

# 2019 CANADIAN CHAMPIONSHIPS

TRAMPOLINE GYMNASTICS

DIRECTIVES



DURHAM COLLEGE

OSHAWA, ON

July 25-28, 2019



P: 613.748.5637 | F: 613.748.5691 | E: [info@gymcan.org](mailto:info@gymcan.org)

120-1900 promenade City Park Drive, Ottawa, ON K1J 1A3

[WWW.GYMCAN.ORG](http://WWW.GYMCAN.ORG)

<b>GYMNASTICS CANADA</b>	<p>Gymnastics Canada Gymnastique (GymCan)  1900 Promenade City Park Dr. Suite 120  Ottawa, ON K1J 1A3  Tel : (613) 748-5637  <a href="mailto:info@gymcan.org">info@gymcan.org</a></p> <p>Ian Moss – Chief Executive Officer  <a href="mailto:imoss@gymcan.org">imoss@gymcan.org</a></p> <p>Mariève Reid – Director of Events  <a href="mailto:mreid@gymcan.org">mreid@gymcan.org</a>  613-748-5637 x 231</p> <p>Robin Marsden – National Event Lead  <a href="mailto:events@gymcan.org">events@gymcan.org</a>  587-336-5523</p> <p>Karen Cockburn – National Team Director, TG  <a href="mailto:kcockburn@gymcan.org">kcockburn@gymcan.org</a></p> <p>Niki Lavoie – Program Manager, TG  <a href="mailto:nlavoie@gymcan.org">nlavoie@gymcan.org</a>  613-748-5637 x 226</p> <p>Julie Forget – Director, Communications &amp; Marketing  <a href="mailto:jforget@gymcan.org">jforget@gymcan.org</a>  613-748-5637 x233</p>
<b>ORGANIZING COMMITTEE</b>	<p><b>Just Bounce Trampoline Club Inc.</b>  3731 Chesswood Drive  North York, ON, M3J 2P6</p> <p>Chair: Jacinda David  Tech. Lead: Stephen David  Chief Scorer: Cliff Burko  Delegate Services Director: Tracey Philp</p>
<b>DATE</b>	July 25-28, 2019
<b>CITY OF OSHAWA</b>	<p>Oshawa (population 150,000) is a City on the Lake Ontario shoreline located just East of Toronto. Oshawa’s roots are in the automobile industry, the Canadian Automobile Museum is worth a visit!</p> <p>For information about the city of Oshawa and things to do please visit:  <a href="http://www.oshawa.ca/things-to-do.asp">http://www.oshawa.ca/things-to-do.asp</a></p>



	
<b>VENUE</b>	<p><b>Durham College &amp; University of Ontario Institute of Technology</b>  2000 Simcoe Street North  Oshawa, ON, L1H 7L7</p> <p><b>Competition and Training sites:</b>  Competition and training will take place in the Recreation and Wellness Center (RAWC) – gymnasiums 3, 4 and 5.</p> <p><b>Accommodation:</b>  Simcoe Village Residence &amp; South Village Residence</p> <p><b>Dining Hall:</b>  South Village Residence</p> <p><b>Parking</b>  The host has paid for day parking for our group. This will be available in Founders Lot 2.  Overnight parking permits will be available for those staying in residence and must be arranged at the front desk.</p>
<b>APPARATUS SUPPLIED</b>	<p>The official supplier for the event is Spieth Canada</p> <p>4 Eurotramp Trampoline (2 on the competition floor and 2 in the warm-up gym)  1 Double mini-trampoline - Eurotramp  1 Tumbling – Speithway Germany</p> <p>*Note: clubs are <b>NOT</b> authorized to bring their personal equipment.  <b>**Note: clubs who wish to purchase equipment after Canadian National Championships should contact the Spieth Canada office for a quote at (1-800-563-6479).</b></p>
<b>INVITED MEMBERS</b>	<p>All members who meet the eligibility requirements according to this document and anyone invited by Gymnastics Canada.</p>
<b>EVENT PURPOSE &amp; ELIGIBILITY</b>	<p><b>Purpose:</b></p> <ul style="list-style-type: none"> <li>● To identify Junior and Senior athletes for the competitive year and to rank athletes as part of the system to have access to National team status and Sport Canada Athlete Assistance Program (AAP Carding-Trampoline).</li> <li>● Second trial for National Team selection (all events).</li> <li>● Second trial for 2019 World Championships Team selection (all events).</li> <li>● Second trial for 2019 World Age Group Team selection (all events).</li> </ul>



