

I approach each journey in one of two ways. My classical training needs a subject. With pencil or charcoal in hand, I study that subject and begin mark making. This “drawing” then leads me to add textures and colors to a finished acrylic painting. In addition, I am always exploring ways to incorporate my years of oil painting techniques by glazing with transparent colors.

A second approach now has emerged as more intuitive. I fill the space with lots of random color mark making, leading me to my subject. I have even used my grandchildren to help with this more messy approach, adding so much energy and vitality to the beginnings.

I find painting from life to be rewarding and challenges me on my quest to mindfully see the flow of life and the sheer beauty of it. My sketchbook is filled with drawings of visual observations, some of which become paintings; a journal of journeys, daily portions of my life.

It is my hope that these paintings and drawings will help the viewer pause and notice the beauty along their own journey.