dancing but do so in a manner that respects their developmental stage. Instructors are trained to adapt dance moves to be both accessible and appropriate for each age group, ensuring a positive and safe learning environment for all participants.