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DETOX

Naturally

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Welcome!

"Detoxification is a continuous lifestyle practice that enables you to nurture your body and prioritize your well-being. True success is achieved through consistent effort and mindful self-care."



"Hello, I'm Dr. Stacey Walsh, a Board-Certified Doctor of Traditional Naturopathy. I developed this Detox Naturally program to provide a clear, step-by-step process that not only guides but also educates and empowers you throughout your detoxification journey. From completing a personalized intake form to monitored online coaching, you'll be supported every step of the way. The program includes 25 comprehensive educational modules, group coaching, writing journals, messaging, and additional support materials. I am confident that this program will provide you with the health boost you've been looking for!"

This program utilizes Deseret Biological (Desbio) Homeopathic Comprehensive Detox kit



Comprehensive Homeopathic Detox Kit

The DesBio *Comprehensive Homeopathic Detox Kit* is not only an integral part of the *DesBio OmniCleanse Detoxification Program*, but a suggested starting point for all DesBio protocols.

Why the Comprehensive Homeopathic Detox Kit?

We live in a world besieged by toxins from multiple sources – industrial, agricultural, occupational, in the home, and from lifestyle and diet. Many common occupations carry a high risk of exposure to pollution. These include¹:

- Airline flight crews
- Auto mechanics
- Clerical workers
- Computer chip factory workers
- Radiologists and techs
- Soldiers
- Steel workers
- Textile workers
- Welders
- Janitors
- Miners
- Pharmacists
- Plastics workers
- Dentists
- Hygienists
- Farmers
- Firefighters
- Hairdressers

Toxicity is determined by the effects of the chemical, its potency, its concentration, the route of exposure, the length of exposure and the sensitivity of the individual. Individual sensitivity is determined by genetic differences in ability to detoxify and eliminate toxins, the presence of allergies from previous exposure, and factors such as age, illnesses, diet, medications, alcohol use, and pregnancy. Children are often more sensitive.

The *Comprehensive Homeopathic Detox Kit* contains six homeopathic formulas designed to temporarily relieve symptoms of toxicity from multiple body systems:

- | | |
|--|---|
| 1) CerebroMax (brain) | 4) Detox I (liver) |
| 2) SpinalMax (nervous system) | 5) Detox II (kidneys and bladder) |
| 3) Matrix Support (interstitial matrix) | 4) Detox III (immune and lymphatic system) |

[continued on next page]

These statements are based upon traditional homeopathic practices. They have not been reviewed by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The DesBio *Comprehensive Homeopathic Detox Kit* contains the six following homeopathic formulas.

CEREBROMAX

Acetylcholine Chloride (6X 12X 30X 200X 12C 30C 60C 200C), Taurine (6X 12X 30X 200X 12C 30C 60C 200C), Adenosinum Cyclophosphoricum (8X), Cerebrum Suis (8X), Diencephalon (8X), Pineal Gland (8X), Thalamus Opticus (8X), Adrenalinum (8X 12X 30X 200X 12C 30C 60C 200C), Dopamine Hydrochloride (8X 12X 30X 200X 12C 30C 60C 200C), GABA (8X 12X 30X 200X 12C 30C 60C 200C), Norepinephrine (8X 12X 30X 200X 12C 30C 60C 200C), Serotonin (8X 12X 30X 200X 12C 30C 60C 200C), Tyramine (8X 12X 30X 200X 12C 30C 60C 200C)

SPINALMAX

Berber Vulg (4X), Cimicifuga (4X), Cinchona (4X), Colocynthis (4X), Ledum (4X), Ranunc Bulb (4X), Aesculus Hipp (6X), Cuprum Aceticum (6X), Nadidum (6X), Natrum Oxalacetikum (6X), Nicotinamidum (6X), Pyridoxinum Hydrochloricum (6X), Riboflavinum (6X), Thiaminum Hydrochloricum (6X), alpha-Lipoic Ac (8X), Ammon Mur (8X), Cartilago Suis (8X), Discus Intervertebralis Suis (8X), Silicea (8X), Arg Met (10X), Calc Phos (10X), Funiculus Umbilicalis Suis (10X), Glandula suprarenalis suis (10X), Gnaphalium Poly (10X), Medulla Ossis Suis (10X), Merc Praecip Rub (10X), Pantothenic Acid (10X), Sulphur (28X), Bacillus 7 (30C), Gaertner Bacillus (30C) Proteus (Morgani, Vulgaris) (30C)

