

# Taste of Bengal

Tandoori Restaurant

*Fully Licensed & Air Conditioned*

**10% Discount  
on Take Away Meals  
&  
Each Main Dish Comes  
with 1 Free Papadom & Chutney  
(Collection Only)**

**Opening Hours:**

Mondays Closed

**Tues- Sun: 5:00pm to Midnight**

We are open on every bank Holiday Monday  
(5:00pm to Midnight)

194 High Street Hornchurch Essex RM12 6QP

**Tel: (01708) 477851 / 477850**

## STARTERS & APPETISERS

DALL SOUP (Lentil & spices)	£1.95
ONION BHAJEE	£2.95
SOMOSA (Meat or Veg)	£3.20
CHICKEN TIKKA	£3.50
LAMB TIKKA	£3.50
TANDOORI CHICKEN	£3.50
SHEEK KEBAB	£3.50
SHAMI KEBAB	£3.50
RESHMI KEBAB	£3.50
PRAWN PUREE	£3.95
KING PRAWN PUREE	£5.50
TANDOORI KING PRAWN	£5.95
MIXED STARTER <i>(Chicken Tikka, Lamb Tikka, Sheek Kebab)</i>	£4.95
DUCK TIKKA	£4.95
TANDOORI LAMB CHOP	£4.95
ALOO CHOP <i>(Lightly spiced potato covered in Butter and bread crumbs)</i>	£3.95
KING PRAWN BUTTERFLY <i>(Spicy king prawn in bread crumbs)</i>	£5.50
CHICKEN CHAT	£3.50
CHICKEN CHAT PUREE	£3.95
CHICKEN TIKKA PAKORA	£4.50

## TANDOORI DISHES

*Tandoori dishes are dry, medium spiced & marinated in a special sauce Grilled in a charcoal fired clay oven Served with salad*

CHICKEN TIKKA	£6.50
LAMB TIKKA	£6.50
TANDOORI KING PRAWN	£10.95
TANDOORI CHICKEN (Half)	£6.50
TANDOORI MIXED GRILL (with Nan)	£9.95
DUCK TIKKA	£7.95
CHICKEN SHASHLICK	£8.95
LAMB SHASHLICK	£8.95
KING PRAWN SHASHLICK	£11.95
DUCK SHASHLICK	£8.95
TANDOORI LAMB CHOP	£9.95
CHICKEN & KING PRAWN SHASHLICK	£9.95

## SPECIAL TIKKA CURRY DISHES

CHICKEN TIKKA CURRY	£6.95
CHICKEN TIKKA GARLIC	£7.50
CHICKEN TIKKA SALLY MADRAS (Hot)	£7.95
CHICKEN TIKKA JALFREZI (Hot)	£7.95
CHICKEN TIKKA METHI	£7.95

## BIRIANY DISHES

*(Stir-fried with saffron flavoured basmati rice and garnished with freshly chopped tomatoes, cucumbers and red onions Served with vegetable curry)*

CHICKEN/LAMB BIRIANY	£7.95
PRAWN BIRIANY	£7.95
KING PRAWN BIRIANY	£9.95
CHICKEN TIKKA BIRIANY	£8.95
LAMB TIKKA BIRIANY	£8.95
CHICKEN & MUSHROOM BIRIANY	£9.95
VEGETABLE BIRIANY	£6.95
DUCK TIKKA BIRIANY	£9.95
HOUSE SPECIAL BIRIANY <i>(Comes with vegetable mossala)</i>	£9.95

