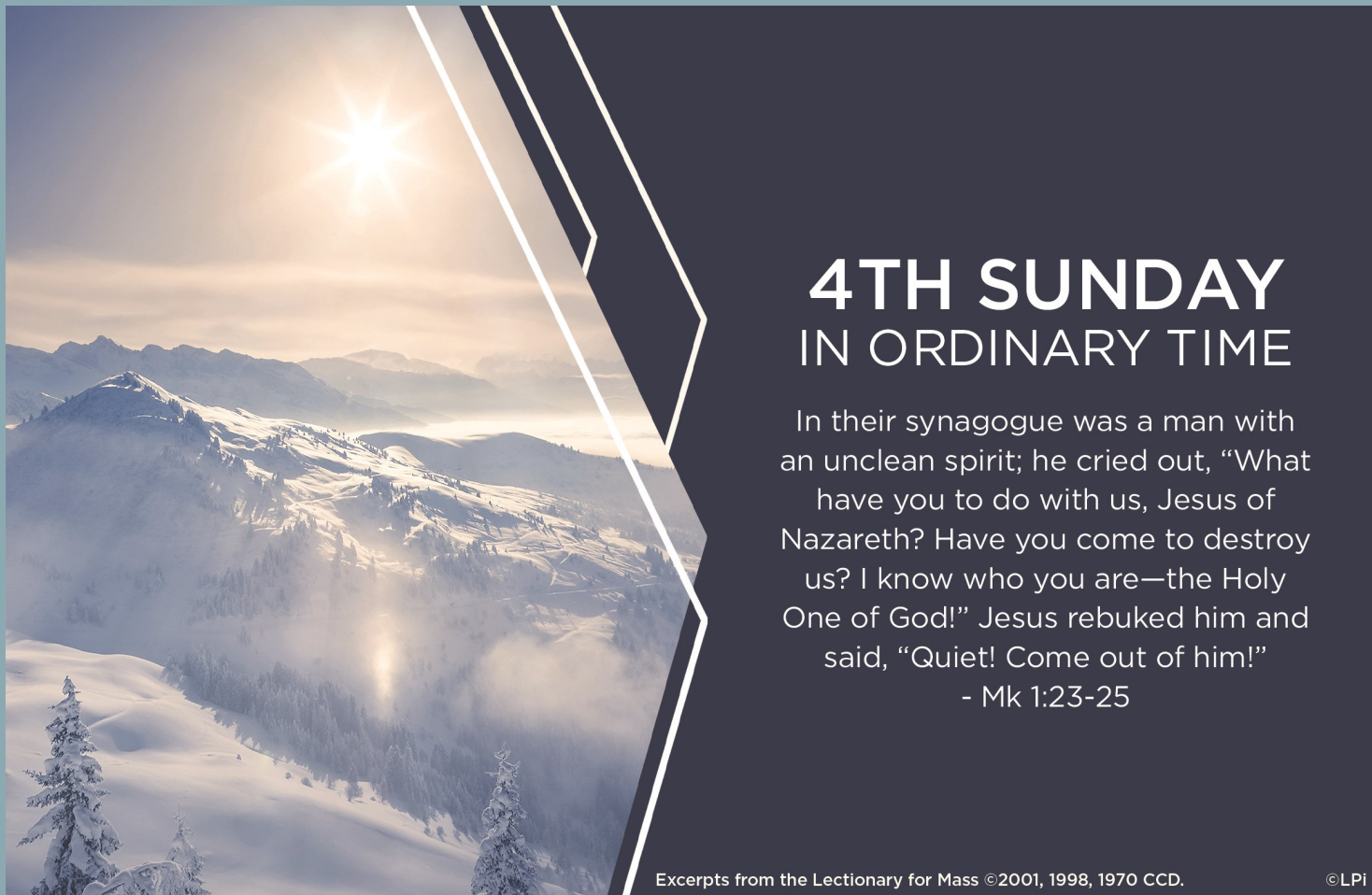


# Holy Family Parish Cluster

## January 31, 2021



## 4TH SUNDAY IN ORDINARY TIME

In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!"

- Mk 1:23-25

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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### **Sts Philip & James Grand Mound**

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Web:  
[www.holyfamilycluster.org](http://www.holyfamilycluster.org)

#### **Cluster Office Hours**

Due to the pandemic the office has limited hours. Please call or email if you need anything.

Bulletin Deadline  
Tuesday 12:00 noon  
(unless otherwise noted).

