

# Holy Family Parish Cluster

## February 21, 2021



# 1<sup>st</sup> SUNDAY OF LENT

"This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel." - Mk 1:15

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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### **Sts Philip & James Grand Mound**

606 Fulton Street  
P.O Box 7  
Grand Mound, IA 52751  
Telephone: 563-847-2271  
Web:  
[www.holyfamilycluster.org](http://www.holyfamilycluster.org)

#### **Cluster Office Hours**

Due to the pandemic the office has limited hours. Please call or email if you need anything.

Bulletin Deadline  
Tuesday 12:00 noon  
(unless otherwise noted).

### Mission Statement

*A family of God constituted  
by the Holy Eucharist and  
strengthened by the Holy  
Spirit to make God known,  
loved and served.*

#### Administration:

**Pastor: Rev. Francis V. Odoom**

Cell: 515-357-8798

Email: [odoomf@diodav.org](mailto:odoomf@diodav.org)

**Deacon: Michael Sheil**

Cell: 563-613-0607

**Administrative Assistant**

Christine Meyer

Email—

[grandmssphilipjames@diodav.org](mailto:grandmssphilipjames@diodav.org)

### **Our Lady of the Holy Rosary Lost Nation/Toronto**

903 Main St.  
P.O Box 127  
Lost Nation, IA 52254  
670 Mill Street  
Toronto, IA 52777

### **Sacred Heart Oxford Junction**

309 Church Street  
Oxford Junction, IA 52323  
Web:  
[www.sacredheartoj.org](http://www.sacredheartoj.org)

# ORDER OF MASS

## Introductory Rites

### Entrance Antiphon

When he calls on me, I will answer him;  
I will deliver him and give him glory,  
I will grant him length of days.

### Glory to God

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## Liturgy of the Word

### First Reading Genesis 9:8-15

#### Responsorial Psalm Psalm 25:4-5, 6-7, 8-9

**R. Your ways, O Lord, are love and truth to those who keep your covenant.**

Your ways, O Lord, make known to me;  
teach me your paths,  
Guide me in your truth and teach me,  
for you are God my savior.

**R. Your ways, O Lord, are love and truth to those who keep your covenant.**

Remember that your compassion, O Lord,  
and your love are from of old.  
In your kindness remember me,  
because of your goodness, O Lord.

**R. Your ways, O Lord, are love and truth to those who keep your covenant.**

Good and upright is the Lord,  
thus he shows sinners the way.  
He guides the humble to justice,  
and he teaches the humble his way.

**R. Your ways, O Lord, are love and truth to those who keep your covenant.**

### Second Reading 1 Peter 3:18-22

### Gospel Acclamation Matthew 4:4b

**R. Alleluia, alleluia.**

One does not live on bread alone, but on every word that comes forth from the mouth of God.

**R. Alleluia, alleluia.**

### Gospel Mark 1:12-15

#### Profession of Faith

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

## Liturgy of the Eucharist

### Prayer after Communion

Soul of Christ, sanctify me; Body of Christ, save me; Blood of Christ, inebriate me; Water from the side of Christ, wash me; Passion of Christ, strengthen me; O good Jesus, hear me; Within your wounds hide me; Separated from you, let me never be; From the evil one protect me; At the hour of my death, call me; And close to you bid me; That with your saints, I may be, praising you forever and ever. Amen

## Concluding Rites



# Why We Do What We Do

Kneel. Up. Down. Up. Down. Kneel. Up. Down. Up. Whew! Non-Catholics attending a Catholic Mass are often confused about the different postures we take. As Catholics, we too might need to be reminded of how each and every single thing we do at Mass has significance. The more we understand what is going on in the Mass, the more we are able to appreciate its beauty because all the smells, bells, and calisthenics have meaning. In fact, they are all specified in the General Instruction of the Roman Missal which lays out in detail all of the actions taken by the priest, deacon, and congregation.

When we enter Mass, we genuflect. By this action, we are humbly acknowledging Jesus in the tabernacle, in the Eucharist. The red candle, known as the sanctuary lamp, is continuously lit beside the tabernacle to show that it contains the consecrated elements. As Catholics we believe that Jesus is fully present, body, blood, soul and divinity in the Eucharist. Genuflection is a sign of reverence. We genuflect by facing the tabernacle and touching our right knee to the ground, recognizing the presence of our Lord. That is why we only genuflect to the tabernacle and to no other item within the church.

Kneeling at Mass, a uniquely "Catholic" posture, is one we take during the liturgy, a posture of respect and adoration. Kneeling before someone is a very humbling posture, recognizing the other person's authority. When we kneel before God, we are

acknowledging his holiness and greatness. The very act of kneeling before someone puts one in a vulnerable position recognizing the other person's authority, so when we kneel before God, we are acknowledging his holiness and greatness.

