



TRAMPOLINE PROGRAM

2024 NATIONAL TEAM SELECTION PROCEDURE

January 2024

IMPORTANT DATES

| Date | Event | Location | Eligibility |
|-----------------------|--|----------------|---|
| February 23-25, 2024 | World Cup | Baku, AZE | Selected athletes (Senior TRA) |
| March 22-24, 2024 | World Cup | Cottbus, GER | Selected athletes (Senior TRA) |
| April 4-7, 2024 | Elite Canada | Calgary, AB | All National levels TRA, TUM, DMT |
| April 21-28, 2024 | Pacific Rim Championships | COL | Selected athletes Senior/ Junior (TRA) |
| May 3-6, 2024 | Training Camp | Toronto, ON | Selected athletes (TRA) |
| May 13-19, 2024 | Senior and Junior Pan Am Championships, Pan Am Cup | Lima, Peru | Selected athletes (TRA, TUM, DMT) |
| June 3-9, 2024 | Canadian Championships | Gatineau, QC | All National levels TRA, TUM, DMT |
| June 28-29, 2024 | World Cup | Arosa, SUI | Selected athletes (Senior TRA) |
| July 5-7, 2024 | *Coimbra Gym Fest | Coimbra, POR | Selected age group athletes (TRA, TUM, DMT) |
| July 6-7, 2024 | World Cup | Coimbra, POR | Selected Senior athletes TRA, TUM, DMT |
| July 26– Aug 11, 2024 | 2024 Olympic Games | Paris, FRA | Selected TRA athletes |
| TBC | Training Camp | TBC | Selected TRA athletes |
| TBC | Training Camp | TBC | Selected TUM and DMT athletes |
| September 19-25, 2024 | Indo Pacific Games (TBC) | Gold Coast AUS | Selected age group athletes (TRA, TUM, DMT) |
| Nov 13-17, 2024 | Virtual Trial | Virtual | Junior, L7, Senior TRA, TUM, DMT |

*To be confirmed- Gymnastics Canada will only send a team to Coimbra Gym Fest if Indo Pacific is cancelled

SELECTION PROCEDURE

I. GENERAL ELIGIBILITY

Athletes competing in the Junior, L7, or Senior category will appear on the ranking list. Only athletes on the National Team Ranking List are eligible:

| INDIVIDUAL TRAMPOLINE | DOUBLE MINI & TUMBLING & SYN |
|---|--|
| <ul style="list-style-type: none"> To be named to the Senior, Junior and Development National Teams. To participate as a Canadian Team Member in FIG World Cups, World Championships or other FIG sanctioned events. To be nominated for Sport Canada Athlete Assistance Program Carding for individual trampoline only. | <ul style="list-style-type: none"> Be named to the Senior, Junior and Development National Teams. Participate as a Canadian Team Member in FIG World Cups, World Championships or other FIG sanctioned events. |



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Exceptions may be granted for athletes fulfilling all requirements coming from a lower category and for competitions involving team events. In some exceptional cases, athletes who are not a member of the National Team may be invited to participate at World Cups or any other international events by the National Team Director (NTD)/Program Manager (PM) and National Team Advisors (NTA).

2. NATIONAL TEAM SIZE

The National Team will consist of the maximum of the top names on the National Ranking List for the following categories:

| Discipline | Senior Women | Senior Men | Development Team (17-21) Women | Development Team (17-21) Men | Junior Women | Junior Men |
|--------------------|--------------|------------|--------------------------------|------------------------------|--------------|------------|
| Ind. TRA, DMT, TUM | 8 | 8 | 4 | 4 | 4 | 4 |
| SYN TRA | 4 (pairs) | 4 (pairs) | | | | |

**Only traveling Developmental and Junior Athletes will receive attire

3. NATIONAL TEAM RANKING LIST CALCULATION

All athletes will have a ranking score calculated using the following calculation.

