

Welcome to the Holy Family Parishes of:

Our Lady of the Holy Rosary Parish

Lost Nation & Toronto

Sacred Heart Parish ~ Oxford Junction

Ss Philip & James Parish ~ Grand Mound

Ash Wednesday

Remember that you are dust,
and to dust you shall return.



March 3, 2019 - Lent Begins On Ash Wednesday

During the
*Season
of Lent*
contemplate
your heart and
look at our
world with
Hope.

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Sacrament of Baptism

Please contact Parish Office
to schedule a baptism.

Sacrament of Matrimony

Marriage Preparation at least
90 days prior to your wedding
date. Please contact Parish
Office.

Pastoral Care

Contact Parish Office for
Home visits, Anointing of the
Sick, Holy Communion

Sacrament Reconciliation

Before Mass or call Parish Of-
fice for arrangement with
Priest.

On Wednesday, we take a break from the *Ordinary Season*, to begin a special season of grace, the *Season of Lent*. I see it as a time to do some maintenance work on ourselves. Last December, when I was going for my annual retreat at the New Melleray Abbey near Dubuque, my vehicle was also going to get some maintenance work done on it, thanks to a kind parishioner. That was a great help I needed, I didn't know what I was running around with. By the time I returned, my vehicle was so much better than I left it. So, maintenance really helps.

Father Francis Lil'O Corner
It's Time For Some Maintenance Work

Drawing on this imagery, I wish to say that we are all like machines that are always running, we need a routine maintenance on ourselves to keep us in shape. It's time to change the dirty oil and put in a new one. It's indeed time to check the breaks and wipers and tires and what have you. As you well know, we change over our liturgical vestments from green to purple on Ash Wednesday to show contrition and hope. Our desire to receive ashes on Ash Wednesday on our foreheads signifies our readiness to begin a new journey into our soul; a journey of re-creation that leads us to the heart of Jesus suffering, death and resurrection.

Usually, your mechanic helps you to determine the scope of maintenance that you have to carry out. By analogy, our creator and mechanic, God, wants to help us this season to know the scope of work we need to get done. God is calling us to come and be renewed. Two activities to consider: A daily/weekday Mass and Confession. This helps us to grow in our relationship with God. It builds our understanding of scripture and helps to pray. Confession helps us unburden our conscience to experience the mercy and forgiveness of a loving God. Think about how you can allow your divine mechanic to renew you; your cooperation is key!

We need to realize that every season is so different from the previous one we have seen. Lent is a unique opportunity to begin again and to work on ourselves.

I wish you a fruitful maintenance journey into your soul. Praised be Jesus Christ, Now and Forever!

Fr. Francis Odoom

What Lent means to me

Growing up Catholic in the 1960's pre-Vatican II, I remember the special preparation for Lent. I have observed Lent for as many years as I can remember beginning at the age of five. Back then, it was a sad and mournful feeling like a pending death. Everyone's home became solemn without television, radio, and social life came to a standstill for 40 days. I attended Mass where all the statues were covered in purple cloth and the altar was stripped of decorations. It was a sorrowful time.

Looking back at what Lent was; a time of 40 days of sorrow for what man did to Jesus Christ and 2000 plus years later, we continue to crucify him. If you watch the news, it confirms the manner in how we crucify Jesus by allowing television and society to place negative thoughts in our mind that challenges our faith.

I prefer to celebrate the joy of Jesus than to remember all of the dark, uncomfortable reasons why I so desperately need Him. But I can't have one without the other. What joy would there be in Jesus rising from the grave if I can't fully grasp why He had to die for me to begin with? That is how He turns our ashes into something beautiful and life-giving on Ash Wednesday.

Lent is a long 'retreat' where I can turn back into myself and listen to the voice of Jesus. This is a period of spiritual 'combat' that I experience alongside Jesus and rid the baggage I carry in my heart. It refocuses the season for me and is my favorite time of the year. If I am tempted by all the noise this world has to offer, a daily examination of conscience helps me. I do this at night before bed and the silence for me, is a time of slowing down in preparation for celebrating my belief in the Resurrection. Every Wednesday during Lent, praying and participating in Stations of the Cross takes me back in time to the reality of Jesus life and how this fits my life too. I can relate to the stations we pray and find myself understanding more and more.

I have come to cherish this time each year because I can regain sight of what really matters in life: Jesus. When deciding what to do each year for Lent, I give up something that tends to distract me from Jesus or add something into my daily life that creates more room for Jesus. The point of it is to focus more of my attention and affection on Jesus. I want to choose Jesus. The past few years, I gave up social media; TV, movies, negativity and tainted politics. As time goes by, I intentionally add a quiet time to rid myself of the noise of this world, I read scripture on a grass roots level.

It is a blessing to be Catholic and through the wisdom of years, I acknowledge our church offers me the gift of the season of Lent. On Ash Wednesday, I begin my journey of Lent realizing that I am 'marked for Christ' and I belong to Jesus. "Remember that you are **dust** and to **dust** you will return.", and I thank my parents for the gift of my Catholic faith.

