



GNL - NCCP Course Request Form

Name of facility requesting course: _____
Course being requested: _____
Number of anticipated participants from your club: _____
Is your facility willing to host this event? _____
If yes, please provide 3-4 options of Preferred Date(s) for this course: (Please refer to NCCP Course Requirement and Schedule Guide below)
GCG standards state that a facility space should be dedicated to the course; however, in situations where this is not possible then confirmation of when and where other activities are scheduled must be provided.
Will there be other activities or classes going on in your facility during the course? _____
If yes, please list all activities noting the number of participants and activity times.
What is the maximum number of groups/participants your facility can accommodate at one time? _____

Signature: _____

Date: _____



NCCP Course Requirements and Schedule Guide (GCG, 2019)

(GF) Foundations Courses				
Theory	Introduction	Artistic	Trampoline	Active Start
4 hrs. (classroom)	7.5 hrs. (in-gym)	7.5 hrs. (in-gym)	7.5 hrs. (in-gym)	7.5 hrs. (in-gym)
5 hrs. (online classroom)	(+ 1.5 hrs./day for lunch and breaks)			
<i>Prerequisites:</i> min. 15 yrs. of age	<i>Prerequisites:</i> min. 15 yrs. of age	<i>Prerequisites:</i> min. 15 yrs. of age	<i>Prerequisites:</i> min. 15 yrs. of age	<i>Prerequisites:</i> min. 15 yrs. of age
Completed GF Theory and GF Introduction				

(C1) Comp Intro Courses			
Theory	WAG	MAG (add-on)	Trampoline
8.5 hrs. (classroom)	23 hrs. in-gym (3 days)	7 hrs. in-gym (1 day)	23 hrs. in-gym (3 days)
8-9 hrs. (online classroom)	(+1.5 hrs. lunch and break each day)		
<i>Prerequisites:</i> min. 16 yrs. of age Foundations Trained	<i>Prerequisites:</i> min. 16 yrs. of age Foundations Trained	<i>Prerequisites:</i> min. 16 yrs. of age Foundations Trained	<i>Prerequisites:</i> min. 16 yrs. of age Foundations Trained

(C2) Comp Intro Advanced Courses		
Theory	WAG	MAG (add-on)
~4 hrs. (classroom)	~3 days in gym (9hr/day)	~1 day in gym (9hr/day)
~5 hrs. (online/classroom)	(+1.5 hrs. lunch and break each day)	
<i>Prerequisites:</i> C1 Trained/Certified	<i>Prerequisites:</i> C1 WAG Certified	<i>Prerequisites:</i> C1 MAG Certified