### **Athletes**

National level athletes in the categories listed below in trampoline (individual (TRA) and synchronized (SYN)), tumbling (TUM), and/or double mini trampoline (DMT) who are in good standing with their provincial/territorial federation/association and GymCan are eligible to register.

TRA & DMT: L5 Novice (16U), L5 Novice (17+), L6 Espoir (17U), L6 Espoir (18+) Junior (15-18), Senior (17+)

SYN: L5 Novice (11+), Senior (15+)

TUM: L5 Novice (15U), L5 Novice (16+), L6 Espoir (11+), Junior (13+), Senior (17+)

NOTE: All athletes must have met the minimum score for finals applicable to their regular competitive category in order to participate in finals.

### **COACHES**

All registered coaches must be certified NCCP Level 3 in Trampoline in order to coach Trampoline or Double Mini Trampoline. Coaches registered to coach in Tumbling must be certified NCCP Level 3 in either Trampoline or Artistic Gymnastics. A one-time exemption may be requested in writing to the Trampoline Program Manager. A coach who is employed on a full-time basis by an organization based outside of Canada is exempted from this requirement.

All coaches, support staff (head of delegation, chef de mission, team manager, and chaperone) and integrated support team (IST) who will participate in GymCan national competitions must have completed the following requirements. Failure to do so will result in a withholding of your accreditation and you will be denied access to the field of play, competition and training venues.

Please submit proof of completion to the [vdesjardins@gymcan.org](mailto:vdesjardins@gymcan.org). One email with all proofs of completion per coach, support staff, judge and IST is highly preferred.

If you have already submitted proof of completion for Respect in Sport, TrueSport Clean and Making Headway, you do not need to submit them again. To submit an updated Enhanced Background Check (valid within 12 months of competition date), please submit it to [vdesjardins@gymcan.org](mailto:vdesjardins@gymcan.org).

**\*\*PLEASE BE ADVISED THAT THE SCREENING REQUIREMENTS ARE CURRENTLY UNDER REVIEW AND MAY BE SUBJECT TO CHANGE FOR FUTURE EVENTS.**

<b>Requirements</b>	<b>Comments</b>
Completed Enhanced Background Check, Canada-wide and/or International Police Checks  <a href="http://sterlingbackcheck.ca/cac">http://sterlingbackcheck.ca/cac</a> <a href="#">ace</a>	Must be issued within 12 months of the date of the event being attended. Cost is the responsibility of the individual.  <b>Required for coaches, support staff, judges and IST.</b>



Complete <i>Respect In Sport</i> online e-learning module package <a href="http://gymcan.org/resources/respect-in-sport">http://gymcan.org/resources/respect-in-sport</a>	Cost is the responsibility of the individual. Check with your respective province/territory as some may cover the cost.  <b>Required for coaches, support staff, judges and IST</b>
True Sport Clean101 UNTRACKED e-learning course <a href="http://cces.ca/truesportclean101untracked">http://cces.ca/truesportclean101untracked</a>	Free module.  <b>Required for coaches and IST.</b>
CAC Making Headway online learning module. <a href="http://www.coach.ca/concussion">www.coach.ca/concussion</a>	Free module – will be included in coach NCCP records on the Locker.  <b>Required for coaches and IST.</b>

