

DIGITAL DISCIPLESHIP & CYBER STEWARDSHIP
STUDENT WORKBOOK

DIGITAL DISCIPLESHIP
& CYBER STEWARDSHIP

A 6-Week Student Workbook

Whole Cyber Human Initiative • Paul Cummings

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Published by Paul Cummings

DEDICATION

This workbook is dedicated to Elevate Life Church TV, Jacksonville, Florida; for welcoming a wanderer like me, one who had been astray for over 30 years before walking back into the temple to worship.

It is also dedicated to my son, a nonverbal apraxic prophet, who through his own beautiful way of communicating has pulled me and my wife back into worship every week. It is through him that we joined the Serve Team, helping usher in other Witnesses and True Believers.

INTRODUCTION

Welcome to the Digital Discipleship & Cyber Stewardship Student Guide. This guide walks you through six weeks of spiritual formation, digital wisdom, and practical assignments that help you: - grow in your walk with Christ, - strengthen your identity and purpose, - protect yourself and your family online, - and build lifelong habits of discernment and safety.

All weekly lessons include: - Overview - Guided Teaching - Built-in Worksheets - Assignments - Reflection prompts

This guide should feel like a teacher sitting next to you, leading you step-by-step.

PURPOSE OF THIS GUIDE

- This Student Guide is designed to help you:
- Deepen your faith and spiritual identity.
- Apply biblical principles to your digital life.
- Recognize online dangers and practice discernment.
- Strengthen your home and family through healthy digital boundaries.
- Build a personalized plan for digital stewardship and discipleship.

EXPECTED OUTCOMES

By the end of this 6-week journey, you will be able to:

- Identify your God-given gifts and calling.
- Protect your heart and mind in digital spaces.
- Recognize and avoid scams and online deception.
- Create a safe digital environment for your household.
- Build a long-term discipleship and digital stewardship plan.

WEEKLY OUTLINE

Below is the structure of the full guide:

1. Week 1 — Soul Search (Identity, Purpose, Calling)
2. Week 2 — Digital Basics (Cyber hygiene & Armor of God)
3. Week 3 — Digital Threats (Discernment & deception)
4. Week 4 — Family Safety (Boundaries, marriage, children)
5. Week 5 — Defending the Home (Home & smart tech safety)
6. Week 6 — Purpose & Pathways (Calling & discipleship planning)

Each week contains teaching, assignments, checklists, and full worksheets.

WEEK 1 — SOUL SEARCH

TITLE: Identity, Purpose & Calling in a Digital World

Scripture:

Jeremiah 29:11 (NIV)

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Romans 12:6–8 (NIV)

“We have different gifts, according to the grace given to each of us...”

Proverbs 20:5 (NIV)

“The purposes of a person’s heart are deep waters, but one who has insight draws them out.”

Teaching: Understanding Identity in Christ

Our identity is not found in our job title, our past mistakes, our talents, or the expectations placed on us by others. Our true identity comes from God alone.

When we do not know who we are in Christ, we become vulnerable to:

- Comparison
- Digital distraction
- Approval-seeking online
- Unhealthy influences
- Spiritual confusion

But when identity is secure in Christ, we walk with confidence, clarity, and purpose.

Teaching: Discovering Spiritual Gifts

God has placed unique gifts inside every believer. These gifts equip us for the assignments He calls us to; both in our physical communities and in digital spaces.

Common spiritual gifts include:

- Teaching
- Encouragement
- Service
- Leadership
- Discernment
- Wisdom

➤ Mercy

Your gifts help reveal what God may be calling you toward.

Teaching: Purpose and Calling

Purpose answers the question: Why did God create me?

Calling answers: What am I meant to do with my purpose?

Your calling may shift in different seasons, but your purpose remains rooted in Christ: to glorify God and serve others.

Today, calling extends beyond physical spaces—into: - Digital ministry - Online influence - Communication and creativity - Encouragement and discipleship through digital platforms

Reflection Questions

1. What identities have you carried that did not come from God?

1. Examples: fear, shame, performance, comparison, rejection.

2. List three spiritual gifts or strengths you believe God has placed in you.

- a. _____

- b. _____

- c. _____

3. What talents or personality traits feel most natural or life-giving to you? Response

4. Where does technology currently pull your attention away from God?

Response:

Assignment: Write Your Purpose Statement

Using prayer, Scripture, and reflection, complete the following sentence:

“God created me to...”

Make this a declaration of your identity and purpose.:

Guided Prayer

“Father, reveal to me who I am in Christ. Search my heart, expose any false identities, and speak clearly about the gifts You have placed within me. Help me see where technology distracts me from Your presence. Strengthen me to walk in the purpose You designed uniquely for me. Amen.”

Tools, Scriptures, Practices, and Supports for Identity, Purpose, and Calling

This resource page provides learners with practical tools, Scripture references, recommended readings, and guided exercises to strengthen the teaching and assignments from Week 1.

1. Core Scriptures for Identity & Calling

Use these passages for prayer, meditation, journaling, or memorization throughout the week.

Identity in Christ

- 2 Corinthians 5:17 — You are a new creation in Christ.
- Ephesians 1:3–14 — Your spiritual blessings and identity through Christ.
- 1 Peter 2:9 — You are chosen, royal, and called out of darkness.

Purpose & Calling

- Jeremiah 29:11 — God’s plans of hope and a future.
- Romans 12:6–8 — Spiritual gifts given by grace.
- Proverbs 20:5 — Purpose requires intentional exploration.
- Ephesians 2:10 — You were created with good works prepared in advance.

2. Recommended Spiritual Practices for Week 1

These practices help students connect teaching with lived transformation.

Daily Identity Reminder

Each morning declare: “My identity is in Christ. I am who He says I am. My purpose is found in Him.”

Quiet Reflection Block

Set a 10–15 minute block daily to: - Turn off all notifications - Sit in stillness - Offer a simple prayer: “Lord, speak to my identity today.”

Scripture Meditation

Choose one verse from this week and meditate on it for 5 minutes, repeating it slowly and prayerfully.

Identity Detox

Take note of moments this week when:

- comparison rises,
- approval-seeking appears,
- digital distraction pulls your heart,
- or doubt creeps in.

Record the moment and replace it with Scripture truth.

3. Digital Distraction Awareness Tools

These tools support learners in recognizing online habits that compete with purpose.

A. Screen Time Review

Most devices have built-in tools:

- Apple: Screen Time
- Android: Digital Wellbeing

Windows: Family Safety Dashboard

- Encourage reviewing:
- total hours spent,
- most-used apps,
- usage patterns.

B. Distraction Inventory

Invite learners to list top three digital distractions:

1.

2.

3.

Then answer:

Why does this distract me?

What purpose does it serve?

Does it strengthen or weaken my identity in Christ?

C. Focus Apps (Optional Aids)

- For learners wanting support:
- StayFocusd (Chrome extension)
- Forest (focus sessions)
- Freedom (website/app blocker)

4. Spiritual Gifts Discovery Resources

These supplemental tools help learners reflect on the gifts God has placed within them.

