

# TROOP 50

## CAMPING & BACKPACKING GEAR LISTS

(2019 Edition)

Packing for a camping trip can be an overwhelming task. Over packing for camp is a common error, especially for first-year campers. But you also have to make sure you pack everything you will need. Following are several **CAMPING TRIP GEAR LISTS**. Choose the one that best matches the type of trip you will be attending and print it out. For backpacking trips, also print out **LOADING A BACKPACK** and **BACKPACKING COMFORT TIPS**. These packing lists will apply for most camping trips; however, some trips (such as canoe trips, cycling trips, caving trips, etc.) will have special packing requirements. So you should always attend the troop meetings before each trip when the details for the trip are discussed. Then you will find out about any special packing requirements for each camping trip. Please stick to the equipment and clothing on the list. It is recommended that you permanently mark your name (or initials) and troop number on all your equipment items, especially for summer camp and a camporee. Follow these packing lists and maybe you can avoid that, “Oh, no, I forgot ...” scenario.

### THINGS NOT TO BRING ON CAMPING TRIPS

- Clothing with words and/or symbols not consistent with Scouting principles
- Televisions, stereos/radios/cassette/CD players (boom boxes), cell phones, pagers, electronic games, and other electronic devices
- Aerosol spray cans of any kind (including deodorant, insect repellent, hair spray, paint, etc.)
- Hunting and sheath knives
- Sling shots and other weapons
- Lighters
- Candles and candle lanterns
- Pressurized (liquid fueled) lanterns and equipment
- Heaters
- Gasoline, kerosene, and other liquid fuels
- Fireworks
- Guns and ammunition
- Paintball guns
- Bows and arrows
- Cigarettes, snuff, and other tobacco products
- Alcoholic beverages
- Illegal drugs and controlled substances

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# TENT CAMPING - SUMMER

(warm/hot weather)

## CLOTHING

- Hiking boots or other sturdy shoes
- Extra sneakers or shoes
- Long-sleeved shirt and/or sweatshirt
- Blue jeans or other long pants
- Shorts & T-Shirt for sleeping
- Swim trunks (if swimming is planned)

### Daily change of clothes:

- Short-sleeved shirts, T-shirts, tank tops, etc.
- Shorts
- Socks (twice as many if wet weather)
- Underwear

## OUTERWEAR

- Jacket and/or sweater
- Hooded sweatshirt
- Poncho or raincoat and rainhat

## PERSONAL ITEMS

- Personal First Aid Kit
- Canteen or water bottle (with water)
- Pocket knife – ***NO sheath knives***
- Lip balm
- Insect repellent (*NON-AEROSOL*)
- Sunscreen and/or suntan lotion
- Totin' Chip card
- Firem'n Chit card
- Hand soap in container
- Shampoo (if showers are available)
- Toothbrush
- Toothpaste
- Washcloth
- 2 towels
- Deodorant (*NON-AEROSOL*)
- Comb and/or brush

## BEDDING

- Tent – 1 per 2 Scouts
- Plastic ground cloth for under tent
- Summer weight sleeping bag
- Foam sleeping pad or air mattress

## CAMPING GEAR

- Flashlight with extra batteries and extra bulb
- Mess kit (plate, bowl, and cup)
- Utensil kit (knife, fork, and spoon)
- Laundry bag
- 2 garbage bags (for storage, carrying items, etc.)
- Boy Scout Handbook*
- Notebook and pencils or pens
- Backpack to carry everything in

## OPTIONAL ITEMS you may be glad you brought

- Pillow or air pillow
- Blanket(s) and/or space blanket
- Compass
- Metal or plastic mirror
- Folding camp chair
- Wooden matches in waterproof container
- Fire starters
- Nylon cord for clothesline
- Clothespins
- Toilet paper
- Camera, film, and extra batteries
- Hat or cap
- Shower thongs (if showers are available)
- Sunglasses
- Watch
- Spending money

# TENT CAMPING – SPRING OR FALL

(cool/cold weather)

## CLOTHING

- Waterproof boots or winter boots
- Extra sneakers or shoes
- Sweatshirt
- Short-sleeved shirt or T-shirt
- Shorts
- Shorts & T-Shirt for sleeping
- Long thermal underwear (shirt and pants)
- (2 pair for cold weather – 1/day & 1/night)

Daily change of clothes:

- Long-sleeved shirts
- Blue jeans or other long pants
- Socks (twice as many if wet weather)
- Underwear