### Mission Statement

*A family of God constituted by the Holy Eucharist and strengthened by the Holy Spirit to make God known, loved and served.*

#### Administration:

**Pastor: Rev. Francis V. Odoom**

Cell: 515-357-8798

Email: [odoomf@diodav.org](mailto:odoomf@diodav.org)

**Deacon: Michael Sheil**

Cell: 563-613-0607

**Administrative Assistant**

Christine Meyer

Email—

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### **Our Lady of the Holy Rosary Lost Nation/Toronto**

903 Main St.  
P.O Box 127  
Lost Nation, IA 52254  
670 Mill Street  
Toronto, IA 52777

### **Sacred Heart Oxford Junction**

309 Church Street  
Oxford Junction, IA 52323  
Web:  
[www.sacredheartoj.org](http://www.sacredheartoj.org)

# ORDER OF MASS

## Introductory Rites

### Entrance Antiphon

Save us, O Lord our God!  
And gather us from the nations,  
to give thanks to your holy name,  
and make it our glory to praise you.

### Glory to God

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## Liturgy of the Word

### First Reading Deuteronomy 18:15-20

#### Responsorial Psalm Psalm 95:1-2, 6-7, 7-9

**R. If today you hear his voice, harden not your hearts.**

Come, let us sing joyfully to the Lord;  
let us acclaim the rock of our salvation.  
Let us come into his presence with thanksgiving;  
let us joyfully sing psalms to him.

**R. If today you hear his voice, harden not your hearts.**

Come, let us bow down in worship;  
let us kneel before the Lord who made us.  
For he is our God,  
and we are the people he shepherds, the flock he guides.

**R. If today you hear his voice, harden not your hearts.**

Oh, that today you would hear his voice:  
“Harden not your hearts as at Meribah,  
as in the day of Massah in the desert,  
where your fathers tempted me;  
they tested me though they had seen my works.”

**R. If today you hear his voice, harden not your hearts.**

## Second Reading 1 Corinthians 7:32-35

### Gospel Acclamation Matthew 4:16

**R. Alleluia, alleluia.**

The people who sit in darkness have seen a great light;  
on those dwelling in a land overshadowed by death,  
light has arisen.

**R. Alleluia, alleluia.**

### Gospel Mark 1:21-28

#### Profession of Faith

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

## Liturgy of the Eucharist

### Prayer after Communion

Soul of Christ, sanctify me; Body of Christ, save me;  
Blood of Christ, inebriate me; Water from the side of Christ, wash me; Passion of Christ, strengthen me; O good Jesus, hear me; Within your wounds hide me; Separated from you, let me never be; From the evil one protect me; At the hour of my death, call me; And close to you bid me; That with your saints, I may be, praising you forever and ever. Amen

## Concluding Rites

# Year of St. Joseph

Pope Francis has dedicated this year (December 8, 2020 – December 8, 2021) to St. Joseph, because this year marks the 150<sup>th</sup> anniversary of St. Joseph being declared patron saint of the Universal Church. He hopes the observance will result in more love for St. Joseph, more prayers asking for his intercession, and more imitation of his virtues.

Saint Joseph was a man who was obedient to God's Will throughout his life. When the angel told him to take Mary into his home, he obeyed. When the angel told him to take the Holy Family to Egypt to escape Herod, he obeyed. When the angel told him to return to Israel, he obeyed. Joseph didn't make a fuss. He didn't make a speech. He simply obeyed, and expressed his faith in action.

In the limited knowledge we have about him, we see St. Joseph as a man who only thought of serving Mary and Jesus, never himself. His acts of selfless love and his devotion to his family is a model for fathers today. Though none of his words are written in Scripture, we can clearly see by his actions that he was a just, loving, and faithful man, making him the perfect patron saint of fathers.

We know very little of Jesus's early years; the Gospel of Luke simply says, "And Jesus increased in wisdom and in years, and in divine and human favor." (Luke 2:52) These years were the years Jesus spent with Joseph. As a simple craftsman he undoubtedly taught Jesus the value of hard work, exhibiting by his example

the value of work and how it should exist not only to provide for a family, but more importantly, to glorify God. It is not difficult to imagine that the virtues Jesus learned from St. Joseph during this time served him well in his later ministry, making St. Joseph the perfect patron saint of workers.

Though he lived over 2,000 years ago, St. Joseph dealt with many of the same crises that millions of families face today: government-sponsored terrorism, forced migration, and the pressure of leading a family in distress, and yet he responded to these challenges with steadfast faith and courage. When God chooses someone for a special mission in the Church, he always prepares that person with many graces to fulfill that task. Since St. Joseph was chosen by God to be the head of the Holy Family, immediately in charge of Christ himself and married to Mary, we can only assume he must have been gifted with exceptional graces for these purposes.

Throughout our lives we may have struggled with how to do God's will or trust in his plan, but St. Joseph shows us the way. We only need to look at his inspiring examples of obedience, humility, selflessness, courage, and love. If we can emulate him even a little each day, we will be that much closer to becoming the people God calls us to be.

