Nelson Community Resource Guide

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Please send edits and additions to
Tom von Hemert
CIT Coordinator, Thomas Jefferson Area CIT
vonhemerett@Charlottesville.org
24 HOUR CRISIS HELP LINES

2-1-1 Virginia (local resource hotline)
Phone: 211 or 1-800-230-6977

General Emergency (Police, Rescue, or Fire)
Phone: 911

Adult Protective Services Hotline
Phone: 888-832-3858

Alzheimer’s Safe Return
Phone: 800-272-3900

Blue Ridge Poison Control Center
Phone: 800-222-1222

Child Protective Services Hotline
Phone: 800-552-7096

National Sexual Assault Hotline
Phone: 800-656-4673

Region Ten Emergency Services
(Mental Health Crisis Hotline)
Phone: 434-972-1800

Runaway Emergency Services Program
Phone: 800-222-1222

Sexual Assault Resource Agency (SARA)
Phone: 434-977-7273

Shelter for Help in Emergency (domestic violence)
Phone: 434-293-8509

Virginia Suicide Crisis and Prevention Hotline
Phone: 800-784-2433

Veteran Crisis Line
Phone: 800-273-8255 x1
LAW ENFORCEMENT

County Administration
Address: P.O. Box 336 (mailing)
         84 Courthouse Square
         Lovingston, VA 22949
Email: info@nelsoncounty.org
Phone: 434-263-7000

Nelson County Sheriff
Address: P.O. Box 36 (mailing)
         84 Courthouse Square
         Lovingston, VA 22949
Email: sheriff@nelsoncounty.org
Phone: 911 (emergency)
       434-263-7050 (non-emergency)
       877-570-8477 (anonymous tip line)

Wintergreen Police Department
Address: 88 Wintergreen Dr.
         Wintergreen Resort, VA 22967
Email: Wintergreenpolice@wintergreenpolice.org
Phone: 911 (emergency)
       434-325-1106 (non-emergency)
Hours: Mon-Fri: 9AM-5PM

Virginia State Police
Phone: 804-674-2000
Website: http://www.vsp.state.va.us

Crime stoppers
Phone: 911 (emergency)
       1-800-322-2017 (24 hour hotline)
Hours: 24/7
Services Offered: Crime Stoppers offers cash rewards of up to $1,000 to anyone furnishing anonymous information that leads to the arrest of criminals by calling the hotline or at www.ReportADrugDealer.com

FIRE AND RESCUE

Faber Volunteer Fire Department and Auxiliary
Address: 8207 Irish Road
         Faber, VA 22938
Phone: 911 (emergency)
       434-263-8052 (chief)

Gladstone Volunteer Fire and Rescue Service
Address: 8786 Richmond Hwy.
         Gladstone, VA 24553
Phone: 911 (emergency)
       434-238-5299 (chief)
       434-401-9604 (rescue captain)
       434-933-4493 (president)

Lovingston Volunteer Fire Department
Address: P.O. Box 6 (mailing)
         53 Baker Lane
         Lovingston, VA 22949
Phone: 911 (emergency)

Montebello Volunteer Fire and Rescue
Address: P.O. Box 96 (mailing)
         119 Fork Mountain Lane
         Montebello, VA 24464
Phone: 911 (emergency)
       540-377-2145 (chief)

Nelson County Rescue Squad Station #1
Address: 8301 Irish Rd.
         Faber, VA 22938
Phone: 911 (emergency)
       434-277-9550 (captain)
Nelson County Rescue Squad Station #2
Address: P.O. Box 44 (mailing)
7995 Thomas Nelson Hwy.
Lovingston, VA 22949
Phone: 911 (emergency)
434-263-6834 (captain)

Nelson County Rescue and Auxiliary
Address: 114 James Lane
Lovingston, VA 22949
Phone: 911 (emergency)
434-996-5585 (captain)

Piney River Auxiliary
Address: 582 Dillard Hill
Lowesville, VA 22967
Phone: 911 (emergency)

Piney River Volunteer Fire Department
Address: P.O. Box 28 (mailing)
249 Firehouse Road
Piney River, VA 22964
Email: pineyriverfire@gmail.com
Phone: 911 (emergency)
434-944-0766 (chief)

Rockfish Volunteer Fire, Rescue, and Auxiliary
Address: 11100 Rockfish Valley Hwy.
Afton, VA 22920
Phone: 911 (emergency)
540-456-6465 (chief)

Roseland Rescue Squad
Address: P.O. Box 39 (mailing)
7745 Patrick Henry Hwy
Roseland, VA 22967
Phone: 911 (emergency)
434-277-5602 (captain)

Wintergreen Fire Department and Rescue Squad Station #1
Address: P.O Box 711 (mailing)
2390 Wintergreen Dr.
Nellysford, VA 22958
Phone: 911 (emergency)
434-325-1051 (non-emergency)

Wintergreen Fire Department and Rescue Squad Station #2
Address: P.O Box 711 (mailing)
487 Monocan Dr.
Nellysford, VA 22958
Phone: 911 (emergency)
434-325-8538 (non-emergency)
SOCIAL SERVICES

Nelson County Department of Social Services
Address: P.O. Box 357 (mailing)
203 Front St.
Lovingston, VA 22949
Phone: 434-263-7160
Hours: Mon-Fri: 8AM-4PM
Services Offered: Nelson County DSS offers financial and social services such as SNAP (food stamps), TANF, childcare, Medicaid, Virginia Initiative for Employment, and Fuel and Energy Assistance. This office also oversees foster care, child protective services, and adult protective services

Nelson County Adult Protective Services
Address: P.O. Box 357 (mailing)
203 Front St.
Lovingston, VA 22949
Phone: 434-263-7160
Hours: Mon-Fri: 8AM-4PM
Services Offered: Under Nelson County DSS, they serve adults 60 years of age or older and incapacitated adults age 18 and older. They offer a variety of health, social, and legal guidance to stop and prevent further mistreatment of these adults

Adult Protective Services Hotline
Phone: 888-832-3858
Hours: 24 hours / 7 days a week
Services Offered: A 24 hour, toll free hotline to report suspected abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 and older

Nelson County Child Protective Services
Address: P.O. Box 357 (mailing)
203 Front St.
Lovingston, VA 22949
Phone: 434-263-7160
Hours: Mon-Fri: 8AM-4PM
Services Offered: Under Nelson County DSS, they serve children under the age of 18. They offer a variety of health, social, and legal guidance to stop and prevent further mistreatment of these children

Child Protective Services Hotline
Phone: 800-552-7096
Hours: 24 hours / 7 days a week
Services Offered: A 24 hour, toll free hotline to report suspected abuse, neglect, and exploitation of children as well as provide crisis counseling and intervention as needed
SUBSTANCE ABUSE

Region Ten Community Services Board
Address: 71 Tanbark Plaza
Lovingston, VA 22949
Phone: 434-263-4889
434-972-1800 (24 hour hotline)
Services Offered: Offers many options for self-help, support groups, intensive outpatient program and many community outreach programs. Charges vary with income.

