

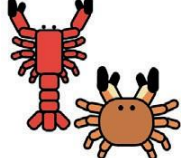
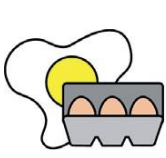
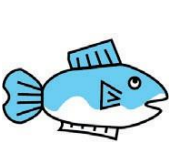







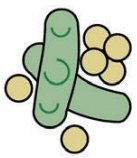



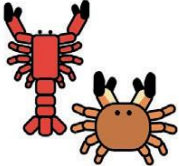
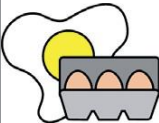

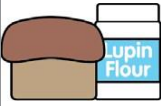






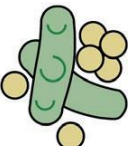



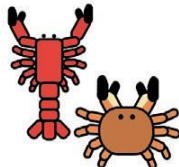
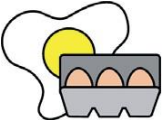
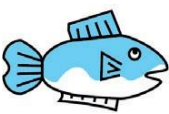
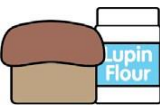






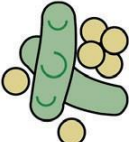





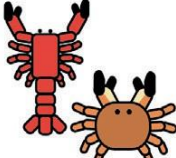
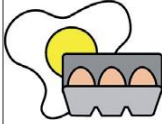
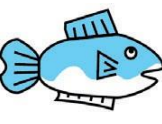
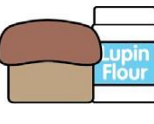








DISHES AND THEIR ALLERGEN CONTENT



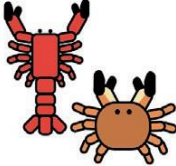
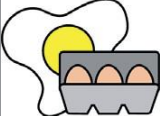

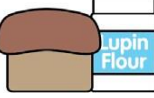








DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
WEEK 1, 2 & 3 LUNCH														
Cauliflower & Macaroni Cheese Bake with Seasonal Veg		X					X							
British Roast Chicken, Roast Potatoes with Gravy & Veg		X											X	
Quorn Vegetarian Meat Free, Roast Potatoes with Gravy & Veg		X		X										
Super Shepherd's Pie Served with Leafy Salad		X					X						X	
Caribbean Chicken Curry with Herby Golden Vegetable Rice														
Breaded Cod Fish with Straight cut Chips and Peas		X			X									
Veggie Fingers with Straight Cut Chips and Peas		X												
Breaded Veggie Fingers		X												



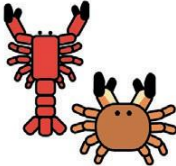

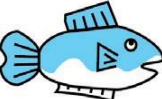
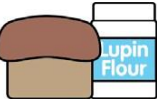






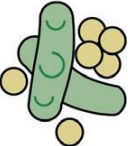

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chicken Sausage, Sweet Potato Veggie Bake		X											X	
Indian Vegetable Curry with Saffron Rice	X												X	
British Roast Turkey, Roast Potatoes with Gravy & Veg		X											X	
Italian Beef Lasagna & Carrots		X					X							
Salmon with Vegetable Rice														
Texas BBQ Chicken with Vegetable Rice														
Greek Beef Meatballs Spaghetti Served with Cucumber Slices		X												
Quorn Veggie Balls		X		X										
Cheesy Broccoli Pasta Bake		X					X							
Roast Lamb, Roast Potatoes with Gravy & Vegetables													X	



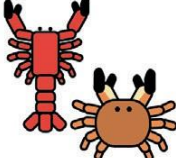











Quorn Meat Free		X		X										
Breaded Cod Bites with Potato Wedges and Veg		X			X									

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
WEEK 1, 2 & 3 DESSERTS (including teatime desserts)														
Fruit Salad Pot														
Cherry & Courgette Fruit Loaf		X		X			X							
Strawberry Compote Yoghurt							X							
Melon														
Natural Greek Yoghurt							X							
Fruit Salad Pot														

Apple & Cinnamon Swirl		X		X			X							
Strawberry Fruit Mousse							X							
Fresh Orange Slices														
Natural Greek Yoghurt							X							
DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Natural Greek Yoghurt							X							
Cream Carrot Cup Cakes		X		X			X							
Watermelon Slices														
Strawberry Mousse							X							
Strawberry Protein Bar														
Natural Yoghurt							X							
Blueberry & Banana Smoothie														

Orange Slices														
Peach Yoghurt							X							
Fresh Fruit Pot														
DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Vanilla Baked Pears														
Mixed Berry Biscuits		X		X			X							
Raspberry Yoghurt Compote							X							
Mixed Berry Biscuit		X		X			X							
Peach Yoghurt Compote							X							
Mango & Banana Smoothie														
Fruit Salad Pot														



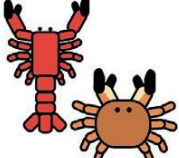
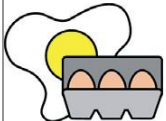






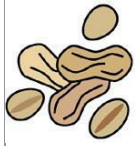

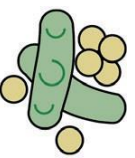

Fresh Apple Slices														
Banana Fruit Mousse							X							
DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
WEEK 1, 2 & 3 TEA MENU														
Vegetable & Tomato Puff Pasty		X												
Pizza Pasta Salad		X					X							
Carrot & Courgette Muffins		X		X			X							
Mexican Taco Salad							X							
Turkey Ham & Cucumber Sandwiches		X												
Carrot & Coriander Soup														

Fluffy Wholemeal Rolls with Cheese & Cucumber		X					X							
Veggie Sausages with Baked Beans		X												
Vegetable Chow Mein														
DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Spinach & Soft Cream Cheese Sandwiches		X					X							
Soft Cream Cheese & Lettuce Sandwiches		X					X							
Chicken Nuggets with Salad		X												
Creamy Vegetarian Potato Salad				X			X		X					
Vegetable Salad Tortillas		X		X			X		X					
Tuna Mayo Sandwiches		X		X	X				X					

DISHES



SNACK MENU	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Wholegrain Rice Cakes with Cheese & Cucumber Sticks							X							
Banana, Blueberry & Bread Sticks		X												
Carrot Batons, Hummus & Cream Crackers		X										X		
Wholemeal Rice Cakes, Cheese sticks & Carrot Batons							X							
Banana, Oat Cakes & Cream Cheese							X							
Pears & Oranges														
Sweet Bell Peppers, Cream Crackers and Cheese	X						X							
Apples & Bread Sticks	X													
Oranges & Oat Cakes														
Apples and Cream Crackers	X													

DISHES														
BABY PUREE MENU (Allergen dishes)	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Lamb, Pasta & Carrots Puree Allergens: Pasta: WHEAT/GLUTEN	X													
Sweet Potato, Oat Cereal, Pasta Puree Allergens: Pasta: WHEAT/GLUTEN	X													
Butternut Squash, Peas & Cod Puree Allergens: cod fish: FISH					X									
Pasta, Broccoli & Chicken Puree Allergens: Pasta: WHEAT/GLUTEN	X													
Butternut Squash, Carrot & Cod Fish Puree Allergens: cod fish: FISH					X									