

# 2025 in review

As the year draws to a close, let's take a moment to reflect on our incredible journey. This worksheet invites you to cherish the fantastic moments, learn from challenges faced, and share your unique experiences as we step into a new chapter.



A lesson I learned:

Favorite memory:

Favorite book:

Favorite movie:

Favorite Song:

The hardest thing about this year was:

My goals for next year:

The coolest thing about this year was:

Next year I want to learn...



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I learned about myself:

Things I am releasing:

Favorite restorative practice:

Proudest accomplishment:

Favorite quote/mantra:

Promises I kept to myself:

My growth opportunity for next year:

My word for next year:

