

As we prepare to hit the mats we wanted to assure everyone that we have taken as many precautions as possible to ensure the safety of our athletes.

Upon entry athletes will be screened through our instructors. This screening will consist of:

- Temperature Check
- COVID Check Screening Questionnaire
- Sanitation provided

Austin Wrestling Academy is a USA WRESTLING CHARTERED CLUB. We are under the strict rules and regulations of USA WRESTLING (USAW) Currently we are in "Phase 3" of their Return-To-Mat-Guidelines. This phase currently allows wrestlers to participate in the act of wrestling, as long as, all local and regional laws and regulations are met.

Our plan to ensure our athletes remain as safe as possible is to follow all protocols relating to practice that USAW recommends. This will include our pre practice screenings, as well as, monitoring and limiting partner interactions.

We are currently working with local health specialists and hope to bring some more precautions we have made to your attention very soon.

Until then, thank you for your trust in us, and stay safe!

-The Academy Staff