Every Mass is a miracle. Through the words of Christ, spoken aloud by the priest in the eucharistic prayer, the Lord becomes truly present on the altar. The eucharistic prayer runs from "The Lord be with you... Lift up your hearts... Let us give thanks to the Lord our God..." to the closing "Through him, with him, in him..." This prayer is the very heart of the Mass. At this point, we believe that the bread and wine are transformed into the true body and blood of Jesus Christ, a process known as *transubstantiation*. This is the miracle of our faith given to us by Jesus over 2,000 years ago and passed down through his disciples. At every Mass we witness this miracle unfold in front of our eyes, and let's face it, if we truly believed we were literally in the presence of Christ himself, falling to our knees would be a natural thing to do.

Our Mass is rich with meaning, every gesture represents something profound and beautiful. When we understand these different meanings and take them to heart, each moment we spend during Mass will certainly become more transformative and nourishing to our souls.

Colleen Burke  
Evangelization Team

## Announcements and Reminders

1. Stations of the Cross will be said on Wednesdays in Grand Mound, Thursdays in Lost Nation and Fridays in Oxford Junction before the masses. Also, an online Stations of the Cross will be on Facebook live at 3:00 pm on Fridays.
2. Our Perpetual Adoration will be held on Thursday, March 4 at Lost Nation from 10:00 am to 4:30 pm. If you would like to sign up for an hour, please call or text the office.
3. We will have a Lenten Retreat via zoom on Sunday, March 7 at 4:00 pm. If you want to join us, email or call the office.
4. A face to face Communal Penance will be held at Sts. Philip and James on Sunday, March 21 at 4:00 pm. More details will be shared next week.

### Lenten Baby Shower

The baby bassinet in the church is for the Lenten collection of baby bottles, clothing, blankets, pacifiers, diapers, toys, etc. After Easter, these items will be donated to the Crisis Pregnancy Center in Clinton.



### SSPJ January Financials

Income -	\$7,257.76
Expense -	\$6,806.21
Surplus -	\$ 451.55
Building fund -	\$ 250.00
Building fund (roof) -	\$ 120.00

## WEEKLY ANTIPHONS

### Entrance Antiphon

#### Tuesday 2/23

O Lord, you have been our refuge,  
from generation to generation;  
from age to age, you are.

#### Wednesday 2/24

Remember your compassion, O Lord,  
and your merciful love, for they are from of old.  
Let not our enemies exult over us.  
Redeem us, O God of Israel, from all our distress.

#### Thursday 2/25

To my words give ear, O Lord; give heed to my  
sighs.

Attend to the sound of my cry, my King and my  
God.

#### Friday 2/26

Set me free from my distress, O Lord.  
See my lowliness and suffering,  
and take away all my sins.

### Weekly Recessional Antiphon

The law of the Lord is perfect; it revives the soul.  
The decrees of the Lord are steadfast; they give  
wisdom to the simple.

From Words Among Us

### Our Lady of the Prairie Retreat

Website - <https://www.chmiowa.org/retreat> and click  
on the Retreat Calendar on the left-hand side for more  
details, or call 563-336-8414 or email [olpre-  
treat@gmail.com](mailto:olpre-<br/>treat@gmail.com)

Wed, February 24 | 7:00pm-8:30pm FREE Online:

Wednesday Nights with Barb Arland-Fye

Thurs, February 25 | 7:00pm-8:30pm | FREE

Online: CHM Spirit Days



### Cluster Parish Prayer List

#### 1. **Our Shepherds:**

Bishop Thomas Zinkula, Archbishop  
Michael Jackels, Fr. Francis Odoom,  
Deacon Mike Shiel

#### 2. **The Aged & Infirm:**

- Melvin Duwa, Dorothy Hasenmiller, Gloria Kagemann, Grace Kinney, & Dick Nodurft
- Betty Anderson, Jerica Christensen, Rich Kleineck, Leonard Lasack, Paul Lasack & Marilyn Stevenson

## MASS SCHEDULE

Date	Time	Place	Intention
Saturday 2/20	5:00 pm	Toronto	Natalie Regan
Sunday 2/21	8:00 am	Grand Mound	John Purcell
	10:00 am	Oxford Junction	Glenn Regennitter
Tuesday 2/23	8:00 am	Grand Mound	Holy Name Society
Wednesday 2/24	5:00 pm	Grand Mound	Maher Family
Thursday 2/25	5:00 pm	Lost Nation	Robby Gilroy
Friday 2/26	6:00 pm	Oxford Junction	Rosine Regennitter
Saturday 2/27	5:00 pm	Lost Nation	Betty Marcucci
Sunday 2/28	8:00 am	Grand Mound	Clarence Kinney
	10:00 am	Oxford Junction	Rosine Regennitter

## Pope Francis Prayer Intention For February

### **Violence Against Women**

**We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.**

### DAILY READINGS

#### Readings for the week of February 21, 2021

**Sunday** Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1

Pt 3:18-22/Mk 1:12-15

**Monday** 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6 [1]/Mt 16:13-19

**Tuesday** Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15

**Wednesday** Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32

**Thursday** Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/Mt 7:7-12

**Friday** Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26

**Saturday** Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48

**Next Sunday** Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 [9]/Rom 8:31b-34/Mk 9:2-10