MATRIX SUPPORT

Ceanothus (4X), Arg Nit (6X), Condurango (6X), Hydrastis (6X), Momordica (6X), Pulsatilla (6X), Bile Duct (8X), Colon (8X), Duodenum (8X), Esophagus (8X), Eye (8X), Gallbladder (8X), Ileum (8X), Intestine (8X), Ipecac (8X), Jejunum (8X), Kali Bic (8X), Lung (8X), Mucosa Nas (8X), Natrum Oxalacetikum (8X), Oral Mucosa (8X), Pancreas (8X), Phos (8X), Rectal Mucosa (8X), Stomach (8X), Sulphur (8X), Veratrum Alb (8X), Mannose (8X 30X 200X), Anacardium (9X), Kreosotum (10X), Lachesis (10X), Oxalis (10X), Mandragora (16X), Urinary Bladder (6C), Dysentery bacillus (30C 200C)

DETOX I

Carduus Mar (3X), Chelidonium Maj (4X), Lycopodium (4X), Taraxacum (4X), Avena (6X), Cynara (6X), Methylcobalamin (6X), Menadione (6X 8X 30X 200X), alpha-Lipoic Ac (8X), Cinchona (8X), Hepar Suis (8X), Veratrum Alb (8X), Colon (8X 30X 200X), Duodenum (8X 30X 200X), Gallbladder (8X 30X 200X), Intestine (8X 30X 200X), Lymph Node (8X 30X 200X), Pancreas (8X 30X 200X), Thyms (8X 30X 200X), Acetaldehyde (10X), alpha-Ketoglutar Ac (10X), Cholesterinum (10X), Formicum Acidum (10X), Histaminum Hydrochloricum (10X), Malic Ac (10X), Natrum Oxalacetikum (10X), Sulphur (13X), Calc Carb (28X), Oroticum Ac (7C), Morgan Gaertner (30C 200C), Proteus (Morgani) (30C 200C)

DETOX II

Solidago virgaurea (3X), Baptisia Tinctoria (4X), Berberis Vulgaris (4X), Equisetum hyemale (4X), Argentum Nitricum (6X), Cantharis (6X), Capsicum annuum (6X), Cuprum sulphuricum (6X), Orthosiphon stamineus (6X), Pareira Brava (6X), Sarsaparilla (6X), Barosma (8X), Mercurius Corrosivus (8X), Pyelon (8X), Terebinthina (8X), Ureter (8X), Urethra (8X), Urinary Bladder (8X), Acetaldehyde (10X), Hepar Sulphuris Calcareum (10X), Natrum pyruvicum (10X), Quercetin (10X 30X 200X), Colibacillinum Cum Natrum Muriaticum (15X), Apis Venenum Purum (18X) Dysentery bacillus (30C)

DETOX III

Dulcamara (4X), Echinacea (4X), Aesculus Hipp (6X), Antimon Tart (6X), Ascorbic Ac (6X), Coccus (6X), Gallium (6X), Gentiana Lut (6X), Geranium Rob (6X), Pulsatilla (6X), Sarcosylacticum Ac (6X), Conium (8X), Lymph Node (8X), Sulphur (8X), Glandula suprarenalis suis (8X 30X 200X), L-Phenylalanine (8X 30X 200X), Calc Phos (10X), Ferrum Phos (10X), Hepar Suis (10X), Hypothalamus Suis (10X), Spleen (10X), Cortisone Aceticum (13X), Merc Solub (13X), Baryta Carb (28X), Glyphosate (1000X), Funiculus umbilicalis suis (6C 30C), Tonsil (6C 30C), Gaertner Bacillus (9C), Triiodothyronine (10C), Medulla Ossis Suis (12C), Bisphenol A (BFA) (12C 30C 200C 1000C), Bromium (12C 30C 200C 1000C), Chlorinum (12C 30C 200C 1000C), Hydrofluoricum Ac (12C 30C 200C 1000C), Iodium (12C 30C 200C 1000C), Mutabile Bacillus (30C)

Comprehensive Homeopathic Detox Kit

The Homeopathic Formulas

CerebroMax provides traditional homeopathic ingredients for the temporary relief of symptoms relating to sleep, memory, and emotional issues.

