Helpful Resources for Local Families in Northern Kentucky

# 🏥 Healthcare & Benefits Assistance

## WellCare of Kentucky (Medicaid)

Services: Provides $25/month in free over-the-counter items (e.g., pull-ups, pads, body wash). Offers gift cards for completing preventive care appointments.
Contact:
- Member Services: 1-877-389-9457 (TTY 711), Monday–Friday, 7 a.m.–7 p.m.
- Nurse Advice Line: 1-800-919-8807 (24/7)
- Behavioral Health Crisis Line: 1-855-661-6973 (24/7)
Website: https://www.wellcareky.com/contact-us.html

# 🛒 Food Assistance

## St. Vincent de Paul – Northern Kentucky

Services: Operates multiple food pantries; clients can visit twice a month for groceries, frozen items, and toiletries. Also offers up to $300 in rental assistance.
Contact:
- Main Line: (859) 341-3219
Website: https://www.svdpnky.org

## Florence Christian Church

Services: Hosts a Free and Fresh Food Distribution on the 2nd and 4th Tuesdays of each month at 2 PM. Offers fresh produce and shelf-stable items; no income verification required.
Contact:
- Address: 300 Main Street, Florence, KY 41042
- Phone: (859) 647-5000
- Email: fccinfo@florencechristian.org
Website: https://florencechristian.org

## Action Ministries

Services: Provides food pantry services without income verification.
Contact:
- Address: 4375 Boron Drive, Covington, KY 41015
- Phone: (859) 261-3649
- Email: exdir3649@yahoo.com
Website: https://actionministries.org

## Be Concerned

Services: Operates a choice food pantry; no income verification required.
Contact:
- Address: 1100 Pike Street, Covington, KY 41011
- Phone: (859) 291-6789
- Email: info@beconcerned.org
Website: https://beconcerned.org

# 👶 Parenting & Childcare Support

## Care Net Pregnancy Services of Northern Kentucky

Services: Offers parenting education programs, free diapers and wipes, and a $250 stipend for essentials. Also provides maternity wear and clothes for job interviews.
Contact:
- Address: 7129 Price Pike, Florence, KY 41042
- Office Phone: (859) 282-0029
- Hotline: (859) 282-9878
Website: https://carenetnky.org

## Helping Hearts

Services: Provides 50 free diapers per qualifying child monthly. Offers baby wipes and feminine hygiene products.
Contact:
- Address: 7199 Turfway Road, Florence, KY 41042
- Hours: Monday 9:30 AM–1:30 PM; First and last Saturday 9:30 AM–1:30 PM
Website: https://helpingheartsnky.org

# 🇺🇸 Veteran Support

## Disabled American Veterans (DAV)

Services: Offers grants to veterans or their spouses to help pay mortgage or utility bills. Provides assistance with VA claims.
Contact:
- Address: 860 Dolwick Drive, Erlanger, KY 41018
- Phone: (877) 426-2838
Website: https://www.dav.org

# 🌹 Additional Family Support

## Rose Garden Mission (Covington)

Services: Provides food assistance, as well as medical, dental, and prescription services. New mothers receive a “baby shower in a bucket.”
Contact:
- Address: 2040 Madison Avenue, Covington, KY 41014
- Phone: (859) 491-7673
Website: https://helpingheartsnky.org

# 🌐 Translation & Interpretation Services

## Kentucky Refugee Ministries (KRM) – Language Services

Services: In-person, phone, and video interpretation; document translation.
Contact:
- Phone: (502) 479-9180
Website: https://kyrm.org/services/interpretation/

## Access Language Solutions

Services: Professional interpretation and translation in over 300 languages.
Contact:
- Phone: (859) 331-9900
Website: https://accesslanguagesolutions.org

## Northern Kentucky Services for the Deaf (NKSD)

Services: Provides ASL interpreters for on-site and remote sessions.
Contact:
- Phone: (859) 372-5255
- Email: NKySDeaf@NKSD.pro
Website: https://www.nksd.pro

## Humana Kentucky Medicaid – Accessibility Resources

Services: Language and ASL interpretation, alternative formats for disabilities.
Contact:
- Phone: (877) 320-2233 (TTY: 711)
Website: https://www.humana.com/medicaid/kentucky-medicaid/accessibility-resources

## Online Document Services – Burlington, KY

Services: Document translation services in over 150 languages.
Contact:
- Phone: (702) 809-3357
Website: https://www.onlinedocumentservices.com/document-translation/burlington/ky/41005

# 🧠 Free & Low-Cost Counseling Services for Families

## NorthKey Community Care

Services: Offers individual and family counseling, psychiatric services, and case management.
Contact:
- Phone: (859) 331-3292 or 1-877-331-3292
Website: https://www.northkey.org/services/family-and-child-services/

## Catholic Charities, Diocese of Covington

Services: Counseling for adults, teens, families, and substance abuse support.
Contact:
- Phone: (859) 581-8974 or 1-866-440-9612
Website: https://www.covingtoncharities.org/services/counseling-services

## Mental Health America of Northern Kentucky & Southwest Ohio (MHANKYSWOH)

Services: Pro Bono Counseling Program through licensed professionals.
Contact:
- Phone: (513) 562-2582
Website: https://mhankyswoh.org/

## Family Nurturing Center

Services: Counseling for children and families, parenting programs, supervised visitation.
Contact:
- Phone: (859) 525-3200
Website: https://familynurture.org/

## Greater Cincinnati Behavioral Health Services (GCB)

Services: Behavioral health and addiction services for families and individuals.
Contact:
- Address: 434 Scott Boulevard, Covington, KY 41011
- Phone: (859) 291-1121 / Intake: (859) 547-5776
Website: https://www.gcbhs.com/

## SUN Behavioral Health

Services: Mental health and addiction treatment for individuals and families.
Contact:
- Phone: (859) 429-5188
Website: https://sunbehavioral.com/

## NAMI Kentucky

Services: Mental health support groups, advocacy, and education.
Contact:
- Phone: (859) 684-7778
Website: https://namiky.org/

## University of Kentucky Work-Life and Well-Being

Services: Up to 5 free counseling sessions per year for individuals and families.
Website: https://hr.uky.edu/work-life-and-well-being/mental-health

## Talley Family Counseling Center – Western Kentucky University

Services: Free counseling for couples, families, and individuals.
Website: https://www.wku.edu/talleycounseling/

## 24/7 Support Lines

988 Suicide & Crisis Lifeline: Dial 988
Crisis Text Line: Text HOME to 741741
211 Helpline: Dial 211