Colleen Burke

Evangelization Team

Please take a Year of St. Joseph Prayer card found in the back of the church. This prayer was written by Pope Leo XIII.

## Distraction During Prayer

The mind is a marvelous and complex thing, producing amazing thoughts, images, wisdom and inspiration. Yet at times it is like a two-year-old: it does not follow directions, does what it wants and loves to tell us "no!" This is probably the oldest and most common problem in the spiritual life-dealing with distraction. It comes in all forms: good intentions forgotten, wandering thoughts at Mass, daydreaming, etc. A little poem says it all: When the soul begins to pray, the brain always wants to play!

There are many ways to handle distractions. If we are distracted by thoughts about our families or friends, we should pray for them. If we lose our focus, we need just "recollect" ourselves. If some worry or concern just won't leave our mind, then we deal with it and come back to prayer or make it part of our prayer. And when words just won't come, the only prayer we might offer is our presence, our suffering, and our desire to be close to the Lord. Most importantly, we need to be patient with ourselves. These things are not sinful, but reminders of our human frailty. Our weaknesses and good efforts are all acceptable to God, who reads the love in our hearts and the good intentions of our minds. LPi

## SSPJ Income & expense for 1st half of year

Income -	\$52,576.13
Expense -	\$51,386.51
Surplus -	\$ 1,189.62
Building Fund -	\$ 1,504.00
Building Fund (roof) -	\$11,419.60
Building funds spent -	\$84,000.00
insurance funds have not yet been received	
Bequests -	\$ 2,390.00
Bequest fund spent -	\$ 588.38

For a perspective on issues affecting Catholics today, read *The Catholic Messenger*. Gain insights on spirituality from Father Ron Rolheiser and our diocesan clergy, women religious and lay people. Learn what Bishop Thomas Zinkula has to say on issues of the day. Be inspired by stories of faith from throughout our diocese. Subscribe to *The Catholic Messenger* through your parish. It's a bargain at \$29 per year for 50 issues! Remember to write your check to The Catholic Messenger!



## WEEKLY ANTIPHONS

### Entrance Antiphon

#### Tuesday 2/2

Your merciful love, O God, we have received in the midst of your temple.

Your praise, O God, like your name, reaches the ends of the earth; your right hand is filled with saving justice.

#### Wednesday 2/3

All the earth shall bow down before you, O God, and shall sing to you, shall sing to your name, O Most High!

#### Thursday 2/4

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

#### Friday 2/5

O sing a new song to the Lord; sing to the Lord, all the earth. In his presence are majesty and splendor, strength and honor in his holy place.

### Weekly Recessional Antiphon

Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

From Words Among Us



### Cluster Parish Prayer List

#### 1. Our Shepherds:

Bishop Thomas Zinkula, Archbishop  
Michael Jackels, Fr. Francis Odoom,  
Deacon Mike Shiel

#### 2. The Aged & Infirm:

- Melvin Duwa, Dorothy Hasenmiller, Gloria Kagemann, Grace Kinney, & Dick Nodurft
- Betty Anderson, Jerica Christensen, Rich Kleineck, Leonard Lasack, Paul Lasack & Marilyn Stevenson

## MASS SCHEDULE

Date	Time	Place	Intention
Saturday 1/30	5:00 pm	Lost Nation	Crystal Burke
Sunday 1/31	8:00 am	Grand Mound	Sarah McNeil
	10:00 am	Oxford Junction	Arthur Nefzger
Tuesday 2/2	8:00 am	Grand Mound	Vince & Regina Hahn
Wednesday 2/3	5:00 pm	Grand Mound	Leo Trimble Family
Thursday 2/4	5:00 pm	Lost Nation	Madonna Gilroy
Friday 2/5	8:00 am	Oxford Junction	Glen Regennitter
Saturday 2/6	5:00 pm	Toronto	Charlie Burke
Sunday 2/7	8:00 am	Grand Mound	John Moffit
	10:00 am	Oxford Junction	Rosine Regennitter

### Pope Francis Prayer Intention For February

#### **Violence Against Women**

**We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.**

### DAILY READINGS

#### Readings for the week of January 31, 2021

- Sunday** Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 [8]/1 Cor 7:32-35/Mk 1:21-28
- Monday** Heb 11:32-40/Ps 31:20, 21, 22, 23, 24 [25]/Mk 5:1-20
- Tuesday** Mal 3:1-4/Ps 24:7, 8, 9, 10 [8]/Heb 2:14 -18/Lk 2:22-40
- Wednesday** Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a [cf. 17]/Mk 6:1-6
- Thursday** Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4, 9, 10-11 [cf. 10]/Mk 6:7-13
- Friday** Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc [1a]/Mk 6:14-29
- Saturday** Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6 [1]/Mk 6:30-34
- Next Sunday** Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6/1 Cor 9:16-19, 22-23/Mk 1:29-39