A. Reflection Prompts

- What activities energize me rather than drain me?
- What do others often affirm in me?
- Where have I seen God use me most naturally?
- What responsibilities come easily to me compared to others?

B. Gifts Scripture List

- Romans 12:4–8 — Motivational gifts
- 1 Corinthians 12 — Spiritual gifts and unity
- 1 Peter 4:10–11 — Serving by God's strength

C. Optional External Tools (Church-Friendly)

While Scripture is the foundation, these tools can help reflection: - Church-wide spiritual gifts assessments offered by many congregations - Lifeway Spiritual Gifts Survey (free) - Fivefold Ministry gift reflection (Ephesians 4:11)

Note: Learners should compare any assessment result with Scripture and prayer.

5. Purpose & Calling Support Resources

Purpose can be strengthened by clarity and intentional exploration.

A. Purpose Questions

- What breaks my heart?
- What brings me joy?
- What burdens stay with me?
- Where do I feel God's nudge?
- What skills or gifts keep reappearing in my life?

B. Calling Reflection Themes

Encourage learners to think in terms of: -

- Ministry calling (serving the church)
- Marketplace calling (serving through work)

- Family calling (serving the home)
- Digital calling (godly online presence)
- Community calling (local service)

C. Journaling Practice

Provide a simple three-line daily journaling prompt:

Today, I felt closest to my purpose when...

Today, God revealed...

Tomorrow, I will take a small step toward my calling by...

6. Encouragement for Week 1 Learners

This week is foundational. Identity work is sacred work. It may bring clarity, conviction, or even emotion; but all of it is growth.

Remind learners: -

- God is not confused about your identity.
- Your purpose was established before you were born.
- Their gifts are intentional and needed.
- Digital distractions do not define you.
- Calling is discovered step by step.

Week 1 is about realignment, rediscovery, and remembering who God says you are.

7. Prayer for Continued Guidance

“Lord, guide my heart as I seek clarity in identity and calling. Reveal the gifts You’ve placed within me and show me how to steward them well. Quiet the distractions around me and strengthen my focus on You. Lead me step by step into the purpose You have prepared for my life. Amen.”

8. Best Practice Websites & Recommended Resources

Below is a curated list of trusted, church-friendly, non-technical resources that help everyday users grow in digital wisdom, online safety, and spiritual grounding.

A. Christian Identity, Purpose & Spiritual Growth Resources

- BibleProject — Theology, Identity, and Purpose Videos
- <https://bibleproject.com>
- GotQuestions — Christian Answers on Identity & Calling
- <https://www.gotquestions.org>
- Cru — Discipleship, Calling, and Faith Resources
- <https://www.cru.org/us/en/train-and-grow.html>
- Focus on the Family — Marriage, Parenting, and Identity
- <https://www.focusonthefamily.com>

B. Digital Wellness & Distraction Management

Helpful for reducing digital noise and maintaining focus.

- Digital Wellness Institute — Healthy Online Habits
- <https://www.digitalwellnessinstitute.com>
- Center for Humane Technology — Reducing Tech Overuse
- <https://www.humanetech.com>
- Screen Time Guides (Apple)
- <https://support.apple.com/en-us/HT208982>
- Digital Wellbeing (Android)
- <https://wellbeing.google>

C. Online Safety & Everyday Cyber Hygiene

These sites offer clear, non-technical best practices for families and individuals.

- Cybersecurity & Infrastructure Security Agency (CISA) — Basics for Everyone
- <https://www.cisa.gov/cybersecurity-awareness>
- National Cybersecurity Alliance — StaySafeOnline
- <https://staysafeonline.org/resources/>

Week 2 — Digital Basics for Christians

TITLE: Foundations of Cyber Wisdom & The Armor of God

Introduction to Week 2

As believers navigating an increasingly digital world, we must learn not only how to use technology—but how to use it wisely, safely, and in alignment with our faith. This week bridges the spiritual and the practical by connecting biblical truth with digital responsibility.

You will learn how to strengthen your digital life through practical security habits and spiritual disciplines rooted in Scripture.

Scripture:

Ephesians 6:10–11 (NIV)

“Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil’s schemes.”

Digital threats—like deception, addiction, and distraction—require spiritual armor just as much as practical safeguards.

Teaching: What Is Your Digital Footprint?

Your digital footprint includes every account, post, search, message, download, and interaction you’ve ever made online.

A healthy digital footprint reflects: - Wisdom - Integrity - Discernment - Accountability - Christlike conduct

An unhealthy footprint can open the door to: - Identity theft - Hacking attempts - Temptation - Misrepresentation - Loss of credibility

Understanding your footprint is the first step toward digital maturity.

Teaching: Strengthening Your Digital Life

Practical steps matter. Small habits create strong defenses. This week you will complete a Digital Tune-Up, focusing on simple but powerful security steps.

Core areas include: - Strong passwords - Two-factor authentication (2FA) - Privacy settings - Updating devices - Removing risky apps - Practicing online humility and wisdom

These practices honor God by protecting your mind, your data, and your witness.

Teaching: The Armor of God in Digital Spaces

The Armor of God equips every believer to stand firm spiritually. These same principles help us guard our digital lives.

- Helmet of Salvation — Guards the mind from harmful content and falsehood.
- Breastplate of Righteousness — Protects the heart from online temptation.
- Belt of Truth — Guides us to verify facts before sharing.
- Shield of Faith — Blocks digital attacks, discouragement, and deception.
- Sword of the Spirit — Encourages using Scripture in conversations, posts, and private reflection.
- Feet of Peace — Leads us to bring peace, not conflict or chaos, into digital spaces.

This is where spiritual discipline and digital stewardship meet.

Assignment: Digital Tune-Up Checklist

Complete each item prayerfully and intentionally.

Passwords

- Update any weak or reused passwords
- Create unique passwords for important accounts
- Use a password manager if possible

Authentication

Enable 2FA on:

- Email accounts
- Social media
- Banking
- Any sensitive platforms

Device Settings

- Turn on automatic updates
- Set lock screens with PINs or biometrics
- Remove apps you do not use or trust

Privacy

- Review social media privacy settings
- Limit public information
- Turn off unnecessary tracking features

Reflect on how these steps contribute to a life of wisdom, integrity, and protection.

Reflect on each piece of the Armor of God and apply it directly to your digital habits.

Helmet of Salvation: How I can protect my mind
online: _____

Breastplate of Righteousness: How I can guard my heart from harmful digital influences:
: _____

Belt of Truth: How I can practice truth and integrity online:
: _____

Shield of Faith: How faith helps me resist online deception or temptation:
: _____

Sword of the Spirit: How Scripture strengthens my digital life:
: _____

Feet Fitted with Peace: How I can bring peace into digital environments:
: _____

Guided Prayer

“Lord, help me to walk in both spiritual wisdom and practical discernment. Strengthen my mind, guard my heart, and guide my steps as I navigate the digital world. Teach me to live with integrity online and use technology in a way that honors You. Amen.”