Of the most three (3) recent targeted domestic trials, defined as National Team Trials:

| INDIVIDUAL TRAMPOLINE |
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| <p>Junior Team: The sum of:</p> <ul style="list-style-type: none"> A. The best total qualification round score B. The score from the first voluntary plus the score from the second voluntary from the remaining scores, not used for total preliminary (part A) C. Of any of the three (3) National Team Trials, the best score from the final round. |
| <p>Development Team: The sum of:</p> <ul style="list-style-type: none"> A. The best 3 voluntary routines from (max 1 voluntary from finals) B. The highest ToF score* (minimum National Team DD must be met (women 11.2 / men 13.5)) C. The highest D Score* |
| <p>Senior Team: The sum of:</p> <ul style="list-style-type: none"> A. The best 3 (Q1) prelim routines (two of which could come from the same competition) B. The best Final routine C. The highest ToF score* (minimum National Team DD must be met (women 12.7 / men 15.4)) D. The highest D Score* |

*The highest ToF score, and the highest D score can be taken from eligible competitions listed under important dates and occurring within the past 12 months



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| SYNCHRONIZED TRAMPOLINE |
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| <p>Senior Team: The sum of:</p> <p>A. The best 2 Voluntary score (from either the qualification or final round) will be added together for a total ranking score.</p> |

| DOUBLE MINI and TUMBLING |
|--|
| <p>Junior Team: The sum of:</p> <p>A. The totals from best two Q1's (2 passes) B. The best final round total</p> |
| <p>Development and Senior Team: The sum of:</p> <p>A. The totals from the best two Q1's (2 passes) B. The total from the best one Q2 (1 pass) C. The best final round total</p> |

For 2024, the National Team Trials are:

1. Elite Canada – Calgary AB
2. Canadian Championships in Trampoline Gymnastics- Gatineau, QC
3. Virtual Trial

4. NATIONAL TEAM TRIAL SCORE SUBSTITUTION

In calculating the National Team ranking standards, athletes will be allowed to use an international score from any *valid international competition approved by GymCan within (twelve [12] months) to replace part of a National Team Trial score. For 2024 the Trampoline athletes attending World Cups that are a part of the FIG Olympic Selection for 2024 may choose to not attend a National Team Trial and substitute scores with results obtained at FIG Olympic Selection World Cups as listed below:

- FIG World Cup GER in place of Elite Canada

Athletes and coaches must notify the NTD before the World Cup and National Team Trial to request a substitute score.

Athletes may substitute a maximum of one (1) score from the following:

| IND. TRA and SYNCHRO | DOUBLE MINI | TUMBLING |
|--|--|--|
| <p>Junior:</p> <ul style="list-style-type: none"> • Total Qualification round score • First voluntary score • Second voluntary score • Finals score <p>Development and Senior:</p> <ul style="list-style-type: none"> • (Q1) voluntary • Finals score <p>Scores earned in the final, semi-finals or team final rounds of a FIG event can only be used to replace a National Team Trial finals score.</p> | <ul style="list-style-type: none"> • Total Q1 score • Q2 score • Finals Score <p>Scores obtained in team finals cannot be used to replace a finals score because of the different format of this round.</p> | <ul style="list-style-type: none"> • Total Q1 score • Q2 score • Finals score <p>Scores obtained in team finals cannot be used to replace a finals score because of the different format of this round.</p> |

*Valid International events are listed at the top of this document under Important Dates.



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The National Team will be named after the conclusion of the Virtual Trial. For selections to international events (World Cups, World Championships, and other international events), the National Team Ranking List will be updated to reflect international scores within 12 months of the selection deadline for the event (8 weeks prior to the event).

5. NATIONAL TEAM RANKING LIST SORTING

Athletes can appear on both the Senior and Development ranking list if they are eligible (17-21).

For each event and category, athletes will be listed by gender, sorted by:

- Degree of difficulty requirement met (DD set to YES): meaning the minimum degree of difficulty has been achieved;
- Total points by descending order.
- There will be columns to check whether the minimum DD, minimum Team Standard, World Championships Team Standard, Excellence Standard or Merit Standard have been met. Athletes who have the appropriate check marks for an event will be selected before those who have missing requirements. There is no guarantee that athletes with missing requirements will be asked to fill incomplete teams.

