I offer the following services:

Pursuant to New York Business and Professional Code, I, Mera Maharaj-Panan, make the following disclosures: I am a Certified Life Coach with a Master's of Science in Mental Health and Wellness. I am a professional who provides alternative and complimentary services to the healings arts services. Each client will be interviewed, and if it is determined that the services I provide can be of benefit, I will provide services according to my education, training, and experience.

**COACHING:**  This "is a process that enables learning and development to occur and thus performance to improve. To be successful, a coach requires knowledge and understanding of process as well as the variety of styles, skills, and techniques that are appropriate to the context in which the coaching takes place." (Parsloe, 1999)

These services are not licensed by the state. The services do not include the practice of medicine or psychology or any other healing art, since I am not a licensed physician.

I have the following education, training, experience, and other qualifications regarding the services provided:

* Life coaching ; and
* Mental Health and Wellness Counseling.

If you have any concerns or complaints about the services provided, please speak with me.

I, (please print your name)                                                           , hereby acknowledge that I have been provided with the above information, have read such, and have received a copy of this disclosure.

 Signature                                                                          Date