Practical Tools, Scripture References, and Best Practices for Building a Safe and Disciplined Digital Life

This resource page expands the teachings from Week 2 by offering practical tools, trustworthy websites, digital safety guidelines, and Scripture references to support healthier online habits.

1. Core Scriptures for Digital Wisdom & Protection

These passages reinforce discernment, self-control, and spiritual vigilance.

Spiritual Preparedness

- Ephesians 6:10–18 — The full armor of God
- James 1:5 — Ask God for wisdom, who gives generously
- Psalm 119:37 — “Turn my eyes away from worthless things.”

Self-Control & Discipline

- 2 Timothy 1:7 — A spirit of power, love, and self-control
- Proverbs 25:28 — Lack of self-control is like a city without walls

Use these verses during prayer, reflection, or as digital accountability reminders.

2. Recommended Spiritual Practices for Week 2

Digital Sabbath (Optional)

Choose one hour or one evening this week to:

- Turn off your phone
- Disconnect from social media
- Spend purposeful time with God or family

Morning Armor of God Prayer

Begin the day by praying through: -

- Salvation
- Righteousness
- Truth
- Faith
- God’s Word
- Peace

Online Conduct Reflection

At the end of each day, ask:

- Did I honor God online today?
- Did any digital habit weaken my focus?
- Where do I need correction or strengthening?

3. Tools for Reviewing Your Digital Footprint

These tools help learners evaluate their online presence.

A. Social Media Review Prompts

- Does this post reflect Christian character?
- Am I seeking approval or encouragement?
- Would I be comfortable with my pastor, spouse, or child reading this?

B. Search Yourself

Search your name online once this week to see:

What information is public

What old accounts still exist

If anything needs correction or removal

C. Account Inventory Worksheet

List all major accounts:

1. Email accounts:
2. Social media platforms:
3. Shopping or subscription sites:
4. Cloud storage services:
5. Old or unused accounts:

Then mark:

Which need deletion - Which need password updates - Which need 2FA enabled

4. Password & Authentication Resources

Strong passwords are foundational to digital safety.

A. Best Practices

- Use at least 14 characters
- Avoid personal info
- Do not reuse passwords
- Store securely (never written on sticky notes)

B. Reputable Password Manager Options

- Bitwarden (Free option, highly trusted)
<https://bitwarden.com>
- 1Password (Paid, family-friendly)
<https://1password.com>
- NordPass
<https://nordpass.com>

C. Two-Factor Authentication (2FA)

Use authenticator apps instead of SMS when possible.

- Microsoft Authenticator
<https://www.microsoft.com/en-us/security/mobile-authenticator-app>
- Google Authenticator
<https://support.google.com/accounts/answer/1066447>
- Authy
<https://authy.com>

5. Digital Armor of God Application Tools

These tools connect spiritual disciplines with digital habits.

A. Reflection Prompts

Helmet of Salvation:

What thoughts need renewing in Christ?

Breastplate of Righteousness:

What online behaviors need cleansing or boundaries?

Belt of Truth:

How can I verify information before sharing it?

Shield of Faith:

What digital temptations do I need to bring before God?

Sword of the Spirit:

How can I incorporate Scripture into my online routine?

Feet of Peace:

What digital conversations can I bring Christlike peace into?

B. Accountability Options

- Peer accountability partner
 - Small group text check-ins
 - Weekly family digital check-ups
-

6. Device and Privacy Tools for Everyday Users

These websites provide easy-to-understand security and privacy guidance.

A. Security Basics

- National Cybersecurity Alliance — StaySafeOnline
<https://staysafeonline.org/resources/>
- CISA — Cyber Basics for the Public
<https://www.cisa.gov/cybersecurity-awareness>
- Consumer FTC — Avoiding Scams
<https://consumer.ftc.gov/scams>

B. Privacy Controls for Major Devices

- Apple Privacy Settings Guide
<https://www.apple.com/privacy/>
 - Google Account Privacy Tools
<https://myaccount.google.com/security>
 - Microsoft Security & Account Protection
<https://support.microsoft.com/windows/security>
-

7. Digital Wellbeing Tools

These help reduce digital noise and encourage healthy habits.

- Forest (Focus Timer)
<https://www.forestapp.cc>
- Freedom (Website/App Blocker)
<https://freedom.to>
- StayFocusd (Browser Extension)
<https://chrome.google.com/webstore/detail/stayfocusd>
- Windows Family Safety Dashboard

- <https://www.microsoft.com/en-us/microsoft-365/family-safety>
Google Digital Wellbeing
<https://wellbeing.google>

8. Encouragement for Week 2 Learners

Digital discipline is an ongoing practice. No one perfects it in one week. Celebrate small changes, stay aware of progress, and remember: - Wisdom is built one step at a time - Healthy digital habits protect your heart and mind - Technology can serve your purpose—not distract from it - God equips you to walk in both spiritual and practical strength

9. Prayer for Continued Growth

“Lord, help me to walk in wisdom, purity, and discipline in every digital space. Strengthen my habits, guard my mind, and teach me to use technology in a way that honors You. Let my digital life reflect the character of Christ. Amen.”

Week 3 — Digital Threats & Spiritual Discernment

TITLE: Recognizing Online Deception and Strengthening Godly Wisdom

Introduction to Week 3

Week 3 focuses on discernment—a vital spiritual skill for every believer, especially in today’s digital world. Online spaces are filled with information, influence, temptation, and deception. Without discernment, it becomes easy to fall into confusion, distraction, fear, or compromise.

This week will help you: - Understand how spiritual deception and digital deception often mirror each other. - Recognize common digital threats. - Practice biblical discernment. - Strengthen your ability to identify scams, false information, and harmful influences.

Discernment is not suspicion—it is Spirit-led clarity.

Scripture:

1 Peter 5:8 (NIV)

“Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.”

Hosea 4:6 (NIV)

“My people are destroyed from lack of knowledge.”

2 Corinthians 11:14 (NIV)

“And no wonder, for Satan himself masquerades as an angel of light.”

Proverbs 14:15 (NIV)

“The simple believe anything, but the prudent give thought to their steps.”

Teaching: Understanding Digital Deception

Every day, countless deceptive attempts are made online through: -

- Phishing emails
- Fake websites
- Scams and fraudulent messages
- Social engineering
- AI-generated impersonations
- False teachings or misleading spiritual content

Digital deception works because it imitates legitimacy—just as spiritual deception imitates truth.

To guard against deception, believers must be:

- Alert
- Prayerful
- Wise
- Discerning

Teaching: How the Enemy Imitates the Truth

Scripture tells us the enemy presents himself as “an angel of light”—meaning he imitates what appears good, trustworthy, or spiritual.

This happens in digital spaces when content:

- Appears inspiring but is rooted in false doctrine –
- Uses Scripture out of context
- Appeals to emotions but not truth
- Mixes spiritual language with worldly values

Discernment requires comparing everything you see and hear with the Word of God.

