

# UNIVERSAL TAEKWON-DO FEDERATION

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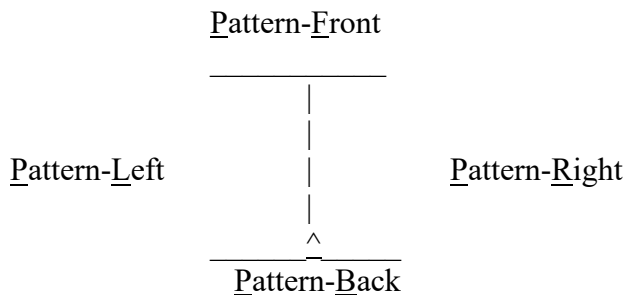
## DAN-GUN HYUNG, Yellow-stripe, 21 steps short version without transitions (3-09-21)

### Parallel ready stance

#### Features:

Swordarm guarding blocks

All punches are high.



1. Right L-stance **swordarm** guarding block >P-L
2. right w-stance with right **high** punch >P-L
3. left L-stance **swordarm** guarding block >P-R
4. left w-stance with left **high** punch >P-R
5. left w-stance with left low-block >P-F
6. right w-stance with right **high** punch >P-F
7. left w-stance with left **high** punch >P-F
8. right w-stance with right **high** punch >P-F
9. right L-stance with **twin forearm** block >P-R
10. right w-stance with right **high** punch >P-R
11. left L-stance with **twin forearm** block >P-L
12. left w-stance with left **high** punch >P-L
13. left w-stance with left low-block >P-B and immediately center-pull into a . .
14. left rising block >P-B
15. right w-stance with right rising block >P-B
16. left w-stance with left rising block >P-B
17. right w-stance with right rising block >P-B
18. right L-stance with left knifehand strike >P-L
19. right w-stance with right **high** punch >P-L
20. left L-stance with right knifehand strike >P-R
21. left w-stance with left **high** punch >P-R.

Spiral leftward on right foot back into starting Parallel ready stance >P-F