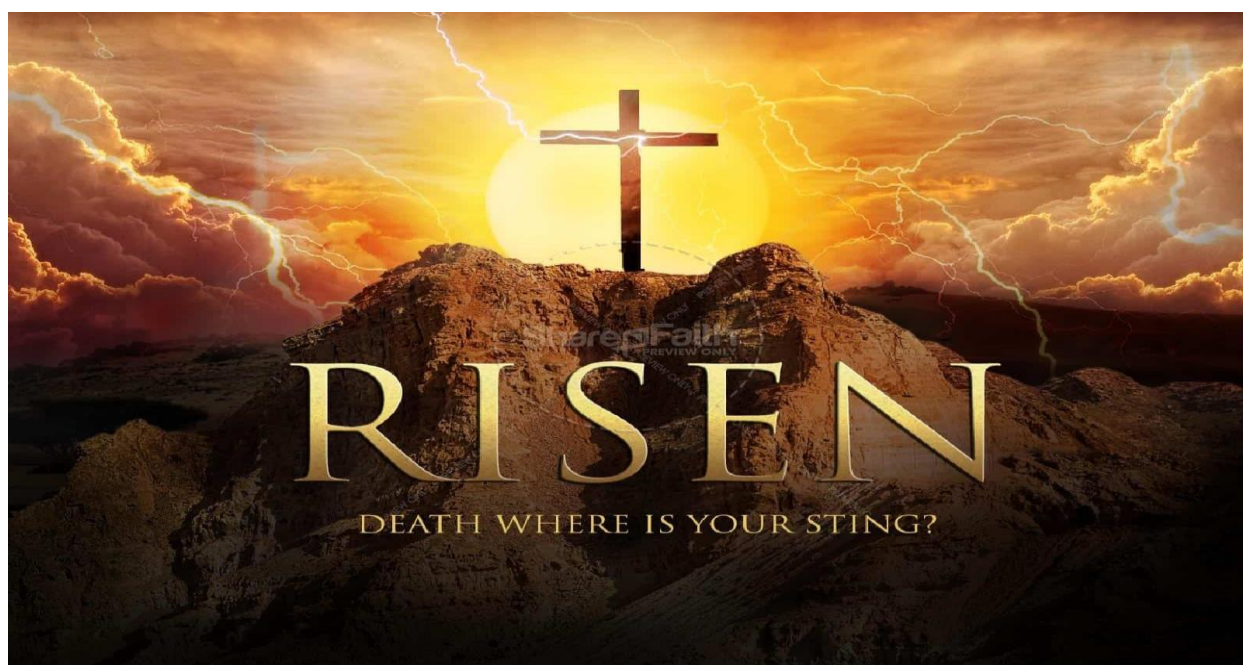


# ST. ANDREWS MAR THOMA CHURCH

58 Crescent Place  
Yonkers, NY 10704  
(914) 776-5738  
[www.standrewsmtcnny.org](http://www.standrewsmtcnny.org)



**Sunday School: 9:00 a.m.**  
**Worship Service: 10:30 a.m.**

**MONTHLY NEWSLETTER**  
**MARCH 2024**

## EXECUTIVE COMMITTEE 2024

President	Rev. T.S. Jose	(914) 359-8907
Vice President	A.V. Varghese	(914)433-2255
Secretary	Mrs. Joyce John	(914) 320-7272
Treasurer	Mr. K.O. Abraham	(914) 964-0308
Accountant	Mr. Thomas Chacko	(914) 482-1928
Lay Reader (Mal)	Mr. Jimmy George	(914) 310- 6816
Lay Reader (Eng)	Mr. Aaron Mathews	(914) 334-5059
Sabha Mandalam	Mr. P.M. Abraham	(845) 370-2947
Diocesan Assembly	Mrs. Sneha Shaun	(516)428-4163
Senior Citizen Fellowship	Mr. Abraham Varkey	(914) 457-0136
Edavaka Mission	Mr. Varghese P. Samuel	(845) 215-5612
Sevika Sangham	Mrs. Sosamma Thomas	(914) 272-7299
Youth Fellowship	Ms. Riya Varughese	(914) 523- 2404
Sunday School	Mrs. Sheeba Manoj	(845) 480-8288
Choir		
Prayer Group Area 1	Mr. Aby K. Varughese	(914) 262-0363
Prayer Group Area 2	Mr. Sholu Varghese	(347) 903-7343
Prayer Group Area 3	Mr. Sunil Varghese	(914) 433-7980
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Auditor 1	Mr. Koshy P. Jacob	(914) 512-7067
Auditor 2	Mr. Mathews Koshy	(914) 434-1552

# VICAR'S MESSAGE

Greetings in the name of Lord Jesus Christ,

Dearly Beloved in Christ,

We are going through the advent season. Lent reminds us of various things. It is time of self-examination, it's a time of transformation, it's a time of reconciliation, it's a time of redemption, Lent reminds us about the importance of Christs in our lives, prepares us to celebrate Christ's redemptive work through self-sacrifice. This is why we celebrate the season of Lent, to prepare us to receive God's reconciliation in Christ Jesus on Easter. Lent is a time for us to change our lives and grow in holiness. Through the three pillars of lent - fasting, almsgiving, and prayer. We endeavor to develop a closer relationship to God.