Lenten Journey - Diana Scott, SSPJ Parish

NEWS AND EVENTS

Ash Wednesday Schedule

08:00am OLHR/Lost Nation

06:00pm SSPJ/Grand Mound

Friday, March 8th

06:00pm Sacred Heart/Ox. Junct

Holy Family Cluster Parishioners:

This year we encourage you to Share Your Lenten Journey with others through the bulletin. Together we will journey through Lent with people whose lives are being changed with your participation and sharing. If you wish to participate and prefer to be anonymous, that is fine. Please send to Diana Scott at drscott@gmtel.net;

The next Knights of Columbus meeting is Wednesday March 13 at 7 pm in Lost Nation. Please note that the Soup and Sandwich meal has been changed to March 10 in O.J after mass.

Pies. Pies. Pies. K of C are taking orders for Easter. You can order your delicious pies from March 3 through March 10. Pies will be delivered on April 13.



Tom Walter, Maureen Schrader, and Bev Brauer recently attended the workshop, "Accompanying Families: Practiced and Practical Ways to Walk with Disciples".

Denise Utter of St Jude Catholic Church, Chicago led the day long In-Service held at Holy Trinity Catholic Church in Richmond IA.

National Sisters Week: We will celebrate with an open house on **Saturday, March 9, 2019, from 2 - 4pm at Humility of Mary Center, 820 W. Central Park Ave., Davenport.** Co-hosted by the Congregation of the Humility of Mary, the Benedictine Sisters of St. Mary Monastery, and the Sisters of St. Francis, Clinton. Visitors will have the opportunity to tour the center and visit with sisters about their lives and ministries. There will also be a children's corner and refreshments. Please drop by and celebrate National Catholic Sisters Week with us.

Our Lady of the Holy Rosary Lost Nation/Toronto

Evening Rosary will resume on Monday, March 4 at 6:00 p.m. at Lost Nation. We will continue to alternate location, same as previous Saturday Mass schedule. **ALL ARE WELCOME** at this half hour of prayer and reflection for our Cluster, our Priest and all Parishioners.

Every week during Lent, Our Lady of the Holy Rosary will be praying The Stations of the Cross, beginning on Thursday, March 14 at 5:00 pm followed by Mass at 5:30. This devotion is a good way to walk with Jesus and meditate on his passion. Please join us and allow Jesus to walk with you in your daily lives.

SS Philip & James - Grand Mound



Start on Wednesday, March 13th, at 4:30 pm followed by Mass at 5:00 pm. This becomes a connection with Jesus when we open our heart to be touched, and it leads us to express our faith in Jesus.

Sign up sheets for Ushers, Lectors, and Eucharistic Ministers for April, May, & June will be available the first two weekends in March 3rd and 10th.

Sacraments received in March 1969

Deaths: Edith Oehrlein

Sacred Heart - Oxford Junction

K of C are having soup & sandwiches on March 10 rather than March 3 in OJ after Mass. There will be a free-will offering. All are welcome, so please join us for some fellowship after Mass on March 10.

The March minister schedule has been posted. April and May sign-up sheets are on the table in the hall. Lent begins on March 6 and Easter is April 21. Due to Holy Week, we'll be needing extra help, so we hope you'll keep that in mind when signing up. A huge thank you to all of our dedicated volunteers.

Ash Wednesday, March 6, begins the Lenten Season We will have Ash Wednesday services at Sacred Heart on Friday, March 8 at 6:00 pm. During the Lenten season, Friday Mass at Sacred Heart will begin at 6:00 pm with Station of the Cross. Please consider participating during this Lenten journey.

Sanctuary Guild meeting Marcy 4 at 7:00 pm in library. Serving Committee is: Margo Ahrendsen, Deb Bisinger & Sharon Miller.

Did you know that clients in Catholic Charities' Jail & Prison Ministry program are 49% less likely to reoffend when compared to the state's average rate? This work saves taxpayer money, decreases the strain on our law enforcement and most importantly improves the quality of life for those in the program and their families? Please consider supporting this important work with your gift to the Catholic Charities Annual Appeal.



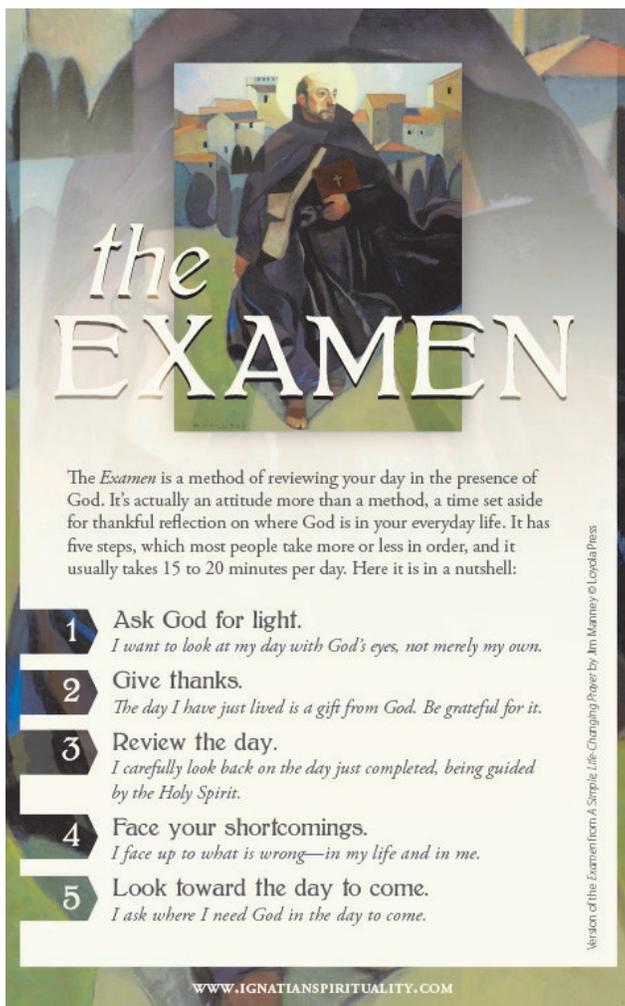
Please remember the sick and the infirm, so that they may experience the healing power of Christ:

