

# November

## Reading, Writing, Listening & Speaking

Important literacy skills are developed during the preschool years through children's experiences with familiar adults in familiar settings.

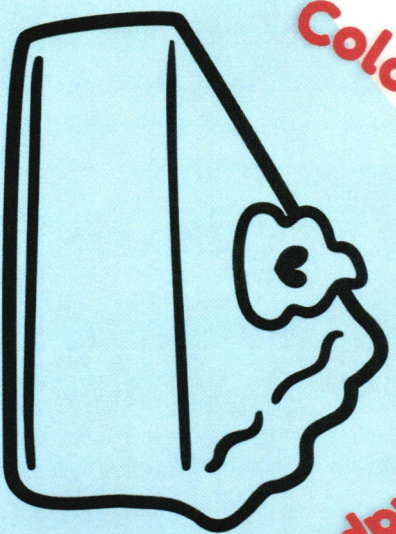
- Talk, talk and talk some more with your child, describing surroundings, behaviors and objects.
- Say nursery rhymes together. Children who have been exposed to rhymes have greater success learning to read and understanding sounds.
- Look at books or read with your child at least 20 minutes every day.
- Before reading the words in a book, look at and talk about the pictures or illustrations. "This is a very colorful picture. There are bright green trees. What else do you see?" Ask your child to predict what the story might be about, based on the cover pictures.
- While reading a book together, connect the book to your child's personal experiences. "This book is about trains. We see trains when we walk to town. What do you remember about the trains we see?"
- After reading a book, ask your child to act out the story, sing a song or draw pictures related to the story.
- Model good reading habits by reading magazines, books and other things for your own enjoyment.
- Give your child crayons, pencils, and paper to practice writing, creating books or letters.
- Set limits on your child's television, video, or tablet use.

## My Book

Help your child cut out pictures of their favorite foods from magazines and newspaper flyers. Or ask them to draw

pictures of what they like to eat or drink. Label the pictures and label the page, "My Favorite Foods." Date it and save!

## Color or Trace the Shape:





## A Week of Activities


### Check Out These Books!


*I Stink* by Katie and Jim McMullan  
*The Relatives Came* by Cynthia Rylant  
*Max Found Two Sticks* by Brian Pinkney


## A Week of Activities

 Finger paint with your child. (See recipes in this Activity Guide!) Be creative.  
 Use hands or feet to paint!


 Take a walk with your child to the playground. Before playing, talk with your child about how to play safely on each piece of equipment.

 Use objects to make patterns with your child. Lay out spoon, spoon, cup and ask your child to make the same pattern. Or try, black sock, white sock, black sock and see if your child can tell you what's next.

 Practice dressing skills like zipping, buttoning, and tying.  
 Let your child pick their own clothes from choices.


 Write your child's name on a piece of paper. Have your child trace over it with their fingers. Remember to capitalize only the first letter.


 Talk to your child about the things to do today, the things done yesterday, and what might they do tomorrow.


 Let your child scribble a design with crayons, markers, or pencils. Have them fill in the empty spaces in the design with different colors or patterns.


 Look through magazines or books to find people's faces. Talk about the expressions and emotions showing on their faces.

## A Week of Activities

 Talk about the sequence of events in daily activities (meal time, bath time, bed time). See if your child can tell you which one comes first during the day, and which comes last.

 Use stuffed animals or dolls to retell a story you've read with your child.  
 Use a sock to make a puppet for storytelling.


 Take a walk outside. Investigate trees, leaves, and other fall objects.  
 Collect some in a bag and take home to use for other activities.


 Encourage your child to read familiar names on products, buildings, and businesses. Talk about what the signs say and what service or product the company might provide.


Approaches to Learning Through Play


- Creative Thinking and Expression
- Language and Literacy Development
- Mathematical Thinking and Expression
- Social and Emotional Development
- Health, Wellness and Physical Development
- Scientific Thinking and Technology
- Social Studies Thinking

## A Week of Activities

 Use different sized plastic cups and containers to measure water.  
 Talk about which cup holds more or less. Find how many small cups are needed to fill a big cup.

 Explore items in the house. Which ones are hard? Soft? Heavy? Light?

 Ask your child to draw a picture and tell a story about it. Write down their words at the bottom of the picture.

 Put different foods on different plates (nut/seed butter, lemon, cheese, pretzel). Cover your child's eyes. Help them select food to taste and ask, "Which food do you think it is?"