We enter in a new month. March is named for the Roman god of war, mars. However, we think of it as the beginning of spring as March brings the vernal equinox, the full warm moon and the return of daylight-saving time. The month of March reminds national observances Nutrition, Colorectal cancer awareness and women and girls' HIV/AIDS awareness. NHOs that support our mission to improve health across the United States.

As per the lectionary of the MarThoma Sabha calendar we meditate on various aspects based on selected Bible portions. 1st- Sunday: Jesus Christ who redeems all. 2nd- Sunday: Jesus Christ who liberates. Liberate from the bondage of sin, from the physical illness, from the disabilities, from all the binaries of life. 3rd -Sunday: Jesus Christ who stops human cries. Jesus listens to the brokenness of human lives. Jesus moved with compassion. 4th Sunday: Hosanna - Jesus Christ, the Lord of peace. Jesus came into the world to establish peace in human lives. God gave eternal peace for us. Monday onwards we worship and bow our heads. Thursday, we celebrate Holy Communion. Holy Qurbana: Celebration of the divine plan of salvation. Then good Friday Christ shows us the way to eternal life. 5th Sunday: Jesus Christ -who defeated death and resurrected. May the God Almighty bless through meditation. I hope that all of you are doing well in Christian witnesses.

May God bless us all.

In His Service with Prayers,

Jose Achen

## YOUTH CHAPLAIN'S MESSAGE

Dearly beloved in Christ,

Let us thank God that we are blessed to be part of this Lenten journey. Each Sunday of Lent guides us to remember the earthly ministry of Jesus Christ. The selfless love of Christ in how He used His time to love us is a reminder that this Lenten journey should be a sharpening experience that helps us understand how we use our time and energy as we move forward. It is a season for us to retrospect and introspect ourselves to see if our commitment to God matches God's commitment to us. We know the answer that it does not. We need to recognize God committing Himself totally to us through His birth, life, death, burial, and resurrection. Therefore, the time God blesses us to exist in this world should be dedicated to Him. Timothy Keller once said, "If God is not at the center of your life, then something else is". Lent should be an opportunity for us to recognize the things, positions, people, and the like that we put on the throne of our life in which God should be seated. Lent should not be just a 50-day commitment, but rather a call for us to prepare for our lifetime.

Let us thank God for the past month we had our NERYF Retreat, it was a blessed retreat, and our delegates had a great experience and looking forward to next year's return again! On Holy Saturday (March 30th) NERYF will have our One Day Conference held at the St. John's Mar Thoma Church, NY. The theme is Legacy, and I encourage all our youths to be part of the conference, the main speaker is Dr. Binu Chacko.

May the experience of Lent and Passion week guide us to remember God's unconditional love. Have a blessed Passion week and a rejoicing Resurrection Day!

Much Love,

Jess M. George Achen

## **BIRTHDAYS**

<b>DATE</b>	<b>NAME</b>	<b>DATE</b>	<b>NAME</b>
03/05	Ms. Leah Rachel David	03/19	Mr. Jacob T. Kurian
03/06	Mrs. Lizzy Satish	03/19	Mrs. Jincy George
03/07	Ms. Sharon S. Peter	03/20	Mr. Aby K. Varughese
03/08	Mrs. Sosamma Thoams	03/20	Ma. Jude Jacob
03/09	Ma. Abel Leni Thomas	03/23	Mrs. Marykutty Sam
03/10	Mrs. Mini K. Prasad	03/25	Mr. A. V. Varghese
03/10	Mr. John Skariah	03/25	Ms. Elijah P. Thomas
03/10	Mr. George E. Varghese	03/27	Mr. Rijin Zacharia
03/12	Ma. Steven Varghese	03/27	Ms. Angela Rajesh
03/15	Mr. Thomas P. Varughese	03/26	Ms. Angena M. Abey
03/16	Ma. Justin B. Daniel	03/28	Mrs. Anusha Dynu

## **Wedding Anniversary**

03/10	Mrs. & Mr. Sunil Varghese		
03/19	Mrs. & Mr. Mathew Varghese		
03/19	Mrs. & Mr. John Skariah		
03/30	Mrs. & Mr. Mathai Samuel		

## **WORSHIP SCHEDULE**

<b><u>DATE</u></b>	<b><u>SERVICE</u></b>	<b><u>TIME</u></b>
March 3 <sup>rd</sup>	Malayalam Holy Communion Service (led by Rev. Ajith Varghese)	10:30a.m.
March 10 <sup>th</sup>	English Holy Communion Service (led by Rev. Jess M. George)	10: 30 a.m.
March 17 <sup>th</sup>	Malayalam Holy Communion Service	10:30 a.m.
March 24 <sup>th</sup>	English Holy Communion Service	10:30 a.m.
March 31 <sup>st</sup>	Malayalam Holy Communion Service	10:00 a.m.