## DEADLINES & FEES

<b>Registration Deadlines</b>		<b>To:</b>
Electronic registration deadline	June 13, 2019	GymCan & Just Bounce
100% payment of meals & accommodations deadline	June 13, 2019	Just Bounce
100% payment of GymCan fee and registration deadline	June 13, 2019	GymCan
P/TO statutory declaration deadline (waivers and medical forms)	July 5, 2019	GymCan
Late individual registration deadline with penalty and no refund	July 5, 2019	GymCan
Refund deadline- registration, meals and accommodations	July 5, 2019	GymCan & Just Bounce
<b>Registration Fee</b>		<b>Send to:</b>
Registration fee	\$140 per person (all roles)	GymCan
<b>Coach Education Day Fee</b>	<b>\$100 per person – all sessions</b>	<b>GymCan</b>
Meals & Accommodations	\$125 per person / day including HST	Just Bounce
Meals & Accommodations Exemption Fee	\$125 including HST	Just Bounce
Banquet	\$25 per person	Just Bounce
Late provincial entry penalty	\$1000 fixed fee plus 250\$ per additional day that a registration is late/incomplete	GymCan
Late individual entry penalty	\$50 per person	GymCan
GymCan fee	\$35 per athlete, coach and support staff	GymCan



## Completed Registration Checklist

- ✓ **#1-** The completed excel registration spreadsheet is submitted **electronically** to GymCan at [events@gymcan.org](mailto:events@gymcan.org) **AND** to Just Bounce at [jacinda@justbounce.ca](mailto:jacinda@justbounce.ca) by the set deadline.
- ✓ **#2-** 100% payment of the **Registration and GymCan fee** are RECEIVED at the GymCan office by the set deadline.  
Accepted methods of payment:
  - Credit Card – Please call the Gymnastics Canada office – ext. 231 or submit the credit card authorization form.
  - Electronic Fund Transfer – Inform [Mariève Reid](#) of the EFT.
  - Cheque – a hard copy of the Financial Info tab must accompany the cheque.  
Cheque made payable to: Gymnastics Canada

Package to be mailed to:  
Gymnastics Canada, Attn: Mariève Reid  
1900 City Park Drive, suite 120, Ottawa, ON, K1J 1A3
- ✓ **#3** – 100% payment of **Meal and Accommodation fees** along with a hard copy of the FINANCIAL INFO tab of the Excel Registration are RECEIVED at the Just Bounce Trampoline Club office by the set deadline.  
  
Cheque made payable to: **Just Bounce Trampoline Club Inc.**  
Address: 3731 Chesswood Drive, North York, ON, M3J 2P6
- ✓ **#4-** Each P/TO must submit their Statutory Declaration (for waivers and medical forms) by the set deadline to [events@gymcan.org](mailto:events@gymcan.org)  
Please advise GymCan directly of any major medical issue.
- ✓ **#5** Each P/TP must submit all delegates' Safe Sport requirements to [vdesjardins@gymcan.org](mailto:vdesjardins@gymcan.org) at the same time as the registration form.

## Definition of Late Provincial Entry Penalty

A Provincial/Territorial Federation/Association will be charged the Late Provincial Entry Penalty if the above mentioned checklist items #1, 2, 3 and/or 4 are not fulfilled by the set deadlines.

## Definition of Late Individual Entry Penalty

A Provincial/Territorial Federation/Association will be charged the Late Individual Entry Penalty if a delegate is registered between the set registration deadline and the late registration deadline.

**Note** - No entries will be accepted after the late registration deadline unless written approval is given by the TG Program Manager.

There is no Late Individual Entry Penalty for substitutions.



