#### Tashlikh with Kol Hadash Humanistic Jewish Community

Memorial Park, Albany or for your home use 10 am, Tuesday, September 7

We arrive bearing the last year's load of leaven. Triumphs and failures, missed chances, joys and sorrows.

At *tashlikh*, we cast away the more stale bits; Throw aside our regrets, like so many breadcrumbs, carried off in water.

# If we cast away our ills, what do we lose? Can we learn from mistakes? Might good turn bad? Might bad be made good?

This *tashlikh* let's not cast ourselves away. We'll keep the crumbs of our pasts, and hold tight these few morsels - The bread of our lives.

(Now we'll do the core of the tashlikh ceremony by casting bits of bread to be carried away in the water. As you cast the bread, consider what negative aspects of the prior year you'd like to cast away.)

#### Humanistic Al Cheit

Having symbolically cast away the pains and regrets of the prior year as individuals, let us now acknowledge our errors to one another with a secular humanistic version of the traditional *AI Cheit*, the High Holidays confessional:

Let this be our acknowledgement

For remaining silent when a single voice would have made a difference...

## We forgive ourselves and each other; we begin again in love

For each time our fears have made us rigid and inaccessible...

# We forgive ourselves and each other; we begin again in love

For each time that we have struck out in anger without just cause...

# We forgive ourselves and each other; we begin again in love

For each time that our greed has kept us from seeing the needs of others...

## We forgive ourselves and each other; we begin again in love

For the selfishness which sets us apart and alone...

## We forgive ourselves and each other; we begin again in love

For falling short of our ideals...

## We forgive ourselves and each other; we begin again in love

For losing sight of our common humanity..

## We forgive ourselves and each other; we begin again in love

For those and for so many acts both evident and subtle which have fuelled the illusion of separateness...

## We forgive ourselves and each other; we begin again in love

## Wishing Each Other Peace

As we conclude our *tashlikh* service, let us wish one another peace in appropriately socially distanced ways, mindful of each and their boundaries —and may we work together for peace in the coming year.

נַעֲשֶׂה שָׁלוֹם בָּעוֹלָם. נָא נַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל הָעוֹלָם. וְאִמְרוּ שָׁלוֹם.

#### N a'a-seh sha-lom ba-ol-am. N a na'aseh sha-lom a-lei-nu v'al kol ha-ol-am. V'im-ru sha-lom.

Let us work to create peace here on earth, for us and for all peoples. And let us say, "Shalom."

Please feel free to enjoy our surroundings. May they bring you a sense of peace and comfort as we begin the New Year.

With gratitude to Jeremy Kriedel and Machar: The Washington Congregation for Secular Humanistic Judaism for the outline of the service and to Rob Eller- Isaacs for the AI Cheit