

GNL Recreation Coaching Round-Table Event



WHO, WHAT, WHEN, WHERE & HOW?

Sharing Is Caring!



WHAT IS A ROUND-TABLE EVENT?

A round-table event is when a group of people get together to share their ideas and experiences about a given topic. The more contributors we have, the more ideas we can generate and share - making us all better coaches!

HOW DOES IT WORK?

A call for submissions will be emailed out to all clubs and posted on GNL's website. All you need to do is submit an idea before the cut-off date. All the ideas will be compiled into one folder and then shared via email to everyone who participated. There will also be an option to attend a virtual meet up where we can all try some of the ideas, ask questions, and share our stories and experiences on the topic matter.

Share one idea and you end up with a resource full of great ideas!



YOUR SUBMISSION

- Submit your idea by the cut-off date. The turnaround time to receiving the compilation and the scheduled virtual session will be very short, therefore late submissions will not be accepted.
- Be specific - pretend you are coaching it to a group of preschoolers. Submissions that are too vague (incomprehensible) will be returned to you. You may add details and resubmit providing it is before the submission cut-off date.
- Your ideas can be a game, activity, song, dance, action-story, circuit, apparatus or skill specific drills or progressions - anything at all so long as it fits into the Round Table Topic.
- You may use pictures, videos, music, drawings, etc. Be sure to include any links and give credit where credit is due.
- Include your name, club and email contact with your submission.
- Don't have an idea? Borrow one from another coach, mentor or a friend.

(Any submission containing inappropriate material will not be included in the compilation and will result in the perpetrator being banned from any and all participation in future Round Table Events.)

Why are crabs so bad at sharing? Because they're all shellfish! Don't be a crab - share your ideas!

WHERE WILL THE ROUND-TABLE EVENT TAKE PLACE?

SUBMISSION & COMPILATION - EMAIL



Your idea is submitted via email by the cut-off date and a few days later you will receive an email with a compilation of everyone's great ideas and an invitation to join the virtual session.

VIRTUAL SESSION (OPTIONAL) - ZOOM

- There will be a virtual session held via Zoom shortly following submission cut-off date for each event. The link to the virtual session will be included in the Compilation of Ideas email.
- Virtual sessions are only open to those who submitted an idea.
- Although attendance is optional, participation is strongly encouraged. These sessions are a great opportunity to show and try some of the ideas, ask questions, and just to have FUN and share in some laughter with other coaches.

WHO CAN PARTICIPATE?

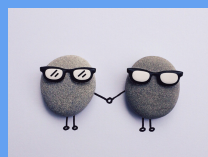
Any coach registered with Gymnastics NL can participate in a Round-Table sharing event. All that is required is contribution of one idea that falls into the Round-Table theme or topic.

You are welcome to share the ideas you learned with co-coaches in your gym and encouraged to invite other coaches to participate in the next round table. The more ideas the better!

What you may **NOT** do, is share the compilation on the world wide web or post to any social media platforms.



Together
Everyone
Achieves
More!



I tried to join a gymnastics class once...I had to bend over backwards just to get in!
It's much easier to join a round-table - all you have to do is submit an idea!

WHEN & WHERE?

Round-Table Event details including topics, submission cut-off and virtual session dates will be posted on GNL's website and emailed to all clubs.

The themes for GNL's third Spring Round-Table Sharing Event are: Springtime, Springs (FMP) & Attention Grabbing Strategies.

Deadline to submit your ideas is Friday, March 24, 2023.



Email your submissions to lfridgen@sportnl.ca with "Spring Round-Table" in the subject line.