HEAD START:MC/NS1/NS2/NS3/NS4/Oak1 **October 2026**

Oct 12-16:National School Lunch Week			1 Wg Cheerios Banana Milk	**2** Wg Biscuit Mandarin Oranges Milk
*** Menu is subject to change without notice** ***All Milk is unflavored 1%**	***All Juice is 100%: Flavors Apple, Grape, Orange** *** WG = Whole Grain**	**Fruit of the Month** **Apples** **Vegetable of the Month** **Cauliflower or Carrots**	Pulled Chicken on Slider Bun Potato Salad Black Bean/ Corn Mix Milk	Pulled Pork Wg Bun **Cooked Carrots** **Applesauce** Milk
			Snack Wg Eggo Grahams Milk	**Snack** Wg Pretzels Juice
5 Wg English Muffin Mixed Fruit Milk	**6** Wg Kix Diced Peaches Milk	**7** Egg Patty Sausage Link Diced Pears Milk	**8** Blueberry Muffin **Apple Slices** Milk	**9**
Wg Pizza Bites Dipping Sauce Cooked Peas Diced Pears Milk	Taco Meat Cheese Wg Soft Tortilla Salad Cooked Corn Milk	Sub Sandwich Wg Bun Cooked Green Beans Mixed Fruit Milk	Wg Grilled Cheese Tomato Soup **Cooked Carrots** Mandarin Oranges Milk	**NO SCHOOL IN-SERVICE DAY**
Snack Wg Graham Crackers Juice	**Snack Fruit Cup-Applesauce** Milk	**Snack** Celery w/Peanut Butter	**Snack** Wg Eggo Waffle Grahams Juice	
12	**13** Wg Cheerios Diced Peaches	**14** Life Mandarin Oranges Milk	**15** Oatmeal w/Berries Milk	**16**
NO SCHOOL IN-SERVICE DAY	Chicken Patty Wg Bun Cooked Corn **Cooked Cauliflower Rice** Milk	Wg PB&J Sandwich Cheese Stick **Baby Carrots** w/ Ranch Diced Peaches Milk	Spaghetti in Meat Sauce Wg Roll Mixed Veg **Applesauce** Milk	**NO SCHOOL IN-SERVICE DAY**
	Snack Apple Slices w/Choco Hummus Dip	**Snack** Wg Graham Crackers Milk	**Snack** Wg Goldfish Juice	
19 Mini Bagel w/Cream Cheese Diced Peaches Milk	**20** Wg Corn Chex Mixed Fruit Milk	**21** Yogurt Wg Bagel Pineapple Tidbits Milk	**22** Wg Trix Banana Milk	**23**
Hamburger Wg Bun Cucumber Salad **Applesauce** Milk	Meatballs in Sauce (BBQ or Marinara) Wg Breadstick Cooked Peas Pineapple Tidbits Milk	Popcorn Chicken French Fries Wg Roll Salad Mixed Fruit Milk	Hot Dog Wg Bun Baked Beans Mixed Veg Milk	**NO SCHOOL IN-SERVICE DAY**
Snack Wg Cheez Its Milk	**Snack** Peanut Butter Crackers Juice	**Snack** Cheese Crackers Milk	**Snack** **Cauliflower** w/ Hummus Dip	
26 Wg Pancake Diced Peaches Milk	**27** Rice Crispies **Applesauce** Milk	**28** Wg Waffle Diced Pears Milk	**29** Pumpkin Bread Fresh Orange Milk	**30** Wg Biscuit Mandarin Oranges Milk
Chicken Nuggets Wg Roll Cooked Broccoli Mandarin Oranges Milk	Sloppy Joe Wg Bun Cooked Green Beans Diced Peaches Milk	Meatloaf Wg Mac & Cheese Cooked Peas Pineapple Tidbits Milk	Turkey & Cheese Slices Wg Bread **Pickled Cauliflower** Mixed Fruit Milk	Grilled Chicken Wg Buttered Noodles Cooked Carrots Diced Peaches Milk
Snack Wg Pretzels Juice	**Snack** Wg Tiger Graham Bites Milk	**Snack** **Apple Slices** w/Peanut Butter	**Snack** Wg Tiger Graham Bites Milk	**Snack** Choco Scooby Snacks Milk