

ST. ANDREWS MAR THOMA CHURCH

58 Crescent Place
Yonkers, NY 10704
(914) 776-5738

www.standrewsmtcny.org



Worship Service: 10:30 am
Sunday School: 8:45 am

Monthly Newsletter

MARCH 2021

Vicar: Rev. K.A. Varghese
50 Crescent Place
Yonkers, NY 10704

Parsonage: (914) 207-0011
Mobile: (914) 525-3825

EXECUTIVE COMMITTEE 2020

President	Rev. K.A. Varghese	(914) 207-0011
Vice President	Mr. Chacko P. Thomas	(347) 810-8733
Secretary	Mr. Sunil Varghese	(914) 433-7980
Treasurer	Mr. K.O. Abraham	(914) 964-0308
Accountant	Mr. John K. Thomas	(516) 326-8693
Lay Reader (Mal)	Mr. John Skaria	(914) 649-5410
Lay Reader (Eng)	Mr. Alvin Reny	(845) 664-1064
Sabha Mandalam	Mr. A.V. Varghese	(914) 937-6519
Diocesan Assembly	Mr. George John	(516) 359-9786
Senior Citizen Fellowship	Mr. Varughese P. Samuel	(845) 215-5612
Edavaka Mission	Mr. Abraham Varkey	(914) 457-0136
Sevika Sangham	Mrs. Aleyamma Abraham	(914) 964-0308
Yuvajana Sakhyam	Mr. Thomas Varghese	(914) 623-7729
Youth Fellowship	Mr. Sherin Abraham	(914) 433-7133
Sunday School	Mrs. Sneha Shaun	(516) 428-4163
Choir	Mr. Jacob K. Philip	(914) 525-7191
Prayer Group Area 1	Mr. Benny Mathew	(914) 378-8028
Prayer Group Area 2	Mr. Abraham Kuriyan	(914) 652-7553
Prayer Group Area 3	Mr. Binu Daniel	(914) 346-8548
Auditor 1	Mr. Jacob Mathew	(914) 961-3167
Auditor 2	Mr. K.A. Abraham	(914) 263-5062

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Lay Reader (Eng)	Mr. Alvin Reny	(845) 664-1064
Sabha Mandalam	Mr. A.V. Varghese	(914) 937-6519
Diocesan Assembly	Mr. George John	(516) 359-9786
Senior Citizen Fellowship	Mr. Varughese P. Samuel	(845) 215-5612
Edavaka Mission	Mr. P.M. Abraham	(845) 370-2947
Sevika Sangham	Mrs. Aleyamma Abraham	(914) 964-0308
Yuvajana Sakhyam	Mr. Thomas Varghese	(914) 623-7729
Youth Fellowship	Ms. Riya Varghese	(914) 523-2404
Sunday School	Mrs. Sneha Shaun	(516) 428-4163
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Auditor 2	Mr. Jacob Mathew	(914) 961-3167

VICAR'S MESSAGE

Is such the fast that I choose a day for a person to humble himself? Is it to bow down his head like a reed, and to spread sackcloth and ashes under him? Will you call this a fast, and a day acceptable to the Lord? "Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke? to let the oppressed go free, and to break every yoke? (Isaiah 58:5-6)

Dearly Beloved in Christ,

We are continuing our journey of the Great Lent for 31 of the total 50 days. Lent is a time of confession, conversion and renewal of the faith. Lent is an invitation to focus on living in the experience of the kingdom of God. The Lenten season is also a time of self-examination and reflection. Each Sunday has a theme from the Gospels, which manifests the healing and transformative power of Christ during the earthly ministry.

This is the time for clergy and laity to seek mutual forgiveness and reconciliation and pray for the blessings of the observance of the lent. The central theme to be discussed by the Sabha this month is:

1st Sunday-The Accepting Christ,

2nd Sunday-The Redeeming Christ,

3rd Sunday-The Restoring Christ,

4th Sunday-Hosanna; Christ the Lord of Peace. We the community of faith are anointed by God to be the bearers of this love and salvation. Lent us work together in fellowship and truth to fulfill God's plan.

May God help us to experience His presence through our worship and fellowship.

