

Michael Amouri
 Gymnastics Newfoundland & Labrador
 306-922-4812
 gymtech@sportnl.ca



TEAM NEWFOUNDLAND ANNOUNCED FOR ATLANTIC CHAMPIONSHIPS

Corner Brook, NL, April 3, 2023 – Over the past weekend Gymnastics Newfoundland & Labrador held their annual Provincial Championships, hosted by the Salto’s Gymnastics Club in Corner Brook. In addition to naming champions in women’s, men’s, and trampoline gymnastics – the event was also a trial to the Atlantic Canadian Championships being held in Fredericton, New Brunswick later this month.

After two days of intense competition – the athletes that were successful in their pursuit to be named to Team NL were crowned. The gymnasts listed below will be travelling to compete against the best in the Atlantic region:

Women’s Gymnastics

LEVEL 5	LEVEL 7	LEVEL 9
Lyla Saunders	Kaylee Perry	Kyla Piercey
Liviya Soulier	Chelsea Noseworthy	Lauren Winters
Sydney Cowan	Ava Isaacs	Grace Hill
Nadia Coffey	Lyla Chafe	Rachel Dooley
Raya Kenny	Ava Pryor	Abby MacDonald
Madeline Sharpe	MollieRose O'Dea	Chloe Power
Autumn Brake	Jorja Chant	Sophie Belbin
Alia Kenny	Clare O'Brien	Jada Crane
LEVEL 6	Emma Goodyear	Grace Bramwell
Quinn Rogers	Jenny Hull	LEVEL 10
Lexi Croke	MacKenzie Peddle	Jirah Hiscock
Alex Andrews	LEVEL 8	Sarah Pace
Rebecca Edison	Beth Heffernan	
Jenna Harris	Brooke Pennell	
McKenna Carew	Zoe Crane	
Lily Konechny	Courtney Drover	
Maelie Young	Lila Carroll	
Lindsay Soulier		
Sama Barasi		
Norah Rutherford		



Men's Gymnastics

LEVEL 1	LEVEL 3
Dominic Easton	Aymon Desai
Colton Dillman	Jack Penney
Nicholas Gareffa	Simeon Hooper
Bryden Stanley	Jacob Coffey
Charlie Cavanaugh	LEVEL 4
Josh Earle	Cameron Bath
Spencer Sharpe	Jacob Komiak
Owen Stack	NATIONAL
Aden O'Brien	Gabe Flynn
Caleb Power	Will Osmond
Noah Park	Jan Finke
Remi House	Tyler Gosse
Josh Young	Colby Pendergast

The athletes selected train across the province at Aerial's Gymnastics Club (Gander), Campia Gymnastics Club (Mount Pearl), Cygnus Gymnastics Clubs (St. John's), and Salto's Gymnastics Club (Corner Brook). Although they were competitors just a few days ago they will now unify under one team.

"It was an exciting event – the trials. There were more than a few close results, the athletes left it all out on the floor vying for these teams." – Michael Amouri, Technical Director, Gymnastics Newfoundland & Labrador.

Gymnastics Newfoundland & Labrador (GNL) is the provincial leader in the delivery of diverse foundational and high-performance gymnastics programs and services that foster a lifelong love of sport. GNL strives to assist its members in their pursuit of excellence and works to uphold the values and ethical practices of safe sport.

###