

Victory Care Shop and Food Hampers 4123 2711**(Call ahead to check days and times)**

5 Fazio St, St Helens

Not for profit organisation offering generous food hampers \$25 - \$40 with a variety of pantry items, freezer packs, season fruit and vegetables.

Also available are quality second-hand clothing, furniture, books, and homewares at low prices.

St Vincent de Pauls 5459 5250

89 Adelaide St, Maryborough

Second hand donated goods including men's, women's and children's clothing, accessories, bric-a-brac, toys, books and lots more.

DOMESTIC VIOLENCE**DV Connect Womensline 1800 811 811****1800RESPECT 1800 737 732****Centacare DV support & counselling 3324 3838****Immigrants Women's Support Service: 3846 3490**

a specialist service response for immigrant and refugee women from non-English speaking background and their children who have experienced domestic and/or sexual violence.

DV Connect Mensline 1800 600 636

Support men who are using abuse or experiencing abuse in their intimate partner, ex-partner, or familial relationships. Mensline is a free and confidential helpline that assists men to change their abusive behaviours or to access safety from abuse.

USEFUL CONTACT PHONE NUMBERS**Community Health 4122 8733****DV Connect Sexual Assault Helpline 1800 010 120****1800 Elder Help 1800 353 374****Elder Abuse Helpline 1300 651 192****Gambling Help Hotline 1800 007 007****Kids Helpline 1800 551 800****Legal Aid Qld 1300 651 188****Lifeline Crisis Support Helpline 13 11 14****National Debt Helpline 1800 007 007****Parents Beyond Breakup 1300 853 437****QLIFE 1800 184 527**

A free and anonymous service for LGBTIQ

Relationships Australia 1300 364 277**SANE: Mental health Service 1800 187 263****Sexual Assault Support 3846 5400****Seniors Legal 4124 6863****Seniors One Stop Information Line 1300 135 500****StandBy - Support After Suicide 1300 727 247****The Butterfly Foundation 1800 334 673**

Provide support for people with eating or body image issues

Translating and Interpreting Service 1300 575 847**Uniting Care Financial Counselling 1800 007 007****Wide Bay Legal 4194 2663****Child Safety – Report a concern 1300 703 762****Parent Helpline 1300 30 1300****VICTIMS of CRIME 1300 139 703****Scams of any Kind www.scamwatch.gov.au****MARYBOROUGH SUPPORT SERVICES****25 Ellena Street****PO Box 689****Maryborough QLD 4650****Phone: 07 4121 2141****Email: admin@maryboroughnc.org****Website:****www.maryboroughneighbourhoodcentre.org****Facebook:****www.facebook.com/MaryboroughNC/****Open to the public 9:00am - 4:00pm****Monday to Friday**

Current as of November 2024

**Queensland Government**

**In an emergency, call 000
for Fire, Ambulance or Police
To report a crime, not an emergency
131 444**

COMMUNITY FREE MEALS

St Pauls Anglican Church 4121 4745

Cnr Adelaide & Ellena St, Maryborough

- Monday 5:00pm – 6:30pm (Dinner)
- Tuesday 7:00am – 8:00am (Breakfast)
Emergency food voucher
- Tuesday – Thursday 9am - 11pm

Salvation Army 4121 3643

100 Bazaar St, Maryborough

- Wednesday 9:00am – 11:00am (Morning Tea)
- Wednesday 4:00pm – 5:00 pm (Hot meal)
- Friday 11:30am – 1:00pm (Hot Meal)
Access to showers & washing machines

The Chatterbox

Community Church of the Nazarene

90 – 92 Richmond St, Maryborough

- Thursday 9:00am – 11:30am (Morning Tea)
Access to showers & washing machines

HOUSING SUPPORT

COMMUNITY HOUSING LIMITED 4120 0900

88 Ellena St, Maryborough

DEPARTMENT of HOUSING & RENT CONNECT 4324 8600

271 Albert St, Maryborough

GOOD HOPE MENS SHELTER 4123 1845

45 Queen Street, Maryborough

QSTARS 1300 744 263

Free advice and referral service for all Qld renters with advice and assistance to understand your tenancy rights, support to resolve tenancy issues and advocacy support to talk to your agent if you have a concern.

**CENTACARE HOMESTAY PROGRAM &
EMERGENCY HOUSING 3324 3800**

5 Imelda Street, Hervey Bay

REGIONAL HOUSING 1300 642 123

HOMELESS HOTLINE 1800 474 753

DRUG AND ALCHOL SUPPORT

Bridges Health and Community 1300 707 5591

Bazaar St, Maryborough

Provides community-based mental health and drug and alcohol services including interventions and education for youths, adults, families and carers.

Narcotics Anonymous

1300 652 820 or 0488 811 247

Meetings: Mondays 6pm – 7pm, 84 Adelaide St, Maryborough

Alcoholics Anonymous 1300 222 222

AI- Anon Family Groups 1300 252 666

COUNSELLING AND MENTAL HEALTH SERVICES

Centacare Family and DV Counselling – 3324 3838

154 Bazaar St, Maryborough

Centacare Family and Relationship Services offer support to navigate some of life's challenges.

Counselling for Family, Children and Adults

Anglicare Family and Wellbeing Services 1300 114 397

60 Cheapside St, Maryborough

Offer a range of programs aimed to improve and support the mental health and wellbeing of individuals, couples, families and communities, and includes children and parenting programs.

Uniting Care 4122 9000

276 Alice Street, Maryborough

Counselling service for individuals across a wide range of issues, including relationship difficulties, grief and loss, parenting difficulties, depression, anxiety, and any other issues.

Headspace 4303 2100

118 Lennox St, Maryborough

Provide free support for young people 12 – 25 years with mental health, general health, drug and alcohol issues, and vocation and education support.

INDIGENOUS SERVICES

**Central Qld Indigenous Development 4313 1195
(CQID)**

21 Torquay Road, Hervey Bay

Provide a vast range of services including support with housing, alcohol & Drug treatments, family wellbeing and family violence.

Galangoor Duwalami Primary Healthcare 4184 9966

87 – 89 Bazaar St, Maryborough

A Community Controlled service for Aboriginal and Torres Strait Islander people live a healthy life by providing holistic, culturally appropriate services relevant to the needs of the community.

MACorp Indigenous Housing 4122 4382

1090 Saltwater Creek Rd, St Helens QLD

Provision of long term housing and referral housing to community services. Provide home maintenance and property services.

WELFARE SERVICES / STORES

The Food Basket 4041 673 683

120 Richmond St, Maryborough

A low cost food club that supports families and individuals on low incomes by providing everyday food items and household staples.

The Salvation Army Store 4121 0555

84 – 90 Bazaar St, Maryborough

Second hand clothing, furniture and homewares.

Assistance for people in crisis

Wednesdays, 10am - 12noon - Ph: 3001 6288

Lifeline 4122 6500

216 Adelaide St, Maryborough

A thrift store with a wide range of second-hand and new products at affordable prices.