



## Dragon Martial arts Academy

### Code of Conduct

1. **Remain disciplined** – *uphold yourself ethically as a martial artist.*
2. **Practice courtesy and righteousness** – *serve community and honour your family.*
3. **Love your fellow students or classmates** – *be united and avoid conflicts.*
4. **Limit your desires and pursuit of bodily pleasures** – *preserve the proper attitude/ spirit.*
5. **Train diligently and make it a habit** – *maintain your skills.*
6. **Learn to develop spiritual tranquillity** – *abstain from arguments and fights.*
7. **Participate in society** – *be conservative, cultured and gentle in manners.*
8. **Help the weak and the very young** – *use your martial skill for the good of humanity.*
9. **Pass on the tradition** – *preserve the Chinese art and its Rules of Conduct.*

#### **Respect for instructors, the school & fellow Students:**

This is shown by demonstrating general good manners and following the etiquette guide lines taught within class:

1. Wushu Terms
  - a. Addressing your Sifu (teacher) or fellow student appropriately.
  - b. Si Gung (Sifu's Sifu)
  - c. Si Hing (Senior Kung Fu brothers)
  - d. Si Jeh (Senior Kung fu sisters)
  - e. Si Dai (Junior Kung fu brothers)
  - f. Si Mui (Junior Kung fu sisters)
  - g. Si Sook (Sifu's junior Kung fu brothers & sisters)
  - h. Si Bak (Sifu's senior Kung fu brothers)
2. Karate Terms:
  - a. Addressing your Sensei (teacher) appropriately
  - b. Senpai (Senior Karate brothers and sisters)
  - c. Kōhai (Junior Karate brothers and sisters)

#### **Respect for self:**

Good personal hygiene and clean school uniform is mandatory. Shoddy, dirty or non-club attire will not be admitted to school. Remain disciplined, conduct yourself ethically as a martial artist.

#### **Grading:**

Students are expected to progress through the grading syllabus in the structured manner. Students must have a 90 % attendance record to be eligible for grading. Any Student absent for a period over two months without good reason will not be permitted to grade.

## **ALL STUDENT OF DRAGON MARTIAL ARTS ACADEMY MUST FOLLOW OUR RULES & REGULATIONS OR PENALTY APPLIES (EXCLUSION FROM SCHOOL)**

### **RULES & REGULATIONS AT DRAGON MARTIAL ARTS ACADEMY**

1. Respect Sifu/ Sensei, Si Gung & be friendly to fellow students.
2. Follow the instruction of instructors during class.
3. Always conduct yourself in a manner befitting the school. Damaging the reputation of school is prohibited.
4. The school has a zero tolerance to drugs and alcohol. Unlawful action, training under the influence of illegal drugs or alcohol is not allowed.
5. Refrain from any form of harassment/bullying towards Sifu/ Sensei, Instructors and fellow students.
6. Foul language, unnecessary roughness, or angry outbursts in class will not be tolerated.
7. Personal conflict between members must not affect the school's culture and should be resolved outside of the school.
8. Unless permitted, do not practice any Martial Art besides Tibetan Wushu/ Karate in class
9. Practice and train martial arts seriously. The more you sweat in training, the less you bleed in battle.
10. No eating or chewing gum during training.
11. Wear proper uniform and footwear in class. For gradings, please wear official uniform.
12. Keep the school clean & tidy. Please ensure equipment are stored properly after training.
13. Do no remove training equipment off school property without permission

### **Conditions of Entry**

1. By entering, entrants accept these terms.
2. Equipment use (Training weapon & equipment) is restricted to Dragon Martial Arts Academy Members ONLY. Permission must be given by instructors before use of any equipment. Misuse of training equipment during class is prohibited.
3. Children under the age of 12 years (0-11yrs) will not be allowed entry into the facility without continuous active supervision of a person over the age of 16 years.
4. All entrants must behave courteously, and move carefully-running and aggressive behaviour including use of foul, abusive language is prohibited.
5. Prior consent must be gained from the club before participate in any club activity.
6. Photos / videos maybe taken for marketing and security purpose.
7. Instructions from trainer must be adhered to at all times.
8. Photography or videoing is not permitted unless by prior arrangement with the club.
9. Each person expressly acknowledges that the decision to enter the club premises and surrounds, participate in a program, utilise equipment and/or take advantage of the services offered therein is at his or her own risk.
10. Entrants agree, unless otherwise stated, to allow photos and videos to be taken during class and posted on our school's pages (including, but not limited to our website and facebook), and also used on promotional material.
11. Each person releases and discharges Dragon Martial Arts Academy, its management, staff and contractors from all liability for loss, damage or injury which may be sustained by each such person in such manner or under such circumstances, as previously set out in these conditions of entry.
12. Dragon Martial Arts Academy may ask for temperature check before entering the venue.
13. Dragon Martial Arts Academy reserves the right to refuse entry or remove any person from the venue.