## **LECTIONARY**

<b><u>DATE</u></b>	<b><u>Lessons</u></b>	<b><u>Epistle/Gospel</u></b>
<b>March 3<sup>rd</sup></b>	<b>Gen 12:1-9 Acts 8:26-40</b>	<b>Gen 12:1-9 Acts 8:26-40</b>
<b>March 10<sup>th</sup></b>	<b>Exod 3:1-15 Acts 27:9-25</b>	<b>Phil 1:12-20 Luke 13:10-17</b>
<b>March 17<sup>th</sup></b>	<b>Gen 21:9-19 Acts 12:5-16</b>	<b>Rom 8:26-30 Mark 10:46-52</b>
<b>March 24<sup>th</sup></b>	<b>Zech 9:9-17 Eph 2:11-22</b>	<b>Phil 4:4-9 Luke 19:29-40</b>
<b>March 31<sup>st</sup></b>	<b>Isa 60:12-21 1Cor 15:42-58</b>	<b>1Cor 15:20-28 John 20:1-18</b>

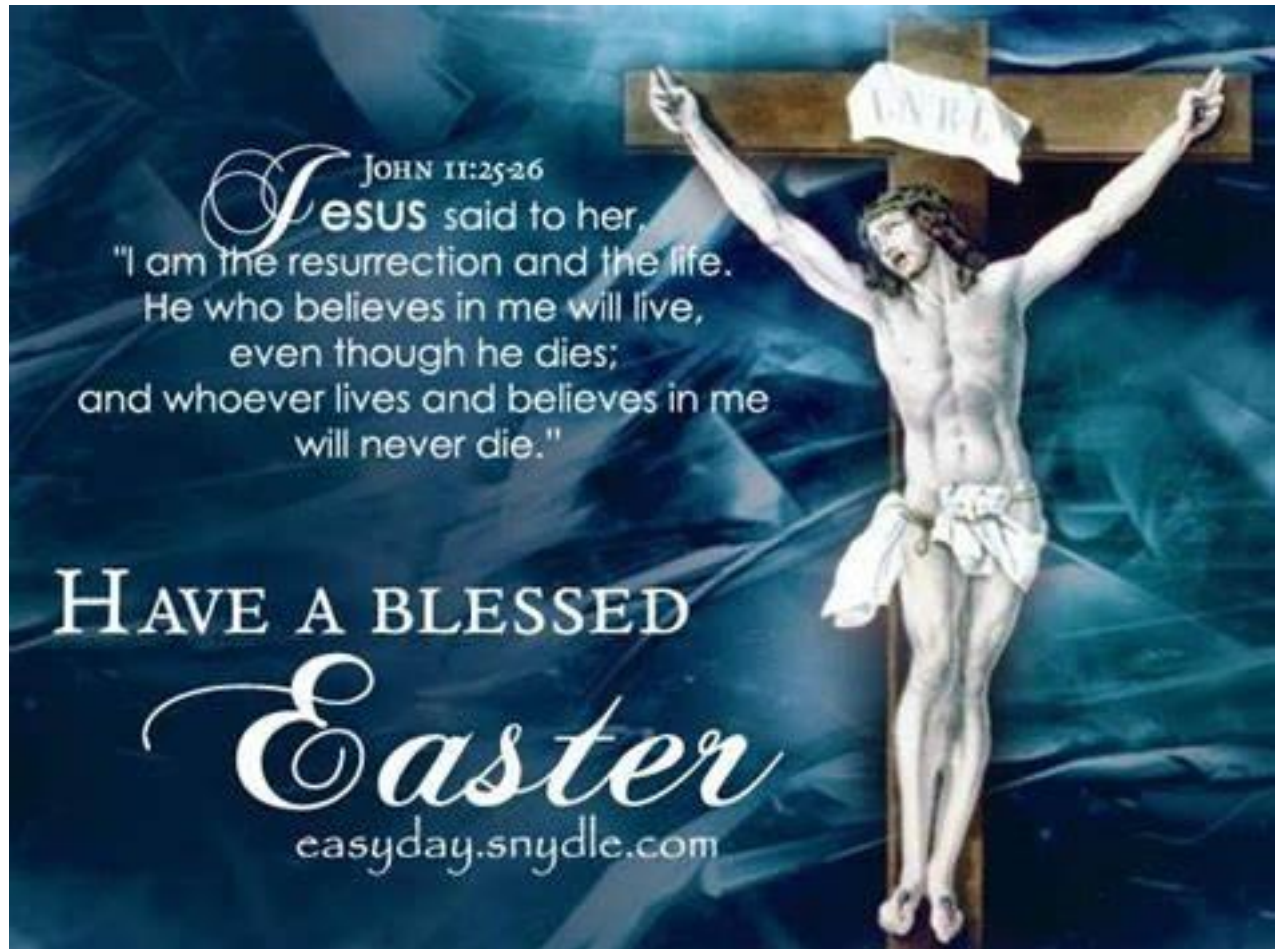
## **PROGRAMS AND MEETINGS**

<b><u>Event</u></b>	<b><u>Date/Time</u></b>	<b><u>Venue/Residence</u></b>
<b>Saturdays with SAYF!</b>	<b>March 2, 2024 @ 6: 30 p.m.</b>	<b>St. Andrews MTC</b>
<b>Farewell Meeting for Rev. Jess M. George</b>	<b>March 10, 2024, after the service</b>	<b>St. Andrews MTC</b>
<b>NERYF Spring One Day Conference</b>	<b>March 30, 2024 @ 8:00 a.m.</b>	<b>St Johns MTC 90-37 213<sup>th</sup> St. Queens Village, NY</b>

<b><u>Lent Prayer List</u></b>	
<b>Thursday, March 7<sup>th</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. K.O. Abraham, 23 Delaware Rd, Yonkers, NY</b>
<b>Friday, March 8<sup>th</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. Thomas Varghese (Appy Uncle), 61 Davenport Road, Yonkers, NY 10710</b>
<b>Saturday, March 9<sup>th</sup> @ 7:00p.m.</b>	<b>At the residence of Mrs. &amp; Mr. Mathews Koshy 24 Buena Vista Avenue, Peekskill, NY</b>
<b>Sunday, March 10<sup>th</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. Leni Thomas 14 Sunset Drive, Yonkers, NY</b>
<b>Monday, March 11<sup>th</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. Varghese Samuel, 64 Rose Road, West Nyack, NY</b>
<b>Tuesday, March 12<sup>th</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. Eapen Joseph 263 ST. John's Avenue, Yonkers, NY</b>