Mohr Center
Address: 1907 Cedar Hill Rd
Charlottesville, VA 22901
Phone: 434-979-8871
Hours: 24hrs/7days
Services Offered: A ten-bed intensive treatment program for men recovering from addiction. Applicants must be sober as well as screened by Region Ten. There is also a public inebriate shelter that provides a 5 bed sobering up shelter for adult males

ARS (Addiction Recovery Systems)
Address: 103 S. Pantops Dr., Suite 102
Charlottesville, VA 22911
Phone: 434-220-0080
1-800-277-9695 (addiction hotline)
Services Offered: ARS offers medication assisted treatment by way of methadone or suboxone to aid individuals seeking recovery from opiate addiction. Individual and group counseling are offered in conjunction with individualized care from a treatment team inclusive of addiction counseling professionals, nurses, and physicians. ARS accepts Anthem and Aetna private insurance plans, and a self-pay program rate of $14 daily for uninsured individuals.

Alcoholics Anonymous (Jefferson District Intergroup)
Address: 1807 Emmet St. N, Suite 3-A
Charlottesville, VA 22901
Phone: 434-293-6565
Hours: 24hrs/7days
Services Offered: Support group of men and women who have the desire to stop drinking. The primary purpose is to stay sober and help other alcoholics achieve sobriety. Updated local meeting schedules are available at www.jeffersonfob.wordpress.com
Schedule in back

Al-Anon and Alateen
Phone: 434-972-7011
Hours: 24hrs/7days
Services Offered: Support group for families and friends of alcoholics. They run alateen, a support group specifically for affected young people.
Schedule in back

Georgia’s Healing House
Address: 911 East Jefferson St.
Charlottesville, VA 22902
Email: volunteerggh@gmail.com
Phone: 434-825-4311 (Sue Hess)
Services Offered: Georgia’s Healing House provides a safe and structured living environment to assist women in recovery from drugs or alcohol addiction to heal and become healthy, self-reliant and productive members of our community. Program cost is assessed as a percentage of the participant’s income. More information can be found at www.georgiasfriendscville.org
**Narcotics Anonymous (Piedmont Area)**
Address: P.O. Box 6931
Charlottesville, VA 22906
Phone: 800-777-1515
Hours: 24hrs/7days
Services Offered: Self-help and support group of recovering addicts wishing to help one another to stay clean and sober. An updated list of meetings and events is available at www.piedmontvana.org

**SAARA (Substance Abuse and Addiction Recovery Alliance)**
Address: 2000 Mecklenburg St.
Richmond, VA 23223
Phone: 804-762-4445
Hours: Mon-Thurs: 8:30AM-6:00PM
Fri: 8:30AM-12:30PM
Services Offered:
SAARA serves individuals in recovery from alcohol and other drug addiction, their families, friends, and dedicated community supporters. In addition to advocacy, they offer trainings and group meetings.

**SAFE DRUG DISPOSAL SITES**

**Greene County Sheriff’s Office**
Address: 10005 Spotswood Trail
Standardsville, VA 22973
Phone: 434-985-2222

**Louisa County Sheriff’s Office**
Address: 1 Woolfolk Ave
Louisa, VA 22093
Phone: 540-967-1234

**Fluvanna County Sheriff’s Office**
Address: 160 Commons Blvd
Palmarya, VA 22963
Phone: 434-589-8211
MENTAL HEALTH AND ABUSE

Region Ten Community Services Board
Address: 71 Tanbark Plaza
Lovingston, VA 22949
Phone: 434-263-4889
434-972-1800 (24 hour hotline)
Services Offered: Offers many options for self-help and support groups as well as an intensive outpatient program and many community outreach programs. Charges vary with income.

Help Happens Here
Phone: 911 (emergency)
434-227-0641 (information)
Services Offered: Help Happens Here is a public awareness and stigma reduction campaign by the Community Mental Health and Wellness Coalition. They provide a website with resources as well as a nonemergency information and referral line (434-227-0641). For more information call or visit helphappenshere.org

Ready Kids
Address: 1000 East High St.
Charlottesville, VA
Email: info@readykidscville.org
Phone: 434-296-4118
434-972-7233 (teen crisis hotline)
Hours: Mon-Thurs: 8:30AM-6:00PM
Fri: 8:30AM-12:30PM
Services Offered:
Serves children and youth and their families. They provide programs for children such as an early literacy program, a life skills program, and childcare. They provide counseling and temporary shelter for survivors of abuse, their family members and for teens at risk of running away. Additionally they provide training, workshops, and support groups for parents.

SARA (Sexual Assault Resource Agency)
Address: 335 Greenbrier Drive, Suite 102
Charlottesville VA 22901 (mailing)
Email: info@saracville.org
Phone: 434-295-7273
434-977-7273 (24 hour hotline)
Hours: 9AM-5PM
Services Offered: Free support services are available in English and Spanish to all survivors as well as loved ones of survivors of sexual violence. SARA also promotes community education, prevention, and awareness. Through the 24 hour hotline, representatives are available to accompany survivors to the emergency department at all times.

Shelter for Help in Emergency
Address: 1415 Sachem Place
Suite 1
Charlottesville, VA
This address is for the community outreach center. The actual address is not available for the safety of domestic violence survivors
Email: info@shelterforhelpinemergency.org
Phone: 434-963-4676
434-293-8509 (24 hour hotline)
Hours: 24hrs/7days
Services Offered: The shelter offers a variety of services designed to empower victims of domestic violence and create community support for domestic violence victims through services such as emergency, temporary and transitional housing, counseling, case management, programs for children and teens, and legal advocacy. Services are available in both English and Spanish
The Women’s Initiative
Address: 1101 East High St. Suite A
Charlottesville, VA 22902
Email: info@thewomensinitiative.org
Phone: 434-872-0047
Hours: Mon-Fri: 9AM-5PM
Services Offered: Provides underinsured and uninsured women with individual counseling, free social support groups, as well as community outreach and education. Services are available in both English and Spanish and a free walk in clinic is available at various locations. An updated schedule is available by calling or at thewomensinitiative.org. Charges vary with income.

CHILDREN AND PARENTING

Region Ten Community Services Board
Address: 71 Tanbark Plaza
Lovingston, VA 22949
Phone: 434-263-4889
434-972-1800 (24 hour hotline)
Hours:
Services Offered: Offers many options for self-help and support groups as well as an intensive outpatient program and many community outreach programs. Charges vary with income.

The Arc of Piedmont
Address: 509 Park St.
Charlottesville, VA
Phone: 434-977-4002
Services Offered: The ARC supports and works to connect people with intellectual and developmental disabilities and their families with the wisdom and support of other parents, family members, professionals, and other community members.

MACAA (Monticello Area Community Action Agency) – Head Start
Address: 8445 Thomas Nelson Hwy.
Lovingston, VA 22949
Email: lmontoya@macaa.org
Phone: 434-295-3171 ext. 3003
Hours: Mon-Fri: 9AM-5PM
Services Offered: Head Start provides a comprehensive early childhood development program for three- and four-year-old children from families in greatest need. Family Advocates provide case management support, assist parents in addressing social service needs, and help parents attain family management and parenting skills. Call or email for an application or more information.
**MACAA (Monticello Area Community Action Agency) – Project Discovery**

**Address:** 8445 Thomas Nelson Hwy  
Lovingston, VA 22949  
**Email:** tdowell@macaa.org  
**Phone:** 434-295-3171 ext. 3066  
**Hours:** Mon-Fri: 9AM-5PM  
**Services Offered:** Project Discovery promotes academic achievement as a means of propelling high school students from low income families out of poverty. Email or call for more information.

**Nelson County Special Education Advisory Committee**

**Address:** PO Box 276  
84 Courthouse Sq.  
Lovingston, VA 22949  
**Email:** nelsonSEAC@nelson.k12.va.us  
**Phone:** 434-260-7646  
**Services Offered:** SEAC assists NCPS in the identification of needs related to students with disabilities and suggests ways to address needs. Meetings are open to the public. Contact them if interested in attending.