## OUTERWEAR

- Winter coat with hood
- Cloth stocking cap
- Gloves or mittens
- Hooded sweatshirt
- Poncho or raincoat and rainhat

## PERSONAL ITEMS

- Personal First Aid Kit
- Canteen or water bottle (with water)
- Pocket knife – *NO sheath knives*
- Lip balm
- Insect repellent (*NON-AEROSOL*)
- Sunscreen and/or suntan lotion
- Totin' Chip card
- Firem'n Chit card
- Hand soap in container
- Shampoo (if showers are available)
- Toothbrush
- Toothpaste
- Washcloth
- 2 towels
- Deodorant (*NON-AEROSOL*)
- Comb and/or brush

## BEDDING

- Tent – 1 per 2 Scouts
- Plastic ground cloth for under tent
- Winter weight sleeping bag
- Foam sleeping pad or air mattress (air mattress NOT recommended for cold weather)

## CAMPING GEAR

- Flashlight with extra batteries and extra bulb
- Mess kit (plate, bowl, and cup)
- Utensil kit (knife, fork, and spoon)
- Laundry bag
- 2 garbage bags (for storage, carrying items, etc.)
- Boy Scout Handbook*
- Notebook and pencils or pens
- Backpack to carry everything in

## OPTIONAL ITEMS you may be glad you brought

- Pillow or air pillow
- Sleeping bag liner, blanket(s), and/or space blanket
- Hand Warmer packets
- Metal or plastic mirror
- Compass
- Folding camp chair
- Wooden matches in waterproof container
- Fire starters
- Nylon cord for clothesline
- Clothespins
- Toilet paper
- Camera, film, and extra batteries
- Hat or cap
- Shower thongs (if showers are available)
- Sunglasses
- Watch
- Spending money

Consider clothing and outerwear made of synthetic fabrics (Polypropylene, Thermasilk, Thermax, etc.) which transport moisture and dry quickly, unlike cotton. Long thermal underwear shirts and pants are especially important items to consider made from these fabrics.

# SUMMER CAMP

(warm/hot weather)

## CLOTHING

- Hiking boots or other sturdy shoes
- Extra sneakers or shoes
- Long-sleeved shirt and/or sweatshirt
- Blue jeans or other long pants
- Class A uniform
- Class B uniform
- Shorts & T-Shirt for sleeping
- Swim trunks (if swimming is planned)

Daily change of clothes:

- Short-sleeved shirts, T-shirts, tank tops, etc.
- Shorts
- Socks (twice as many if wet weather)
- Underwear

## OUTERWEAR

- Jacket and/or sweater
- Hooded sweatshirt
- Poncho or raincoat and rainhat

## PERSONAL ITEMS

- Personal First Aid Kit
- Canteen or water bottle (with water)
- Pocket knife – *NO sheath knives*
- Lip balm
- Insect repellent (*NON-AEROSOL*)
- Sunscreen and/or suntan lotion
- Totin' Chip card
- Firem'n Chit card
- Hand soap in container
- Shampoo (if showers are available)
- Toothbrush
- Toothpaste
- Washcloth
- 2 towels
- Deodorant (*NON-AEROSOL*)
- Comb and/or brush

## BEDDING

- Summer weight sleeping bag
- Foam sleeping pad or air mattress

## CAMPING GEAR

- Flashlight with extra batteries and extra bulb
- Mess kit (plate, bowl, and cup)
- Utensil kit (knife, fork, and spoon)
- Laundry bag
- 2 garbage bags (for storage, carrying items, etc.)
- Boy Scout Handbook*
- Notebook and pencils or pens
- Backpack to carry everything in

## OPTIONAL ITEMS you may be glad you brought

- Pillow or air pillow
- Blanket(s) and/or space blanket
- Compass
- Metal or plastic mirror
- Folding camp chair
- Wooden matches in waterproof container
- Fire starters
- Nylon cord for clothesline
- Clothespins
- Toilet paper
- Camera, film, and extra batteries
- Hat or cap
- Shower thongs (if showers are available)
- Sunglasses
- Watch
- Spending money for trading post

# CABIN CAMPING - WINTER

(cold weather)

## CLOTHING

- Winter boots
- Extra sneakers or shoes
- Sweatshirt
- Short-sleeved shirt or T-shirt
- Shorts & T-Shirt for sleeping
- Long thermal underwear (shirt and pants)
- (2 pair for cold weather – 1/day & 1/night)

Daily change of clothes:

- Long-sleeved shirts
- Blue jeans or other long pants
- Socks (twice as many if wet weather)
- Underwear