These ingredients include Acetylcholine chloride, Norepinephrine, Dopamine, Serotonin, Diencephalon suis, Pineal gland suis, and Thalamus opticus suis.

SpinalMax provides traditional homeopathic ingredients for temporary relief of symptoms related to spine issues including spasm, pain, anxiety, nervousness and the inability to hold chiropractic adjustments.

These ingredients include Cimicifuga racemosa, Cinchona officinalis, Ledum palustre, Aesculus hippocastanum, Thiaminum hydrochloricum, Riboflavinum, Natrum oxalaceticum, Coenzyme A, and Nicotinamidum.

Matrix Support provides traditional homeopathic ingredients for the temporary relief of symptoms such as occasional diarrhea, occasional constipation, headaches, gas, congestion, irritated eyes, and indigestion.

These ingredients include Ceanothus americana, Mannan, Belladonna, Mandragora officinarum, Bile Duct suis, Gallbladder suis, Colon suis, Ileum suis, Oral mucosa suis, Pancreas suis, Duodenum suis, Intestine suis, Rectum suis, Esophagus suis, Jejeunum suis, Stomach suis, Urinary bladder suis, Eye suis, Lung suis, and Nasalis suis.

Detox I provides traditional homeopathic ingredients for the temporary relief of symptoms related to digestive issues, such as bloating, gas, occasional diarrhea, occasional constipation, fatigue, and stomach upset.

These ingredients include Carduus marianus (homeopathic milk thistle), Cynara scolymus, Menadione, Alpha lipoic acidum (homeopathic alpha lipoic acid), Taraxacum officinale (homeopathic dandelion root), Chelidonium, and Methylcobalamin.

Detox II provides traditional homeopathic ingredients for the temporary relief of symptoms relating to headaches, fatigue, and mood issues.

These ingredients include Solidago vigaurea, Berberis vulgaris, Terebintha, Equisetum hyemale, Sarsaparilla, Argentum nitricum Cantharis, Hepar sulphuris calcareum, and Colibacillinum.

Detox III provides traditional homeopathic ingredients for temporary relief of symptoms related to improper breakdown and excretion of allergenic substances, including pain, fatigue, cramping, and upper respiratory allergy.

These ingredients include Echinacea angustifolia, Aesculus hippocastanum, Coccus cacti, Gentiana lutea, Calcarea phosphorica, Phenylalanine, Antimonium tartaricum, Geranium robertianum, Sarcocollactic acid, Gallium aparine, Ferrum phosphoricum, Mercurius solubilis, Cortisone aceticum, Triiodothyronine, Hepar suis, Hypothalamus suis, Glandula suprarenalis, Lymph suis, Tonsil suis, Spleen suis, and Medulla ossis suis.



¹ Haas E. *Staying healthy with nutrition*. Berkeley, CA: Celestial Arts; 2006.



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Benefits of a Detoxification Program

Enhanced Liver Function: Detox programs support the liver in processing and eliminating toxins from the body.

Improved Digestion: By removing harmful substances, detox programs can enhance digestive health and nutrient absorption.

Increased Energy Levels: Eliminating toxins can reduce fatigue and increase overall vitality.

Clearer Skin: Detoxification can lead to a reduction in skin problems, resulting in a clearer and healthier complexion.

Weight Management: Detox programs often help in shedding excess weight by promoting healthier eating habits and improving metabolism.

Better Immune Function: Reducing toxic load can strengthen the immune system, making the body more resilient to infections and diseases.

Enhanced Mental Clarity: Detoxification can improve mental focus and reduce brain fog.

Reduced Inflammation: Detox programs can lower levels of chronic inflammation in the body, which is linked to various health issues.

Balanced Hormones: Detoxification can help in the regulation of hormones, reducing symptoms of hormonal imbalances.

Improved Mood: Many people experience improved mood and emotional well-being as toxins are eliminated from the body.

Better Sleep: Detox programs can improve sleep patterns by reducing toxins that interfere with restful sleep.

Healthy Gut Microbiome: Detoxification supports a healthy balance of gut bacteria, which is essential for overall health.

Reduced Cravings: By cleansing the body of addictive substances, detox programs can reduce cravings for unhealthy foods.

Support for Detox Organs: Programs often include support for the kidneys, skin, and lungs, which are vital in the detoxification process.