**** Meeting only the degree for difficulty requirement will not qualify an athlete for a ranking**

6. NATIONAL TEAM RANKING LIST TIE-BREAKING

The following procedure will be used to break a tie in the total ranking score:

1. The ranking score will be re-calculated after removing any substitution of international scores;
2. If there is still a tie, then the athlete with the highest qualification (preliminary) round score in any of the three (3) National Team Trials of the current ranking period shall be ranked higher;

| |
|--|
| IND. TRA and SYNCHRO |
| 3. If there is still a tie, then the athlete with the highest optional routine in either Qualification or Finals in any of the three (3) trials of the current ranking period shall be ranked higher. |
| DOUBLE MINI |
| 3. If there is still a tie, then the athlete with the highest total for a set of two (2) passes in either Qualification (passes one (1) and two (2) or Finals in any of the three (3) trials of the current ranking period shall be ranked higher. |
| TUMBLING |
| 3. If there is still a tie, then the athlete with the highest single pass in either Qualification or Finals in any of the three (3) trials of the current ranking period shall be ranked higher. |

7. NATIONAL TEAM RANKING LIST TRACKING

Gymnastics Canada will track rankings for the athletes in the following categories:

- A. Senior (17+)
- B. Development (17-21)
- C. Junior (13-16)

Athletes will be added to the National Team ranking list or updated to a new category as follows:

- **Senior:** after competing Senior at a domestic National Team Trial, or on January 1st when they age out of Junior (if the athlete has met senior mobility). They will carry forward scores from L6/Jr/L7 from the last two domestic National Team Trials and the last one Identified International Event



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- **Development:** after competing Senior or L7 at a domestic National Team Trial, **or on January 1st when they age out of Junior.** They will carry forward scores from L6/Jr from the last two domestic National Team Trials and the last one Identified International Event
- **Junior:** after competing Junior at a domestic National Team Trial. They will carry forward scores from L6 from the last two domestic National Team Trials and the last one Identified International Event

8. NATIONAL TEAM RANKING LIST SCORE REQUIREMENTS

The National Team Ranking List will consist of each athlete who has met the National Team score or higher standard and corresponding DD in at least one of the last three (3) National Team Trials or designated International Event (for TRA and SYN: the score must be met in the same routine; for TUM and DMT, score and DD are required to be achieved in the same round).

Please refer to the 2024 Qualifying Standards document for all score requirements.

Athletes can achieve the minimum degree of difficulty and score at valid international events listed at the top of this document under Important Dates.

To ensure full participation or to gain experience at an event, exceptions may be granted to athletes who are not a member of the National Team, who may be asked by the Program Manager (PM), National Team Advisor (NTA), or National Team Director (NTD) to participate at any other international events.

9. SELECTION OF SYNCHRONIZED TEAMS TO COMPETITIONS (TRAMPOLINE ONLY)

Synchronized trampoline pairings for World Cups will be based on the individual athletes attending the event, even if they are not on the synchronized ranking list. At some events, additional athletes may be invited to participate only in the synchronized event. Individual team members are required to participate in Synchronized trampoline competition if requested by the National Team coaches and GymCan National Team Director (NTD). This request must be made by the Nominative entry deadline.

10. INJURY SCORES FOR NATIONAL TEAM TRIALS

For all illnesses, injuries or pregnancy preventing an athlete taking part in one of the National Team Trials, a substitute score will be created for the missed competition. The score for each routine will be calculated by averaging the athlete's score from the previous two National Team Trials. If an athlete misses two or more National Team Trials in a row, all subsequent injury scores will be equal to the first injury score. All substitute long-term illness, injury or pregnancy scores will be made until the athlete is physically capable of returning to competition.

If an athlete is injured in warm up or competition the athlete will receive an injury score for any missed rounds of competition at that event.

In order to receive an injury score, notification in writing from a doctor is required, prior to the competition. If a withdrawal due to illness or injury occurs during a National Team Trial, it must be supported by an assessment of a Gymnastics Canada National Team Athletic Therapist or Team Doctor on-site for an athlete to receive an injury score. Missing a competition or Trials because of school or work does not constitute a valid reason to obtain an injury score.

If an athlete is ranked on team, but the team ranking requirements (team score and degree of difficulty) have only been met by injury scores, they must attain these standards again at a National Team Trial or valid international event or be selected by the National Team Director (NTD) – TRA or by the



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Program Manager (PM) and National Team Advisor (NTA), before representing Canada at an International event.