## OUTERWEAR

- Winter coat with hood
- Cloth stocking cap
- Gloves or mittens
- Hooded sweatshirt

## PERSONAL ITEMS

- Personal First Aid Kit
- Canteen or water bottle (with water)
- Pocket knife – *NO sheath knives*
- Lip balm
- Insect repellent (*NON-AEROSOL*)
- Sunscreen and/or suntan lotion
- Totin' Chip card
- Firem'n Chit card
- Hand soap in container
- Shampoo (if showers are available)
- Toothbrush
- Toothpaste
- Washcloth
- 1 towel
- Deodorant (*NON-AEROSOL*)
- Comb and/or brush

## BEDDING

- Winter weight sleeping bag
- Foam sleeping pad or air mattress (air mattress NOT recommended for cold weather)

## CAMPING GEAR

- Flashlight with extra batteries and extra bulb
- Mess kit (plate, bowl, and cup)
- Utensil kit (knife, fork, and spoon)
- Laundry bag
- 2 garbage bags (for storage, carrying items, etc.)
- Boy Scout Handbook*
- Notebook and pencils or pens
- Backpack to carry everything in

## OPTIONAL ITEMS you may be glad you brought

- Pillow or air pillow
- Sleeping bag liner, blanket(s), and/or space blanket
- Hand Warmer packets
- Metal or plastic mirror
- Compass
- Folding camp chair
- Wooden matches in waterproof container
- Fire starters
- Nylon cord for clothesline
- Clothespins
- Toilet paper
- Camera, film, and extra batteries
- Hat or cap
- Shower thongs (if showers are available)
- Sunglasses
- Watch
- Spending money

Consider clothing and outerwear made of synthetic fabrics (Polypropylene, Thermasilk, Thermax, etc.) which transport moisture and dry quickly, unlike cotton. Long thermal underwear shirts and pants are especially important items to consider made from these fabrics.

# BACKPACKING – SPRING OR FALL

(cool/cold weather)

## CLOTHING

- Hiking boots
- Extra sneakers or shoes
- Sweatshirt
- Short-sleeved shirt or T-shirt
- Shorts & T-Shirt for sleeping
- Long thermal underwear (shirt and pants)
- (2 pair for cold weather – 1/day & 1/night)

1 change of clothes:

- Long-sleeved shirt
- Blue jeans or other long pants
- Thick outer socks
- Sock liners
- Socks (regular for in camp)
- Underwear

## OUTERWEAR

- Coat
- Cloth stocking cap
- Gloves or mittens
- Hooded sweatshirt
- Poncho

## PERSONAL ITEMS

- Personal First Aid Kit
- Canteen or water bottle (with water)
- Pocket knife – *NO sheath knives*
- Lip balm
- Insect repellent (*NON-AEROSOL*)
- Sunscreen and/or suntan lotion
- Totin' Chip card
- Firem'n Chit card
- Hand soap in container
- Shampoo (if showers are available)
- Toothbrush
- Toothpaste
- Washcloth
- 2 towels
- Deodorant (*NON-AEROSOL*)
- Comb and/or brush

## BEDDING

- Tent 1 per 2 Scouts
- Winter weight sleeping bag
- Foam sleeping pad or air mattress
- (air mattress NOT recommended for cold weather)

