



Bailey Sports Performance and Physical Therapy

DRY NEEDLING CONSENT FORM

Dry Needling involves placing a small needle into the tissue that is tender with the intent to normalize the physiology of the area and regain homeostasis, which will improve the function of the musculoskeletal system resulting in symptom reduction.

Dry Needling is a valuable treatment for musculoskeletal pain. Like any treatment there are possible complications. While these complications are rare in occurrence, they are real and must be considered prior to giving consent to treatment.

Risk of the Procedure:

Though unlikely, there are risks associated with this treatment. The most serious risk associated with Dry Needling is accidental puncture of the lung (pneumothorax) when treating the upper back. If this were to occur, it may likely only require a chest x-ray and no further treatment. The symptoms of shortness of breath may last for several days to weeks. A more severe lung puncture can require hospitalization and re-inflation of the lung. This is a rare complication and in skilled hands should not be a concern.

Other risks may include bruising, infection and nerve injury. Please notify me if you have any conditions that can be transferred by blood (Hepatitis, HIV/AIDS, etc). Bruising is a common occurrence and should not be a concern unless you are taking a blood thinner (Coumadin, Warfarin, Eliquis, Xarelto, etc). As the needles are very small and do not have a cutting edge, the likelihood of any significant tissue trauma from Dry Needling is highly unlikely.

Please consult with me if you have any questions regarding the treatment described above.

Do you have any known disease(s) of infection(s) that can be transmitted through bodily fluids?

YES _____ NO _____

Do you have any known allergies to Nickel or Chromium?

YES _____ NO _____

Are you pregnant or are you trying to get pregnant?

YES _____ NO _____

Please print your name

Signature

Date