## CURRY DISHES (Medium)

CHICKEN CURRY	£5.50
LAMB CURRY	£5.50
PRAWN CURRY	£5.95
KING PRAWN CURRY	£8.50

## SPECIAL CHEF RECOMMENDATION

CHICKEN CHILLI MOSSALA <i>(A hot dish for those who like it spicy Cooked with mossala sauce, green chillies, ginger and chopped corrianda)</i>	£7.95
ACHAR CHICKEN OR LAMB <i>(Traditional South Indian dish Cooked in tangy tamarind sauce and fresh garlic, medium strength)</i>	£7.95
BUTTER CHICKEN <i>(Specially marinated char grilled chicken pieces cooked with very mild spices and tossed in butter)</i>	£7.95
CHICKEN OR LAMB PASSANDA <i>(Tender pieces of chicken or lamb cooked in a creamy sauce, garnished with pistachio nuts, almonds and wine)</i>	£8.50
KING PRAWN PASSANDA	£9.95
MURGH MOSSALA <i>(Off the bone tandoori chicken cooked with spicy minced lamb and eggs, medium strength Served with Special Rice)</i>	£9.95
CHICKEN TIKKA MOSSALA	£7.95
LAMB TIKKA MOSSALA	£7.95
DUCK TIKKA MOSSALA	£8.95
GARLIC CHILLI CHICKEN	£7.95
DUCK TIKKA GOAN (Medium)	£8.95
CHICKEN OR LAMB TIKKA KORAI (Medium) <i>(Tender Chicken or Lamb pieces cooked with tomatoes, onions and green peppers in a medium spicy sauce Served in an iron wok)</i>	£7.95
KING PRAWN DARZILING (Medium)	£7.95
DUCK JEFrani <i>(Fairly hot, cooked with green pepper, chilli and garlic Served with Special Rice)</i>	£10.95
DUCK TIKKA DAKESHWARI <i>(Cooked in a creamy sauce, herbs and spices with mango, almond &amp; sultana Served with Special Rice)</i>	£10.95
BENGAL CHICKEN/LAMB <i>(Cooked with almond, cream, coconut, lychees, covered with egg, served with Special Fried Rice)</i>	£9.95

### BALTI DISHES

*(Balti cooking originated centuries ago in the Himalayan region of Kashmir, in a province known as baltis tan The preparation of balti dishes used effective cooking methods Whole spices are roasted and ground like corriander seeds Cardamon black pepper and mint give a distinctive flavour Our balti dishes come in plenty of sauce, so rice or nan is advisable to order)*

BALTI CHICKEN, MEAT OR PRAWN	£6.95
BALTI KING PRAWN	£9.95
BALTI TANDOORI KING PRAWN	£11.95
CHICKEN TIKKA DANSAK BALTI (with pilau rice)	£9.95
CHICKEN TIKKA CHILLI BALTI	£8.50
CHICKEN TIKKA GARLIC BALTI	£8.50
CHICKEN TIKKA KORAI BALTI	£8.50
MIX VEGETABLE BALTI	£6.95
CHICKEN TIKKA MOSSALA BALTI	£8.50
DUCK TIKKA BALTI	£9.95

### BHUNA DISHES

*(Highly flavoured in thick gravy Medium strength)*

CHICKEN BHUNA/LAMB BHUNA	£5.50
DUCK TIKKA BHUNA	£8.50
CHICKEN TIKKA BHUNA	£7.95
PRAWN BHUNA	£6.50
KING PRAWN BHUNA	£8.95

### PALOK DISHES

*(Cooked with fresh spinach leaves and garlic to produce a very tasty medium dish)*

CHICKEN/LAMB PALOK	£6.50
DUCK TIKKA PALOK	£9.95
CHICKEN TIKKA PALOK	£9.50
PRAWN PALOK	£6.95
KING PRAWN PALOK	£9.95

### PATHIA DISHES

*(A combination of sweet, sour and hot spices cooked in high heat with pungently mixed spices and onions Served with pilau rice)*

CHICKEN/LAMB PATHIA	£7.95
DUCK TIKKA PATHIA	£8.95
CHICKEN TIKKA PATHIA	£8.95
PRAWN PATHIA	£7.95
KING PRAWN PATHIA	£9.95

### DANSAK DISHES

*(A combination of sweet, sour and hot spices cooked with lentils and served with pilau rice)*

CHICKEN/LAMB DANSAK	£7.95
DUCK TIKKA DANSAK	£8.95
CHICKEN TIKKA DANSAK	£8.95
PRAWN DANSAK	£7.95
KING PRAWN DANSAK	£9.95

### MALAYA DISHES

*(Medium dish cooked in delicate spices with pineapple)*

CHICKEN/LAMB MALAYA	£5.50
DUCK TIKKA MALAYA	£7.95
PRAWN MALAYA	£6.50
KING PRAWN MALAYA	£8.95

### KASHMIRI DISHES

*(Cooked with fresh bananas in mild herbs & spices Medium)*

CHICKEN/LAMB KASHMIRI	£5.50
DUCK TIKKA KASHMIRI	£7.95
PRAWN KASHMIRI	£6.50
KING PRAWN KASHMIRI	£8.95

### HOT AND VERY HOT DISHES

*Madras (Fairly Hot)*

CHICKEN/LAMB MADRAS	£5.50
DUCK TIKKA MADRAS	£8.50
CHICKEN TIKKA MADRAS	£7.95
PRAWN MADRAS	£6.50
KING PRAWN MADRAS	£8.95

### VINDALOO (Very Hot)

CHICKEN/LAMB VINDALOO	£5.50
DUCK TIKKA VINDALOO	£8.50
CHICKEN TIKKA VINDALOO	£7.95
PRAWN VINDALOO	£6.50
KING PRAWN VINDALOO	£8.95
CHICKEN PHALL	£6.50