	<p><b>Refund Policy</b></p> <p>Written request for a refund can be made to <a href="mailto:events@gymcan.org">events@gymcan.org</a> and <a href="mailto:jacinda@justbounce.ca">jacinda@justbounce.ca</a> until July 5<sup>th</sup>, 2019. After this date, there will be <b>NO</b> reimbursement of the <b>registration or of the accommodations/meals fees (injuries included)</b>.</p>																						
<p><b>PRELIMINARY SCHEDULE</b></p>	<p><b>Trampoline &amp; DMT</b></p> <table border="1" data-bbox="496 527 1500 743"> <tr> <td><b>Wednesday July 24, 2019</b></td> <td>Arrival</td> </tr> <tr> <td><b>Thursday July 25, 2019</b></td> <td>Training, Technical Meeting &amp; Qualifications</td> </tr> <tr> <td><b>Friday July 26, 2019</b></td> <td>Qualifications</td> </tr> <tr> <td><b>Saturday July 27, 2019</b></td> <td>Qualifications &amp; Finals</td> </tr> <tr> <td><b>Sunday July 28, 2019</b></td> <td>Finals</td> </tr> <tr> <td><b>Monday July 29, 2019</b></td> <td>Coach Education Sessions and Departure</td> </tr> </table> <p><b>Tumbling</b></p> <table border="1" data-bbox="496 852 1386 1031"> <tr> <td><b>Thursday July 25, 2019</b></td> <td>Arrival</td> </tr> <tr> <td><b>Friday July 26, 2019</b></td> <td>Training &amp; Technical Meeting</td> </tr> <tr> <td><b>Saturday July 27, 2019</b></td> <td>Qualifications &amp; Finals</td> </tr> <tr> <td><b>Sunday July 28, 2019</b></td> <td>Finals</td> </tr> <tr> <td><b>Monday July 29, 2019</b></td> <td>Coach Education Sessions and Departure</td> </tr> </table> <p><b>Note:</b> Training for tumbling will be offered on Thursday July 25<sup>th</sup> as well.  <b>Note:</b> An appendix for the schedule and registration for Monday, July 29<sup>th</sup> to follow.</p>	<b>Wednesday July 24, 2019</b>	Arrival	<b>Thursday July 25, 2019</b>	Training, Technical Meeting & Qualifications	<b>Friday July 26, 2019</b>	Qualifications	<b>Saturday July 27, 2019</b>	Qualifications & Finals	<b>Sunday July 28, 2019</b>	Finals	<b>Monday July 29, 2019</b>	Coach Education Sessions and Departure	<b>Thursday July 25, 2019</b>	Arrival	<b>Friday July 26, 2019</b>	Training & Technical Meeting	<b>Saturday July 27, 2019</b>	Qualifications & Finals	<b>Sunday July 28, 2019</b>	Finals	<b>Monday July 29, 2019</b>	Coach Education Sessions and Departure
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<p><b>DD SHEETS</b></p>	<p>All DD sheets are to be submitted at the scoring table at the end of each provincial training block.</p> <p><b>NOTE:</b> Please ensure that if filling out DD cards by hand, you must use the <b>manual forms</b> from the website. If using the electronic version, you must fill out the DD card on the computer and then print (<b>there are no manual capabilities on the electronic version</b>)</p> <p>DD sheets can be downloaded <a href="#">HERE</a>.</p>																						
<p><b>TEAM ACCOMMODATIONS</b></p>	<p>All Canadian Championships Delegates should purchase the meal and accommodation package from the Organizing Committee or pay an exemption fee.</p> <p>Delegates not wishing to purchase the meal and accommodation package from the OC must pay an exemption fee of \$125 and be authorized by the organizing committee and the province/territory for not staying on campus at the Simcoe Village &amp; South Village Residences or they will not be eligible to participate at the 2019 Canadian Championships.</p> <p>Once delegations and their numbers are finalized, housing will be assigned, and details forwarded to each PTO.</p> <p>All Delegates for the Championships will be housed at the <a href="#">Simcoe Village &amp; South Village Residences</a>. The organizing committee will assign delegations to each</p>																						