11. NATIONAL TEAM AGREEMENT AND MONITORING

A contract will be signed by all athletes and coaches wishing to take part in the National Team Program. This will include full commitment to the program regarding various aspects such as training on apparatus, conditioning, on-going monitoring, participation in training camps and other activities, dress code, commitment to synchronized trampoline and injury reporting, as well as other identified clauses.

For all disciplines, on-going monitoring, reporting of training, and video verification will be used as a tool to follow progression, to understand reality of training, to perform correlation between training and training camp or competition performances. This will be a communication tool for the Discipline Advisors to better assist each athlete. Repeated failure to submit monitoring, the submission of false training logs, and lack of competition readiness can lead to sanctions such as non-selection to events.

12. WORLD CUP SELECTION

Selection and nomination to a World Cup event will be based on the most recent National Team Ranking list 8 weeks prior to the event.

Trampoline: For World Cup events included in the Olympic Selection Procedure, priority to attend will be given to athletes who have earned points in the International Olympic selection procedure. The remaining positions of the team being allocated to the top ranked National Team Athletes, up to a maximum of four (4) athletes. Exceptions may be granted upon approval of the TG selection working group (SWG), keeping in line with GymCan's Olympic qualification strategy. A non travelling alternate may be named to the team. Late athlete replacement is 5 days before team departure.

13. WORLD CHAMPIONSHIP TEAM SELECTION

Athletes who have met the Worlds Team Standard are eligible to be selected to the World Championship Team.

General Principles: The established criteria above, shall be used to select the Canadian World Championships Team with the following stipulations:

- A. The team will be named 8 weeks prior to the event based on the ranking list at that time.
TRA - DMT/TUM - The top four (4) athletes will be named to compete and the fifth (5th) ranked athlete will be named as the alternate.
SYN – The top (1) pair will be named to compete in the synchronized event (both athletes will compete but not necessarily with that partner)
- B. The World Team Training/Selection camp is mandatory for athletes (ranked one to five (1-5 in TRA/DMT/TUM and the top (1) ranked pair in SYN) to be named to the World Championships Team. Exceptions can be granted based on approval of the National Team Director (NTD) or Program Manager (PM) and National Team Advisor (NTA) for extenuating circumstances.
- C. Up to five (5) ranked athletes will be invited and expected to take part in preparatory activities and/or competitions ahead of the World Championships.
- D. The athletes ranked fifth (5th) will be non-travelling alternates to the World Championships and should be prepared to compete only if the athletes ranked first (1st) through fourth (4th) are unable to compete with proper readiness due to injury, illness or lack of preparation (See Section 13.1). It is the expectation that the athlete is to be prepared to compete. Late athlete replacement is 5 days before team departure.



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Selection to Compete in the qualification round

The established criteria above, shall be used to select the Canadian World Championships Team with the following stipulations relating to who will compete in the qualification round:

Athletes who fail to show competition readiness during the training sessions at World Championships may be replaced. Competition readiness is defined as:

| TRA and SYNCHRO | DOUBLE MINI | TUMBLING |
|--|---|---|
| All athletes must show in the training sessions at the World Championships the ability to perform quality Voluntary Routines. They must minimally meet the Canadian World Team DD Standards. | All athletes must show in the training sessions at the World Championships that they have three (3) prepared passes of an appropriate DD and completion rate. Minimally, these passes must meet the Canadian World Team DD standards. | All athletes must show in the training sessions at the World Championships that they have two (2) prepared passes (as preliminary and finals passes are permitted to be the same) of an appropriate DD and completion rate. Minimally, these passes must have met the Canadian World Team DD standards. |

No athlete, regardless of ranking, is guaranteed to compete at World Championships without displaying competition readiness.

The procedure for substitution of the alternate athlete to compete in the qualification round at the World Championships can be initiated in the following ways:

- The athlete self-declares they are unable to compete. The reason for the proposed withdrawal should be discussed with and approved by either:
 - The National Team Advisor (NTA), Program Manager (PM) / National Team Director (NTD)
 - The medical staff
- The National Team Advisor (NTA), Program Manager (PM) / National Team Director (NTD) declare that one of the named athletes is not ready to compete.

If a named athlete is unable to demonstrate a base level of preparedness (as described above) by the conclusion of the last training session or by the deadline in which changes can be made to the start list, the National Team Advisor (NTA), Program Manager (PM) /National Team Director (NTD) can remove the athlete from the competition.