### DUPIAZA DISHES

*(A fairly dry dish with plenty of onions in medium herbs and spices)*

CHICKEN/LAMB DUPIAZA	£5.50
DUCK TIKKA DUPIAZA	£8.50
CHICKEN TIKKA DUPIAZA	£7.95
PRAWN DUPIAZA	£6.50
KING PRAWN DUPIAZA	£8.95
VEGETABLE DUPIAZA	£4.95

### ROGAN JOSH DISHES

*(These dishes are medium spiced & topped with cooked tomatoes & herbs)*

CHICKEN/LAMB ROGAN	£5.50
DUCK TIKKA ROGAN	£8.50
CHICKEN TIKKA ROGAN	£7.95
PRAWN ROGAN	£6.50
KING PRAWN ROGAN	£8.95

**MILD DISHES**

CHICKEN/LAMB KURMA	£5.50
DUCK TIKKA KURMA	£8.50
CHICKEN TIKKA KURMA	£7.95
PRAWN KURMA	£6.50
KING PRAWN KURMA	£8.95

**JALFREZI DISHES**

*(Using fresh ingredients like garlic, green chillies & green peppers to create a unique aromatic spicy dish)*

CHICKEN/LAMB JALFREZI	£7.50
DUCK TIKKA JALFREZI	£8.70
CHICKEN TIKKA JALFREZI	£8.50
PRAWN JALFREZI	£7.95
KING PRAWN JALFREZI	£9.95

**VEGETABLE SIDE DISHES**

VEGETABLE MOSSALA	£2.95
VEGETABLE CURRY	£2.95
BOMBAY POTATO	£2.95
ALOO GOBI	£2.95
SAG ALOO	£2.95
CHANA BHUNA (Chick Peas)	£2.95
TARKA DAL	£2.95
DAL MOSSALA (Spicy)	£2.95
MUSHROOM BHAJEE	£2.95
SAG PONEER (Cooked with cheese)	£2.95
MOTOR PONEER (Peas cooked with cheese)	£2.95
SAG CREAM	£2.95
CAULIFLOWER BHAJEE	£2.95
SAG BHAJEE	£2.95
OKRA BHAJEE	£2.95
AUBERGINE BHAJEE	£2.95
ONION BHAJEE	£2.95
BROCCOLI BHAJEE	£2.95
CHANA MOSSALA	£2.95

**SUNDRIES AND RELISHES**

PAPADOM	£0.75
SPICY PAPDOM	£0.75
CHUTNEY (Per person)	£0.75
CHIPS	£1.95
RAITA (Cucumber/Onion)	£1.25

**RICE**

PLAIN RICE	£1.95
PILAU RICE	£2.45
SPECIAL FRIED RICE (with egg, peas & sultana)	£2.95
MUSHROOM RICE	£2.95
VEGETABLE RICE	£2.95
LEMON RICE	£2.95
KEEMA RICE	£3.45
ONION RICE	£2.95
EGG FRIED RICE	£2.95

**BREADS**

NAN	£1.95
TIKKA NAN OR KEEMA NAN	£2.50
PESHWARI NAN OR GARLIC NAN	£2.50
KULCHA NAN OR STUFFED NAN	£2.50
CHEESE NAN OR CHEESE & CHILLI NAN	£2.50
PARATHA	£2.50
STUFFED PARATHA	£2.50
KEEMA PARATHA	£2.95
CHAPATI	£1.50
TANDOORI ROTI	£2.50

**ENGLISH DISHES**

*(Served with chips, peas and tomatoes)*

OMELETTE (Prawn or Mushroom)	£5.95
FRIED SCAMPI	£7.95
CHICKEN SALAD	£5.95
PRAWN SALAD	£5.95

**SPECIAL THALI DISHES**

BENGAL THALI <i>(Meat Somosa, Chicken Tikka Mossala, Prawn Dupiaza, Aloo Gobi, Pilau Rice and Nan)</i>	£14.95
VEGETABLE THALI <i>(Vegetable Somosa, Dal Somosa, Vegetable Bhajee, Aloo Gobi, Bindi Bhajee, Pilau Rice and Nan)</i>	£11.95

**FOOD ALLERGY NOTICE:**

FOOD PREPARED HERE MAY CONTAIN: EGGS, MILK, FISH, CRUSTACEANS, MOLLUSCS, GLUTEN, TREE NUTS, PEANUTS, CELERY, LUPIN, MUSTARD, SESAME, SOYA, SULPHITES.  
PLEASE INFORM THE STAFF IF YOU HAVE CONCERNS.