

## **GRATITUDE JOURNAL**

TODAY'S AFFIRMATION:  SOMETHING I'M PROUD OF:  WATER INTAKE  TOMORROW I LOOK FORWARD TO:  TOMORROW I LOOK FORWARD TO:	DATE:	$\bullet \bullet \circ \bullet \circ \circ \bullet \circ$
WATER INTAKE OMORROW I LOOK  NOTES/ REMINDERS:	TODAY I'M GRATEFUL FOR:	
WATER INTAKE OMORROW I LOOK  NOTES/ REMINDERS:	•	
WATER INTAKE OMORROW I LOOK  NOTES/ REMINDERS:	•	
WATER INTAKE OMORROW I LOOK  NOTES/ REMINDERS:	•	
TOMORROW I LOOK	TODAY'S AFFIRMATION:	SOMETHING I'M PROUD OF:
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TOMORROW I LOOK	WATER INTAKE	NOTES/ REMINDERS:
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