	<p>residence based on group sizes and best fit. There is a combination of Two-Bedroom Suites and Open-Concept Suites, and the beds are double beds. There is a shared common area, as well as kitchenette area within each room. Costs are based on double occupancy.</p> <p>All residences are smoke free and include free internet (bring your own Ethernet cable).</p> <p>Visit the <a href="#">Durham College / University of Ontario Institute of Technology website for more details and maps.</a></p>
<b>EVENT TRANSPORTATION</b>	<p>Transportation will be provided to all delegates who have purchased the accommodations package between Pearson Toronto International Airport and the delegate's village at Durham College.</p> <p>The travel information for each delegate must be completed in the registration form in order to receive transportation to and from the airport.</p> <p>The competition venue (Recreation and Wellness Center) is close to the residences (Simcoe Village and South Village will both be used). Delegates are expected to walk once on-site.</p>
<b>HOST HOTELS</b>	<p>Host Hotel from for <u>spectators and visitors</u>.</p> <p><b>Best Western Plus Durham Hotel &amp; Conference Centre</b>  Online Booking Link:  <a href="https://bestwestern.com/en_US/book/hotel-rooms.66094.html?groupId=2F4CW5E8">https://bestwestern.com/en_US/book/hotel-rooms.66094.html?groupId=2F4CW5E8</a>  Phone: (905)734-5271  Address: 559 Bloor St W, Oshawa ON L1J 5Y6  Rates: \$159/weeknight and \$179/weekend  *Parking and Free breakfast included in a group rate of \$  Group Name: CCTG Nationals</p>
<b>PUBLIC TRANSPORTATION</b>	<p><a href="https://www.durhamregiontransit.com/Pages/default.aspx">https://www.durhamregiontransit.com/Pages/default.aspx</a></p>
<b>MEALS</b>	<p>All meals will be served on campus in the Dining Hall, which is located in the South Village Residences. Full meal plan information will be provided in the Delegate Handbook. The dining hall is situated across the street from the venue.</p> <p>We request that any dietary restrictions and allergies be indicated in the registration form so we can ensure proper preparation with the Dining Hall.</p>
<b>HOSPITALITY</b>	<p>There will be hospitality in the competition venue for coaches and judges that are not able to leave and participate in the regularly scheduled meal plan in the Dining Hall.</p> <p>Coaches and judges are strongly encouraged to use the meal plan whenever possible.</p>