**PREP (Piedmont Regional Education Program)**

**Address:** 1434 Rolkin Ct., Suite 201  
Charlottesville, VA 22911  
**Email:** telitharp@k12albemarle.org  
**Phone:** 434-975-9400  
**Services Offered:** PREP provides special education programming and related services such as Ivy Creek School for children with emotional disabilities, vision and mobility, hearing impaired program, therapy, etc... They also offer a Parent Resource Center.

**Ready Kids**

**Address:** 1000 East High St.  
Charlottesville, VA  
**Email:** info@readykidscville.org  
**Phone:** 434-296-4118  
434-972-7233 (teen crisis hotline)  
**Hours:** Mon-Thurs: 8:30AM-6:00PM  
Fri: 8:30AM-12:30PM  
**Services Offered:** Serves children and youth and their families. They provide programs for children such as an early literacy program, a life skills program, and childcare. They provide counseling and temporary shelter for survivors of abuse, their family members and for teens at risk of running away. Additionally they provide training, workshops, and support groups for parents.

**Side by Side**

**Address:** 1204 W. Main St,  
Charlottesville, VA 22903  
**Email:** mary.sullivan@sidebysideva.org  
info@sidebysideva.org  
**Phone:** 434-987-8975 (support group)  
804-644-4800 (main office)  
888-644-4390 (24 hour hotline)  
**Services Offered:** Offers a local support group in Charlottesville for LGBTQ+ youth ages 14-20 on Mondays from 6:30-8:30PM. The main center in Richmond also provides counseling, support, scholarships, and other services for LGBTQ+ youth as well as training sessions to increase awareness and education within the general community.
**Blue Ridge Medical Center-Dental Center**  
**Address:** 4038 Thomas Nelson Hwy  
Arrington, VA 22922  
**Phone:** 434-263-6310  
**Hours:** Mon-Thurs: 8AM-5PM  
**Services Offered:** Offers dental services to all ages focusing on preventative care. Services are available by appointment only. Cost is assessed on a sliding scale and over 200 insurances accepted.

**Blue Ridge Medical Center-Medical Center**  
**Address:** 4038 Thomas Nelson Hwy  
Arrington, VA 22922  
**Phone:** 434-263-4000  
**Hours:** Mon, Tues, Thurs, Fri: 8AM-5:30PM  
Wed: 8AM-8PM  
Sat: 8:30AM-12PM  
**Services Offered:** Offers medical services to all ages including primary care, pediatrics, physical therapy, and behavioral health. Services are available by appointment only. Cost is assessed on a sliding scale and over 200 insurances accepted.

**Blue Ridge Medical Center-Pharmacy**  
**Address:** 4038 Thomas Nelson Hwy  
Arrington, VA 22922  
**Phone:** 434-263-4810  
**Hours:** Mon, Tues, Thurs, Fri: 8AM-5:30PM  
Wed: 8AM-8PM  
Sat: 8:30AM-12PM  
**Services Offered:** For those who utilize Blue Ridge Medical Center for primary care needs, they are able to offer low, sliding scale based costs for prescriptions under the 340B medication program. They also fill outside prescriptions and insurances. Over 100 generic prescriptions are available for $5.

**Blue Ridge Poison Control Center**  
**Address:** P.O. Box 800774  
1222 Jefferson Park Ave.  
Charlottesville, VA  
**Phone:** 1-800-222-1222 (non-emergency)  
911 (emergency)  
**Hours:** 24hours/7days  
**Services Offered:** Call if you think someone may have made a mistake with medicine, or may have swallowed, touched, or inhaled something harmful. Non-emergency calls are welcome, free, and confidential. If someone is not breathing, having a seizure, or won’t wake up call 911.

**Charlottesville Free Clinic**  
**Address:** 1138 Rose Hill Dr.  
**Email:** frontdesk@cvillefreeclinic.org  
**Phone:** 434-296-5525  
**Hours:** Mon-Thurs: 8AM-4:30PM  
Fri: 8:30AM-1PM  
Mon, Tues, Thurs: 5PM-8PM  
Closed for lunch 1PM-2PM daily  
**Services Offered:** Offers medical service to those who are under or uninsured. Services are by appointment only.

**Nelson County Health Department**  
**Address:** 4038 Thomas Nelson Hwy  
Arrington, VA 22922  
**Phone:** 434-263-4297  
**Hours:** Mon-Fri: 8AM-4:30PM  
**Services Offered:** They offer medical services such as immunizations, family planning, sexual health, TB testing, and WIC nutrition as well as additional services such as environmental health, and emergency preparedness.
Planned Parenthood
Address: 2964 Hydraulic Rd
Charlottesville, VA 22901
Phone: 434-296-1000
Hours: Tues: 11AM-7PM
Thurs: 8AM-4PM
Fri: 8AM-1PM
Sat: 9AM-1PM
Services Offered: Walk in service is available for emergency contraception, pregnancy testing, and birth control refill pickup. Other services are available by appointment for a range of sexual and reproductive health care services such as STD testing. Charges vary based on income and insurance.

Pregnancy Center of Virginia
Address: 320 W. Main St.
Charlottesville, VA 22903
Phone: 434-979-8888
434-218-2013 (text)
434-220-3777 (24 hour helpline)
Hours: Mon, Wed, Fri: 10AM-3PM
Tues, Thurs: 10AM-7PM
Services Offered: Provides free pregnancy tests, counseling, and practical support to women in crisis pregnancies. They also run a 24-hour crisis helpline.

Sentara Afton Family Medicine
Address: 10950 Rockfish Valley Hwy
Afton, VA 22920
Phone: 540-456-9710
Hours: Mon-Fri: 8:30AM-5PM
Services: Primary care physicians offering services to both adults and children. They are a branch of the Sentara hospital system. Financial assistance is available. Services are by appointment only.

Stoney Creek Family Medicine
Address: 2871 Rockfish Valley Hwy.
Nellysford, VA 22958
Phone: 434-361-2555
434-924-0000 (after-hours)
Hours: Mon-Wed, Fri: 8:30AM-5PM
Thurs: 8:30AM-8PM
Services Offered: Stoney Creek Family Medicine offers primary care for patients of all ages. Our physicians have advanced training in women’s health, pediatrics and geriatrics and strive to keep you healthy in all aspects of your life. They are affiliated with University of Virginia Hospital Systems. Services are by appointment only.

Unity in Community
Email: nelsonuic@gmail.com
Phone: 434-361-0370
Services Offered: Through the Dental Assistance Program, they aim to make dental care affordable to low income Nelson County residents providing both assistance and transportation. They also provide financial assistance for medical needs such as vision and hearing needs.

UVA Teen and Young Adult Health Center
Address: 1204 W. Main St.
Charlottesville, VA 22903
Phone: 434-982-0090
Hours: Mon-Fri: 8:30AM-5:30PM
Services Offered: Serves young men and women under 20 years old for routine healthcare services.
FOOD

**JABA Meal Delivery**
**Address:** 674 Hillsdale Dr., Suite 9  
Charlottesville, VA 22901  
**Phone:** 434-817-5253  
**Services Offered:** Meals available to those homebound and over the age of 60 without other options for meals. Call 434-817-5253 to discuss eligibility.

**Nelson County Pantry**
**Address:** 9890 Thomas Nelson Hwy.  
Lovingston, VA 22949  
**Phone:** 434-263-6694  
434-202-4283 (voicemail)  
**Hours:** Distribution usually begins at 9:30AM the last Saturday of the month. Distribution is moved to the 2nd to last Saturday in November and December  
**Services Offered:** Be sure to bring proof of residency and income if you wish to receive more than food provided by the USDA. For an up to date distribution schedule visit www.NelsonCountyPantry.org

**The Salvation Army Public Meals Program**
**Address:** 207 Ridge St.  
Charlottesville, VA 22902  
**Email:** charlottesvillleva@uss.salvationarmy.org  
**Phone:** 434-295-4058  
**Services Offered:** All guests receive one on one advocacy. There is a 58 bed shelter in addition to a soup kitchen that serves 3 meals a day. Emergency food is also available. All services are based on a first come first serve basis but no one who is hungry will ever be turned away.

**UIC (Unity in Community)**
**Email:** nelsonuic@gmail.com  
**Phone:** 434-277-8842  
**Services Offered:** UIC offers emergency financial assistance for basic necessities such as rent, groceries, medical co-pays, and utility assistance.
HOUSING

The HAVEN
Address: 112 West Market St.
Charlottesville, VA 22902
Phone: 434-973-1234
Hours: Mon-Sat: 7AM-12PM (noon)
Sun: 7AM-3PM
Services Offered: The Haven is a multi-resource day shelter for people facing homelessness. They offer daily breakfast, storage bins, a place to receive mail, shower and laundry facilities, computers, job and house search assistance, and a comfortable environment and place to meet.

MACAA (Monticello Area Community Action Agency) – Hope House
Address: 1025 Park St.
Charlottesville, VA 22901
Email: n_kidd@macaa.org
Phone: 434-295-3171 ext. 3021
Hours: Mon-Fri: 9AM-5PM
Services Offered: The Hope House program offers housing and intensive case management for up to four families facing homelessness at a time.

MACAA (Monticello Area Community Action Agency) – Rural Outreach
Address: 8445 Thomas Nelson Hwy
Lovingston, VA 22949
Phone: 434-263-8119
Hours: Thurs, Fri: 9AM-4PM
Services Offered: A MACAA office in Nelson County provides emergency assistance to families by providing them with food, clothing, and financial resources to cover rent or utility costs.

NCCDF (Nelson County Community Development Foundation)
Address: P.O. Box 57 (mailing)
8445 Thomas Nelson Hwy.
Lovingston, VA 22949
Email: gkrieger164@gmail.com
Phone: 434-263-8074
Services Offered: NCCDF fosters community development by providing funds and other assistance including housing services for first-time owners, indoor plumbing and owner occupied rehab, emergency repairs for elderly and disabled, and a revolving loan program.

PACEM (People and Congregations Engaged in Ministry)
Address: P.O. Box 14 (mailing)
Charlottesville, VA 22902
Phone: 434-973-1234
Services Offered: PACEM runs a last resort warm shelter from the end of October through March, Intake is run through at the HAVEN

Piedmont Housing Alliance
Address: 111 Monticello Ave., Suite 104
Charlottesville, VA 22902
Phone: 434-817-2436
Services Offered: Provides in-depth information and assistance to first-time home buyers
The Salvation Army Emergency Shelter
Address: 207 Ridge St.
Charlottesville, VA 22902
Email: charlottesvilleva@uss.salvationarmy.org
Phone: 434-295-4058
Services Offered: All guests receive one on one advocacy. There is a 58 bed shelter in addition to a soup kitchen that serves 3 meals a day. Emergency food is also available. All services are based on a first come first serve basis but no one who is hungry will ever be turned away.

UIC (Unity in Community)
Email: nelsonuic@gmail.com
Phone: 434-277-8842
Services Offered: UIC offers emergency financial assistance for basic necessities such as rent, groceries, medical co-pays, and utility assistance. There is also free clothing, appliances, household items, and furniture to those in need.

Virginia Supportive Housing
Address: 8002 Discovery Dr., Suite 201
Richmond, VA 23226
Phone: 434-227-4751
Hours: Mon-Fri: 8:30AM-5PM
Services Offered: Virginia Supportive Housing manages The Crossings, Charlottesville area’s first permanent supportive housing community for formerly homeless individuals. It’s also a mixed-income community in which 30 of the 60 studio apartments are designated for individuals who may not have experienced homelessness but whose incomes are 50 percent or less of the area median income.

WARM (Waynesboro Area Refuge Ministry)
Address: rotates through area churches
1035 Fairfax Ave. (mailing)
Waynesboro, VA 22980
Phone: 540-324-8166 (admin)
540-254-7888 (shelter info)
Hours: November – March 6PM-7AM
Services Offered: This rotating thermal shelter provides a cot, a hot dinner and breakfast. More information can be found by calling or visiting http://www.warmwaynesboro.org
SCHOOLS

**Nelson County School Board**
Address: P.O. Box 276 (mailing)
84 Courthouse Square
Lovingston, VA 22949
Phone: 434-260-7646
Director of Special Education and Student Services: Sandra Irby
sirby@nelson@nelson.k12.va.us
434-260-7646 Ext. 1005

**Nelson County High School**
Address: 6919 Thomas Nelson Hwy.
Lovingston, VA 22949
Phone: 434-263-8317
Email: mfleckenstein@nelson.k12.va.us

**Nelson Middle School**
Address: 6925 Thomas Nelson Hwy
Lovingston, VA 22949
Phone: 434-263-4801
Email: ahartzog@nelson.k12.va.us

**Rockfish River Elementary School**
Address: 200 Chapel Hollow Rd
Afton VA 22920
Phone: 434-361-1791
Email: jmartin@nelson.k12.va.us

**Tye River Elementary School**
Address: 5198 Thomas Nelson Hwy
Arrington, VA 22922
Phone: 434-263-8960
Email: spollard@nelson.k12.va.us

TRANSPORTATION

**Jaunt Inc**
Address: 104 Keystone Place
Charlottesville, VA 22902
Email: info@ridejaunt.org
trips@ridejaunt.org (reservations)
ada@ridejaunt.org (ADA services)
Phone: 434-296-3184
Ext. 120 (Spanish)
Services Offered: Jaunt is a regional public transportation system offering both fixed routes and door-to-door service at affordable prices. They also help to coordinate free rides for residents with disabilities. For more information or an updated schedule call or visit ridejaunt.org
Schedule in back
VETERAN SERVICES

Department of Veteran’s Services – Charlottesville Benefits Office
Address: Virginia Work Force Center  
2211 Hydraulic Rd.  
Charlottesville, VA 22901
Email: Jeannette.Flint@dvs.virginia.gov  
Janice.Benejan@dvs.virginia.gov
Phone: 434-295-2782
Hours: Mon-Fri: 8:30AM-3PM
Services Offered: To learn more about the benefits available to local veterans, please contact the department of veteran affairs to make an appointment with your local representative.

Virginia Veterans and Family Support
Address: 1600 N. Coalter St.  
Building 1, Suite 17B  
Staunton VA 24401
Email: Erica.Sudimak@dvs.virginia.gov
Phone: 804-839-1597
Services Offered: Provides confidential services to veterans of the National Guard, reservists, and their families, regardless of discharge status. These services cover everything from healthcare, disability claims, and support groups to employment opportunities and homelessness prevention.