Overall Wellness: A well-designed detox program can contribute to a sense of overall wellness and health.



Toxins

Toxins are described as a poisonous substance that interfere with normal physiology and negatively impacts bodily functions.

"Toxins can enter your body through multiple exposure pathways, including inhalation, absorption through the skin, and contact with the ears, eyes, or any other open orifice." They can be found in your home, at work, in your community, and outdoors.

Toxins are present in our water sources and many of the products we use on an everyday basis such as:

Personal Care and Beauty Products, Household and Cleaning Products, Medications and Pharmaceuticals, Industrial and Environmental Pollutants, Food and Dietary Toxins, Environmental Allergens, Atmospheric and External Pollutants and Biological Toxins.

Toxic Load

These toxins can accumulate and build up overtime and create what is called a toxic load and can impair your hormonal, digestive, neurological and immune systems creating a multitude of health conditions. By minimizing your toxic load, you can manage uncomfortable symptoms related to toxicity.

If your body is overloaded with toxins and you're not eliminating them regularly, it may struggle to tolerate new challenges like a workout routine, diet plan, or even a beauty product. Adding more toxins on top of an existing toxic load can lead to poor health and unwanted symptoms. By detoxifying your body regularly, you create space for flexibility—making it easier to enjoy a cheat day without compromising your well-being."



This Detox program can decrease the toxic load in your body and allow you to be free of the pathogens that could destabilize the chemical structures of your body. You may experience increased energy levels, stronger immune system, improved skin, clearer thinking, healthier hair, and anti-aging benefits.

Homeopathic Detox

"Homeopathic detoxes offer a gentle approach by using micro doses of botanical homeopathic remedies, carefully supervised by an experienced Naturopath. As the body heals, some individuals may experience mild, temporary symptoms commonly associated with the detoxification process. "It is important to note that as you begin to release toxins, you may release emotions as well. Detoxification of harmful substances often times coincides with releasing unhealthy emotions

There are multiple pathways for our bodies to be overloaded with toxins from the foods we eat, to the water we drink, and the air we breathe.

Detoxification is an ongoing lifestyle of cleansing, rebuilding, and maintaining a healthy body in order to live a healthy life.



Symptoms of Toxicity

The symptoms below may indicate a high toxic load.

If you answered yes to one or more of these symptoms, consider a medical grade homeopathic detox program to improve your health and wellbeing.

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- Allergies
- Insomnia
- Nausea
- Anxiety
- Nervousness
- Mild Depression
- Memory Loss
- Mental Fog
- Restlessness
- Headaches
- Dizziness
- Weakened Immune System
- Kidney Issues
- Liver Issues
- Hair Loss
- Skin Rashes
- Visual Problems
- Lack of Energy
- Dizziness
- Fatigue
- Body Aches
- Pains
- Muscle Stiffness

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To purchase this program or other services visit Chakragenix.com, go to service, book online, purchase through PayPal, or call us at 302-803-5565 for other payment options.

Group Detoxing is not recommended for pregnant or nursing women, children, the elderly, or the very infirm.
Please contact your physician before starting any new detox program.



Detox Preparation

No one can make the decision to cleanse and detoxify your life and body except for you. You have to be ready mentally, physically, emotionally, and spiritually in order to complete lifestyle changes and cleanse toxins from your body.

You have to be willing to give up some unhealthy situations in order to experience wellness. We can easily choose healthy alternatives for almost any situation.

Investment

"The total investment for this transformative program is \$400, which can be conveniently split into two monthly payments of \$200. The first payment is due upon signup, and the second payment will be made the following month, we provide flexibility while ensuring your commitment to achieving lasting wellness.



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To purchase this program or other services visit Chakragenivx.com, go to service, book online, purchase through PayPal, scan the QR code, or call us at 302-803-5565 for other payment options,

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LEARN MORE



"Detox Naturally is a carefully monitored 8-week homeopathic program designed to support your body's detoxification process. Your journey begins with completing an intake form, followed by receiving Desio's Comprehensive Detox Kit, featuring six specialized homeopathic blends. The program also includes personalized online coaching, 25 in-depth modules, writing journals, tailored food choices, and additional support materials to ensure a comprehensive and effective detox experience."

To purchase this program or other services visit Chakragenix.com, go to service, book online, scan the QR Code, or go to Practice Better, or call us at 302-803-5565 for other payment options.

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