

# GYMNASTICS NL RECREATION COACH OF THE YEAR



2022 – Jessica Tremblay (Snowbirds)

2021 – Melissa Hood (Cygnus)

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2019 – Melissa Hood (Cygnus)

2018 – Lisa Fridgen (Campia)

2017 – Natasha Appolloni (Aírials)

2016 – Kera McGrath (Cygnus)

2015 – Ken Power (Cygnus)

2014 – Jade Quirion (Cygnus)

2013 – Sue Walker (Cygnus)

2012 – Melissa Hood (Cygnus)

2011 – Sarah Doody (Saltos)

2010 – Denise Ridgley-MacDonald (Campia)

2009 – Jill Hood (Cygnus)

2008 – Stephen White (Campia)

2007 – Katie Flynn (Campia)

2006 – Nadia Schenk (Cygnus)

2005 – Tom Dawson (Campia) & Amy Penney (Cygnus)

2004 – John Hall (Cygnus)

2003 – Gillian Power (Cygnus)