



GNL VIRTUAL COMPETITION GUIDELINES

RATIONAL/REASONING

With most of the in-province events taking place in the eastern health region (and all of the events prior to Provincials) a need exists to create competition opportunities for the clubs outside of the prescribed zone. Competitive gymnastics is still being offered and training has resumed across all regions – equal opportunity must be considered.

As per NL Health clubs may offer services to a capacity of 50 persons. No event may host participants from different health regions (Eastern, Central, Western, Labrador-Grenfell) – a virtual option allows for continued competition.

PHYSICAL DISTANCING AND PPE PROTOCOLS IN THE CASE OF LIVE MEETS

As per the GNL Operational Plan for Competitions Document

IN PROVINCE SANCTIONED EVENTS

DREAM BIG INVITATIONAL

SNOWBOWL INVITATIONAL

PROVINCIAL CHAMPIONSHIPS

FLIGHT INVITATIONAL

VIRTUAL REGULATIONS FOR CCP3-10, HP, ASPIRE & XCEL

All host clubs of live competitions will still be responsible for collecting registrations, payment of judges and dissemination of awards (award packages to virtual competitors should be mailed out to clubs no later than 1 week following the live event).

GNL recommends a two-tiered registration fee (live and virtual – though a single competition should only consist of one option to ensure fairness). We recommend that virtual fees be no more than 2/3 the cost of a live competitor.

Judging panels should remain consistent across all competitors. Judging payment for virtual competitors will be per routine vs. hourly or sessional (See below).

Women's

Level 1-5 Judge	\$1.25 per routine
Level 6-8 Judge	\$1.50 per routine
Level 9-10 Provincial	\$1.75 per routine
Level 10 National+	\$2.00 per routine

Men's

Entry Level	\$1.25 per routine
Club Level	\$1.50 per routine
Provincial Level	\$1.75 per routine
National+	\$2.00 per routine

Trampoline

P4	\$1.25 per routine
P3	\$1.50 per routine
P2	\$1.75 per routine
P1+	\$2.00 per routine

Virtual meets must take place at each participating club in the week (Monday to Thursday) prior to the hosted event with the videos submitted to the HOST CLUB via one file per event per **gymnast** on an **unlisted** youtube channel or vimeo account. Once received the videos will be **organized into playlists reflecting the order of passage** disseminated to the assigned judges for evaluation. Judges must have all virtual routines scored before the event and submitted to the host organization so they may input it into their scoring systems.

Hosts will provide all clubs with an Order of Passage complete with a **password** prior to the event. Each virtual competitor will then have **to flash their name and password** to the camera along prior to each exercise.

Judges are trusted to watch each routine ONCE and evaluate. An overseeing judge will be assigned to each club to help ensure these are followed and that camera angles are correct for **championships only (invitationals will be run on the honor system)**

VIDEO SUBMISSION

Routines must be submitted by the overseeing judge/club immediately after the scheduled competition session. Late submissions will not be accepted. The file name must be labelled as: DISCIPLINE_CATEGORY_APPARATUS_GYMNAST NAME. Example: MAG_L1_POMMEL_JOHNSMITH.

VIRTUAL COMPETITION FAIRPLAY CONSIDERATIONS

GNL/Host clubs shall APPROVE overseeing judges in each club wishing to participate virtually in a meet. This person is responsible to ensure warm up guidelines are adhered to; equipment specs are competition allowable and camera angles are consistent across all competitors to the vantage point of the D1. **THIS WILL BE IN EFFECT FOR PROVINCIAL CHAMPIONSHIPS ONLY – FOR ALL INVATIONALS CLUBS AND COACHES WILL OPERATE ON THE HONOR SYSTEM.**

PROTESTS

- Protests for will not be allowed for virtual events
- Inquiries on D score will be permitted for CCP 6 and higher, Aspire and High Performance