Teaching: Common Digital Threats

Below are the most frequent types of online deception you will encounter:

1. Phishing

Fraudulent messages, designed to steal your information.

2. Fake or Look-Alike Websites

Pages made to resemble trustworthy organizations.

3. Social Engineering

Manipulation that preys on trust, fear, urgency, or emotion.

4. Identity Impersonation

Scammers posing as friends, family, or authority figures.

5. Malicious Links and Downloads

Hidden dangers disguised as helpful files or websites.

6. False Spiritual Content

Teachings that use spiritual language but distort Scripture or truth.

Recognizing these patterns is key to living safely and wisely.

Worksheet — Spot-the-Phish

Use the following examples to practice identifying deception.

Example 1

SAFE / UNSAFE / NOT SURE

Why?

Example 2

SAFE / UNSAFE / NOT SURE

Why?

Digital Red Flags

- Unknown or misspelled sender address
 - Urgent language (“Act now,” “Your account will close”)
 - Links that do not match real website URLs
 - Requests for passwords, money, or personal information
 - Poor grammar or formatting
 - Offers that seem “too good to be true”
-

Assignment: Discernment Reflection

Write a paragraph or short page answering the following:

1. Where am I most vulnerable to digital deception or distraction? _____

2. How can I build stronger boundaries of discernment this week? _____

3. Which scripture from this week stood out to me and why? _____

Your response should be prayerful, honest, and specific.

Practice Exercise: Test the Source

This week, choose one piece of online content—an article, video, social post, or “spiritual” quote—and evaluate it using these questions:

- Does it align with Scripture?
- Is the author credible?
- Is the message emotionally manipulative?
- Does it glorify God or glorify self?
- Does it promote truth or confusion?

Write your evaluation below:

Guided Prayer

“Lord, give me discernment. Strengthen my ability to recognize truth from deception. Guard my heart and mind from confusing or harmful influences. Help me walk in wisdom, rooted in Your Word, and led by Your Spirit. Amen.”

Tools, Best Practices, Scriptures, and Websites to Strengthen Your Awareness and Discernment

This resource page supports the teachings of Week 3 by giving learners practical tools, trusted websites, and Scripture guidance to recognize deception, evaluate information, and practice biblical discernment in a digital world.

1. Core Scriptures for Digital Wisdom & Protection

These verses help anchor the believer in truth, vigilance, and sound judgment.

Spiritual Discernment

- 1 Peter 5:8 — Be alert; the enemy seeks to deceive.
- Proverbs 14:15 — The prudent give thought to their steps.
- 1 Thessalonians 5:21–22 — Test everything; hold to what is good.
- Hebrews 5:14 — Discernment developed through constant practice.

Truth & Wisdom

- James 1:5 — Ask God for wisdom.
- Proverbs 2:6–11 — Wisdom safeguards against deception.
- 2 Corinthians 11:14 — Satan masquerades as an angel of light.
- These passages should guide prayer, daily reflection, and decision-making while navigating digital content..

2. Recommended Spiritual Practices for Week 3

Daily Discernment Prayer

“Lord, sharpen my mind. Reveal truth, expose deception, and lead me in wisdom.”

Scripture Comparison Practice

When encountering online “Christian” content:

- Compare it to Scripture
- Check the context of the verse used
- Ask: “Does this align with the character of Christ?”

Pause Principle

Before clicking, sharing, or reacting online, pause and ask:

- Is this truthful?
- Is this wise?
- Is this helpful?
- Does this honor Christ?

3. Digital Threat Awareness Tools

These tools help learners identify scams, misleading content, and deceptive digital behavior.

A. Scam & Phishing Awareness

- FTC — Scam Alerts
<https://consumer.ftc.gov/scams>
- CISA — Phishing Guidance
<https://www.cisa.gov/news-events/news/avoiding-social-engineering-and-phishing-attacks>
- FCC — Robocall & Text Scam Protection
<https://www.fcc.gov/scam-alerts>

B. Fake Website & Link Checking Tools

- VirusTotal (URL scanning)
<https://www.virustotal.com>
- Google Transparency Report
<https://transparencyreport.google.com/safe-browsing/search>
- URLVoid
<https://www.urlvoid.com>

C. Fact-Checking Tools

- (For non-political, safe everyday use) - Snopes (Urban legends, scams)
<https://www.snopes.com>
- AP News Fact Check
<https://apnews.com/hub/ap-fact-check>

D. Fake Account Indicators

- Guide learners to examine:
 - Profile creation date
 - Friend or follower patterns
 - Post history
 - Authentic photos and activity
-

4. Tools for Practicing Discernment Online

A. Content Evaluation Checklist

Before trusting digital content, ask:

- Who created this? Are they credible?
- What is the purpose? Informing or manipulating?
- Is it emotionally charged?

- Does it contradict biblical truth?
- Does it point me toward God or away from Him?

B. Social Engineering Red Flags

Common persuasion tactics include:

- Urgency (“Act now!”)
- Fear (“Your account is at risk!”)
- Authority (“I’m from tech support”)
- Curiosity (“You won’t believe this”)
- Reward (“You’ve won a prize!”)

C. Safe Browsing Habits

- Do not click unknown links
- Avoid downloading attachments from unverified senders
- Hover over links to preview the real URL
- Use secure (HTTPS) websites only

5. Device & Account Protections for Discernment

While discernment is spiritual, safety practices are practical.

A. Email Safety Guides

Google Email Safety Tips

<https://safety.google/security/security-tips/>

Microsoft Phishing Prevention

<https://support.microsoft.com/en-us/windows/protect-yourself-from-phishing>

B. Account Protection Basics

- Turn on 2FA for email accounts
- Use strong passwords
- Enable login alerts
- Review account permissions regularly

C. Monitoring Login Activity

Most platforms allow you to review active logins:

- Google account: <https://myaccount.google.com/device-activity>
 - Microsoft account: <https://account.microsoft.com>
 - Apple ID: <https://appleid.apple.com>
-

6. Recommended Digital Safety Websites for Everyday Users

These websites provide easy-to-understand security and privacy guidance.

- National Cybersecurity Alliance (Public Resources)
<https://staysafeonline.org/resources/>
- Cybersecurity & Infrastructure Security Agency (Basics)
<https://www.cisa.gov/cybersecurity-awareness>
- Consumer Cyber Safety (Norton)
<https://us.norton.com/blog>
- Google Family Safety Center
<https://families.google>
- Microsoft Family Safety
<https://www.microsoft.com/en-us/microsoft-365/family-safety>

These resources are simple, non-technical, and helpful for the average church member.

7. Spiritual Discernment Support Resources

Christian Teaching on Discernment

- Desiring God — Discernment Articles
<https://www.desiringgod.org/topics/discernment>
 - GotQuestions — Biblical Discernment
<https://www.gotquestions.org/spiritual-discernment.html>
 - BibleProject — Wisdom Series
<https://bibleproject.com/explore/series/wisdom/>
 - Protection from False Teaching
OpenBible — Verse Topics on Discernment & Deception
 - <https://www.openbible.info/topics/discernment>
-

8. Encouragement for Week 3 Learners

Discernment grows through practice—step by step, day by day. Remember: - Deception often imitates what looks good - Wisdom comes from Scripture and the Holy Spirit - Taking time to verify information is spiritually responsible - God equips His people to walk in clarity, not confusion

This week builds resilience and confidence in your digital and spiritual life.