AGING COMMUNITY

JABA (Jefferson Area Board for the Aging)
Address: 674 Hillsdale Dr., Suite 9  
Charlottesville, VA 22901
Email: info@jabacares.org
Phone: 434-817-5222
Services Offered: Serves the needs of the aging community through services such as support groups, providing care and counseling options, and working with other organizations to provide housing and in-home care. Call, email, or visit www.jabacares.org for more information

JABA’s Nelson Community Senior Center
Address: 8445 Thomas Nelson Hwy.  
Lovingston, VA 22949
Phone: 434-260-8772
Hours: Mon, Tues: 9AM-2PM
Services Offered: Serves the needs of the aging community through services such as a hot meal, activities, field trips and socializing. There are also healthcare professionals present to monitor ongoing health conditions, prescription assistance, counseling, treatment for minor illnesses and injuries, and other services.

Blue Ridge PACE (Program of All-Inclusive Care for the Elderly)
Address: 1335 Carlton Ave.  
Charlottesville, VA 22902
Phone: 434-529-1300
Services Offered: Blue Ridge PACE (Program of All-Inclusive Care for the Elderly) is a program that provides and coordinates all of the care you need, all by one team, all in one place, so you can continue living in your home and community rather than a nursing facility. It is a partnership between JABA and, University of Virginia Medical Center, and Riverside Health System.
UTILITIES

Electric

Appalachian Power
Phone: 1-800-956-4237
Website: https://appalachianpower.com

Central Virginia Electric Cooperative
Address: P.O. Box 2153
Dept. 1340
Birmingham, AL 35287
Phone: 434-263-8336
800-367-2832 (toll-free)
Website: http://www.mycvec.com/

Dominion Energy
Phone: 1-866-366-4357
Hours: Mon-Fri: 8AM-5PM
Website:
https://www.dominionenergy.com/

Sun Power (Solar Power)
Phone: 1-800-786-7693
Website: https://us.sunpower.com/

Gas/Fuel

Foster Fuels
Address: 8535 Thomas Nelson Hwy.
Lovingston, VA 22949
Phone: 1-800-344-6457 (toll-free)
434-263-4500
Hours: Mon-Fri: 8AM-5PM
Website: https://fosterfuels.com

Tiger Fuel
Address: P.O.Box 156 (mailing)
242 Front St.
Lovingston, VA 22949
Phone: 434-263-4069
Website: https://tigerfuel.com/

Water

Nelson County Service Authority
Address: P.O. Box 249 (mailing)
Lovingston, VA 22949
620 Cooperative Way
Arrington, VA 22922
Phone: 434-263-5341
Website: http://nelsoncountyserviceauthority.com/
LEGAL SERVICES

**Just Children (Legal Aid Justice Center)**
Address: 1000 Preston Ave. Suite A
Charlottesville, VA 22903
Phone: 434-977-0553
Hours: Mon-Fri: 9AM-5PM
Services Offered: Just Children provides workshops and services for families, an informational handbook called “Helping You Help Your Children” and free legal assistance to eligible low-income children.

**Legal Aid Justice Center**
Address: 1000 Preston Ave. Suite A
Charlottesville, VA 22903
Phone: 434-977-0553
Hours: Mon-Fri: 9AM-5PM
Services Offered: Provides legal advice to low-income persons and offers full representation in traditional poverty law areas including housing, consumer protection, employment, education, and public benefits

INFORMATION AND REFERRAL

**2-1-1 Virginia**
Phone: 911 (emergency)
211 (information)
Services Offered: When you dial 2-1-1, a trained professional listens to your situation and suggests sources of help using one of the largest databases of health and human services in Virginia.

**Creciendo Juntos**
Address: PO Box 184
Charlottesville, VA
Email: coordinator@cj-network.org
Services Offered: A leading Latino advocate providing year round workshops, forums, and resources for Latinos and Latino-serving organizations.

**Help Happens Here**
Phone: 911 (emergency)
434-227-0641 (information)
Services Offered: Help Happens Here is a public awareness and stigma reduction campaign by the Community Mental Health and Wellness Coalition. They provide a website with resources as well as a nonemergency information and referral line (434-227-0641). For more information call or visit helphappenshere.org

**United Way – Thomas Jefferson Area**
Address: 806 East High St.
Charlottesville, VA 22902
Email: UnitedWayTJA@UnitedWayTJA.org
Phone: 434-972-1703
Services Offered: Offers information and referral for assistance through financial crisis.
SUPPORT GROUPS

**Alcoholics Anonymous (Jefferson District Intergroup)**  
**Contact:** 434-293-6565  
**Group:** Support group of men and women who have the desire to stop drinking. The primary purpose is to stay sober and help other alcoholics achieve sobriety. Updated local meeting schedules are available at www.jeffersonfob.wordpress.com.  
**Schedule in back**

**Al-Anon and Alateen**  
**Contact:** 434-972-7011  
**Group:** Support group for families and friends of alcoholics. They run alateen, is specifically for affected young people.  
**Schedule in back**

**Narcotics Anonymous (Piedmont Area)**  
**Contact:** 800-777-1515  
**Group:** Self-help and support group of recovering addicts wishing to help one another to stay clean and sober. An updated list of meetings and events is available at www.piedmontvana.org.  
**Schedule in back**

**Charlottesville Survivors of Suicide**  
**Address:** The Church of the Incarnation  
1465 Incarnation Dr.  
Charlottesville, VA 22901  
**Contact:** 434-974-9314 (Margie)  
**Meetings:** 1st Thursday of the Month  
7PM-8:30PM Follow the sign for offices to the entrance  
**Group:** Charlottesville Survivors of Suicide is a place for those who have lost a loved one to suicide to openly speak with and receive support from one another. Call Margie for directions or with any questions.

**Compassionate Friends**  
**Address:** Church of Our Saviour  
1165 Rio Rd. East  
Charlottesville, VA  
**Contact:** 434-977-8930 (Colleen)  
piedmontvatcf@gmail.com  
**Meetings:** 4th Tuesday of each month, 7PM  
**Group:** A support group for family after a child dies

**Nelson County Autism Support Group**  
**Address:** Nelson County Library  
8521 Thomas Nelson Hwy,  
Lovingston, VA 22949  
**Contact:** NelsonAutismGroup@gmail.com  
**Meetings:** 3rd Tuesday of each month, 7PM  
**Group:** This group is for parents, caregivers and professionals who work with individuals with Autism Spectrum Disorder. We provide monthly support meetings to learn, share and encourage each other.

**Side by Side (Support Group)**  
**Address:** 1204 W. Main St,  
Charlottesville, VA 22903  
**Contact:** mary.sullivan@sidebysideva.org  
info@sidebysideva.org  
434-987-8975  
**Meetings:** Mondays. 6:30PM-8:30PM  
**Group:** Local support group in Charlottesville for LGBTQ+ youth ages 14-20
LITERACY

Literacy Volunteers of Nelson County
Address: PO Box 422
Lovingston, VA 22949
Email: litvol.nelson@gmail.com
Phone: 434-263-6447
Services Offered: Literacy Volunteers of Nelson County's mission is to promote and foster increased literacy and English language and computer skills proficiency in Nelson County, Virginia by providing free tutoring to adults 18 and older. For more information see literacyvolunteersofnelsoncounty.org

CLOTHING

UIC (Unity in Community) – Free Clothing Closet
Address: 382 Level Green Rd.
Roseland, VA 22967
Email: nelsonuic@gmail.com
Phone: 434-277-8842
Services Offered: UIC offers a free clothing closet at Oak Hill Baptist church
SCHEDULES

Please note that these schedules may have been changed or updated since this document was put together.