Yours in Christ's service ,
Rev K.A Varghese

YOUTH CHAPLAIN'S MESSAGE

Dearly beloved in Christ,

As we are on our observing these days as lent, let us continue to look within ourselves and analyze our lives on where we depend on our self-worth. This Lenten period should remind us that it is not about what the world or the people in this world that brings us the sense of worth, but what God sees us as precious. It is because we are seen unconditionally as precious to God that He in Christ moved forward in the journey to the cross. St. John 5:1-9 speaks of the healing of the lame man by a pool. In this, Jesus asked him a question: “do you want to get well?” (v.6). This is the question we should ask ourselves. Our worth in the eyes of the world should not hinder us from wanting to be made well. We should not focus on this world but keep our eyes on God. With that focus, we should want to be made well. Not just for our physical struggles, but also to be made well in the sight of the Lord. Only if we really want to change ourselves and our situation, it is a start to a journey of sanctification and healing. The challenges of this world can be focused too much to a point that it seems hopeless, and we must remind ourselves that only God can guide us to overcome any obstacle in this world. Especially if it is the obstacle of sin. Our desire for God over the world’s desires guides us towards the process of healing. Lent should be a vessel that helps us sharpen ourselves for the same.

We are in the third month of the year. As we can remember, March marks one year for the lockdown. Let us continue to pray for the world and holistic healing. In our uncomfortable circumstances, let us continue to trust God. We are not made to be comfortable in this world, we should be thankful for even the uncomfortable situations in our lives.

Our College Ministry Bible Study is on every Tuesday evening on the ZOOM platform. Please do ask your parish youth fellowship secretaries for the information and have our young ones join.

Let us pray for this month to be a blessing to all of us so that we can be a blessing to the people we encounter every day in our lives.

Much Love,

Jess M. George Achen

BIRTHDAYS

<u>Date</u>	<u>Name</u>	<u>Date</u>	<u>Name</u>
03/05	Ms. Leah Rachel David	03/16	Ma. Justin B. Daniel
03/06	Mrs. Lizzy Satish	03/18	Ms. Leelamma Varghese
03/07	Ms. Sharon S. Peter	03/19	Mr. Jacob T. Kurian
03/08	Dr. Brite Chalunkal	03/19	Mrs. Jincy George
03/08	Mrs. Sosamma Thomas	03/20	Mr. Aby K. Varughese
03/09	Ma. Abel Leni	03/20	Ma. Jude Jacob
03/10	Ma. Daniel Jacob	03/25	Mr. A.V. Varghese
03/10	Mrs. Mini K. Prasad	03/25	Ma. Elijah P. Thomas
03/10	Mr. John Skaria	03/27	Mr. Rijin Zacharia
03/10	Mr. George E. Varghese	03/27	Ms. Angela Rajesh
03/12	Mrs. Joyce Koshy	03/28	Mrs. Anusha Dynu
03/12	Ma. Steven Varghese	03/31	Mr. Amol P. Varghese
03/15	Mr. Thomas P. Varughese		

WEDDING ANNIVERSARIES

<u>Date</u>	<u>Name</u>
03/10	Mrs. & Mr. Sunil Varghese
03/19	Mrs. & Mr. Mathew Varghese
03/19	Mrs. & Mr. John Skaria
03/30	Mrs. & Mr. Mathai Samuel
03/31	Mrs. & Mr. John K. Thomas

LECTIONARY

<u>Date</u>	<u>Lessons</u>	<u>Epistle/Gospel</u>
03/07	Genesis 16: 1-16 Philemon 1: 1-21	Romans 15: 14-21 Mark 7: 24-30
03/14	Exodus 3: 11-18 Acts 16: 19-34	Romans 12: 1-8 Luke 13: 10-17
03/21	Isaiah 35: 1-10 Acts 9: 1-18	Galatians 3: 1-9 Luke 18: 35-43
03/28	Zechariah 9: 9-17 Romans 11: 16-36	Col. 1: 14-23 Mark 11: 1-11

WORSHIP SCHEDULE

<u>Date</u>	<u>Service</u>
03/07	Malayalam Holy Communion Service
03/14	English Holy Communion Service
03/21	Malayalam Holy Communion Service
03/28	English Holy Communion Service

CONGRATULATIONS

Congratulations to Mr. Sweetin Cheriyan and Dr. Dona Abraham on their wedding on January 9. On behalf of our parish we would like to congratulate the newlyweds and wish them a lifetime of happiness and pray that our Lord continues to bless them in their future together.

Congratulations to Mrs. Jincy and Mr. Jimmy George on the birth of their son Joseph Ancheril George on February 23. On behalf of our parish we would like to congratulate them on their new addition to the family and pray that God continues to shower them with abundant blessings.

LENT EVENING PRAYER (Daily)

7:00 pm

Zoom ID : 825 1471 7076

Passcode : standmtc

SUNDAY MORNING SERVICE

10:30 am

Zoom ID : 487 311 7833

Passcode : standmtc

FRIDAY MORNING FASTING PRAYER

10:30 am

Teleconference

Dial in number : 1-701-802-5024

Access Code : 2022960#

Matthew 6:16-18

When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.

