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NEWFOUNDLAND TRAMPOLINIST BRINGS HOME PAN AMERICAN GOLD

Monterrey, Mexico, May 15, 2023 – Over the past week Team Canada sent a delegation of trampolinists to Monterrey for the 2023 Pan American Junior Trampoline Championships. Gleb Evstigneev (19), a local trampoline athlete who trains out of Campia Gymnastics, was selected to represent Canada at this prestigious event. Evstigneev was selected to compete in the Senior Trampoline (ages 17-21) category as well as the Synchronized Trampoline competition alongside his partner Etienne Cloutier of Quebec (who trains out of Club Dynamix in Varennes, Quebec). Gleb is coached by Stephen Nolan while his synchro partner is under the tutelage of Antoine Vallieres.

After the intense preliminary rounds of competition – Gleb qualified to the finals in 5th place position. During the finals event Evstigneev bested his earlier performances to come out on top in the gold medal position with a score of 53.460, the silver medal was claimed by Cloutier with a score of 53.300.

Following the individual rounds of the event, trampolinists paired up to compete in the synchronized competition. The pair of Evstigneev/Cloutier were able to continue their excellent performance and claim the gold medal in this event as well.

“After finding out in March that Gleb was selected to represent Team Canada for the second year in a row, we were so excited. To have him represent Campia, Newfoundland and our country at the 2023 Pan American Championships in a sport we are so passionate about was an amazing feeling of pride for myself and Gleb. In preparation for this event, we took a smarter training approach to avoid burn out before the competition. He had never felt more prepared for a competition than he was for this meet, and it showed in his fantastic performances. The next major event is Canadian Championships coming up in July, which he hopes to hit the difficulty score he needs to make the Senior National Team and to make his second appearance at the World Age Group Championships coming up in the fall. Gleb continues to push the boundaries and show the country and world what athletes from NL are made of.” – Stephen Nolan, Trampoline Head Coach, Campia Gymnastics.

“Pan Ams was a great experience, not just because of the competition but also because travelling with the team is always a good time. The months of training and anticipation leading up to the competition definitely paid off, and I'm very proud to come out with two gold medals. It's a reminder that hard work is rewarded and that, despite coming from a small province, it's still possible for me to be successful in this sport.” – Gleb Evstigneev, Team NL athlete, Campia Gymnastics.

Gymnastics Newfoundland & Labrador (GNL) is the provincial leader in the delivery of diverse foundational and high-performance gymnastics programs and services that foster a lifelong love of sport. GNL strives to assist its members in their pursuit of excellence and works to uphold the values and ethical practices of safe sport.

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