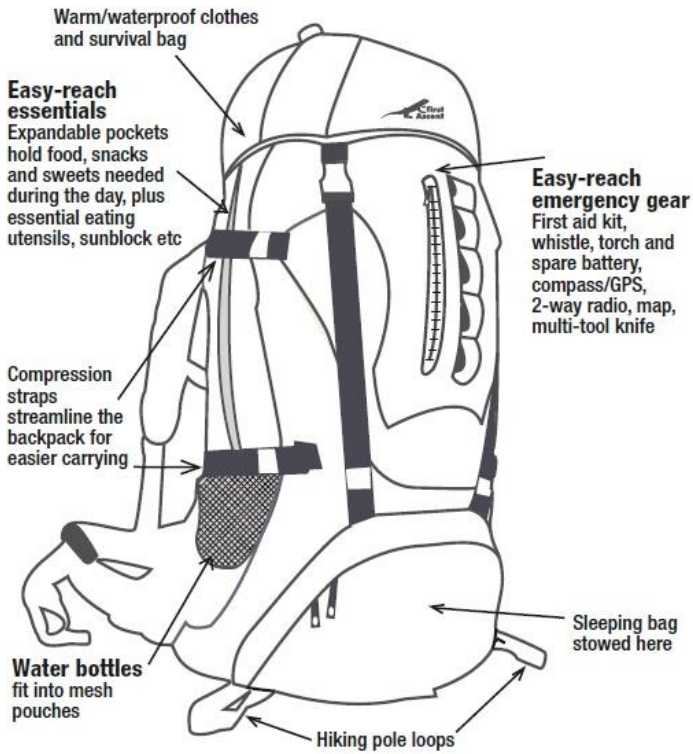
## CAMPING GEAR

- Flashlight with extra batteries and extra bulb
- Mess kit (plate, bowl, and cup)
- Utensil kit (knife, fork, and spoon)
- Laundry bag
- 2 garbage bags (for storage, carrying items, etc.)
- Boy Scout Handbook*
- Notebook and pencils or pens
- Backpack to carry everything in
- Compass

## OPTIONAL ITEMS you may be glad you brought

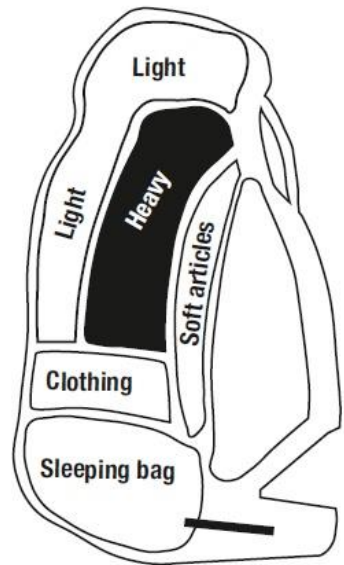
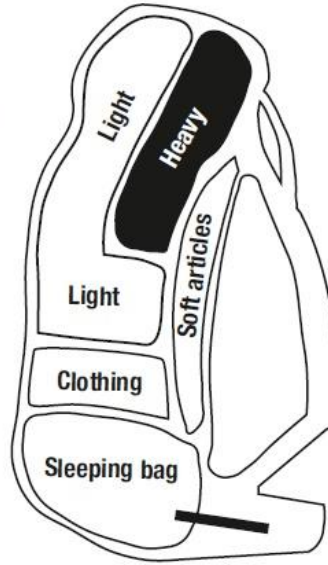
- Pillow or air pillow
- Sleeping bag liner, blanket(s), and/or space blanket
- Hand Warmer packets
- Metal or plastic mirror
- Folding camp chair
- Wooden matches in waterproof container
- Fire starters
- Nylon cord for clothesline
- Clothespins
- Toilet paper
- Camera, film, and extra batteries
- Hat or cap
- Shower thongs (if showers are available)
- Sunglasses
- Watch
- Spending money

Size and weight are important things to consider when packing for a backpacking trip. You don't want to carry big, bulky items or any unnecessary, additional weight – but you also want to make sure you have everything you'll need. Consider clothing and outerwear made of synthetic fabrics (Polypropylene, Thermasilk, Thermax, etc.) which transport moisture and dry quickly, unlike cotton. Long thermal underwear shirts and pants and thin liner socks are especially important items to consider made from these fabrics. In addition to the above items, you'll have to carry your share of food and patrol/troop equipment, too. When you leave your house, there should be some extra space in your backpack to add these items which will be distributed at the departure place. Your full backpack should weigh no more than 20% (1/5) of your body weight. And remember – you bring it, you carry it!