9. Prayer for Continued Growth

“Lord, grant me a discerning spirit. Help me recognize truth from deception and give me wisdom in every digital space I encounter. Guard my heart and mind, and let my steps be anchored in Your Word. Amen.”

Week 4 — Family Safety & Digital Boundaries

TITLE: Guarding the Heart, Strengthening the Home, and Protecting the Next Generation

Introduction to Week 4

Week 4 directs our attention to one of the most essential areas of digital discipleship: the home. As technology becomes more intertwined with our daily lives, marriages, and children's development, the need for intentional spiritual and digital boundaries has never been greater.

A healthy home is built on:

- openness,
- transparency,
- godly leadership,
- and intentional safeguards.

This week equips you to lead your home with wisdom, protect vulnerable areas, and reinforce spiritual covering.

Key Scriptures

Proverbs 4:23 (NIV)

“Above all else, guard your heart, for everything you do flows from it.”

Matthew 5:28–29 (NIV)

“...anyone who looks at a woman lustfully has already committed adultery with her in his heart.”

Psalms 101:3 (NIV)

“I will not look with approval on anything that is vile.”

These passages remind us that what enters our hearts through screens, apps, and digital spaces affects our relationships, purity, and spiritual strength.

Teaching: Guarding the Heart in the Digital Age

The heart is the wellspring of life. In the digital age, what we entertain—content, videos, conversations, habits—shapes our thought life, emotions, and spiritual health.

Guarding the heart requires:

- Awareness
- Self-control
- Accountability

- Spirit-led conviction

We must be mindful of:

Media consumption

Quiet compromises

Hidden digital habits

Temptations that often begin subtly

What we allow into our home spiritually is just as important as what we allow in digitally.

Teaching: Marriage Transparency in Digital Spaces

Digital temptation is one of the most common threats to marital intimacy today. Transparency builds trust and removes hidden footholds that can erode a relationship.

Healthy digital transparency includes:

Open communication about struggles

Shared visibility on most-used apps

Avoiding secrecy or hidden accounts

Mutual encouragement toward purity

Inviting accountability

Strong marriages are guarded marriages.

Teaching: Protecting Children in a Digital World

Children today face:

- exposure to inappropriate content,
- online predators,
- addictive platforms,
- and unrealistic social comparison,

all far earlier than previous generations.

Parents and guardians must be intentional shepherds of their children's digital lives.

Key protections include: -

- Device use in open spaces
- Parental controls and filters
- Screen-time boundaries

- Conversations about online safety
- Modeling healthy digital behavior

You cannot protect children from every danger—but you can create a spiritually and digitally safe atmosphere.

Worksheet — Family Digital Boundary Plan

Use this worksheet to build a family-centered protection plan.

Marriage Transparency Commitments

We agree to:

- Share passwords where appropriate
- Keep no secret accounts
- Inform each other of online struggles
- Pray together over digital areas

Write any additional boundaries you want to commit to:

Child Safety Rules

- Devices used only in common areas
- No unsupervised internet access
- Screens off at least one hour before bed
- Parental controls enabled on all devices
- Age-appropriate apps only

Add any rules specific to your home:

Household Digital Boundaries

- Approved apps or websites:
 - “No-phone” zones (list rooms/areas):
 - Daily or weekly screen-time limits:
 - Entertainment guidelines:
-

Assignment: Implement Your Boundaries

This week, put your Family Digital Boundary Plan into practice. For the next 7 days:

- Follow established boundaries
- Review device settings
- Encourage accountability within the home
- Adjust rules as needed

At the end of the week, journal:

- What worked well
- What needs improvement
- What God revealed to you about your home

Reflection Questions

1. What digital habits in our home contribute to spiritual health—or spiritual distraction?
2. How can I lead my home with greater intentionality and protection?
3. Where does our household need stronger boundaries or clearer communication?

Write your reflections below:

1. _____
2. _____
3. _____

Guided Prayer

“Lord, strengthen and protect my home. Guard our hearts, purify our habits, and reveal any areas where we need Your wisdom and correction. Help us walk in unity, transparency, and intentional spiritual leadership. Build a hedge of protection around our family—in every room, every device, and every conversation. Amen.”

End of Week 4

You have taken an important step toward strengthening your home and guarding your relationships.

Tools, Best Practices, Scriptures, and Household Guidance for Protecting Marriage, Children, and the Home

This resources page strengthens the teachings from Week 4 by providing practical tools, recommended websites, Scripture references, family-oriented digital policies, and examples for guiding healthy digital habits within the home.

1. Core Scriptures for Family Protection & Guidance

Use these passages for family devotions, prayer, and reflection.

Guarding the Heart & Home

- Proverbs 4:23 — Guard your heart above all else.
- Psalm 101:3 — I will set no vile thing before my eyes.
- Joshua 24:15 — As for me and my house, we will serve the Lord.

Marriage Integrity & Purity

- Hebrews 13:4 — Honor marriage and keep the marriage bed undefiled.
- Matthew 5:28 — Jesus' call to purity of mind and heart.

Protecting Children

- Proverbs 22:6 — Teach children in the way they should go.
 - Matthew 18:6 — The seriousness of protecting the young.
-

2. Recommended Spiritual Practices for Week 4

Family Devotional (Once This Week)

- Read Proverbs 4:23 together and discuss:
- What does it mean to guard our hearts today?
- What digital influences enter our home most often?

Marriage Transparency Check-In

- A weekly conversation using these prompts:
- Are we hiding anything digitally from each other?
- What temptations or struggles should we pray over?
- Are there boundaries we need to adjust?

Parent–Child Digital Talk

Age-appropriate conversation around:

- Online safety
- What to do if something “feels wrong”

- Why boundaries exist

3. Practical Tools for Family Digital Boundaries

Below are recommended tools for creating a safer household digital environment.

A. Parental Control Tools

- Bark (Family monitoring)
<https://www.bark.us>
- Qustodio (Device protection for kids)
<https://www.qustodio.com>
- Microsoft Family Safety
<https://www.microsoft.com/en-us/microsoft-365/family-safety>
- Apple Screen Time
<https://support.apple.com/en-us/HT208982>
- Google Family Link
<https://families.google>

B. Home Network Controls

- Circle Home Plus (House-wide filtering)
<https://meetcircle.com>
- Eero Secure (with Eero routers)
<https://eero.com/eero-secure>

4. Marriage Transparency & Accountability Resources

A. Conversation Starters

- What digital behaviors make you feel most connected to me?
- What online areas feel vulnerable or tempting?
- How can we support each other in purity and integrity?

