

Vanilla Peanut Butter Protein Cookies

Ingredients:

¾ cup (1.5 sticks) salted butter (at room temperature)
1 cup granulated sugar
1 cup Peanut Butter
1 large egg
1 Tbsp vanilla extract
2 scoops I Heart Macros Vanilla Cream protein powder
OPTIONAL: 2 cups Peanut Butter chips/morsels

Instructions:

- 1. Preheat** the oven to 350°F
- 2. Mix Wet Ingredients:** In a large bowl or a mixer, cream the butter, peanut butter, granulated sugar, and protein powder. Add the egg and vanilla and mix together until light and fluffy. **OPTIONAL:** Add in peanut butter chips by folding them into dough by hand or in mixer at low speed.
- 3. Prepare the Cookie Sheet:** Line baking sheets with parchment paper. Scoop tablespoon-sized portions of dough onto the prepared baking sheets, spacing them about 2 inches apart.
- 4. Bake the Cookies:** Bake for 8 to 11 minutes, or until the edges are lightly golden. Allow the cookies to cool on the baking sheet for 5 minutes before transferring them to a wire rack to cool completely.

MACROS: Cal- 229; Carbs – 12g; Protein- 6g; Fat- 18g