Our Lady of Holy Rosary: Jeanene Cavey, Dick Nodurft, Melvin & Irene Duwa, Richard Vens, Steve Benischek

SS Philip & James Church: Austin Flammang, Sandy Crosthwaite, Natalie Regan, Elmer Hasenmiller, Grace Kinney, Chris Forret

Sacred Heart Church: Betty Anderson, Rich Kleineck, Brad Manuel, Dennis Koppess, Wendy Larive, John and Marilyn Stevenson

Pray The Examen For Lent



the
EXAMEN

The *Examen* is a method of reviewing your day in the presence of God. It's actually an attitude more than a method, a time set aside for thankful reflection on where God is in your everyday life. It has five steps, which most people take more or less in order, and it usually takes 15 to 20 minutes per day. Here it is in a nutshell:

- 1 Ask God for light.
I want to look at my day with God's eyes, not merely my own.
- 2 Give thanks.
The day I have just lived is a gift from God. Be grateful for it.
- 3 Review the day.
I carefully look back on the day just completed, being guided by the Holy Spirit.
- 4 Face your shortcomings.
I face up to what is wrong—in my life and in me.
- 5 Look toward the day to come.
I ask where I need God in the day to come.

Version of the Examen from A Simple, Life-Changing Prayer by Jim Manney © Loyola Press

WWW.IGNATIANSPIRITUALITY.COM

A Retreat for Men: Lent:

Men of the parish, this is a great opportunity for you to enter into the Lenten Season by coming to Our Lady of the Prairie for a retreat given by Fr Mike Schaab. The retreat begins Friday evening, March 8, with a 5:30 dinner and closes on Sunday, March 10, at 11:00 am. If interested in attending, call Sr Rae Elwood at 563-336-8414 to register.

MASS INTENTIONS 4B

Saturday	03/02/19/Lost Nation
05:00pm	Albert Bouchaute
Sunday	03/03/19/ 8th Sunday Ordinary Time
08:00am	Grand Mound/John Purcell Family
09:30am	Toronto/Kathy VanWaes
10:00am	Oxford Junction/Glen Regennitter
Monday	03/04/19 No Mass
Tuesday	03/05/19/Grand Mound
08:00am	Charlotte Susic
Wednesday	03/06/19/ Ash Wednesday
08:00am	Lost Nation/For the Parish
06:00pm	Grand Mound/Dennis Schrader
Thursday	03/07/19/ Sts Perpetual & Felicity
05:30pm	Lost Nation/Scott Benischek
Friday	03/08/19/ St. John of God
06:00pm	Oxford Junction/ Ash Friday
	Edwin & Eleanor Bicknese
Saturday	03/09/19/ St. Frances of Rome
05:00pm	Toronto/JoAnn VanWaes
Sunday	03/10/19 Daylight Savings Time Begins
08:00am	Grand Mound/ 1st Sunday of Lent
	Tom Green & Phyllis Sieverding
10:00am	Oxford Junction/ Monk&Marguerite Coon



Our Lady of the Prairie will have Mass at 10:00 am and extends a special invitation to parishioners to come join us on Ash Wednesday, March 6th. We will honor the day with distribution ashes, special songs and prayers during the liturgy.

Readings for the week of March 3, 2019

Sunday:	Sir 27:4-7/Ps 92:2-3, 13-14, 15-16 [cf. 2a]/1 Cor 15:54-58/Lk 6:39-45
Monday:	Sir 17:20-24/Ps 32:1-2, 5, 6, 7 [11a]/Mk 10:17-27
Tuesday:	Sir 35:1-12/Ps 50:5-6, 7-8, 14 and 23 [23b]/Mk 10:28-31
Wednesday:	Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 17 Cor 5:20-6:2/Mt 6:1-6, 16-18
Thursday:	Dt 30:15-20/Ps 1:1-2, 3, 4 and 6 [40:5a]/Lk 9:22-25
Friday:	Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19 [19b]/Mt 9:14-15
Saturday:	Is 58:9b-14/Ps 86:1-2, 3-4, 5-6 [11ab]/Lk 5:27-32
Sunday:	Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15 Rom 10:8-13/Lk 4:1-13