Included

Alcoholics Anonymous and affiliated groups
Narcotics Anonymous
Jaunt Inc.
Salvation Army Soup Kitchen Rotation
### Jefferson District Monthly Service Meetings

**District:** Jefferson District

#### Monthly Service Meetings

**Monday:**
- **7:00pm** **EARLY BIRD GROUP**
  - Belmont Baptist, 830 Monticello Ave. (Enter on Meridian)
- **12:00pm** **LIVING SOBER GROUP**
  - Immanuel Lutheran, 2416 Jefferson Park Avenue
- **12:00pm** **PEACE IN RECOVERY**
  - Peace Lutheran Church, 1510 Broad Crossing Road

**Tuesday:**
- **7:00pm** **EARLY BIRD GROUP**
  - Belmont Baptist, 830 Monticello Ave. (Enter on Meridian)
- **10:30am** **PEACE IN RECOVERY**
  - Peace Lutheran Church, 1510 Broad Crossing Road
- **12:00pm** **LIVING SOBER GROUP**
  - Immanuel Lutheran, 2416 Jefferson Park Avenue

**Wednesday:**
- **7:00pm** **EARLY BIRD GROUP**
  - Belmont Baptist, 830 Monticello Ave. (Enter on Meridian)
- **8:00pm** **NEW LIFE GROUP**
  - St. Paul's Episcopal, 1700 University Avenue
- **8:00pm** **GREENWOOD GROUP**
  - CStep (CS 3rd TUE)

**Thursday:**
- **7:00pm** **ACORN**
  - Thomas Jefferson Memorial Church-UU, 717 Rugby Road
- **5:30pm** **RUGBY ROAD TEAM**
  - Westminster Presbyterian, 450 Rugby Road
- **6:00pm** **THE HILLTOP GROUP**
  - Mt. Olivet United Methodist Church

**Friday:**
- **6:00pm** **CROZET MEETING**
  - Crozet Methodist Church, 1156 Crozet Ave

**Saturday:**
- **9:00pm** **REBELLIOUS DOGS**
  - Peace Lutheran Church, 1510 Broad Crossing Road

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**Special Meetings:**

- **CLOSED**
  - Meetings canceled due to inclement weather or other unforeseen circumstances.

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### Charlotteville City & Albemarle County

**District:** Charlotteville

#### Weekly Service Meetings

**Mondays:**
- **5:30pm** **HAPPY DESTINY MEETING**
  - First Presbyterian, 522 Park Street (Carriage House)
- **7:30pm** **LIVING SOBER GROUP**
  - Peace Lutheran Church, 1510 Broad Crossing Road

**Tuesdays:**
- **5:30pm** **ACORN**
  - Thomas Jefferson Memorial Church-UU, 717 Rugby Road
- **5:30pm** **LIVING SOBER GROUP**
  - Peace Lutheran Church, 1510 Broad Crossing Road

**Wednesdays:**
- **6:00pm** **HUNGER AND SAVAGERY**
  - UVA HealthSouth Rehabilitation Hospital, 515 R.C. Hunt Drive
- **7:30pm** **A VISION FOR YOU**
  - Peace Lutheran Church, 1510 Broad Crossing Road

**Thursdays:**
- **5:30pm** **RUGBY ROAD TEAM**
  - Westminster Presbyterian, 450 Rugby Road
- **6:00pm** **PEACE IN RECOVERY**
  - Peace Lutheran Church, 1510 Broad Crossing Road

**Fridays:**
- **7:00pm** **PEACE IN RECOVERY**
  - Westminster Presbyterian, 450 Rugby Road
- **9:00pm** **PEACE IN RECOVERY**
  - Peace Lutheran Church, 1510 Broad Crossing Road

**Saturdays:**
- **10:00am** **EARLY BIRD GROUP**
  - Belmont Baptist, 830 Monticello Avenue (Enter on Meridian)
- **10:00am** **YOUNG AND SAVAGE**
  - Orchard Mountain Recovery Center 2nd Floor

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**Special Meetings:**

- **CLOSED**
  - Meetings canceled due to inclement weather or other unforeseen circumstances.
**GREENE, MADISON, & ORANGE COUNTIES**

**Monday**
- 12:30 pm OUT TO LUNCH BUNCH -对你来说无意义的OD
  St. Thomas Episcopal Church, 119 Caroline Street, Orange
- 8:00 pm DAILY REPIREV -对你来说无意义的OD
  Hebron Lutheran Church, Rt. 638 (off Rt. 231 N, Madison)

**Tuesday**
- 12:30 pm BIG BOOK & 12 X 12 -对你来说无意义的OD
  OBB & OsStep
  St. Thomas Episcopal Church, 119 Caroline Street, Orange
- 8:00 pm RAPIDAN TUESDAY NIGHT STEP GROUP -对你来说无意义的OD
  Blue Ridge Presbyterian Church
  6566 Spring Hill Road, Ruckersville

**Wednesday**
- 12:30 pm OUT TO LUNCH BUNCH -对你来说无意义的OD
  St. Thomas Episcopal Church, 119 Caroline Street, Orange
- 5:30 pm WOMEN’S HAPPY HOUR -对你来说无意义的OD
  St. Thomas Episcopal Church, 119 Caroline Street, Orange

**Thursday**
- 12:00 pm LOUISA GROUP -对你来说无意义的OD
  Louisa Methodist, 100 E. Main St., Rt. 33 & 208, Louisa
- 7:00 pm KEEP IT GREENE GROUP -对你来说无意义的OD
  Blue Ridge Presbyterian Church
  6566 Spring Hill Road, Ruckersville
- 8:00 pm RIVERSIDE BIG BOOK GROUP -对你来说无意义的OD
  Emmanual Episcopal Church, Rapidan Rd (Rt. 615), Rapidan

**Friday**
- 12:30 pm OUT TO LUNCH BUNCH -对你来说无意义的OD
  St. Thomas Episcopal Church, 119 Caroline Street, Orange
- 7:30 pm KEEP IT GREENE GROUP -对你来说无意义的OD
  Blue Ridge Presbyterian Church
  6566 Spring Hill Road, Ruckersville
- 8:00 pm RAPIDAN GROUP - 对你来说无意义的OD
  (SMOKING)
  Waddell Presbyterian Church, 7133 Rapidan Road, Rapidan

**Saturday**
- 8:30 pm SATURDAY NIGHT GROUP - 对你来说无意义的OD
  Orange Presbyterian Church, 162 W. Main Street, Orange
- 7:00 pm ORANGE SATURDAY NIGHT GROUP - 对你来说无意义的OD
  Orange Presbyterian Church, 162 W. Main Street, Orange

**Northwestern Virginia Intergroup**

**Monday**
- 7:30 pm HONEST EFFORT GROUP - 对你来说无意义的OD
  Effort Baptist Church, intersection Of Rte. 53 (Thomas Jefferson Parkway) and Lake Monticello Rd (Palmyra) (white library building at the top of a small hill)

**Tuesday**
- 12:00 pm LOUISA GROUP - 对你来说无意义的OD
  Louisa Methodist, 100 E. Main St., Rt. 231 N, Madison
- 7:00 pm NOT YETTERS BEGINNERS GROUP - 对你来说无意义的OD
  Dillwyn Baptist Church, Rt. 15, Dillwyn