B. Optional Accountability Tools

- (Use only if mutually agreed within the marriage; never as surveillance.) - Covenant Eyes
<https://www.covenanteyes.com>
- Ever Accountable
<https://everaccountable.com>

C. Digital Honesty Practices

- Avoid secret apps or hidden accounts
 - Share concerns without judgment
 - Pray together about digital habits weekly
-

5. Child & Teen Online Safety Resources

A. Trusted Websites for Parents

- Common Sense Media (App & content reviews)
<https://www.commonsensemedia.org>
- National Center for Missing & Exploited Children (Online Safety)
<https://www.missingkids.org/netsmartz>
- StopBullying.gov (Cyberbullying guidance)
<https://www.stopbullying.gov>

B. Safety Conversations Checklist

- Discuss with children:
- Never talk to strangers online
- Never share personal information
- Tell a trusted adult if something feels wrong
- Ask permission before downloading apps

C. Household Tech Rules

- Devices remain in open spaces
- Bedtime screen cutoff
- No phones behind closed doors for minors
- Clear rules for gaming and social media

6. Safe Technology Setup for the Home

A. Smart TVs & Streaming Services

- Enable content restrictions
- Disable auto-play for children
- Log out of unused accounts

B. Smart Speakers & Assistants

- Review microphone settings
- Turn off voice purchases
- Limit routine recordings

C. Gaming Consoles

- Set parental controls
 - Restrict chat features
 - Approve friend requests manually
-

7. Example: Family Digital Boundary Agreement

Learners can adapt this for their own homes.

As a family, we agree to:

1. Use devices in shared spaces.
2. Practice honesty and openness in online activities.
3. Protect each other by avoiding harmful content.
4. Follow established screen-time limits.
5. Report unsafe or concerning online interactions.
6. Pray together for wisdom in digital habits.

8. Encouragement for Week 4 Learners

Protecting the home is both spiritual and practical. Remember:

- Boundaries are an act of love, not punishment
- Transparency builds trust
- Children thrive with structure and clear expectations
- God honors households that seek to walk in purity and wisdom

You are building a home that is spiritually safe, emotionally healthy, and digitally responsible.

9. Prayer for Family Protection

“Lord, protect our home—our hearts, our devices, and our relationships. Strengthen our marriage, guard our children, and establish peace within our walls. Give us wisdom to set boundaries that honor You. Let our home reflect Your presence in every room and every screen. Amen.”

End of Week 4 Resource Page

Week 5 — Defending the Home

Strengthening Your Household Through Digital Wisdom and Practical Protection

Introduction to Week 5

Week 5 focuses on practical home protection—both digitally and physically. As technology becomes embedded in our daily routines, the home has become a primary target for online threats, data misuse, and harmful influences.

As believers, we are called to protect what God has entrusted to us. This includes our:

- Wi-Fi network,
- devices,
- smart technology,
- and the digital paths that lead into our home.

This week equips you to recognize vulnerabilities and build a safe, spiritually aligned environment.

Key Scriptures

Nehemiah 4:13–14 (NIV)

“...fight for your families, your sons and your daughters, your wives and your homes.”

Proverbs 27:12 (NIV)

“The prudent see danger and take refuge, but the simple keep going and pay the penalty.”

Psalms 121:7–8 (NIV)

“The Lord will keep you from all harm... the Lord will watch over your coming and going both now and forevermore.”

These verses set the foundation for intentional preparedness.

Teaching: Why Home Protection Matters

Our homes contain:

- confidential information,
- financial data,
- private conversations,
- smart devices that listen or watch,
- and the screens our children engage with.

Without proper protection, these areas can be exploited. But with discernment, planning, and wisdom, your home can become a place of security, peace, and spiritual covering.

Teaching: Wi-Fi and Network Safety

Your home network is the digital doorway into your household. Strengthening it is one of the most important steps in protecting your family.

Essential protections include:

- Strong, unique Wi-Fi password
- Modern encryption (WPA3 or WPA2 at minimum)
- Hidden or renamed network (non-identifiable)
- Guest network separated from main devices
- Router updates applied regularly
- Turning off remote access features unless needed

Your Wi-Fi is not just a convenience—it is a responsibility.

Teaching: Device and Account Security

Every device in your home—phones, computers, tablets, TVs, smart appliances—carries digital risk if left unprotected.

Best practices include:

- Automatic updates enabled
- Lock screens and passcodes set
- Removing unused apps
- Reviewing app permissions
- Using reputable antivirus or built-in security tools
- Avoiding unknown downloads or attachments

These small habits strengthen your home against common attacks.

Teaching: Smart Tech & IoT Awareness

Modern homes often include smart:

- speakers,
- TVs,
- doorbells,
- thermostats,
- cameras,
- appliances,
- and toys.

These devices can collect data, record audio or video, and transmit information. It is essential to:
Review privacy settings

- Limit microphone and camera access
- Change default passwords
- Disable features you don't use
- Keep all IoT devices on the guest network, if possible

Wisdom requires understanding what technology is doing behind the scenes.

Worksheet — Home Defense Checklist

Use this checklist to evaluate your home's current level of protection.

Wi-Fi Safety

- Strong password set: Yes / No
- WPA2 or WPA3 encryption enabled: Yes / No
- Guest network created: Yes / No
- Router updated recently: Yes / No

Device Safety

- Automatic updates turned on: Yes / No
- Lock screens active: Yes / No
- App permissions reviewed: Yes / No
- Unused apps removed: Yes / No

Smart Devices

- Default passwords changed: Yes / No
- Microphones and cameras restricted: Yes / No
- Cloud storage settings reviewed: Yes / No
- Device placed on guest network: Yes / No

Take notes below on areas requiring improvement:

Assignment: Conduct a Home Audit

This week, set aside 30–60 minutes to walk through your home and:

1. Update all device settings
2. Adjust router and Wi-Fi configuration
3. Review smart device controls
4. Strengthen household passwords
5. Discuss digital safety with family members

Document what you discovered:

Reflection Questions

1. Which areas of my home were more vulnerable than I realized?
2. How can I incorporate stronger digital habits into our family routine?
3. What spiritual parallels do I see between protecting my home digitally and guarding my heart spiritually?

Respond below:

1. _____
 2. _____
 3. _____
- _____

Guided Prayer

“Father, thank You for the home You have entrusted to me. Give me wisdom to guard it well—physically, digitally, and spiritually. Reveal any areas of vulnerability, protect my household from harm, and establish peace within our walls. Strengthen our commitment to live with wisdom and discernment. Amen.”

End of Week 5

You have completed a practical and spiritual strengthening of your home.

Best Practices, Tools, Scriptures, and Household Security Guidance for a Safe and God-Honoring Home

This resource page supports the teachings of Week 5 by offering trusted websites, practical home-protection tools, simple cybersecurity guidance for everyday families, and Scriptural reinforcement for protecting the household.

1. Core Scriptures for Home Protection & Stewardship

Use these verses to pray over your home and strengthen your sense of calling as a protector of your household.

