



## ✉️ **Constituent Outreach Template: Speak Up, Demand Better**

**Subject:** As Your Constituent, I'm Urging You to Take Action

Dear [Representative/Senator NAME],

My name is [Your Name], and I am a constituent living in [City, State, ZIP Code]. I am writing to you today because I am deeply concerned about the direction of our country—and the harm being done by the return of Trump-era leadership and policies.

In just the first month of this administration, we've already seen multiple alarming developments, including:

- Attempts to roll back reproductive rights and restrict access to abortion and contraception
- Proposals to cut essential social services, including public education, housing, and healthcare
- Escalating anti-immigrant rhetoric and policies that dehumanize marginalized communities
- Efforts to undermine climate science and dismantle environmental protections
- The politicization of federal agencies and staffing of key roles with partisan loyalists instead of qualified professionals
- Open hostility toward the free press and public protest
- Use of executive authority to intimidate political opponents and consolidate unchecked power

These are not just partisan disagreements. These are fundamental attacks on democracy, personal liberty, and the rule of law.

As someone you represent, I'm asking—**what will you do to protect us?**

Will you speak out, vote against harmful legislation, and work to uphold the values this country is supposed to stand for?

I urge you to:

- Publicly denounce these authoritarian policies
- Support legislation that protects civil rights, reproductive freedom, and democratic institutions
- Hold government officials accountable for abuses of power
- Stand with constituents—not party power structures

I, and many others, are watching. We are speaking up, organizing, and showing up—at town halls, at the polls, and in your inboxes. Silence and complicity are not acceptable.

Please respond with your position and the actions you are taking to protect the people you were elected to serve.

I want you to know that Susan sent me!

Sincerely,

[Your Name]

[Your Contact Info]

[Your Full Address (optional but helpful to confirm residency)]