We arrive bearing the last year’s load of leaven. Triumphs and failures, missed chances, joys and sorrows.

At tashlikh, we cast away the more stale bits; Throw aside our regrets, like so many breadcrumbs, carried off in water.

*If we cast away our ills, what do we lose? Can we learn from mistakes? Might good turn bad? Might bad be made good?*

This tashlikh let’s not cast ourselves away. We’ll keep the crumbs of our pasts, and hold tight these few morsels - The bread of our lives.

*(Now we’ll do the core of the tashlikh ceremony by casting bits of bread to be carried away in the water. As you cast the bread, consider what negative aspects of the prior year you’d like to cast away.)*

**Humanistic Al Cheit**

Having symbolically cast away the pains and regrets of the prior year as individuals, let us now acknowledge our errors to one another with a secular humanistic version of the traditional *Al Cheit*, the High Holidays confessional:

Let this be our acknowledgement

For remaining silent when a single voice would have made a difference…

*We forgive ourselves and each other; we begin again in love*

For each time our fears have made us rigid and inaccessible…

*We forgive ourselves and each other; we begin again in love*

For each time that we have struck out in anger without just cause…

*We forgive ourselves and each other; we begin again in love*

For each time that our greed has kept us from seeing the needs of others…

*We forgive ourselves and each other; we begin again in love*
For the selfishness which sets us apart and alone…

*We forgive ourselves and each other; we begin again in love*

For falling short of our ideals…

*We forgive ourselves and each other; we begin again in love*

For losing sight of our common humanity.

*We forgive ourselves and each other; we begin again in love*

For those and for so many acts both evident and subtle which have fuelled the illusion of separateness…

*We forgive ourselves and each other; we begin again in love*

**Wishing Each Other Peace**

As we conclude our *tashlikh* service, let us wish one another peace in appropriately socially distanced ways, mindful of each and their boundaries— and may we work together for peace in the coming year.


*Let us work to create peace here on earth, for us and for all peoples. And let us say, “Shalom.”*

Please feel free to enjoy our surroundings. May they bring you a sense of peace and comfort as we begin the New Year.

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