



Knowledge + Practice = Personal Transformation

REGISTER TODAY FOR

BC3'S PERSONAL EMPOWERMENT TRAINING FOR VETERANS



WEDNESDAY MORNINGS
SEPTEMBER 18 - NOVEMBER 13, 2024
8:30am - 11am

ABIE ABRAHAM VA HEALTH CARE CENTER, ROOM 1MH011

ABOUT THE TRAINING

This training will explore over 40 emotional intelligence concepts such as beliefs, self-esteem, empathy, active listening and managing conflict. Participants' increased knowledge, practice, and application encourage new perspectives and habits. The common theme for this program is building HOPE for one's future.

No fee. Space is limited.
Register by September 13:
Dina Fricke
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bc3.edu/empowerment



U.S. Department of Veterans Affairs
Veterans Health Administration
Butler VA Health Care System