Protection & Watchfulness

- Nehemiah 4:13–14 — Fight for your families and your homes.
- Proverbs 27:12 — The prudent see danger and take refuge.
- Psalm 121:7–8 — The Lord will keep you from all harm.

Wisdom & Discernment

- Proverbs 2:6–11 — Wisdom protects and guards you.
- James 3:17 — Wisdom from above is pure, peace-loving, considerate, submissive, full of mercy and good fruit.

2. Recommended Spiritual Practices for Week 5

A. Pray Room-by-Room

- Walk through each room, praying: “Lord, let Your peace and protection fill this space. Guard what enters through every screen, device, and conversation.”

B. Family Protection Psalm Reading

- Read Psalm 91 or Psalm 121 aloud as a declaration over your home.

C. Weekly Home Check

Evaluate together:

1. Are any apps, shows, or digital habits weakening spiritual health?
2. Are there new devices that need review or filtering?
3. Are all family boundaries being honored?

3. Wi-Fi & Network Protection Resources

Your Wi-Fi is the digital doorway into your home. Strengthening it protects every device connected to it.

A. Easy, Trusted Security Guides

- National Cybersecurity Alliance — Secure Your Home Network
<https://staysafeonline.org/resources/>
- CISA — Securing Wireless Networks
<https://www.cisa.gov/publication/securing-wireless-networks>

B. Simple Router Safety Checklist

- Change default password
- Use WPA3 or WPA2 encryption
- Enable auto-updates
- Turn off remote administration
- Create a guest network for visitors and IoT devices

C. Recommended Home Router Brands

(Chosen for simplicity, family features, and reliability) - Asus - Netgear Nighthawk - Eero (includes Eero Secure options)

4. Device Safety & Household Digital Hygiene

A. Best Practices for Phones, Tablets, Laptops

- Turn on automatic updates
- Enable screen lock + PIN or biometrics
- Remove unused or unsafe apps
- Review app permissions monthly
- Avoid unknown downloads or email attachments

B. Built-In Security Resources

- Apple Device Security Overview
<https://support.apple.com/guide/security/welcome/web>
- Google Account Device Security
<https://myaccount.google.com/security>
- Microsoft Windows 10/11 Security Guide
<https://support.microsoft.com/windows/security>

5. Smart Device & IoT Protection Tools

Smart devices introduce convenience—but also vulnerability. These tools help secure smart home systems.

A. General IoT Safety Practices

- Change default usernames and passwords
- Keep devices on a guest Wi-Fi network
- Disable unused features (cameras, microphones, remote access)
- Review privacy settings
- Turn off devices when not needed

B. Resources for Common Smart Devices

- Ring Doorbells & Cameras — Privacy & Security Settings
<https://support.ring.com>
- Google Home & Nest Devices
<https://support.google.com/googlenest/topic/9360118>
- Amazon Echo / Alexa Privacy Controls
<https://www.amazon.com/alexa-privacy>

6. Home Audit Worksheet

Learners can use this worksheet to evaluate their home's digital safety.

Wi-Fi Network

- Password updated within the last year? Yes / No
- WPA3 or WPA2 encryption enabled? Yes / No
- Guest network created? Yes / No

Household Devices

- Auto-updates enabled? Yes / No
- Screen lock enabled? Yes / No
- App permissions reviewed? Yes / No
- Antivirus or built-in protections active? Yes / No

Smart Home Devices

- Default passwords changed? Yes / No
- Microphones/cameras restricted? Yes / No
- Cloud backups reviewed? Yes / No
- Placed on guest network? Yes / No

Notes:

7. Web Resources for Everyday Home Protection

A. Non-Technical Guides (Simple & Trusted)

- Consumer FTC — Avoiding Online Fraud

- <https://consumer.ftc.gov/scams>
- Microsoft Family Safety
<https://www.microsoft.com/en-us/microsoft-365/family-safety>
- Google Safety Center
<https://safety.google>

B. Smart Home Security Awareness

- StaySafeOnline — IoT Home Protection Tips
<https://staysafeonline.org/resources/>
- CISA Smart Home Security Tips
<https://www.cisa.gov/publication/securing-iot>

8. Encouragement for Week 5 Learners

Your home is a place of refuge, peace, and spiritual covering. Strengthening the digital safety of your household is both a wise and godly act.

Remember:

- Protection is stewardship
- Small improvements create big safety gains
- God honors households that pursue wisdom and purity
- You are building a home that is safe both spiritually and digitally

9. Prayer for Home Protection

“Father, thank You for the home You have entrusted to me. Give me wisdom to protect it well—physically, digitally, and spiritually. Strengthen our defenses, reveal vulnerabilities, and surround our household with Your peace and protection. Amen.”

End of Week 5 Resource Page

Week 6 — Purpose & Pathways

TITLE: Discovering Calling, Aligning Gifts, and Building a Lifelong Plan of Digital Discipleship

Introduction to Week 6

Week 6 brings this journey to a meaningful close. Over the past five weeks, you have explored identity, digital wisdom, discernment, family protection, and home stewardship. Now it is time to look ahead.

This week focuses on: - Understanding your God-given purpose

- Identifying your calling in this season
- Recognizing how your gifts align with ministry or service
- Building a personal discipleship and digital stewardship plan

Your purpose is not a mystery; God has already woven it into your design.

Key Scriptures

Ephesians 2:10 (NIV)

“For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.”

Colossians 3:23–24 (NIV)

“Whatever you do, work at it with all your heart, as working for the Lord...”

1 Peter 4:10 (NIV)

“Each of you should use whatever gift you have received to serve others...”

These passages remind us that we are created with intention, equipped with gifts, and called to serve.

Teaching: Understanding Your Purpose

Purpose is the “why” behind your life. It is not defined by career, success, or circumstances. It is anchored in Christ.

Your purpose is to:

- Glorify God
- Love and serve others
- Walk in obedience to God’s Word
- Reflect Christ in your daily life—both offline and online

Purpose does not change with seasons, but the way it is expressed often does.

Teaching: Calling and Seasons of Life

- Your calling is how God invites you to live out your purpose in the present season.
Callings may be: Ministry-related
- Marketplace-focused
- Family-centered
- Service-oriented
- Digital or creative
- Direct discipleship or mentorship

God uses every season to prepare you for the next. Your calling combines your gifts, passions, experiences, and the needs around you.

Teaching: Aligning Gifts to Pathways

Your gifts help reveal where God may be directing you. Gifts often align with:

- Encouragement
- Leadership
- Teaching
- Service
- Creativity
- Digital communication
- Discernment
- Administration

When gifts and calling meet, you experience fulfillment and fruitfulness.

Worksheet — Purpose & Pathway Mapping

Use this section to articulate and clarify your personal purpose and calling.

1. Purpose Statement

Complete the sentence: “God created me to...”

Write your purpose

statement: _____

2. Calling Assessment

In this season, I believe my calling leans toward (circle one):

- Ministry
- Marketplace
- Family focus
- Digital discipleship
- Service - Creativity
- Undetermined (still seeking clarity)

Describe why you selected this area: _____

3. Identify Your Gifts

List your top three gifts or strengths:

1. _____

2. _____

3. _____

Explain how these gifts show up in your daily life:

4. Pathway Alignment

How do my gifts and calling align to form a pathway God may be inviting me to pursue?

5. Digital Discipleship Plan

Build a practical plan for the months ahead: - Online habits I need to change or strengthen:

- Ministries or people I can support digitally:
 - Commitments I am making to steward my digital life with integrity:
- _____

Reflection Assignment

Write a half-page reflection on the following: “How will I walk out my calling in both physical and digital spaces?” _____

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

Think about your relationships, your gifts, your church community, your workplace, and your online presence.

Guided Prayer

“Lord, thank You for creating me with purpose and calling. Help me walk faithfully in the work You have prepared for me. Reveal where I can serve, lead, encourage, or disciple others. Strengthen my digital life so it reflects Your character. Guide every step of my journey forward. Amen.”

Completion of Week 6

You have completed the final week of this discipleship journey.

Take a moment to acknowledge how far you have come, how much God has revealed, and how He is shaping your heart and home.

Congratulations

You have finished all six weeks of the Digital Discipleship & Cyber Stewardship journey.

May this not be the end, but the beginning of: - deeper spiritual maturity, - wiser digital habits, - stronger family protection, - clearer purpose, - and faithful daily discipleship.

You are now equipped to walk forward with confidence, wisdom, and intention.

Tools, Scriptures, Assessments, and Guidance for Discerning Calling and Building a Long-Term Discipleship Path

This resource page expands the teachings of Week 6 by providing practical tools, trusted spiritual resources, assessments, and planning aids to help learners identify their God-given purpose, discern their calling, and create a sustainable digital discipleship plan.

1. Core Scriptures for Purpose, Calling, and Service

Use these verses for prayer, journaling, and clarity as you discern your next steps.

Purpose & Design

- Ephesians 2:10 — Created for good works prepared in advance.
- Jeremiah 1:5 — Known and called before birth.
- Psalm 139:13–16 — Fearfully and wonderfully made.

Calling & Service

- 1 Peter 4:10 — Use your gifts to serve others.
- Colossians 3:23–24 — Work heartily as unto the Lord.
- Romans 12:4–8 — Many gifts, one body.

These scriptures anchor the believer's sense of identity and direction.

2. Recommended Spiritual Practices for Week 6

A. Purpose Journaling (Daily, 5–10 Minutes)

1. Complete one of the following prompts:
2. Where did I sense God leading me today?
3. What opportunities to serve appeared today?
4. What stirred my heart that may indicate calling?

B. Listening Prayer

Sit quietly and pray: “Lord, speak to my purpose. Show me the steps You desire me to take.”

Write down any impressions, scriptures, or burdens that arise.

C. Gifts in Action Reflection

At the end of the week ask:

When did I feel most alive and fruitful?

Where did my gifts bless someone else?

What drained me or felt misaligned?

3. Spiritual Gift Discovery Resources

These help learners identify and confirm their gifts.

A. Scripture-Based Study

- Romans 12:4–8 — Motivational gifts
- 1 Corinthians 12 — Spiritual gifts and unity
- Ephesians 4:11–13 — Ministry gifts

B. Church-Friendly Assessment Tools

(Use these as conversation starters, not final authority)

- Lifeway Spiritual Gifts Survey (Free)
<https://giftstest.lifeway.com>
- Church Growth Institute Gifts Test
<https://churchgrowth.org/spiritual-gifts-survey/>

C. Reflection Questions

1. What do others affirm in me consistently?
2. What roles do I naturally gravitate toward?
3. Which activities drain me quickly?
4. Which activities energize me deeply?

4. Purpose & Calling Tools

These practical tools help students map their purpose clearly.

A. Purpose Clarification Worksheet

- What breaks my heart?
- What brings me joy?
- What burdens cannot be ignored?
- What natural abilities has God highlighted?
- Which problems in the world or church do I feel called to address?

B. Calling Discernment Categories

- Many callings fall under one or more of these:
- Ministry Calling (serving church or community)
- Marketplace Calling (faith lived out in work)
- Family Calling (raising, leading, supporting home)
- Creative/Digital Calling (media, teaching, online influence)
- Service Calling (helps, compassion, community support)

C. Vocational Exploration Tools

- ****O*NET Career Explorer**** (aligns strengths to vocations)
<https://www.onetonline.org>
- YouVersion Reading Plans on Calling & Purpose
<https://www.bible.com/reading-plans>

5. Digital Discipleship Planning Resources

Tools and ideas for creating a long-term digital stewardship strategy.

A. Online Conduct Guidelines

- Honor Christ in conversations
- Avoid divisiveness or quarrels (2 Timothy 2:23–24)
- Lead with encouragement and truth

B. Digital Ministry Pathways

Examples:

- Leading an online Bible study
- Sharing Scripture or devotionals
- Creating Christ-centered media
- Encouraging others through digital communication
- Mentoring younger believers through messages or video calls

C. Personal Discipleship Plan Template

1. Spiritual Goals (Bible reading, prayer, community)
 2. Digital Boundaries (screen limits, content restrictions)
 3. Service Goals (mentorship, volunteering)
 4. Ministry Goals (teaching, media creation, evangelism)
 5. Growth Milestones (quarterly evaluation)
-

6. Safe Online Identity Tools (For Long-Term Use)

To help learners maintain a healthy online presence as part of their calling.

A. Brand & Identity Online

- Use real name or consistent alias for ministry communication
- Ensure posts reflect Christian character
- Regularly review old content for alignment with identity

B. Professional Platforms

- LinkedIn Safety Guide
<https://safety.linkedin.com>
 - Google Account Security
<https://myaccount.google.com/security>
-

7. Life Planning & Calling Resources

A. Christian Guidance Websites

- GotQuestions — God's Will & Calling
<https://www.gotquestions.org/knowning-Gods-will.html>
- BibleProject — Calling & Vocation Themes
<https://bibleproject.com>
- Focus on the Family — Life Purpose & Direction
<https://www.focusonthefamily.com>

B. Books (Optional Reading)

- The Purpose Driven Life — Rick Warren
 - Experiencing God — Henry Blackaby
 - Lead Like Jesus — Ken Blanchard
 - Courage to Lead — Brian Tracy (leadership fundamentals)
-

8. Encouragement for Week 6 Learners

Remember: - You were created with intention - Your gifts are needed - God equips those He calls - Your calling may evolve, but your purpose remains - Small, faithful steps lead to lifelong impact

Calling is not about perfection; it is about obedience.

9. Prayer for Purpose & Direction

“Lord, thank You for creating me with purpose and calling. Reveal the path ahead and strengthen me to walk faithfully in the work You have prepared. Help me serve others with humility, steward my gifts with diligence, and honor You in every space—physical and digital. Amen.”

END OF BLANK WORKBOOK

JOURNAL Space:



