



MERCYHEALTH

Missions Outreach Services: Alcohol, Drug and Tobacco Program

Quit Smoking For Good... in just 6 short weeks!

The Mercy Health REACH Tobacco Program

Free PATCHES, GUM and LOZENGES while supplies last

FREE educational classes for 2019 Springfield

Monday evenings 5:30-7:00 pm

January 7-February 11
March 4-April 8
May 6-June 17
July 8-August 12
Sept 9-October 14
November 4-December 9

Thursday mornings 10:00-11:30 am

April 4-May 9
August 8-September 12

Includes course materials, quit kit
ideas, and personal journal.



**For additional information or to
register for program, contact
Marcy Ivory (937) 390-5333 or 390-5338.**

REACH also provides individual tobacco treatment