

Autism and Extreme Demand Avoidant Profiles



Links to further information/reading

Books

- **Understanding Pathological Demand Avoidance: A guide for parents, teachers and other professionals** - Phil Christie, Margaret Duncan, Ruth Fidler and Zara Healy
- **Pathological Demand Avoidance Syndrome: My Daughter is not Naughty** - Jane Alison Sherwin
- **PDA by PDAers: From Anxiety to Avoidance and Masking to Meltdowns** - Sally Cat
- **Collaborative Approaches to Learning for Pupils with PDA: Strategies for Education Professionals** - Phil Christie and Ruth Fidler
- **Me and My PDA: A Guide to Pathological Demand Avoidance for Young People** - Gloria Dura-Vila and Tamar Levi
- **The PDA Paradox** - Harry Thompson
- **Can I tell you about Pathological Demand Avoidance Syndrome? A guide for friends, family and professionals** - Ruth Fidler and Phil Christie

Journal Articles/References

- O'Nions, E., & Noens, I. (2018) Conceptualising demand avoidance in an ASD context: a reply to Malik & Baird's commentary on O'Nions et al., Dimensions of difficulty in children reported to have an autism spectrum diagnosis and features of extreme/'pathological' demand avoidance *Child and Adolescent Mental Health*.
- Egan, V., Linenberg, O., O'Nions, E (2018) The Measurement of Adult Pathological Demand Avoidance Traits *Journal of Autism and Developmental Disorders*
- O'Nions, E., Viding, E., Floyd, C., Quinlan, E., Pidgeon, C., Gould, J. Happé, F. (2018) Dimensions of difficulty in children reported to have an autism spectrum diagnosis and features of extreme/'pathological' demand avoidance. *Child and Adolescent Mental Health*
- O'Nions, E., Happé, F., Viding, E., Gould, J. & Noens, I. (2018) Demand avoidance is not necessarily defiance: Correspondence on Green et al., Pathological Demand Avoidance: symptoms but not a syndrome *The Lancet Child & Adolescent Health*, 2(7), e14
- Green, J, M. Absoud, V. Grahame, O.Malik E. Simonoff A. Le Courteur, G. Baird (2018) Pathological demand Avoidance: Symptoms but not a syndrome, published online March 22, 2018, The Lancet Child and Adolescent Health. [A PDA Society summary is available here](#)

- Michael O Ogundele (2018) Behavioural and emotional disorders in childhood: A brief overview for paediatricians World J Clin Pediatr. Feb 8, 2018; 7(1): 9-26
Published online Feb 8, 2018. doi: [10.5409/wjcp.v7.i1.9](https://doi.org/10.5409/wjcp.v7.i1.9)
- Grace Trundle, Leam A. Craig, Ian Stringer, (2017) "Differentiating between pathological demand avoidance and antisocial personality disorder: a case study", Journal of Intellectual Disabilities and Offending Behaviour, Vol. 8 Issue: 1, pp.13-27
- Gore -Langton Emma, Frederickson Norah. (2016). Parents' experiences of professionals' involvement for children with extreme demand avoidance. International Journal of Developmental Disabilities.
- O'Nions, E., Gould, J., Christie, P., Gillberg, C., Viding, E., & Happé, F. (2016) Identifying features of 'Pathological Demand Avoidance' using the Diagnostic Interview for Social and Communication Disorders ('DISCO'). European Child and Adolescent Psychiatry, 25, 407-419. [\(click here to download some supplementary materials\)](#)
- Gore -Langton Emma, Frederickson Norah. (2015). Mapping the Educational Experiences of children with Pathological Demand Avoidance. Journal of Research in Special Educational Needs. More information relating to this research can be found here: [Emma Gore Langton PDA educational experiences](#)
- Gillberg Christopher et al. (2014). Extreme ("pathological") demand avoidance in autism: a general population study in the Faroe Islands. Journal of European Child and Adolescent Psychiatry. (e-publication ahead of print).
- Gillberg, Christopher. (2014). Commentary: PDA – Public Displays of Affection or Pathological Demand Avoidance? Journal of Child Psychology and Psychiatry.
- Reilly Colin.; Aktinson, Patricia., Menlove Leanne.' Gillberg, Christopher.' O'Nions, Elizabeth., Happé Francesca., Neville, Brian G.R. (2014) Pathological Demand Avoidance in a Population based cohort of children with epilepsy: Four Case Studies. Research in Developmental Disabilities.
- O'Nions E, Viding E, Greven CU, Ronald A & Happé F (2013) Pathological Demand Avoidance (PDA): exploring the behavioural profile; Autism: The International Journal of Research and Practice.
- O'Nions, E., Christie, P., Gould, J., Viding, E. & Happé, F. (2013) Development of the 'Extreme Demand Avoidance Questionnaire' (EDA-Q): Preliminary observations on a trait measure for Pathological Demand Avoidance; Journal of Child Psychology and Psychiatry.
- Harvey, Tracy. (2012). The educational issues for the child with a diagnosis of Pathological Demand Avoidance Syndrome. Good Autism Practice Journal.
- Eaton J, Banting R (2012) Adult diagnosis of pathological demand avoidance – subsequent care planning. Journal of Learning Disabilities and Offending Behaviour

- Carlile J (2011). Helping your child with PDA to play: eight strategies for supporting a child with pathological demand avoidance syndrome at home. Good Autism Practice Journal
- Phil Christie (2007) The Distinctive Clinical and Educational Needs of Children with Pathological Demand Avoidance Syndrome, Guidelines for Good Practice; Good Autism Practice Journal.
- Jones, E. (2005). Developing independence through the use of a colour-coded system with a fifteen-year-old pupil with a diagnosis of pathological demand avoidance syndrome (PDA) in a mainstream school. Good Autism Practice Journal.
- Elizabeth Newson et al (2003) Pathological Demand Avoidance Syndrome: a necessary distinction within the pervasive developmental disorders; Archives of Diseases in Childhood.

Blogs

A selection of blogs written and maintained by adults with PDA/EDA or parents of children with PDA if you wish to read more personal insights. There are many more blogs and social media pages popping up around the topic of PDA/EDA and you can find links to several more at www.pdasociety.org.uk

Riko's PDA Page

<https://dragonriko.wordpress.com>

Notes on PDA

<https://notesonpda.wordpress.com>

Sally Cat PDA

www.sallycatpda.co.uk

PDA Parenting

www.pdaparenting.com

Steph's Two Girls

www.stephstwogirls.co.uk

Me, Myself and PDA

www.memyselfandpda.com

Web

National Autistic Society

www.autism.org.uk/about/what-is/pda

PDA Society

<https://www.pdasociety.org.uk/>

Autism East Midlands

<https://www.autismeastmidlands.org.uk/about-autism/autism-publications/>

Liz O' Nions

<https://sites.google.com/site/lizonions/home>

Emma Gore-Langton

<https://pdaeducationalexperiences.wordpress.com/about-the-researchers/>

Autism Education Trust

<http://www.aetraininghubs.org.uk/wp-content/uploads/2012/05/5.2-strategies-for-teaching-pupils-with-PDA.pdf>

Network Autism

<https://network.autism.org.uk/search/node/pda>

Contact us:

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