Selection to Compete in Team Final Round (If Applicable):

The decision of which athletes will compete in the Team Final Round will be made following the conclusion of the Qualifying Round at World Championships by the Team Coaches, National Team Advisors (NTA) and National Team Director (NTD)/Program Manager (PM).

No athlete, regardless of ranking is guaranteed to compete in the Team Final Round.

Exceptions for World Championship Team Selection:

Athletes who have previously qualified for finals at World Championships, World Games or the Olympic Games within the last four (4) years and who have achieved the Merit Standard in the past year, can be named to the Canadian World Championship team with the approval from the National Team Advisor (NTA), Program Manager (PM) / National Team Director (NTD). This athlete would replace the 4th place athlete.

TRA: However, if the World Championship is also an Olympic Qualifier, then the possibility of an additional athlete can be named. This athlete would replace the 3rd placed athlete.



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14. OLYMPIC GAMES, WORLD GAMES, PAN AM GAMES SELECTION

Please refer to the specific Internal Selection Procedure (INP) document for each of these events.

****NOTE:**

The development of minimum scores needed to represent Canada internationally is a work in progress. The intention is that the minimum standard is one which if not achieved would place Canadian athletes in the bottom third of completed routines.

In cases where Canada cannot field a full team to an event due to missing requirements, there is a POSSIBILITY that more athletes could be sent. This is not a policy. Therefore, athletes who want to travel should both meet the minimum scores and place highly within Canada.

DISCLAIMER:

Event Cancellation

Should it be necessary to cancel or postpone any event specified in this INP that is conducted under the authority of Gymnastics Canada, such decision shall be made by the relevant person(s) or body within Gymnastics Canada under whose authority the event was originally to be held, which in the case of Gymnastics Canada, is the CEO, TG National Team Director and TG Program Manager.

Decisions to cancel or postpone any event specified in this document shall be made:

- a) only when absolutely necessary, such as when it has become impossible or unreasonably difficult to hold the event at all or on the originally scheduled date (for example, due to public health restrictions or other circumstances beyond the control of Gymnastics Canada; and
- b) as soon as reasonably possible after Gymnastics Canada has become aware that the event cannot be held.

If any event specified in this document is canceled, Gymnastics Canada shall determine whether it is feasible to reschedule the event in a different location and on a different date than previously scheduled and shall communicate any such decisions to reschedule the event to all impacted individuals as soon as reasonably possible, taking into account the time needed for athletes to prepare for the rescheduled event and for any logistical matters in relation to the event to be addressed, including, but not limited to, any matters related to Gymnastics Canada's organization of the event, as well as athlete and athlete entourage travel to the location of the rescheduled event.

Should any event specified in this document be canceled, postponed, rescheduled or replaced, Gymnastics Canada shall update the nomination procedures indicated in this document, as applicable, as soon as reasonably possible and shall communicate any modifications to all impacted individuals, as well as publish the modified document on its website, prior to the postponed, rescheduled or replacement event.

Decisions made pursuant to this clause shall not be subject to appeal and do not apply to the cancellation of events that are conducted under the authority of organizations other than Gymnastics Canada.

Event Participation

Gymnastics Canada may be required, in the best interests of athlete, athlete entourage and staff safety, to not travel to and participate in events indicated in this document, even in circumstances when the event may proceed as planned. Any



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such decisions will be made in consultation with relevant experts, including medical and public health safety experts, and will be communicated to all impacted individuals as soon as possible. In such circumstances, Gymnastics Canada will determine if alternate events may be attended as a substitute for the event that Gymnastics Canada has decided not to participate in and, if so, will modify this document accordingly, and inform all impacted individuals as soon as possible.

However, depending on the circumstances, athlete, athlete entourage and staff safety may be prioritized based on the advice of medical and public health safety experts.

Gymnastics Canada recognizes that athletes, athlete entourage and staff may, for safety reasons may also decide not to travel to and participate in events indicated in this document, even in circumstances when the event may proceed as planned, and even when Gymnastics Canada has decided that it will travel to and participate in the event because it has decided, following consultation with medical and public health safety experts, that it is safe to do so. In such circumstances, athletes will be responsible for any impact that their decision may have on their World Championships Qualification.