**THE BROW NURSE® - MICROBLADE HEALING INSTRUCTIONS**

**Your goal is to keep the pigment IN. If at any time after day 2, the brows suddenly become red or inflamed, this could be an allergic reaction to the healing ointment. Stop using the ointment and text me. If redness, sudden swelling or heat take over the area, please seek medical help immediately for a potential infection. If there are any questions during the healing time, please feel free to call or text me at (909)633-5102.**

**Your heal will be personalized by The Brow Nurse® . You will be given cleanser and moisturizer. Do not use anything other than the prescribed antiseptic/ointment for 14 days.**

**Only touch the treated areas with thoroughly washed, squeaky-clean hands during the healing process.**

**DO NOT LET MOISTURE SATURATE THE BROWS FOR THE FIRST 2 WEEKS. No water (after day 2), No Sauna, No steamy showering, No Swimming, No sweat, no oils and be careful not to oversaturate with healing ointment. Water and moisture can enter the healing strokes and dilute the pigment making it disappear, or can cause the flaking healed skin to come off too soon with pigment attached.**

**Showering: If you feel you must wash your hair in the shower, (Bathtub washing and dry shampoo are highly recommended over shower washing.) do not let the water splash your face. Add Aquaphor and gently cover the brows with a clean, dry cloth and be sure it does not get wet. Be careful not to create steam while showering, causing a sauna-like atmosphere. This will provide too much moisture to the healing brows.**

**Do Not sweat for 14 days - this is a hard one, but body heat expands the pores. Sweat has salt and will prematurely fade, blur or cause the pigment to appear grey,or to not stay in at all. THIS IS IMPORTANT.**

**Do Not scrub, rub or pick at the epithelial crust/scab if one forms.  Allow it to flake off by itself.  If it is removed before it is ready, the pigment underneath it can be pulled out.**

**DO NOT apply make-up to, or around the microbladed area for the 2 weeks. Chemicals of any kind may interfere with the healing and color of your hairstroke tattoo. It can also cause infection.**

**Stay away from tanning beds/direct sun exposure for 4 weeks.  Avoid using sunscreen near the brows during the heal because it can get into the pigment and cause it to look gray. After heal, use sunscreen.**

**CHECK YOUR FACIAL PRODUCT INGREDIENTS!!!**

**Do Not use any Retin-A or Hyaluronic/Glycolic Acids (Anti-Aging) around the brow area during or after healing. If you use these and it comes near the microbladed strokes, it will cause them to fade out prematurely.**

**Avoid any microdermabrasion, chemical peels and exfoliation near the eyebrow area after your procedure because it will prematurely expose the pigment under the skin causing fade.**

**Gardening, handling of pets and household chores with possible chemical/bacteria exposure should be avoided while the skin is open and healing.**

**OILY SKIN: Dab your brows for the first 2 weeks with a clean tissue or cotton round to remove excess oils from entering strokes and expanding them (causing blurring).**