RECORDING REQUIREMENTS

- Ensure the video will capture the whole routine (in landscape/horizontal view) so that the whole body is in view at all times and filmed from as close to a normal judges' position as possible. The video should be taken in 1080p.
- VAULT: CCP 1-5: **athlete run** will NOT be scored for virtual events for 2021-2022. Capture a minimum of 4 steps before vault and contact with the springboard. Ensure that height above the vault and landing area are captured. CCP 6 -10, Aspire & Xcel/MAG: Capture a minimum of 4 steps before vault and contact with the springboard. Ensure that height above the vault and landing area are captured.
- BARS/HIGH BAR/PBARS/RINGS: Entire matted area under bar set, including mount position for a board or glide kip mount, matted area behind high bar to include all landing surfaces. Ensure the video captures the entire body below and above the bars.
- BEAM/POMMELS: Entire length of beam and dismount landing area and allow for steps. Ensure the entire body and highest expected skill height is in video.
- FLOOR: ensure that all tumbling lines are visible on the video. *For Floor Exercise ONLY you may pan with the athlete in a controlled back and forth movement (no up and down or shaky videos... use of a camera stand is ideal)*
- TRAMPOLINE: 2 videos to be taken simultaneously. First camera catching entirety of routine – please ensure gymnast stays in frame the entire time in a horizontal shot. Second camera pointed at the trampoline bed – this must have the whole bed in frame to evaluate Horizontal Displacement.
 - <https://www.dropbox.com/sh/qkogblb5c95f8at/AACqYY80FWpKCgmsNFLulpOBa?dl=0>
- Videos should be taken from the position of the D1 judge
- If you require assistance on where the D1 position is please contact a judge in your gym or the GNL Technical Director

UNIFORMS

- Clubs are encouraged to have their athletes wear their competition leotard when competing
- If athletes do not have a club leotard that is allowed for this year and will not receive a deduction

EQUIPMENT REQUIRED BY CLUBS

- 2 iPad/Tablets for recording with ability to upload videos to Dropbox or YouTube or other platform
- Tripod for recording a steady video – RECOMMENDED NOT MANDATORY
- Vault, Bars, Beam, Pommel/Mushroom, Pbars, High Bar, Rings, Trampoline & Floor with proper matting and additional equipment (if required)
- CCP 1-3 floor can be completed on a single strip of floor as can MAG Level 1/2
- If a club does not have the required competition equipment; a request must be sent into the GNL Technical Director for an exemption to compete on the equipment
- Whiteboard/Paper to write athletes name & level on to show to camera for judges

EXAMPLE OF VIRTUAL MEET TIMELINE

6-10 weeks out: Clubs register for virtual event

3-5 weeks out: Host Club will assign (with the help of GNL) an overseeing judge for each time slot.

CHAMPIONSHIPS ONLY.

1-2 weeks out: Host Club disseminates order of passage for each club and password

Week of Competition: Between Monday and Thursday (unless otherwise specified) clubs will perform their exercises and record while being overseen. The videos must be sent into the host club by Friday the same week so they can sort them into viewing order. Once sorted the host club forwards the videos to the panels for evaluation.

Weekend of Competition: Judges have from Friday evening until Sunday evening to evaluate all assigned routines and upload their scores to a central google document.

Following Monday: Host club inputs all scores into scoring system and sends out to clubs. From the time the scores are sent out a 48-hour period is given for any D value questions. Once this time elapses scores are **final**. Levels that are not subject to D-Score questions are final once all routines are done being evaluated. Awards are mailed out following this

EVALUATION

Judges will be assigned by the host organization and approved by GNL. Judging panel composition will follow the standards within the GNL Judging Manual. A Chief judge must also be appointed for the competition.

Each Judge will watch each routine ONCE and input their scores

Each judge will come up with a D-Score and a Final Score; however, the inputted D-Score will be that of the D1 position judge

If there is a range issue the chief judge for the event (assigned by the host club) will reach out to the outlier to clarify.

Questions regarding D-Score will be sent to the chief judge (their email should be provided with the results) to disseminate to panel D1 judges.

One panel is assigned to the same event/events across all competitors for a single level