**Wednesday**
- 7:30 pm BUCKINGHAM GROUP - 对你来说无意义的OD
  Effort Baptist Church, intersection Of Rte. 53 (Thomas Jefferson Parkway) and Lake Monticello Rd (Palmyra) (white library building at the top of a small hill)

**Thursday**
- 6:00 pm A WAY OUT - 对你来说无意义的OD
  Emmanuel Episcopal Church 7852 Howard Rd, Greenville VA 24562
- 8:00 pm OAKRIDGE GROUP - 对你来说无意义的OD
  Trinity Episcopal, Colleen (Lovingston)

**Friday**
- 7:00 pm DILLwyn SPEAKERS MEETING - 对你来说无意义的OD
  Whistle Stop Methodist Church, Main Street, Dillwyn

**Saturday**
- 6:00 pm DESIGN FOR LIVING - 对你来说无意义的OD
  Rockfish Presbyterian Church, Rt. 151, Nellysford

**Sunday**
- 6:00 pm DESIGN FOR LIVING - 对你来说无意义的OD
  Rockfish Presbyterian Church, Rt. 151, Nellysford

**UNIVERSITY OF VIRGINIA INTERGROUP**

**Monday**
- 7:00 pm DAILY REPIREV - 对你来说无意义的OD
  Hebron Lutheran Church, Rt. 638 (off Rt. 231 N, Madison)

**Tuesday**
- 12:30 pm OUT TO LUNCH BUNCH - 对你来说无意义的OD
  St. Thomas Episcopal Church, 119 Caroline Street, Orange
- 5:30 pm WOMEN’S HAPPY HOUR - 对你来说无意义的OD
  St. Thomas Episcopal Church, 119 Caroline Street, Orange

**Wednesday**
- 12:30 pm OUT TO LUNCH BUNCH - 对你来说无意义的OD
  St. Thomas Episcopal Church, 119 Caroline Street, Orange
- 5:30 pm WOMEN’S HAPPY HOUR - 对你来说无意义的OD
  St. Thomas Episcopal Church, 119 Caroline Street, Orange

**Thursday**
- 6:00 pm A WAY OUT - 对你来说无意义的OD
  Emmanuel Episcopal Church 7852 Howard Rd, Greenville VA 24562
- 8:00 pm OAKRIDGE GROUP - 对你来说无意义的OD
  Trinity Episcopal, Colleen (Lovingston)

**Friday**
- 7:00 pm DILLwyn SPEAKERS MEETING - 对你来说无意义的OD
  Whistle Stop Methodist Church, Main Street, Dillwyn

**Saturday**
- 6:00 pm DESIGN FOR LIVING - 对你来说无意义的OD
  Rockfish Presbyterian Church, Rt. 151, Nellysford

**Sunday**
- 6:00 pm DESIGN FOR LIVING - 对你来说无意义的OD
  Rockfish Presbyterian Church, Rt. 151, Nellysford

**Phone Numbers**

**GROUP or MEETING CHANGES**

Please send group or meeting changes to AACHarroldsville@gmail.com

**FOR INFORMATION ABOUT ON-LINE MEETINGS**

www.oa-inter.org

**AL-ANON**

* With the exception of the Sunday book study meeting, AL-ANon meetings are used to people attending for academic or professional reasons.

**Monday**
- 6:45 pm BOUND TO IMPROVE
  St. Paul’s Episcopal, 1700 University Avenue
- 7:15 pm NEWCOMERS’ MEETING
  St. Paul’s Episcopal, 1700 University Avenue
- 8:00 pm ADULT FA & ALATEEN (separate meetings)
  St. Paul’s Episcopal, 1700 University Avenue

**Tuesday**
- 7:30 pm QUIET MOMENTS
  St. Peter & Paul Catholic Church, 4309 Thomas Jefferson Pkwy (Rt. 53) Palmyra - in the main church bldg
- 7:30 pm AL-ANON FAMILY GROUP
  First Baptist, 735 Park Street

**Wednesday**
- 12:30 pm AL-ALON FAMILY GROUP
  Cherry Avenue Christian Church, 1720 Cherry Avenue

**Thursday**
- 7:00 pm THURSDAY NIGHT MEETING
  AOA
  Hinton Avenue Methodist, 750 Hinton Avenue
- 7:00 pm NELSON AL-ANON
  Rockfish Presbyterian Church, Rt. 151, Nellysford

**Friday**
- 5:30 pm UNITY AFG (Speaker 1st Friday)
  Church of Our Savior, 1165 E. Rio Road
- 12:30 pm KEEP IT SIMPLE
  Emmanuel Episcopal Church, 12247 Constitution Rd.

**Saturday**
- 3:30 pm COURAGE TO CHANGE
  Church of Our Savior, 1165 E. Rio Road

**Sunday**
- 10:00 AM SUNDAY BOOK STUDY
  UVA Hospital Conference Room 1
- 7:00 pm BUCKINGHAM ALANON
  Bethel Church, Rte. 640, Andersonville

**VIRGINIA AA • AREA 71**

www.aa-virginia.org

Blue Ridge Area Intergroup - Winchester (540) 667-0322
District 16 Intergroup - Hopewell (804) 452-1959
North Piedmont Intergroup - Lynchburg (434) 847-4733
Northern Virginia Intergroup - Fairfax (703) 876-6166
Oficina Intergrupal Y Comite - Alexandria (703) 390-5447
Richmond Intergroup (804) 355-1616
Roanoke Valley Intergroup (540) 343-6857
Tidewater Intergroup - Virginia Beach (757) 490-3380
Twelfth Step Intergroup - Harrisonburg (540) 434-8989
Valley Intergroup - Staunton (540) 865-6912
Eastern Shore Intergroup - Harborton (804) 773-1616
What is the Narcotics Anonymous Program?

N.A. is a non-profit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only ONE requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that THEY WORK.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any Political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Some Suggestions

- Don’t use and go to meetings
- Avoid people and places where you used.
- Go to 90 meetings in 90 days.
- Come to meetings early and stay late.
- Join a home group.
- Get telephone numbers.
- Use the Telephone.
- Find and use a sponsor.
- Keep coming back, it works…

PHONE NUMBERS


Area Service Meeting Schedule

1st Sunday of each month at the Church of Our Savior located at 1165 Rio Road (in special cases e.g. Holidays, the 2nd Sunday) No Pets *Please Note – New Location!

Public Relations 1:30 pm
Hospitals & Institutions 2:30 pm
Piedmont Area Service 4:00 pm

Special Events Meeting is announced as needed.

Who Is an Addict?

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another -- the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death.