<b>Wednesday, March 13<sup>th</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. Chacko Thomas, 2258 Virgil Place, Bronx, NY</b>
<b>Thursday, March 14<sup>th</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. Thomas Chacko, 26 Wilbur Street, Yonkers, NY</b>

<b>Friday, March 15<sup>th</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. Thomas Varghese (Subi), 580 Bellevue Avenue N, Yonkers, NY</b>
<b>Saturday, March 16<sup>th</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. Prasad Koshy 65 Harlan Drive, New Rochelle, NY</b>
<b>Sunday, March 17<sup>th</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. P.M. Abraham 26- G Heritage Drive, New City, NY</b>
<b>Monday, March 18<sup>th</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. Koshy P. Jacob, 18 Regina Place, Yonkers, NY</b>
<b>Tuesday, March 19<sup>th</sup> @ 7:00 p.m.</b>	<b>At ST. Andrews MTC, hosted by Mrs. &amp; Mr. Abraham Varkey</b>
<b>Wednesday, March 20<sup>th</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. Chacko Varghese, 20 Edgewood Drive, Orangeburg, NY</b>
<b>Thursday, March 21<sup>st</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. Sally George, 50 Leroy Avenue, Yonkers, NY</b>
<b>Friday, March 22<sup>nd</sup> @ 9:30 a.m. (40<sup>th</sup> Friday Holy Communion)</b>	<b>ST. Andrews MTC</b>
<b>Saturday, March 23<sup>rd</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. Aby K. Varughese, 157 Orient Street, Yonkers, NY</b>
<b>Monday, March 25<sup>th</sup> @ 7:00 p.m.</b>	<b>At the residence of Mrs. &amp; Mr. A.V. Varghese 450 Ellendale Avenue, Port Chester, NY</b>
<b>Tuesday, March 26<sup>th</sup> @ 7:00 p.m.</b>	<b>At St. Andrews MTC</b>
<b>Wednesday, March 27<sup>th</sup> @ 7:00 p.m.</b>	<b>At St. Andrews MTC</b>
<b>Maundy Thursday, March 28<sup>th</sup> @ 7:00 p.m.</b>	<b>At St. Andrews MTC</b>
<b>Good Friday, March 29<sup>th</sup> @ 9:30 a.m.</b>	<b>At St. Andrews MTC</b>





**On behalf of St. Andrews MTC Committee, I wish all of you a Blessed Easter!**