For moderate terrain

For steeper terrain

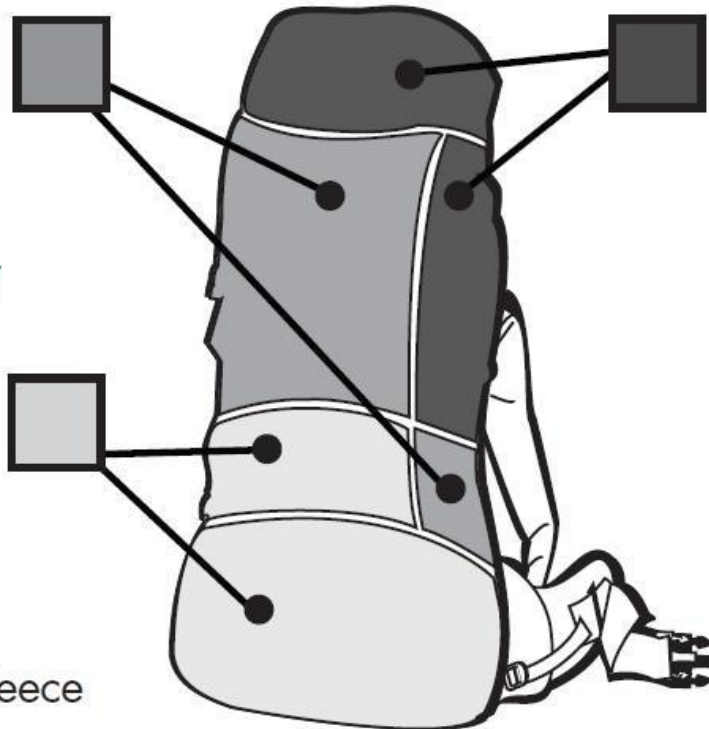


**MEDIUM ITEMS**

- Cooking utensils
- Some clothing
- Some foods
- Tent body and fly

**LIGHTEST ITEMS**

- Sleeping bag
- Pad
- Rain, wind gear
- Bivy sack
- Bulky clothing/ fleece



**HEAVY ITEMS**

- Water
- Stove
- Fuel
- Food
- Tent poles

# PROPERLY PACKING A BACKPACK

## TOP COMPARTMENT

Everything you may need in the middle of the day should go toward the top for easy access.



snacks



compass



water



first aid



map



rain jacket



utensils



cookware



food



sleeping bag



extra clothes

## BOTTOM COMPARTMENT

Pack lighter items such as your sleeping bag at the bottom, and heavier items toward the top, closer to your back. This will help you balance the pack.



# BACKPACKING COMFORT TIPS

## YOUR BACKPACK:

- Backpacks come in different styles and sizes – an external frame pack with outside pockets, padded shoulder straps, and a padded hip belt is recommended and make sure it fits you properly and comfortably
- Don't borrow a backpack from an adult or bigger brother, especially an older-style one – it probably won't be properly sized for you and the newer style packs are much lighter and easier to carry
- Pad the front of the pack's interior with a layer of clothing to provide cushioning against your back
- Place lighter items at the bottom and heavier items at the top of your pack so that its center of gravity is high and close to your shoulders – your pack should also be balanced from side-to-side
- Place items you need to get quickly (flashlight, poncho, canteen, First Aid Kit, etc.) at the very top of the pack or in the outside pockets, if your pack has them
- **DON'T OVERPACK!** – your full backpack should weigh no more than 20% (1/5) of your body weight, and remember, you'll have to add your share of food and patrol/troop equipment, too.

## CARE OF YOUR FEET:

- Make sure your toenails are trimmed properly
- Wash your feet thoroughly before putting on socks
- Wear two pair of socks to keep your hiking boots from rubbing against your feet, making blisters, and to “wick” the moisture away from your feet – the first pair should be thin liner socks (silk or synthetic), the second pair should be thick outer socks (wool or synthetic)
- Wear a pair of good-quality hiking boots with a thick rubber sole – boots must be broken-in before hiking, don't wear a pair of brand-new hiking boots!
- Upon reaching camp, take off your hiking boots and both pair of socks and put on one pair of clean, dry regular socks and sneakers or other comfortable shoes to give your feet a rest
- When breaking camp and beginning to hike again, take off your sneakers and socks and put on two pair of clean, dry socks (thin liner socks and thick outer socks as described above) and hiking boots.

## KEEPING WARM DURING THE DAY:

- Don't wear a heavy winter coat
- Dress in layers – wear an undershirt (T-shirt), a long-sleeved shirt (flannel is good), one or two sweatshirts or sweaters, and a jacket or light coat – as you warm up, you can “peel off” layers to stay comfortable.

## KEEPING WARM DURING THE NIGHT:

- Use a warm, winter weight sleeping bag or use a sleeping bag liner or a blanket wrapped inside a light weight sleeping bag – make sure you have insulation underneath you, too, because most of the heat escapes through the bottom of the bag into the ground
- Use a foam sleeping pad or air mattress for both comfort and warmth since it helps to block the heat escape, too an air mattress is NOT recommended for cold weather because the air in the mattress will be as cold as the ground and will make you cold
- **NEVER** wear the same clothes at night that you've been wearing all day, they're damp from perspiration and this dampness will make you VERY cold at night – **ALWAYS** take off your day clothes and put on clean, dry night clothes before getting into your sleeping bag (this includes changing your underwear, long thermal underwear, and socks)
- Wear long thermal underwear shirt and pants and a sweat suit – don't wear the sweatshirt or jacket you wore during the day either, they're damp, too
- Wear clean, dry socks and a clean, dry cloth stocking cap to keep your feet and head warm – most of your body heat escapes from these areas.