Piedmont Area Service Committee
PO Box 6931 - Charlottesville, VA 22906

Narcotics Anonymous
Piedmont Area

October 2017
(Updated Quarterly, Changes)

Meeting List

Helpline Number
(800) 777-1515

www.piedmontvana.org
(for information, updates and events)
<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Group Name</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY</td>
<td>12:15 pm – 11:15 pm</td>
<td>New Life Group</td>
<td>St Mark Lutheran Church, 100 Alderman Rd</td>
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<tr>
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<td>6:00 pm – 7:00 pm</td>
<td>Palmyra Group</td>
<td>Palmyra United Methodist Church</td>
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<td>8:00 pm – 9:00 pm</td>
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<td>First Presbyterian Church, 100 Alderman Rd</td>
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<td></td>
<td>8:30 pm – 9:00 pm</td>
<td>Keep It Simple &amp; Straight (KISS)</td>
<td>Wesley Foundation Building, 1908 Lewis Mtn Rd</td>
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<tr>
<td>TUESDAY</td>
<td>12:15 pm – 11:15 pm</td>
<td>New Life Group</td>
<td>St Mark Lutheran Church, 100 Alderman Rd</td>
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<td>Wesley Foundation Building, 1908 Lewis Mtn Rd</td>
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<td>FRIDAY</td>
<td>12:15 pm – 1:15 pm</td>
<td>Peer Support/On Our Own</td>
<td>Keep It Simple &amp; Straight (KISS)</td>
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<td></td>
<td>7:00 pm – 8:30 pm</td>
<td>Save Our Serenity Group (SOS)</td>
<td>Wesley Foundation Building, 1908 Lewis Mtn Rd</td>
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<td>8:00 pm – 9:00 pm</td>
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<td>Wesley Foundation Building, 1908 Lewis Mtn Rd</td>
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<td>SATURDAY</td>
<td>10:00 am – 11:00 am</td>
<td>Together We Can Group</td>
<td>St Mark Memorial Church, Library</td>
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<td>7:00 pm – 7:30 pm</td>
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<td>Peer Support/On Our Own</td>
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<td>6:00 pm – 6:30 pm</td>
<td>Living In The Solution</td>
<td>Wesley Foundation Building, 1908 Lewis Mtn Rd</td>
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<td>Save Our Serenity Group (SOS)</td>
<td>Wesley Foundation Building, 1908 Lewis Mtn Rd</td>
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<td></td>
<td>8:00 pm – 8:30 pm</td>
<td>Addicts In The Belfry</td>
<td>Wesley Foundation Building, 1908 Lewis Mtn Rd</td>
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**Locations:**
- 2416 Jefferson Park Avenue
- 1700 University Ave
- 625 West Main Street
- 1042 Preston Ave
- 115 Belleview Ave
- 221 W. Main Street
- 100 Alderman Rd
- 100 Alderman Rd
- 100 Alderman Rd
- 100 Alderman Rd
- 100 Alderman Rd
- 100 Alderman Rd
- 100 Alderman Rd

**Format Notes:**
- D: Discussion
- S: Speaker
- W: Where I'm At
- F: Format Varies
- N: No Bathrooms
- R: Wheelchair Access
- O: Open To All
- V: No Pets
- CL: Closed; Addicts Only
- LS: Literature Study
- SD: Step & Tradition
- SP: Step 1-12 Study
- SW: Step Workbook

**Contact Information:**
- For more information, please contact the respective churches or groups directly.
JAUNT Inc. is a regional transportation system providing service to the citizens of Albemarle, Buckingham, Fluvanna, Louisa, and Nelson Counties and Charlottesville. Our fleet has transported the general public, agency clients, seniors, and people with disabilities throughout Central Virginia since 1975. JAUNT maintains an exemplary record of safety, cost efficiency, and high quality of service and is recognized both statewide and nationally for its performance.

How to Make Reservations

Call: 434-296-3184, press 3
8:30 a.m. - 5:00 p.m., Mon. - Fri.

Email: Current passengers may send reservation requests and changes to trips@ridejaunt.org.

Dispatch has 24-hour voicemail for same-day concerns and cancellations.

Telephone Dialing Shortcuts:

1. For general information
2. For dispatch
3. For reservations and cancellations
4. For ticket information

JAUNT Inc.
104 Keystone Place
Charlottesville, VA 22902
Web: ridejaunt.org
Email: info@ridejaunt.org
Phone: 434-296-3184

Supporting JAUNT transportation services and providing fare scholarships to the passengers who need them.

JAUNT’s rates are affordable to most people, but not to all. JAUNT Friends is a nonprofit 501(c)3 dedicated to making sure that people can afford to get where they need to go.

Questions?
Call 434-296-3184, extension 132, or visit us online at ridejaunt.org/jaunt-friends.asp for more information.

If you commute on public transportation, sign up for the Guaranteed Ride Home Program! Call 888.974.5500.
Commuter Service

**LOVINGSTON COMMUTER ROUTE TO CHARLOTTESVILLE**
Service starts at 6:45 a.m. from the Nelson Center in Lovingston, making stops along Route 29. The route arrives in Charlottesville around 8:00 a.m., dropping off in the UVA area.

**ROSELAND COMMUTER ROUTE TO CHARLOTTESVILLE**
This route begins at 6:00 a.m. in Colleen. The route arrives in Charlottesville around 7:00 a.m. and drops off in downtown Charlottesville and UVA areas.
Commuters may choose a 4:45 p.m. or 5:00 p.m. return.

**Service Offered:** Monday - Friday
**Fare:** $3.00 per trip
($2.50 per trip with the purchase of a book of 10 tickets)

**NELSON/AMHERST TO WINTERGEEN RESORT**
This route makes stops along Route 29 and Route 151, including:
7:30 a.m. Lovingston
8:00 a.m. Food Lion, Amherst
8:15 a.m. Hill Top Grocery, Amherst
8:50 a.m. Wintergreen

**Service Offered:** Wednesday - Sunday
**Fare:** $4.00 per trip

Transportation within Nelson County
Door-to-door service is available to residents traveling within the County.

**Service Offered:** Monday and Tuesday
- 7:30 a.m. - 10:00 a.m.
- 1:30 p.m. - 4:30 p.m.
**Fare:** $2.75 each way
- $1.75 for passengers with disabilities and those age 60 and older

In addition, door-to-door service is available within Rockfish Valley:

**Service Offered:** Thursdays
- 7:30 a.m. - 10:00 a.m.
- 1:30 p.m. - 4:00 p.m.
**Fare:** $2.75 each way
- $1.75 for passengers with disabilities and those age 60 and older

**Seniors pay 50¢ to go to and from the senior programs at the Nelson and Rockfish Valley Community Centers.**

Midday Service to Charlottesville
Midday, door-to-door service to Charlottesville is available to all residents of Nelson County. The route arrives in Charlottesville between 10 a.m. and 11 a.m. Charlottesville pickups for the ride back to Nelson begin at 3:00 p.m.

**Service Offered:** Monday, Wednesday, Friday
**Fare:** $3.25 each way
- $2.25 for passengers with disabilities and those age 60 and older

Please note that all trips are by reservation and exact fare is required when boarding.

**Always hiring drivers!**
Charlottesville Soup Kitchens and Food Banks 2017
Updated April, 2017

Charlottesville Soup Kitchen Lunch Sites

MONDAY  First United Methodist Church @ 101 E. Jefferson St.
         12:00-1:00pm

TUESDAY  Christ Episcopal @ 103 W. Jefferson St.
          12:00-1:00pm

WEDNESDAY  First Presbyterian @ 500 Park St.
            12:00-1:00pm

THURSDAY  Holy Comforter Catholic Church @ 208 E. Jefferson St.
           12:00-1:00pm

FRIDAY  First Baptist Church @ 735 Park St.
        12:30-1:30pm

SATURDAY  Salvation Army @ 207 Ridge St.
          12:00-12:30pm

SUNDAY  Salvation Army @ 207 Ridge St.
        1:00-1:30pm

ADDITIONAL SALVATION ARMY MEALS:

Breakfast: Served to public Monday –Saturday from 6:30am- 7:00am and
9:15-9:45am on Sunday.

Dinner: Served to public Monday-Saturday at 5:45-6:45pm.

*Breakfast is served at the Haven @ First & Market 8:00am, Monday-
Saturday, and 10am brunch on Sunday.