<b>SOCIALS/ BANQUETS</b>	<p>There will be various activities planned for different nights during the competition.</p> <p><b>Welcome Social &amp; Chef’s Meeting</b> – The Chefs meeting will be combined with a welcome social on Thursday July 25<sup>th</sup> @ The Simcoe House Ales &amp; Grill, Campus Ice Centre (Time TBC)</p> <p><b>Closing Party - All Ages Dance Party &amp; Social</b> – Sunday, July 28<sup>th</sup> from 8pm to Midnight Bounce Entertainment – Gyms 3, 4 &amp;5</p> <p><b>Adult wrap up party</b> – Sunday July 28<sup>th</sup> from 8pm to Midnight @ The Simcoe House Ales &amp; Grill, Campus Ice Centre Cost per person is <b>\$25</b>.</p>																																																		
<b>MEDICAL</b>	<p>First Response Teams onsite will be provided by Apple Creek Medical Care. Provincial Delegations who are bringing their own Medical Staff will be given a room to use for treatments.</p> <p>Doping control may be conducted for senior athletes. For information on doping control procedures and banned substances, please go to <a href="http://www.cces.ca">www.cces.ca</a>.</p>																																																		
<b>ACCREDITATION</b>	<p>The GymCan accreditation protocol will apply. The system consists of colour coded categories. GymCan reserves the right to take away any accreditation if the rules are not followed.</p> <p>Accreditation for provinces will be distributed to Chefs during the first Chefs’ meeting. The accreditation must be worn to access the venue, the competitive and training areas and the hosting areas.</p>																																																		
<b>PROTOCOL &amp; AWARD CEREMONIES</b>	<p>There will be a welcome ceremony. Details will be included in the Delegates’ Handbook.</p> <p><u>Award Ceremonies</u> Awards will be presented as per the schedule immediately following competition. We ask your cooperation to ensure that athletes are ready on time</p> <p><b>All disciplines and categories-</b> Top 6 athletes</p> <p><u>Dress code for athletes:</u> Competitive uniform</p>																																																		
<b>JUDGES</b>	<p>Provincial Judges allocation for the 2019 Canadian Championships is as follows:</p> <table border="1" data-bbox="505 1520 1263 1860"> <thead> <tr> <th></th> <th>TRA</th> <th>TUM</th> <th>DMT</th> <th>PTO Total</th> </tr> </thead> <tbody> <tr> <td><b>BC</b></td> <td>2</td> <td>1</td> <td>2</td> <td>5</td> </tr> <tr> <td><b>Alberta</b></td> <td>2</td> <td>2</td> <td>2</td> <td>6</td> </tr> <tr> <td><b>Saskatchewan</b></td> <td>0</td> <td>1</td> <td>1</td> <td>2</td> </tr> <tr> <td><b>Manitoba</b></td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> <tr> <td><b>Ontario</b></td> <td>3</td> <td>3</td> <td>2</td> <td>8</td> </tr> <tr> <td><b>Québec</b></td> <td>2</td> <td>1</td> <td>1</td> <td>4</td> </tr> <tr> <td><b>New Brunswick</b></td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> <tr> <td><b>Nova Scotia</b></td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> <tr> <td><b>TOTAL</b></td> <td>9</td> <td>8</td> <td>8</td> <td>25</td> </tr> </tbody> </table>		TRA	TUM	DMT	PTO Total	<b>BC</b>	2	1	2	5	<b>Alberta</b>	2	2	2	6	<b>Saskatchewan</b>	0	1	1	2	<b>Manitoba</b>	0	0	0	0	<b>Ontario</b>	3	3	2	8	<b>Québec</b>	2	1	1	4	<b>New Brunswick</b>	0	0	0	0	<b>Nova Scotia</b>	0	0	0	0	<b>TOTAL</b>	9	8	8	25
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	<p>These are the number of judges each province must provide for each discipline.</p> <p>Three panels will run at the same time. The schedule will not allow judges to combine disciplines.</p> <p>All judges need to be N1 (senior) ranked judges. Trampoline judges must be available for all sessions; that is the same judge cannot be sent for both TRA and DMT <i>or</i> for DMT and TUM.</p> <p>Provinces are responsible for sending the minimum number of judges outlined above, or finding a replacement judge to act on their behalf. The fine for not providing the required number of N1 judges is \$1,000 for each missing judge.</p> <p>Gymnastics Canada will provide funding for some FIG judges selected by GymCan. A letter to the provinces inviting the selected judges has been sent.</p> <p>Provinces who are not required to send any judges but who are sending athletes to Canadian Championships are encouraged to send one judge. This will ensure that the information that is being discussed at judges' meetings and on panels can be brought back to the provinces to aid in the development of the athletes and judges in their own provinces.</p> <p>Please complete the judges tab of the registration form. Judges will be staying on campus, in residence. Judges will be registered with their Provincial delegations but GymCan will provide the rooming list for judges.</p> <p>The TRA &amp; DMT judges' meeting will take place on Thursday July 24<sup>th</sup>, 2019 at 3pm (time subject to change). The TUM judges' meeting will take place on Friday July 25<sup>th</sup>, 2019 at 8:30pm (time subject to change).</p> <p>Please note that there will be a Judging Chairs of Canada meeting that will take place on Thursday July 24<sup>th</sup>, 2019 from 1pm to 3pm. Location is TBA, and the agenda will be circulated closer to the meeting date.</p> <p><b>Note: There is a tentative National Judging Course that will be held on campus from Tuesday, July 23<sup>rd</sup> to Thursday, July 25<sup>th</sup>. This course will only run if there are an appropriate number of judges interested and eligible.</b></p> <p>Provinces are responsible for travel and the cost of accommodations and meals of their judges to the 2019 Canadian Championships.</p> <p><b>Note:</b> Judges must book their return flight on Sunday, July 28<sup>th</sup> with a departure time AFTER 9pm.</p>
<p><b>WEBCAST</b></p>	<p>FloGymnastics will provide live coverage of the event via <a href="https://www.flogymnastics.com/">https://www.flogymnastics.com/</a></p> <p>A subscription is required to view footage. Rates are (USD\$)</p> <ul style="list-style-type: none"> <li>• Monthly (\$30/month)</li> <li>• Yearly (\$150, which breaks out to \$12.50/month)</li> </ul>



**SOCIAL MEDIA**

Facebook: [www.facebook.com/gymcan1](http://www.facebook.com/gymcan1)  
Twitter: @gymcan1  
Instagram: @gymcan1  
YouTube: [www.youtube.com/user/gymcan1](http://www.youtube.com/user/gymcan1)

#CDNTG2019

